

Personal Health Series Online Safety

Name:

Date:

Quiz

Instructions: Answer each question.

1. Name five things about yourself that you should not share online:

2. When you post a photo of yourself, it stays online:
a) for 3 months
b) for 6 months
c) until you take it down
d) possibly forever - people can re-post it, and deleting doesn't always work if someone else has copied your picture

- 3. True or false: Just because a stranger you encounter on the Internet tells you he is a teenager doesn't mean he really is. He might be a dangerous adult pretending to be a teen.
- 4. It's a good idea to take a physical activity break after sitting at a computer for ______ minutes.
- 5. To reduce eye strain, the computer monitor should be positioned with the top of monitor level with: a) your chin
 - b) your eyes
 - c) your forehead