# October-November-December Newsletter

## SRVS School District 55F



FROM THE OF

Mr. Dave Marzolf

As the cold weather approaches, please be sure that students dress appropriately for school, recess and extracurricular activities. Elementary students need to be prepared for various types of weather during recess. In the event a bus should happen to break down, sandals and open toed shoes are not going to be appropriate in winter weather. Parents, encourage student drivers to take the bus home on days when there is an early dismissal from school. Oftentimes inexperienced drivers are safer taking the bus. Their cars can be picked up from the school parking lot when it is safe to drive. Parents, please review the following with their children:

#### Dress appropriately for cold, icy weather.

- Allow extra time to get to your bus stop.
- Stand away from where the bus stops. Buses need extra room when there is ice and snow on the roadway.
- Use the handrails when boarding or exiting the bus to prevent slipping.
- Do not stand or play on snow piles at the bus stop.
- Do not throw snowballs at the bus or at anyone.
- Never try to retrieve an item that falls around or underneath the bus. Instead, always report such an incident to the bus driver.
- Remind student drivers in your house to keep windshields and roofs clear of snow and ice.

#### Additional tips for a safe ride:

While school buses are, by far, the safest way for students to travel, children need to do their part to stay alert and aware of their surroundings to prevent injury.

When waiting for the bus, stay away from traffic and avoid roughhousing or other behavior that can lead to carelessness

- Do not stray onto the roads, alleys or private property
- Line up away from the street or road as the bus approaches



### Getting on the Bus:

When waiting for the bus, stay away from traffic and avoid rough- housing or other behavior that can lead to carelessness.

- Do not stray onto the roads, alleys or private property.
- Line up away from the street or road as the bus approaches.
- Wait until the bus has stopped and the door opens before approaching the bus.
- Use the handrail when boarding.

#### **Behavior on the Bus:**

- Don't speak loudly or make loud noises that could distract the driver.
- Stay in your seat.
- Don't put your head, arms or hands out the window.
- Keep aisles clear of books and bags.
- Get your belongings together before reaching your stop.
- Wait for the bus to stop completely before getting up from your seat.

#### **Getting Off the Bus:**

- Use the handrail when exiting
- If you have to cross in front of the bus, first walk at least 10 feet ahead until you can see the driver.
- Make sure the driver can see you.
- Wait for a signal from the driver before crossing.
- When the driver signals, look left, right, then left again. Walk across the road and keep an eye out for sudden traffic changes.
- If your vision is blocked, move to an area where you can see other drivers and they can see you.
- Do not cross the center line of the road until the driver signals it is safe. Stay away from the rear wheels of the bus at all times.







~Mr. Luke McKinley

### **Great Beginnings!**

The 2022-2023 school year is off to a positive start. Remember, students' grades are tracked through the eligibility system on a weekly basis. Quarter I will expire on October 27. Mid-Term was September 22. If you have any questions or concerns, please do not hesitate to contact your child's counselor or teacher(s). A big thank you to our faculty, teachers, bus drivers, cafeteria ladies, custodians and substitutes. These people really help make the day at school amazing for your children at Sun River Valley School District.. THANK YOU!

#### Homecoming 2022



Simms High School homecoming week went very well. Student participation in the activities was at an all-time high. Thank you, SRVS parents, for helping with homecoming festivities. This year, the theme for homecoming was "Board Games". Thank you, local valley volunteer fire departments for providing vehicles in the parade. Go Tigers!

Homecoming Court: Mason Munroe, Halee Hane, Andrew Hansen, Alex Baranko, Ezra Leach, Kodiann Lynn, Josey Hinderager, and Laura Zietzke.

"Homecoming means coming home to what is in your heart." Author unknown



Homecoming King and Queen 2022: Ezra Leach and Laura Zietzke



#### September Students of the Month

Congratulations to Baylee Herman and Bailey Anderson for being selected as the Simms HS and MS Students of the Month! Great job, ladies! Parent/Teacher's Conferences are coming up on December 1! Call the office to make your appointment!

#### Fall Round of MAPS Complete

Students in grades 6-10, completed MAPS (Measure of Academic Progress) testing. MAP is a computerized adaptive test which helps teachers, parents, and administrators improve learning for all students and make informed decisions to promote a child's academic growth. MAP is used to measure a student's progress or growth in school. The testing information is important to teachers because it indicates what student's strengths are, and help that is needed in any specific areas. Teachers can use this information to help them guide instruction in the classrooms. If you have ever used a growth chart in your home to show how much your child has grown from one year to the next, it will help you understand the scale MAP uses to measure your child's academic progress. The measurement system is called the RIT (Rasch unIT), and is an equalinterval scale, much like feet and inches on a yardstick. The scale is used to chart your child's academic growth from year to year. RIT scores typically start at the 140 to 190 level in third grade and progress to the 240 to 300 level by high school.





