Painted Rock Mandala

HOW TO CREATE
YOUR OWN ROCK
MANDALAS!

Beginner's Guide to Mandala Rock Painting

https://www.rockpaintingguide.com/mandala-rock-painting-guide/

If you've seen a Mandala, then you will recognize the memorizing geometric patterns and beautiful colors.

If you haven't seen one, it's an amazing piece of artwork made up of geometric shapes and designs meant to symbolize the universe.

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It means circle or completion in Sanskrit.

Often, many people use Mandalas as an art therapy tool:

Used to relax our overworked minds, help treat depression and post-traumatic stress, and as a meditative tool.

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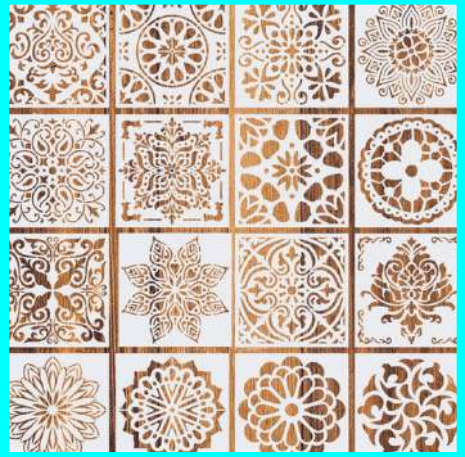
Grid Pattern Technique

The grid pattern technique has geometric patterns using a compass and a protractor for precise lines and shapes of the design.

Mandala stencils work just as well on rocks.



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Mandalas stones dotting painting technique is the easiest technique for beginner rock painters.

MANDALA ROCK PAINTING SUPPLIES

- Acrylic Craft Paint
- Paint Palette
- Pigma Micron pens or fine line drawing pens of your choice
- Dotting Tools
- Gel Pens
- Paint Pens
- Fine Line Paint Brushes
- Stencils
- Sealer
- Water
- Cloth to clean tools

Most of the tools listed are standard art supplies.

You'll want the micron pens and fine line brushes to create fine details to your Mandala.

But the signature tools for this style of painting are dotting tools.

OTHER WAYS TO DOT
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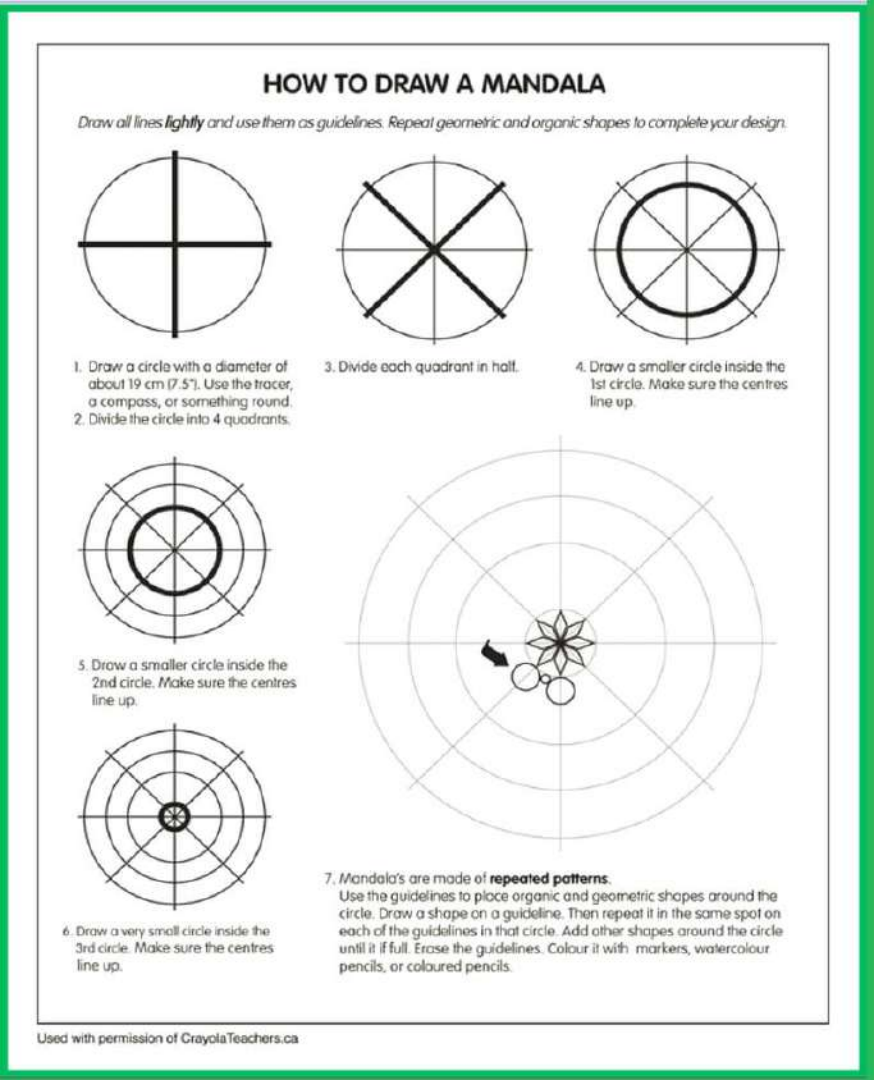

