



# **Paper Mache Bowls**

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**Edon NW Local Schools**

# Objectives and Ohio Fine Arts Standards



Students will create a paper mache bowl using flour and water paste and newspaper. Students will demonstrate correct skills by following all directions. Students will decorate their bowls with supplies available at school or home.

5PE Examine designed objects and identify the processes and decisions made to produce them with attention to purpose, and aesthetics.

2PR Demonstrate increased technical skill and craftsmanship by using more complex processes and materials to design and create two- and three-dimensional artworks.

**Before  
you begin  
watch  
this video  
on “How  
to Make a  
Paper  
Mache  
Bowl”.**



# Materials

- Newspaper
- White paper
- Mixing bowl and whisk
- Small bowl for a mold
- 1 cup of plain flour
- 1 cup of warm water
- Plus extra tap water
- A paintbrush
- Paint



# Instructions for Paper Mache Paste

1. Mix together 1 mug of sifted flour and 1 mug of warm water in a large bowl.
2. The paste should be smooth and batter-like with no lumps. If the mixture is too stiff, add a little tap water.
3. Add a pinch of salt to stop the paste from going mouldy.



# Paper Mache Bowl Instructions

1.) grab yourself a small bowl – plastic is best.

\*If you don't have a plastic one, you can use a metal or ceramic bowl, just slide a layer of plastic wrap over it first

2.) tear the newspaper into strips

3.) make up a mix of paper mache paste –  
1:1 flour and water





# Paper Mache Bowl Instructions

4.) dip the newspaper into the paste and layer over the bowl

you'll want a few layers – the more the better. About 5 layers

5.) leave to dry overnight

gently press out the bowl – if you have a plastic bowl, just give it a bit of a squeeze and it will pop out

paint and decorate – tissue paper, any kind of paint



# Finished Examples

**Tip:** You can use craft paper, pages from old books, or wrapping paper







## Artwork Checklist

Is your artwork

☐ CREATIVE?

Unique

Detailed

Interesting

Your own ideas

Does it have good

☐ CRAFTSMANSHIP?

Neat

Careful

Clean

Consistent

Is it nice and

☐ COLORFUL?

Balanced

Meaningful

Solid

Appropriate

Are you sure it's

☐ COMPLETED?

Name

Followed directions

Filled space

Is your best