



Totowa Public Schools Unit Pacing Guide		
Health		
Grade Level	Unit	Approximate Weeks of Instruction
K-2	Personal and Mental Health	8 Weeks
K-2	Drugs & Medicine	8 Weeks
K-2	Integrated Wellness Skills	8 Weeks
K-2	Safety	8 Weeks
K-2	Family Life	4 Weeks
Grades 3 - 5	Personal and Mental Health	9 Weeks
Grades 3 - 5	Drugs & Medicine	9 Weeks
Grades 3 - 5	Integrated Wellness Skills	9 Weeks
Grades 3 - 5	Family Life	9 Weeks

Grade	Unit	Approximate Weeks of Instruction
Grades 6 - 8	Personal and Mental Health	9 Weeks
Grades 6 - 8	Drugs & Medicine	9 Weeks
Grades 6 - 8	Integrated Wellness Skills	9 Weeks
Grades 6 - 8	Family Life	9 Weeks