Dotting tools are most commonly used for making nail art designs but is becoming popular with rock painting too.

Mandala dot art can be achieved by using dotting tools and comes in a variety of sizes.

You'll need 3-5 sizes of dotting tools, depending on your pattern.

Select tools that are different enough to be noticeable, but not so different to make the piece look off balance. You can also create dimension on your Mandala when you layer dots of lighter shades on top of darker ones.

To create this stair-step pattern, it is important to have a variety of size tools.

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MANDALA STONES FOR BEGINNERS

There are many patterns of dotting techniques.

Here are helpful tand simple steps for Mandala painting for beginners.

Prep Work

1. Paint a base coat on your rock of choice and let dry. Although it's unnecessary to prime your rocks for Mandala designs, the patterns and colors will appear crisper against a darker background.

2. Consider black or navy blue, depending on your color scheme. I also used a mandala grid stencil to make my grid lines.

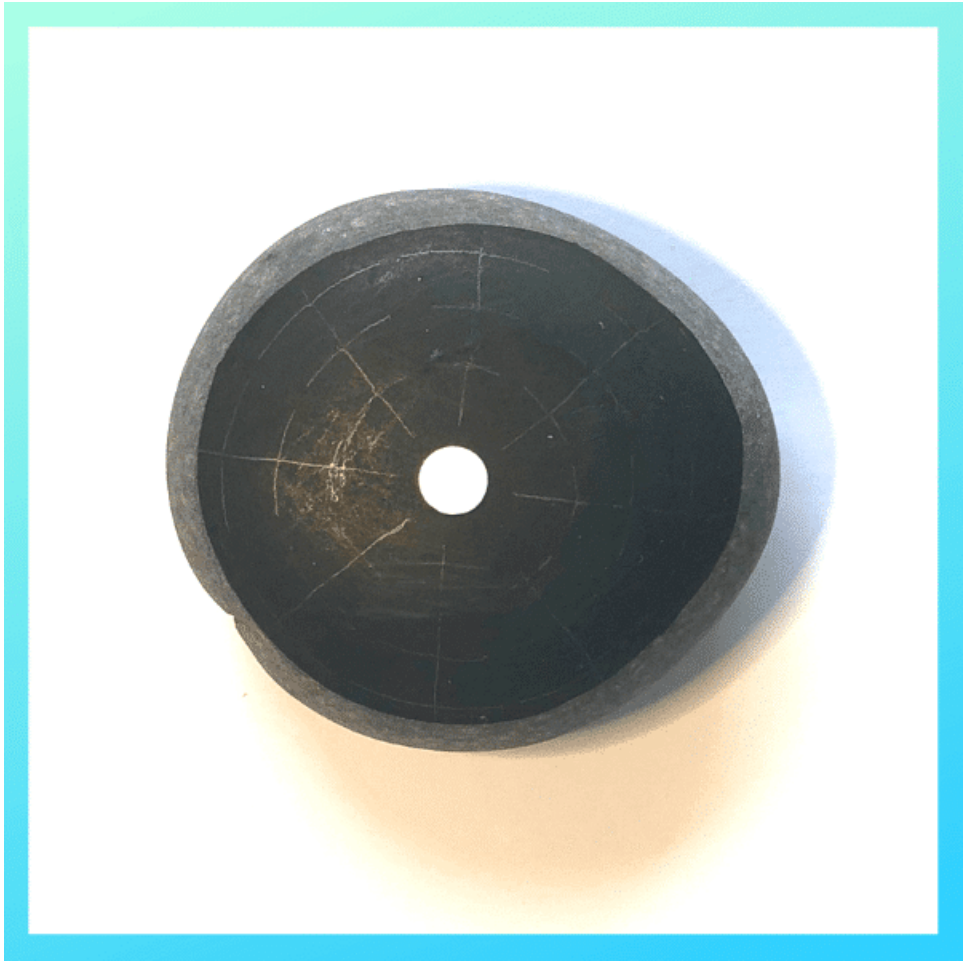
3. Choose a pattern and practice on paper before starting your Mandala pattern on your stone. Also, test color combinations along with your design to see what you like.

