

Options EHS Nursing Assistant C		Scope and Sequence
Unit	Lesson	Objectives
Activities of Daily Living		
Activities of Daily Living IV		
		Identify the components of a.m. care.
		Discuss how to assist a patient with special needs with ADLs.
		Explain the proper technique for giving perineal care.
Skin Care		
		Discuss the significance of skin care.
		Discuss the skin care needs of patients with casts or braces.
		Recognize and report alterations in the skin, including the four stages of decubitus ulcers.
		Identify the uses of pressure-reduction devices to maintain skin integrity.
Nutrition I		
		Identify the principles of good nutrition.
		Define therapeutic diets.
		Recall the considerations for distributing nutrients to patients.
		Describe special nutritional needs related to aging or the presence of disease.
Nutrition II		
		Discuss the role of the NA in selecting and preparing meals for a patient.
		Identify responsibilities related to serving and monitoring patients during meals.
		Discuss proper feeding techniques, including the use of assistive eating devices.
		Explain the skills that are necessary for feeding a patient.
Intake and Output		
		Describe how to measure and record appropriate intake, output, and nutritional intake.

Options EHS Nursing Assistant C		Scope and Sequence
Unit	Lesson	Objectives
		Discuss how to manage a patient's hydration needs.
		Identify the containers and devices used to measure intake, output, and nutritional intake.
		Discuss how to care for a patient who is vomiting.
	Rest and Sleep	
		Discuss the procedures for creating an environment conducive to rest and sleep.
		Identify the components of p.m. care.
		Name the steps involved in giving a therapeutic backrub.
	Elimination	
		Describe how to assist a patient in meeting elimination needs.
		Discuss care for an incontinent patient.
		Identify principles of bowel and bladder training.
		Explain how to use a bedpan and urinal.
	Unit Test	
	Mobility and Positioning	
	Unit Introduction	
	Ambulation	
		Discuss the importance of ambulation and the significance of limited mobility.
		Describe the use of assistive devices that allow patients to ambulate.
		Identify safety precautions used when ambulating patients.
		Demonstrate how to ambulate with gait belts, walkers, and quad canes.
	Principles of Immobility	
		Recall the nursing assistant's responsibilities in the care of an immobile patient.

Options EHS Nursing Assistant C		Scope and Sequence
Unit	Lesson	Objectives
		Identify consequences of immobility.
		Discuss methods of pressure reduction.
		Explain the application of elbow and heel protectors.
	Antiembolics	
		Review principles of lower extremity circulation.
		Describe the safe and effective use of antiembolic stockings and sequential compression.
		Demonstrate the application of antiembolic stockings.
	Body Alignment	
		Define body mechanics.
		Recall how to demonstrate proper body mechanics.
		Discuss the consequences of poor alignment.
		Explain the checkpoints of function alignment in different positions.
	Positioning I	
		Identify the position used for different types of examinations.
		Recall how to turn a patient in bed.
		Discuss the use of assistive positioning devices.
		Demonstrate the technique used to turn a patient.
	Positioning II	
		Identify the different positions for a patient in bed.
		Discuss when it is appropriate to use positions for patients in bed.
		Describe the steps for sitting a patient on the edge of the bed.
		Demonstrate the technique for positioning a patient in the following positions: Sims's, Fowler's, supine, prone, Trendelenberg, and dangle.

Options EHS Nursing Assistant C		Scope and Sequence
Unit	Lesson	Objectives
	Range of Motion	
		Identify the range of movement for major joints.
		Differentiate between active and passive range of motion.
		Explain when it is appropriate to perform range-of-motion exercises.
		Demonstrate range-of-motion exercises.
	Transferring and Transporting	
		Identify the technique used to move a patient from a bed to a stretcher.
		Describe the technique used to safely transport a patient on a stretcher.
		Describe the technique used to safely transport a patient in a wheelchair.
		Demonstrate how to use a mechanical lift.
	Unit Summary	
	Unit Test	
Common Procedures		
	Unit Introduction	
	Bed-Making	
		Describe the techniques used for making an unoccupied bed and an occupied bed.
		Identify the correct position of the call light, intercom, and other devices needed by a patient.
		Recall how to place a footboard, bed cradle, egg crate, or air pressure mattress on a bed.
		Demonstrate the skills of occupied and unoccupied bed-making.
	Heat and Cold Therapy Applications	
		Discuss the reasons for heat and cold therapy applications.
		Describe the use of K-pads, cooling and heating blankets, and ice bags.

