



Smithtown Central School District

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If a student has a medical need to either not fully participate in PE or becomes limited the level of participation the student must have a medical note.

If the student is out of PE for an acute injury or illness:

- A parent note can be accepted for up to 3 days of missed PE classes, if a student needs more time then a medical note is required.
- Medical notes can be accepted by a MD, NP, PA or chiropractor for structural issues only. We do not accept notes from physical therapists or athletic trainers. They should be signed and stamped by the practitioner. If a medical note does not indicate an end dated then an additional note is required to allow the student to return to PE. All PE notes should be updated at least every 30 days.
- **If a student is not able to participate in PE, participation in recess or sports will be restricted as well.**

If a student has PE limitations due to a medical condition then the PE Medical Participation Form must be completed by a medical provider.