4. Once you're happy with your paint color selection and pattern, let the dotting process begin!

Dotting Process

1. Start by adding a large dot in the center of your rock.

2. Dip the end of your dotting tool into the paint, and press onto the rock.



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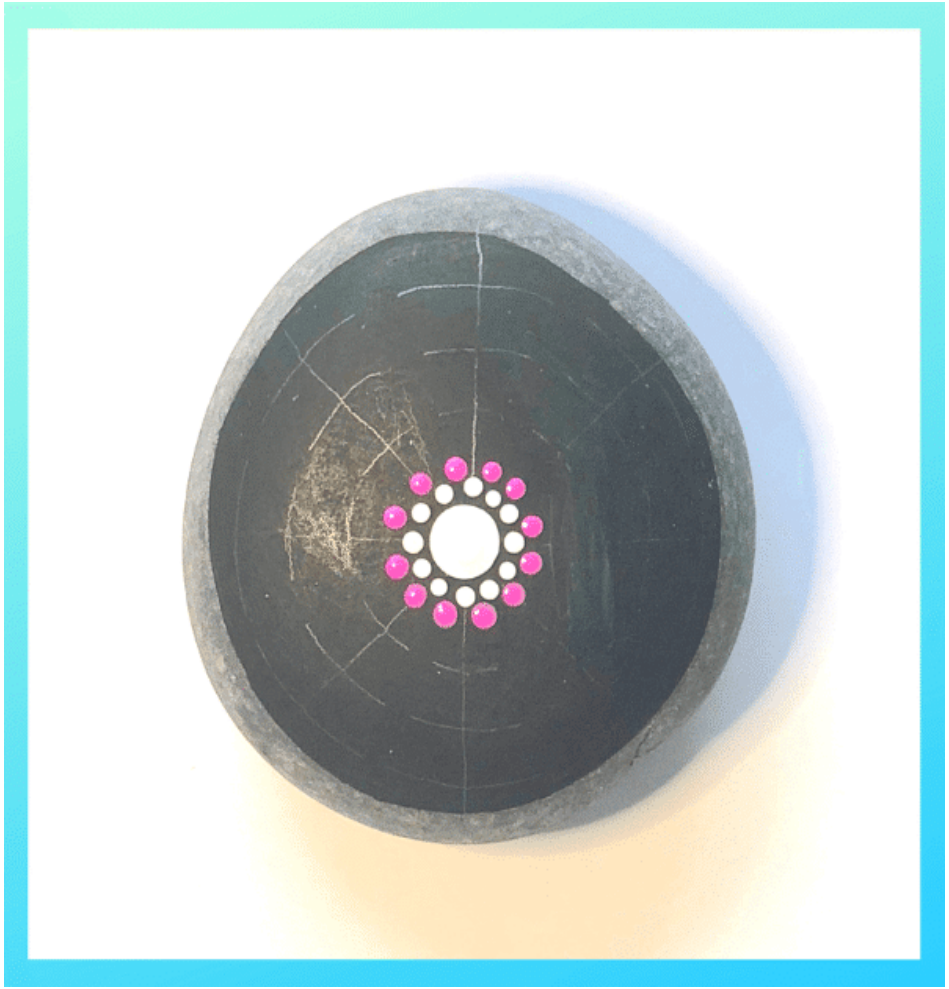
3. To create the first ring around the center dot, add four smaller dots in a cross around the center dot.

