PASS TEST TIPS

• HOW TO BE A TEST STRESS BUSTER AT ABBEVILLE



Get a good night's sleep before each day's testing Eat a healthy breakfast before the test

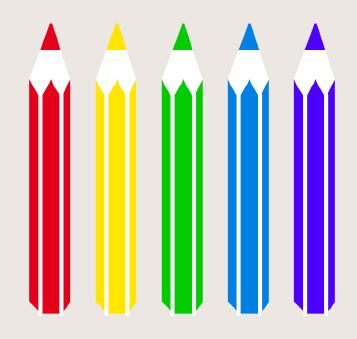
Be on time to school or a little early each test day Wear comfortable and school appropriate clothing





• Show respect for yourself and classmates by using good behavior before, during and after the testing

- Have several #2
 pencils already
 sharpened in your
 desk-- the afternoon
 before testing starts
- Have at least one good eraser





• Listen carefully to all directions from your teacher

 Read all directions very carefully

 Ask your questions about the directions before the test begins



Follow directions

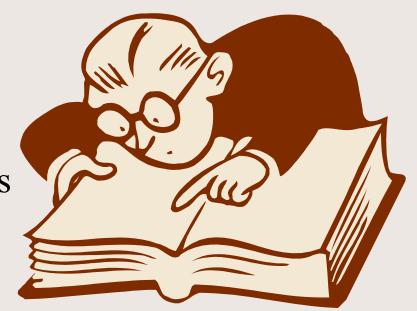
Plan your time

 Read the entire question before trying to answer it



Try to answer all questions

 Come back to questions that are hard for you



Check all your work

- Remember---
- Some questions are easy and some questions are meant to be hard---
- So do your best work
- Don't quit or give up because a question may be difficult



• Take a deep breath and then breath out slowly

Put on your thinking cap

Do your best work

On your mark

• Get set

• Go to work

