

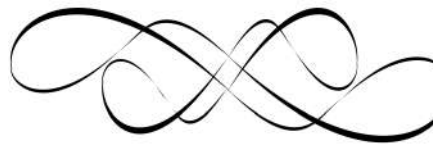


*Dickinson Public School's*  
***Partners in Parenting***  
*Strong Families Today and Tomorrow*



**West Dakota Parent & Family Resource Center's Mission:**

- **To encourage, educate and support parents by becoming greater partners in their children's learning by providing resources and information.**



**Parent Education is identified as a need** throughout Region 8 in southwest North Dakota by families, school administration, human service workers, and public and community agencies.

Health, education and social service professionals recognize parent education as a prevention strategy by:

- **reducing child maltreatment**
- **promoting positive family and child development**
- **increased school connections.**

**Additional risk factors to families and their children:**

- |                         |   |
|-------------------------|---|
| • high levels of stress | • stress due to uncertain economics               |
| • diversity of families | • absence of local family support                 |
| • time constraints      | • lack in knowledge of typical child development. |



**DPS— innovately  
reaching parents  
and families since 1994!**

Parents **want and need resources to learn even more positive and effective ways** of raising their children.

“Of all the things that influence a child's growth and development, the most critical is reliable, responsive, and sensitive parenting” (Lurie-Hurvitz, 2009).

## Sessions Offered 2016-17:

32 Multi-Session Series	Changing I (5th Grade)	Four parent nights 12 classroom presentations
27 Single Sessions	Changing II (6th Grade)	Two parent nights 9 classroom presentations
315 Class Hours	Gearing Up for Kindergarten (GUK)	<ul style="list-style-type: none"> <li>• 3 classrooms</li> </ul>
2,374 Parent/Adult Participants	GUK is just the place for parents and their pre kindergartner to come, have fun and learn about today's school expectations.	<ul style="list-style-type: none"> <li>• 16 week series (8 weeks in fall, 8 weeks in spring)</li> <li>• 39 students experienced the program.</li> </ul>
35 % Repeat Attendees		

Parenting education expands parent knowledge about child development, builds parent skills, strengthens parent-child relationships, strengthens school to home relationships and promotes age-appropriate care and activities that enhance a child's health, school readiness, development and social emotional skills.

## Parent Thoughts

- Learning how to be more empathetic, how to give choices and talking in a more calm manner to solve problems has improved my relationship with my children. We're finding that we have no more stressful mornings!
- Our daughter loved coming to Gearing Up For Kindergarten because of the interaction with all the other kids. Taking assessments helped us as parents realize what we need to focus on before and during kindergarten. We enjoyed all the different areas that Gearing Up taught us as parents, from nutrition to discipline types.
- So grateful for this class. I didn't know how much it would help my intense child. His classroom teacher and I are able to work together. It has been amazing what a difference it has made at home and at school.
- Learning how my input changes my child's output has helped me feel more confident as a parent.