

# Parent Support and Resources



**ADHD**

**Apps for Students with Special Needs**

**Autism Spectrum Disorder**

**Deaf/Hard of Hearing**

**Dyslexia**

**Emotional Disability**

**Intellectual Disability**

**Learning Disability**

**Medical Conditions**

**Visual Impairments**

***Additional Supports***

**Madison County Public Schools**

**\*\*If you do not have access to the Internet at home, the Madison County Public Library provides free access. For more information call 948-4720.**

# *ADHD*

## *Support Resources*

### **ADDitude Magazine**

[newsletter@additudemag.com](mailto:newsletter@additudemag.com)

Information on strategies and support for ADHD and LD children and adults, from webinars, descriptions and information, treatment, and directory of ADHD professionals to help parents with resources for success.

### **ADDitude**

<http://directory.additudemag.com/>

Directory of information pertaining to ADHD.

### **CHADD**

<http://chadd.org/>

Information and support for parents of children with attention deficit disorders, adults with ADD, and others dealing with people affected by ADD

<http://www.oneaddplace.com/>

There is information about both child and adult ADHD here. Learn the ADHD symptoms and discover the latest treatments, both medical and natural.

# ***APPS***

## ***For Students with Special Needs***

### **Apps for Students with Special Needs**

<http://a4cwsn.com/>

Many apps on different topics including reading, numbers, animals, speech and language, communication, fine motor, memory, organization, discrete trial training, and social skills.

### **Memory Matching**

<http://a4cwsn.com/2014/07/memory-matching-by-mobile-montessori/>

Challenge your memory while reviewing beautiful photographs covering 14 different topics.

# AUTISM

## Apps for Students with Autism

### 10 Best Apps for Kids with Autism

<http://www.parents.com/kids/development/intellectual/best-apps-for-kids-with-autism/>

10 different apps that focus on and reinforce pre-k concepts, while some encourage imaginative play skills and art in kids with autism. Some are free.

### Autism X'press

<http://itunes.apple.com/us/app/autismxpress/id343549779?mt=8>

This has been created to help promote greater awareness about autism spectrum disorders. It is designed to encourage people with autism to recognize and express their emotions through fun and easy interface.

### Model Me Going Places

<http://www.modelmekids.com/iphone-app-autism.html>

A great visual teaching tool for helping your child learn to navigate challenging locations in the community. Locations include: hairdresser, mall, doctor, playground, grocery store, and restaurant.

### Pinterest

<http://www.pinterest.com/sostherapy/apps-for-kids-with-autism/>

Free apps for children with Autism.

### Toca Boca

<http://tocaboca.com>

Apps using different characters in a make believe town so children can create their own stories. Some are free.

### Oceanhouse Media

<http://www.oceanhousemedia.com/>

Story apps that can read well known and popular stories to children and open the world of books, virtually.

**Duck Duck Moose**

<http://www.duckduckmoose.com>

Apps with characters in different adventures that stress learning with music and songs, creativity, reading, math and social awareness. Some are free.

**Chore Monster**

<http://www.popsugar.com/moms/Chore-Chart-Apps-Kids-32369081>

These apps allow parents to schedule chores and reward kids when they complete their task, both on the app and in real life. Some are free.

**ABA Flash Cards-Emotions**

<http://thejournal.com/Articles/2011/12/05/Apps-for-Autistic-Learners.aspx?Page=6>

This app has pictures of actual people to help children with autism distinguish how other people are, or may be feeling. FREE

# *Nonverbal and Verbal Students*

## **Mad Libs**

<https://itunes.apple.com/us/app/mad-lib/id326885152?mt=8>

A fun app where users make up silly stories by filling in sentence blanks with nouns, adjectives, verbs and other word types. It teaches grammar, sentence structure, parts of speech and vocabulary. Mad Libs can be played alone or as entertainment with the family on road trips.

## **Storyhouse-Visual Storytelling**

<https://itunes.apple.com/us/app/storehousevisualstorytelling/id791297521?mt=8&ign-mpt=ua%3D4>

For teens and young adults, this app can be used easily to create stories with creative layouts of photos, text and videos.

## **Pic Collage**

<https://itunes.apple.com/us/app/pic-collage/id448639966?mt=8&ign-mpt=uo%3D4>

A great app for sharing pictures on a trip. Pic Collage allows users to make a collage using their camera roll on their iPad or Google Images.

## **Kid in Story Book Maker**

<https://itunes.apple.com/us/app/kid-in-story-book-makerfree/id608194073?mt=8>

Kid in Story Book Maker app is a way to document and share your trip. While on vacation, kids can take pictures of themselves and background pictures alone and create the story of the trip later.

## **ArtikPix**

<https://itunes.apple.com/us/app/artikpix/id383022107?mt=8> ArtikPix

Ne w features including video recording and underlining the target words at the sentence level. ArtikPix is an engaging articulation app with flashcard and matching activities for children with speech sound delays.

**Touch and Learn Emotions**

<https://itunes.apple.com/us/app/id451685022?ign-mpt=uo%3D4>

An easy way to learn about emotions by reading body language and facial expressions from photos; can be customized for individuals.