Options EHS Nursing Assistant C		Scope and Sequence
Unit	Lesson	Objectives
		Identify safety parameters when using heat and cold therapies.
	Oxygen Therapy	
		Identify the different types of oxygen therapy.
		Describe the safety parameters required when using oxygen therapy.
		Discuss the care of a patient receiving oxygen therapy.
	Catheter Care	
		Identify the different types of urinary catheters.
		Explain how to position and empty a drainage bag.
		Demonstrate urinary catheter care.
	Specimen Collection	
		Differentiate between the types of specimens frequently collected from patients.
		Describe the proper techniques for specimen collection.
		Identify the correct method for labeling patient specimens.
		Demonstrate how to collect a urine specimen.
	Admission and Discharge	
		Recall the procedure for admitting a patient.
		Describe the procedure for discharging and transferring a patient.
		Discuss the effects of a discharge or transfer on a patient.
	Prosthetics and Orthotics	
		Recognize how a prosthetic or orthotic is an extension of a patient's physical self.
		Discuss the care of prosthetic or orthotic equipment.
		Describe the use of prosthetic and orthotic appliances.

Options EHS Nursing Assistant C		Scope and Sequence
Unit	Lesson	Objectives
		Identify considerations for safe storage of prosthetic and orthotic equipment.
	Tubes and Drains	
		Identify the different types of drainage tubes commonly used in healthcare settings.
		Discuss the care of a patient with a feeding tube and IV therapy.
		Define the proper technique for observing, measuring, and recording drainage from medical tubes.
		Identify safety considerations when a patient has a medical-related tube attached.
	Vital Signs I	
		Identify how to measure temperature, height, and weight.
		Recall the different types of thermometers and their appropriate uses.
		Identify when it is appropriate to use a bed or chair scale.
		Describe how to report vital signs to a licensed nurse.
		Demonstrate the measurement of temperature using oral, axilla, rectal, and skin thermometers.
	Vital Signs II	
		Identify normal vital sign values and age-related variations.
		Explain how to measure heart and respiratory rates.
		Describe how to measure blood pressure with manual, Doppler, and electronic equipment.
		Explain the process of measuring oxygenation levels with a pulse oximetry device.
	Pain	
		Identify the different types of pain scales.
		Recall the signs and symptoms of pain.
		Describe how the NA can effectively respond to a patient experiencing pain.
		Explain how to report a patient's pain to the licensed nurse.

Options EHS Nursing Assistant C		Scope and Sequence
Unit	Lesson	Objectives
	Diagnostic Testing	
		Identify the technique for labeling and sending patient specimens.
		Explain the different types of specimens that can be collected and tested.
		Identify the technique for collecting patient specimens for lab studies.
		Explain the procedure for blood glucose testing.
	Unit Summary	
	Unit Test	
Optional Procedures		
	Unit Introduction	
	Preoperative Care	
		Identify the process of preparing a patient for an operative procedure.
		Explain how to complete a preoperative check.
		Review the informed consent process.
	Postoperative Care	
		Explain how to prepare a room for a postoperative patient.
		Discuss the immediate care of a patient returning from the OR.
		Identify key postoperative observations.
	Special Equipment	
		Identify the purpose of special equipment found in the healthcare setting.
		Discuss the importance of knowing the proper and safe operation of equipment.
		Identify personal responsibility in the use of equipment.
	Postpartum Patients	

Options EHS Nursing Assistant C		Scope and Sequence
Unit	Lesson	Objectives
		Discuss the care of postpartum patients.
		Identify key observations in the postpartum setting.
		Discuss the significance of patient identification in the postpartum setting.
		Describe special security measures in the postpartum setting.
	Cast Care	
		Discuss basic cast care.
		Identify key observations of a patient with a cast.
		Explain how to check circulation in a casted extremity.
	Unit Summary	
Unit Test		
Cumulative Exam		
Cumulative Exam Review		
Cumulative Exam		