
Sara's Story

STUDENT'S VERSION (WORD WRITABLE)

Name: Click or tap here to enter text.

Date: Click or tap to enter a date.

Period: Click or tap here to enter text.

Teacher: Click or tap here to enter text.

School: Click or tap here to enter text.

The local newspaper wants to make young readers aware of drugs or alcohol. As part of this focus, the newspaper is sponsoring an expository writing contest. The contest centers on a fictional character named Sara. If you are a winner of the contest, your article will be published in the newspaper.

The character, Sara, is a physically active 13-year-old who works hard at school, gets good grades, and has a lot of friends. Recently, however, she has begun experimenting with drugs or alcohol. You will need to focus on the negative short-term effects of drugs or alcohol use as a 13-year-old.

Sara's life will change as she continues to use drugs or alcohol over the course of her life. After ten years of continuous abuse of drugs or alcohol, your article will also focus on negative long-term effects that Sara would exhibit.

Refusal skills are often used to avoid getting involved in high-risk activities. Your final focus will be to communicate your school's Refusal Skills model.

Guidelines

The editor has given you the following contest guidelines:

- Your article will consist of two paragraphs and developing one list with your school's Refusal Skills model.
- Your first paragraph will include negative **short-term** effects in the following areas: physical, emotional, social, and mental.
- Your second paragraph will include negative **long-term** effects in the following areas: physical, emotional, social, and mental.
- Lastly, list your school's Refusal Skills model that Sara could have used to help her make a positive decision regarding drug or alcohol use.

Part 1: Short-Term Effects

Sara is a physically active 13-year-old who works hard at school, gets good grades, and has a lot of friends. Write one expository paragraph on the negative short-term effects of Sara's drug or alcohol use.

Include:

- ☐ One negative short-term physical effect
- ☐ One negative short-term emotional effect
- ☐ One negative short-term social effect
- ☐ One negative short-term mental effect

Click or tap here to enter text.

Part 2: Long-Term Effects

Sara's life will change as she continues to use drugs or alcohol over the next ten years. Write one expository paragraph on the negative long-term effects of Sara's drug or alcohol use.

Include:

- ☐ One negative long-term physical effect
- ☐ One negative long-term emotional effect
- ☐ One negative long-term social effect
- ☐ One negative long-term mental effect

Click or tap here to enter text.

Part 3: School's Refusal Skills Model

List your school's Refusal Skills model that Sara could have used to help her make a positive decision regarding drug or alcohol use. To receive four points, you must include four correct responses.

Click or tap here to enter text.