

# Transition Planning for Students Aged 14 and Up

Preparing for Life after High School: Presented by Dr. Keegan

### Objectives of Transition Planning

- Why transition planning matters for students aged 14 and up
- Federal and state requirements
- Overview of topics to be covered



# The Importance of Early Transition Planning

 Starting early: why age 14 is crucial for future planning

Benefits of a long-term approach

 How transition planning sets students up for success after high school

## Key Areas of Transition Planning

- Education and Training
- Employment
- Independent Living
- Community Participation



# The IEP and Transition Planning

- Transition planning as part of the IEP from age 14
- How to align IEP goals with transition goals
- Examples of measurable postsecondary goals in the IEP



#### The Role of the Student

 Self-advocacy:
 Helping your child take ownership of their future

- Encouraging students to lead their own IEP meetings
- Understanding strengths, interests, and areas for development

#### The Role of Parents

Supporting career and education exploration

 Involvement in decision-making and IEP meetings

Encouraging independence at home and in the community

#### Career Preparation and Employment

Tools for career exploration

- Options for work-based learning: internships, part-time jobs, and job shadowing
- Accessing job training and support through vocational rehabilitation

#### Post-Secondary Education Options

College, trade schools, and vocational programs



 Accessing accommodations and supports in postsecondary education



 Exploring local and national resources for students with disabilities

#### Independent Living Skills



## Community Involvement and Recreation

Importance of building social networks

Accessible recreational activities and programs

Volunteering as a path to employment and community connection

Adult
Services and
Agency
Involvement

Overview of adult service agencies

 Transition from schoolbased to adult services

Resources for connecting with local agencies

Timeline for Transition Planning

Milestones at ages 14-16, 17-18, and 19-21

 Key transition activities at each stage

# Tips for Parents



#### Resources for Parents

- Websites, organizations, and local agencies
- Suggested readings for further guidance

Q&A

 Any questions please contact Dr. Keegan

• <a href="mailto:lkeegan@sfsd.k12.pa.us">lkeegan@sfsd.k12.pa.us</a>

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