# *Autism Spectrum Disorders Support Resources*

## **OASIS**

<http://www.aspergersyndrome.org/>

Online support for families, individuals and professionals.

Local help, services and parent support.

Email: [info@aspergersyndrome.org](mailto:info@aspergersyndrome.org)

## **PEATC-Parent Educational Advocacy Training Center**

<http://www.peatc.org/>

Trainings and workshops.

# ***Deaf/Hard of Hearing Support Resources***

**The Virginia Department for the Deaf and Hard of Hearing (VDDHH)**

<https://www.vddhh.org/>

This organization works to reduce communication barriers between persons who are deaf or hard of hearing and those who are hearing, including family members, service providers, and the general public.

# *Dyslexia*

## *Support Resources*

**The International Dyslexia Association (formerly the Orton Dyslexia Society)**

[www.interdys.org](http://www.interdys.org)

**All Kinds of Minds**

<http://www.allkindsofminds.com>

This website was developed by Dr. Mel Levine. AKOM is a non-profit institute for the understanding of differences in learning. This website contains lots of information about different styles of learning and interventions.

[www.Understood.org](http://www.Understood.org) Resources and support for Dyslexia/ADHD

**Dyslexiaville**

[Dyslexiaville.org](http://Dyslexiaville.org)

Dyslexiaville is a multimedia resource focusing on social and emotional learning for children with dyslexia and attention issues. Our mission is to help kids succeed in school and life because of, and not in spite of, their learning differences.

**Apps for Dyslexia**

[Dyslexiahelp.umich.edu/tools/apps](http://Dyslexiahelp.umich.edu/tools/apps)

An extensive and meticulously organized list of apps that may be helpful to individuals with dyslexia, parents of dyslexics, or the professionals who work with dyslexics (teachers, tutors, reading specialists, etc...).

# *Emotional Disabilities*

## *Mental Health Resources*

### **Center for Parent Information and Resources**

<http://www.parentcenterhub.org/repository/emotionaldisturbance> **We refer to mental disorders using different “umbrella” terms** such as emotional disturbance, behavioral disorders, or mental illness. Beneath these umbrella terms, there is actually a wide range of specific conditions that differ from one another in their characteristics and treatment. These include (but are not limited to):

- anxiety disorders;
- bipolar disorder (sometimes called manic-depression);
- conduct disorders;
- eating disorders;
- obsessive-compulsive disorder (OCD); and
- psychotic disorders.

### **Rappahanock-Rapidan Community Services Board (located in Culpeper, VA)**

<https://www.rrcsb.org/>

*Crisis Services available 24 hours per day/7 days per week, call [\(540\) 825-5656](tel:5408255656)*

# *Intellectual Disabilities Resources*

**Brain Injury Services**

**[www.braininjurysvcs.org](http://www.braininjurysvcs.org)**

**Educational support series for parents of children with brain injury.**

**Community Based services, case management and day support programs. Email: [info@braininjurysvcs.org](mailto:info@braininjurysvcs.org)**

**Phone: 703-451-8881**

# ***Learning Disabilities Resources***

## **Exceptional Children's Assistance Center**

<http://www.ecac-parentcenter.org>

Family and Community Resources, early intervention and parent materials. Phone: 1-800-962-6817

## **International Dyslexia Society**

[www.interdys.org](http://www.interdys.org)

Resources and supports for individuals with dyslexia.  
Phone: 1-866-893-0583

## **LDOnline**

<http://www.ldonline.org>

Comprehensive resource guide, referral directory of professionals and products, active parent forums and helpful articles.

## **Smart Kids with Learning Disabilities**

<http://www.smartkidswithld.org/>

Newsletter with information to support parents and students with learning disabilities.

# ***Medical Conditions Supports***

## **American Diabetes Association**

<http://www.diabetes.org>

Support through online chat, community programs, and family links.

Phone: 1-800-DIABETES

## **Brain Injury Services**

[www.braininjurysvcs.org](http://www.braininjurysvcs.org)

Community based services, case management, and day supports programs, Springfield, VA.

Phone: 703-451-8881

## **Cancer**

[www.lifewithcancer.org](http://www.lifewithcancer.org)

Support to help meet the challenges of living with cancer by providing you and your loved ones with information, education and support, FREE of charge, no matter where you live OR receive treatment.

Washington, DC

Phone: 703-206-5433

## **Epilepsy Foundation of Virginia**

(804) 924-8669/1-800-332-1000

Local support, e-newsletter and community chat room for local chapters.

Towers Office Building, 7th floor, 1224 West Main Street Suite 720

Charlottesville, VA

**Dysautonomia Youth Network of America (DYNA)**

(means dysregulation of the autonomic nervous system)

<http://www.dynainc.org>

Support group retreats in Northern Virginia, peer youth online support, one-on-one private mentorship to patients and caregivers.