4. Then place a dot in between the four smaller evenly spaced dots to complete the first ring.

5. To create the second ring, place larger dots behind the first round of dots.

6. To do this, you want to offset the placement of the dots in the second ring by putting them behind where there are gaps in the first ring of dots.



7. For the third ring and beyond, continue placing larger or smaller dots around the rock, following the pattern as outlined in previously

8. This will create evenly spaced rings of dots around your rock.

9. Keep going until the pattern covers the rock.

10. The last step is to seal your painted Mandala stone with a clear sealant.

11. Don’t be afraid to add some fun color and pattern combinations!

10 HELPFUL MANDALA ROCK PAINTING TIPS

1. Prepare paint for your color palette ahead of time. If you plan on using dark to light shades of a color on your Mandala design, it will be easier with paint already prepared.

1. You can create lighter shades by adding white to any color. By creating 2-3 shades of the same color, you can layer the shades from dark to light on each dot for a gradient look.

1. To Create Lighter Shades: In your paint palette, place a base color, such as a darker shade of blue in 2 to 3 areas.

1. To create a gradient, add a drop of white to the first blue on your paint palette. Then add two drops of white to the second and so on. This will make your blue, gradient colors balanced for your Mandala design. The acrylic paint should have thick yogurt-like consistency. If it's too thin, the paint may bleed.
2. Rotate your rock as you work.

1. Give your Mandala stone some dimension by placing a smaller dot on top of larger dots using contrasting colors.

1. Play around with gradients. Try painting the lightest gradient color first and work your way out with darker shades.

1. When applying dots to your rock, you can two even sized dots before re-applying the paint.

1. You can “walk the dots” to create a cascading look of large to smaller dots by placing 3-4 dots in a row without re-applying.

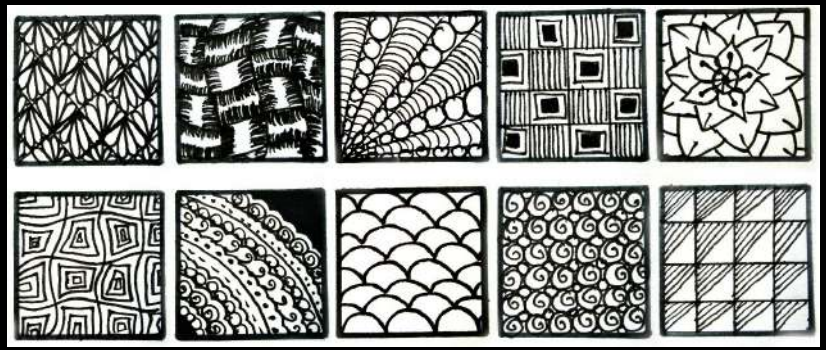
1. Here are some helpful tools to remove paint from your Mandala rock to fix a mistake. Use pointed Q-Tips for smaller mistakes and regular Q-Tips and damp clothes for larger mistakes. If all fails, remove the paint and re-paint that area with the base coat color.

