

Options EHS Nursing Assistant B		Scope and Sequence
Unit	Lesson	Objectives
Psychosocial Aspects		
	Unit Introduction	
	Culturally Sensitive Care	
		Explain how cultural attitudes influence psychological responses.
		Discuss cultural considerations in caregiving.
		Identify ways to provide culturally sensitive care.
	Psychological Responses	
		Distinguish between the types of psychosocial needs.
		Identify changes in patient psychosocial behaviors.
		Identify activities to promote positive mental health and psychosocial well-being.
		Discuss the role of diversional activities in the healthcare setting.
	Sources of Stress	
		Identify sources of stress common to patients and residents.
		Describe the effects of stress on the mind and body.
	Self-Worth	
		Define self-worth.
		Identify factors that affect self-worth.
		Describe the normal response to loss.
		Identify considerations in caregiving to promote dignity and self-worth.
	Sexuality	
		Discuss the normal expression of sexuality.
		Identify barriers to the discussion of sexuality in healthcare settings.

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		Identify actions to promote the expression of sexuality needs by residents.
	Special Situations I	
		Identify the special needs of patients with mental health conditions.
		Discuss how to respond to patients with mental health conditions.
		Describe ways to provide care to angry, depressed, or unresponsive patients.
		Explain the ways to modify behavior in response to the patient's behavior.
	Special Situations II	
		Identify special needs that patients may have.
		Discuss how to respond to patients with special needs.
	Unit Summary	
	Unit Test	
Infections and Infection Control		
	Unit Introduction	
	Chain of Infections	
		Describe the chain of infection.
		Identify modes of disease transmission.
		Explain the environment-host-pathogen triad.
	Medical Asepsis	
		Recall principles of medical asepsis.
		Describe the steps for effective hand washing.
		Demonstrate hand-washing technique.
	Standard Precautions	

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		Identify the components of standard precautions.
		Explain how to provide care using standard precautions.
		Identify actions to prevent exposure to body fluids.
		Demonstrate gloving technique.
		Demonstrate donning and removing masks.
		Demonstrate donning and removing PPE.
	Transmission Precautions	
		Describe transmission-based precautions.
		Explain how to provide care using transmission-based precautions.
		Describe precautions required when working with patients in isolation rooms.
		Demonstrate how to collect specimens from patients in isolation.
		Demonstrate disposal of biohazardous waste (e.g. double bagging).
	Blood-Borne Diseases	
		Discuss blood-borne diseases, including HIV/AIDS.
		Explain how blood-borne diseases are transmitted.
		Identify safety precautions for working proximal to body fluids.
	Infection Control Procedures	
		Describe measures that promote infection prevention and control.
		Describe how to promote infection control in home health settings.
		Recall the adult immunization schedule.
	Unit Summary	
	Unit Test	

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Safety and Emergencies		
	Unit Introduction	
	Employee Safety and Injury Prevention	
		Describe OSHA guidelines related to workplace safety.
		Explain the ultimate goal of injury prevention in the workplace.
		Identify standards for workers' rights, harassment, and labor and employment laws.
Safe Environments		
		Explain the importance of a safe work environment.
		Analyze hazardous labeling signs and safety signs and symbols found in healthcare environments.
		Describe the general principles for using healthcare equipment safely.
		Explain how to use checklists and "read-back" procedures to prevent errors.
Environmental Hazards		
		Identify environmental safety hazards.
		Explain how to prevent accidents for patients, visitors, and healthcare staff.
Patient Safety		
		Identify factors that place patient safety at risk.
		Identify ways to maintain the security of the patient's property/possessions.
		Explain safety procedures related to patient care.
Nonmedical Emergencies		
		Identify ways to promote safety and handle nonmedical emergencies.
		Explain how to apply safety precautions and emergency procedures for fires, chemical spills, and biohazardous materials.

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		Describe fire safety/evacuation procedures and disaster drill plans.
	Violence in the Workplace	
		Explain the factors that can trigger workplace violence.
		Identify safety measures to prevent workplace violence.
		Discuss strategies to manage conflicts with clients/residents or coworkers.
	Restraints	
		Discuss factors to be considered in the use of restraints.
		Describe the use of restraints and alternatives to using them.
		Describe the steps for using alarms (door, bed, and others) for monitoring patients.
		Identify the monitoring requirements for the patient while in protective devices.
	Emergency Medical Responses	
		Recognize deviations from normal physiological processes.
		Apply principles of basic emergency care.
		Identify appropriate actions in response to emergency situations.
		Demonstrate responses to special situations (i.e. fainting/syncope, falls, seizure, bleeding, vomiting/aspiration).
		Perform abdominal thrusts.
		CPR and artificial ventilation.
	Unit Summary	
	Unit Test	
	Communication	
	Unit Introduction	
	Fundamentals of Communication	

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		List the basic elements of communication.
		Identify effective methods for developing good relationships with patients and coworkers.
		Recognize the factors that impact effective communication.
		Explain the importance of active listening.
	Verbal Communication	
		Identify principles of verbal communication.
		Discuss effective techniques for presenting or sharing information with patients, families, and healthcare teams.
		Identify effective ways to answer the intercom/call signal.
		Demonstrate effective communications with a patient.
	Written Communication	
		Identify approved abbreviations and terms used for written communication.
		Recall the importance of spelling and grammar for effective written communication.
		Identify information that nursing assistants must write into the medical record.
	Nonverbal Communication	
		Identify common forms of nonverbal communication.
		Discuss the significance of interpreting cues from patients and family.
		Recognize the factors that impact nonverbal communications.
	Factors Influencing Communication	
		Recognize the factors that influence communication.
		Describe how culture impacts communication.
		Identify how to overcome communication barriers.
	Special Needs Situations	

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		Explain strategies for communicating with individuals with special needs.
		Discuss the special communication needs of a person with a sensory loss.
		Identify devices available to promote communication.
	Observing and Reporting	
		Identify key observations when working with patients.
		Explain how to report a change in patient status.
		Recognize changes in a patient's condition.
		Differentiate between subjective and objective data.
	Unit Summary	
	Unit Test	
Activities of Daily Living		
	Unit Introduction	
	Activities of Daily Living I	
		Describe the components of personal hygiene for patients.
		Discuss principles of assisting patients in meeting hygiene needs.
		Explain the steps for giving a bed bath, including removing and replacing a gown.
		Explain how to use a shower chair and assist a patient with bathing.
	Activities of Daily Living II	
		Discuss considerations and precautions for shaving and providing facial care for another person.
		Recall how to provide oral and denture care.
		Describe the process of providing oral care to patients who are unconscious.
	Activities of Daily Living III	

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		Identify how to dress, undress, and groom a patient.
		Describe the use of assistive devices in dressing and undressing patients.
		Recall how to provide hair care and nail care.
	Activities of Daily Living IV	
		Identify the components of a.m. care.
		Discuss how to assist a patient with special needs with ADLs.
		Explain the proper technique for giving perineal care.
	Unit Test	
	Cumulative Exam	
	Cumulative Exam Review	
	Cumulative Exam	