Email: [info@dynainc.org](mailto:info@dynainc.org)

Phone: 301-705-6995

**Central VA Chronic Fatigue Syndrome and Fibromyalgia Association**

<http://cfsfma.avenue.org/>

The Central Virginia Chronic Fatigue Syndrome and Fibromyalgia Association support the patient, medical and general communities in all areas of concern related to chronic fatigue syndrome, fibromyalgia and related disorders. Striving to inform and encourage those in Central Virginia, who are affected by these mysterious and often devastating illnesses.

**National Organization on Fetal Alcohol Syndrome**

<http://www.nofas.org>

Resources, education and listserv. Washington, DC.

Phone: 202:785-4585

**PEATC-Parent Educational Advocacy Training Center**

<http://www.peatc.org/>

Local Support group list.

Phone: 703-923-0010

# *Visual Impairment Support Resources*

## **National Association for Parent of the Visually Impaired**

[www.NAPVI.org](http://www.NAPVI.org)

Information, resources, and outreach for children who are blind or visually impaired.

Email: [napvi@perkins.org](mailto:napvi@perkins.org)

Phone: 1-800-562-6265

## **National Federation of the Blind**

<https://nfb.org/>

Support networks for parents to share information and resources.

Baltimore, MD.

Phone: 410-659-9314

## **Virginia Association for Parents of Children with Visual Impairments**

<https://www.inova.org/inova-in-the-community/care-connection-for-children/parent-resource-directory/vaapvi.jsp>

Support for families and professionals who care for children with visual impairments.

phone: 804-938-1624

## **Virginia Department for Blind and Vision Impaired**

Richmond, VA

<http://www.vdbvi.org>

Phone: (804) 924-8669/1-800-332-1000

Local support, e-newsletter and community chat room for local chapters.

## **Dysautonomia Youth Network of America (DYNA)**

(means dysregulation of the autonomic nervous system)

<http://www.dynainc.org>

Support and retreats in Northern , VA, peer youth online support, one-on-one private mentorship to patients and caregivers.

Phone: 301-705-6995

### **Central VA Chronic Fatigue Syndrome and Fibromyalgia Association**

<http://cfsfma.avenue.org/>

The Central Virginia Chronic Fatigue Syndrome and Fibromyalgia Association supports the patient, medical and general communities in all areas of concern related to these disorders.

### **National Organization on Fetal Alcohol Syndrome**

<http://www.nofas.org>

Resources, education and listserv. Washington, DC

Phone: 202-785-4585

### **PEATC-Parent Educational Advocacy Training Center**

<http://www.peatc.org/>

Local support group list.

Phone: 703-923-0010

# ***Additional Supports-1***

## **Abused Children Therapeutic Support Group**

<http://www.childhelp.org>

Childhelp Children's Center of Virginia support group for parents of abused children Crisis counselors available 24 hours a day/7 days a week. National Child Abuse Hotline: 1-800-4-A-CHILD

## **Chrysalis Counseling Centers of Virginia-Culpeper and Madison Counties**

Counseling for adults, children, outpatient, in-home, parent training, art therapy

## **FORMED Families Forward (Northern VA)**

<http://formedfamiliesforward.org/>

Supports for foster, kinship, and adoptive families of children with disabilities and special needs. Consultations, support, and trainings. Phone: 703-539-2904

## **National Stuttering Association**

[www.WeStutter.org](http://www.WeStutter.org)

Self-help, support organization. Support group for teens who stutter. Phone: 1-800-937-8888

**National Stuttering Association Virtual Stuttering Support Groups** Online support and resources.

<http://www.westutter.org/search/support+groups/>

# *Additional Supports-2*

## **Parent-to-Parent of Virginia**

<http://www.inova.org/inova-in-the-community/care-connection-for-children/parent-resource-directory/parent-to-parent-of-virginia.jsp> Family support, education and training for parents of children with disabilities.  
Phone: 804-828-0352

## **Special Ed Advocate**

[newsletter@wrightslaw.ccsend.com](mailto:newsletter@wrightslaw.ccsend.com)

A free online newsletter about special education legal and advocacy topics, including new cases, articles, seminars and trainings, special book offers.

## **Tourette Association of America**

<https://www.tourette.org>

The Tourette Association of America is dedicated to providing the most comprehensive resources and support for all of those in the Tourette community.

## **Tourette Syndrome Association of Greater Washington**

[www.tsagw.org](http://www.tsagw.org)

Support groups, presentations, referrals and events for children with Tourette Syndrome.

## **T/Tac: Training and Technical Assistance Center**

<http://ttaonline.org>

Extensive online resources for parents.

## **US Department of Education**

<http://www2.ed.gov/parents/needs/speced/edpicks.jhtml>

Resources for parents of children with special needs and disabilities.

# *Additional Supports-3*

## **WrightsLaw**

[wrightslaw@wrightslaw.com](mailto:wrightslaw@wrightslaw.com)

Articles, trainings, and seminars on different topics including IEP's.

## **Yellow Pages for Kids with Disabilities**

<http://www.yellowpagesforkids.com/help/va.htm>

Educational Consultants, psychologists, diagnosticians, health care specialists, tutors, speech-language therapists, advocates, and attorneys in the state of Virginia.