



# FAMILY FEUD

**Physical Education Grade K**

A

E

B

F

C

G

D

H

Team  
A1

Team B  
2

**FAMILY  
FEUD**

Exit Game

# FAMILY FEUD

Carrot	30
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Corn	20
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Potato	15
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Broccoli	10
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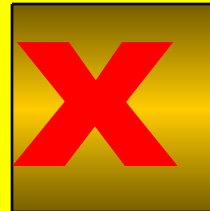
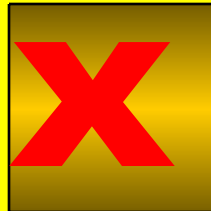
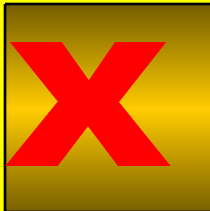
Peas	8
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Tomato	7
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String Bean	6
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Asparagus	4
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Team A



Team B

Name one Vegetable

# FAMILY FEUD

Apple	30
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Orange	20
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Banana	15
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Strawberry	10
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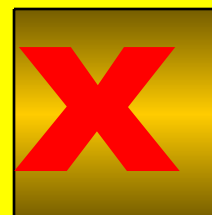
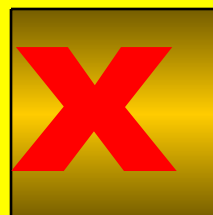
Watermelon	8
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Grape	7
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Cherry	6
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Peach	4
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Team A



Team B

Name one Fruit

# FAMILY FEUD

Jumping Jacks	30
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Sit Ups	20
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Push Ups	15
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Heel Circles	10
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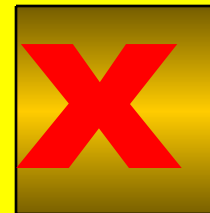
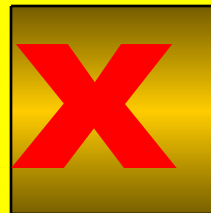
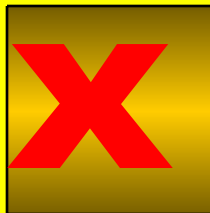
Low Bridge	8
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Runners Stretch	7
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Nose to Toes	6
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Shoulders $\updownarrow \leftrightarrow$	4
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Team A



Team B

Name one Exercise we  
do in the Daily Warm up

# FAMILY FEUD

Chicken Dance	30
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YMCA	20
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Cha Cha Slide	15
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Cotton Eyed Joe	10
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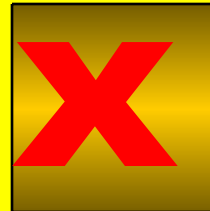
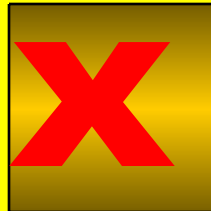
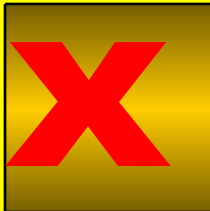
Electric Slide	8
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Hokey Pokey	7
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Follow the Leader	6
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The Hustle	4
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Team A



Team B

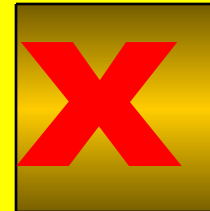
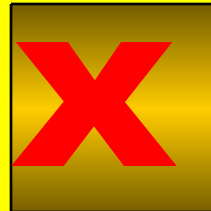
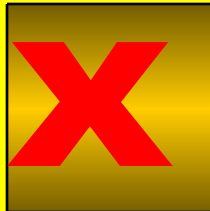
Name one dance we  
have learned in P.E.

# FAMILY FEUD

Walk	30
Run	20
Skip	15
Jump	10

Gallop	8
Hop	7
Slide	6
Leap	4

Team A



Team B

Name a Locomotor  
Movement

# FAMILY FEUD

Sit ups	30
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Pull Ups	20
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Sit and reach	15
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Mile Run	10
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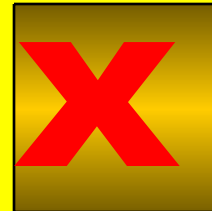
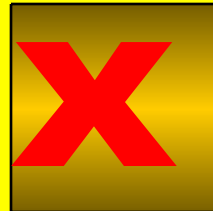
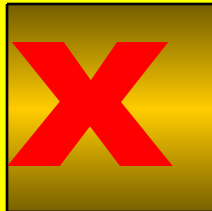
Shuttle Run	8
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Height	7
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Weight	6
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4	
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Team A



Team B

Name one part of the  
Physical Fitness Test

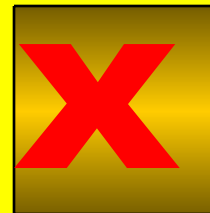
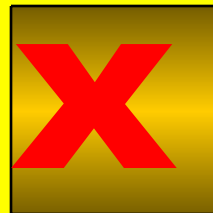
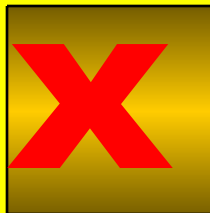


# FAMILY FEUD

Running	30
Jogging	20
Walking	15
Bicycling	10

Jump roping	8
Swimming	7
Dancing	6
Aerobics	4

Team A



Team B

Name an exercise that  
makes your heart beat  
faster

# FAMILY FEUD

Football	30
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Basketball	20
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Soccer	15
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Baseball	10
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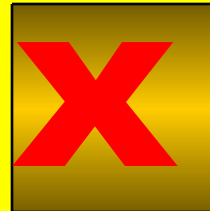
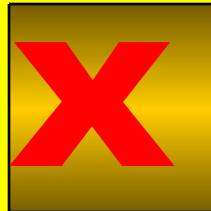
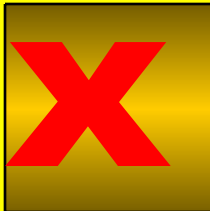
Hockey	8
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Lacrosse	7
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Volleyball	6
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	4
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Team A



Team B

Name a Team Sport