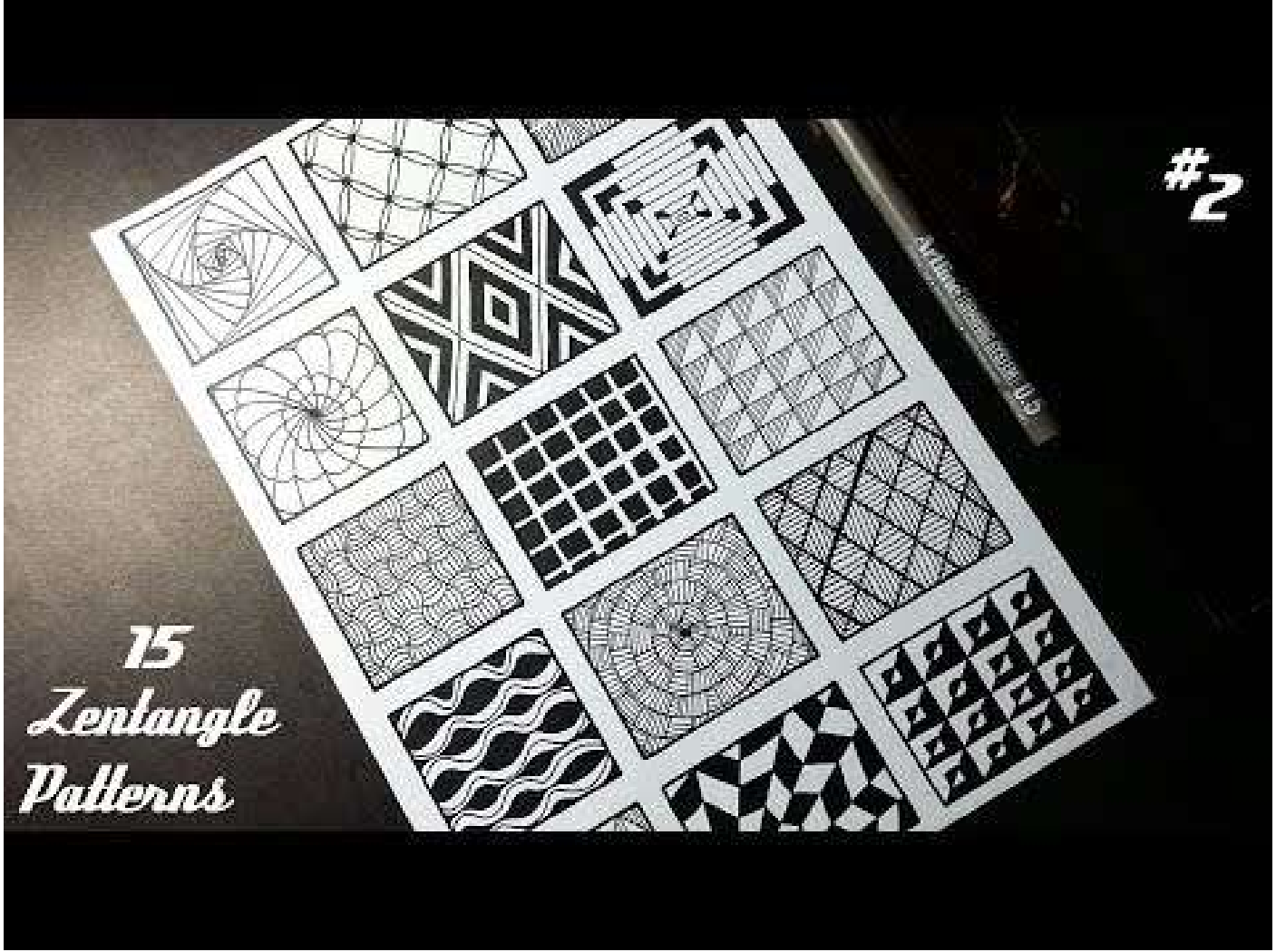
Zendala

Another popular technique is called Zendala.

Zendalas uses the basic principle of Zentangle patterns in Mandala art. Creating Zendalas is stress-free activity that allows your mind to slow down and focus on one stroke at a time.

This is a therapeutic process which means there are no mistakes to be made because you're creating art in the moment and with no planned design in mind.

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Zentangle
Patterns

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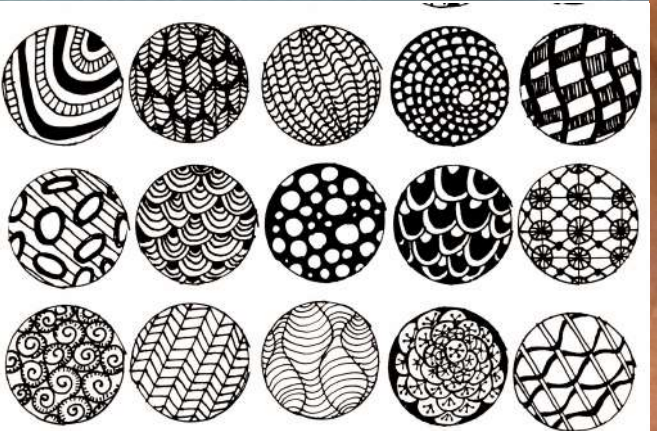

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