

PLAYGROUND ACTIVITIES

SWINGS
2-SQUARE
4-SQUARE
JUMP ROPE
BASKETBALL
CLIMBING STRUCTURES
BIKES
TRIKES
SCOOTERS
TETHERBALL
HACKEY SACK
HOPSCOTCH
HANDBALL/WALL BALL

BALL TYPES

PLAYGROUND BALL
TENNIS BALL
BASKETBALL
SOCCER BALL
YARN BALL
WHIFFLE BALL
GOLF BALL
BOWLING BALL
COOSH BALL
BEEP BALL
JINGLE BALL
VOLLEYBALL
BEACH BALL
BALLOON
FOAM BALL
FRISBEE
FOOTBALL
THERAPY BALL
SOFTBALL/BASEBALL

STRIKING ACTIVITIES

HOCKEY
BADMINTON
FOAM PADDLES
BAT
RACKETS
GOLF CLUB
NOODLE
HANDS/ARMS/FEET

TYPES OF ACTIVITIES

CATCH
THROW
KICK
PUNT
DRIBBLE (FOOT)
DRIBBLE (HAND)
STRIKE
ROLL

LOCOMOTOR

WALK
RUN
HOP
JUMP
SKIP
LEAP
GALLOP
SLIDE
CHASE
FLEE
DODGE
WHEEL
SCOOTER BOARD
CRAWL
LOG ROLL
FORWARD ROLL

RECREATION/LEISURE

BIKE
TRIKE
SCOOTER
SKATE
SCOOTER BOARD
MUSIC
DANCE
SING
BOARD GAME
PUZZLE
READ
CROQUET
FRISBEE
PARACHUTE
HORSESHOES

OBSTACLE COURSE

ZOOM BALL
RUNNING MAN
NOODLE GAMES
JUGGLE
BOWL
GOLF

FITNESS

WALK/RUN
CURL UPS
OBLIQUE CURL UPS
PUSH UPS
WALL PUSH UPS
MODIFIED PUSH UPS
PUSH UP POSITION
PLANK PUSH UP
FLEXIBILITY
SIT & REACH
SHOULDER STRETCH
PULL UPS
CARDIO
STRENGTH
YOGA
THERAPY BALLS
MEDICINE BALL
EXERCISE MAT

COLORS

RED
ORANGE
YELLOW
GREEN
BLUE
PURPLE
WHITE
BLACK
GREY
PINK
BROWN

TEAM SPORTS

FOOTBALL
BASKETBALL
SOCCER
VOLLEYBALL
TENNIS
BADMINTON
PICKLE BALL
HANDBALL
SOFTBALL
BASEBALL

INDIVIDUAL SPORTS

SWIM
GOLF
TRACK & FIELD
BOWLING

PEOPLE/GROUPING

INDIVIDUAL
PARTNERS
SMALL GROUP
LARGE GROUPS
TEAM
PEER BUDDY
PARAPROFESSIONAL
TEACHER
STUDENT
MOM
DAD
BROTHER
SISTER
AUNT
UNCLE
GRANDMA
GRANDPA
FRIEND

CONCEPTS

SEE OTHER SHEET OF
TERMS

NON-LOCOMOTOR

SEE OTHER SHEET FOR
TERMS