Fort Shaw Elementary is off to a roaring start to the 2022-2023 school year! Please see what is happening this fall for our Pre-Kindergarten–5th grade students. Have a wonderful holiday season! ~ Principal Holly Kincaid

Here at Fort Shaw Elementary, we are getting into the fall spirit by having co-ed flag football after school for grades 2nd through 5th! Mr. Hazenberg, along with many parents, will volunteer their time to help with this exciting event starting Oct 10th—October 20th at 4:30pm. The student athletes will participate in a high school football game during halftime. Stay tuned for the time and date! This should be an existing time for all, and we look forward to having this as a Fort Shaw tradition in the upcoming years.

Next, Mr. McKinley and I are working with our staff to coordinate learning opportunities with the High School and Elementary students to work together throughout this school year. Our elementary students had a blast at the high school Homecoming assembly, and our staff is working diligently to create more exciting activities for all K-12 students.

On an academic note, our K-5th grade students have completed the first round of Map testing (Measure of Academic Progress) and they are continuing to complete Istation reading testing each month. These opportunities allow the staff to implement data-driven instructional lessons throughout the school year.



Congratulations to the Ft. Shaw September Students of the Month: Aleena Stephens (K) and Kiley Kitch (5th)! Way to go!



# 2022 HS Tiger Basketball Schedule

Nov. 17 (Thur)	First Day of Practice!
Nov 29 (Tue)	HS Girls BB Scrimmage 6:00 PM
	HS Boys BB Scrimmage 7:00 PM
December 8-9-10	Fergus Tip-Off Tournament
December 16 (Fri)	Simms vs. Power 3:00/4;30/6:00/7:30 PM
December 17 (Sat)	Simms vs. Choteau 12:00?1:30/3:00/4:30 PM
December 19 (Mon)	Simms vs. Augusta 6:00/7:30 PM
December 20 (Tue)	Simms vs. Dutton/Brady 3:00/4:30/6:00/7:30
January 6 (Fri)	Simms vs. Cascade 3:00/4;30/6:00/7:30 PM
January 7 (Sat)	Simms vs. Valier 12:00/1:30/3:00/4:30 PM
January 12 (Thr)	Simms @ Sunburst NO GJV 4:30/6:00/7:30 PM
January 14 (Sar)	Simms vs. Heart Butte 12:00/1:30/3:00/4:30
January 20 (Fri)	Simms @ Power 3:00/4:30/6:00/7:30 PM
January 21 (Sat)	Simms @ Choteau 1:00/2:30/4:00/5:30 PM Jan
January 27 (Fri)	Simms @ Augusta 6:00/7:30 PM
January 28 (Sat)	Simms @ Dutton/Brady 12:00/1:30/3:00/4:30
February 3 (Fri)	Simms @ Cascade 3:00/4:30/6:00/7:30 PM
February 4 (Sat)	Simms @ Valier 12:00/1:30/3:00/4:30 PM
February 11 (Sat)	Simms @ Heart Butte 12:00/1:30/3:00/4:30 PM



Please note that schedules are subject to change. You can check the Google Calendar on the SRVS Website for all Sports Activity Dates. Also check out our Facebook page (Sun River Valley School District) for updates and

#### POST SEASON

February 15-16-17-18	District Basketball @ CMR	
February 22-23-24-25	Divisional Basketball @ Great Falls (Expo Park)	
March 8-9-10-11	State Basketball @ Billings (Metra)	





And now a word from our Athletic Director.....

## **Upcoming Dates:**

#### **POST SEASON HS 8 Man Football**

First Round Playoffs	October 29
Quarter Final	November 5
Semi-Final	November 12
State 8 Mam Football	November 19



#### **POST SEASON HS CLASS C VOLLEYBALL**

District Tournament @ GFCC	October 27-28-29
Northern C Divisional @Chinook	November 3-4-5
State All Class @ Bozeman	November 10-11-12

Please remind your child to carry their EpiPen and/or inhaler with them in their sports bags to all sporting events. It is important to stress to them not to share water bottles as flu season starts to ramp up. Our athletic programs are experiencing great success this fall as we have moved beyond the midway point in our schedules. Reminder to all parents regarding our events: these are posted to our website weekly. We do the best we can to address scheduling changes. Please remember that schedules are subject to change and to check our Google Calendar on our website (srvs.k12.mt.us) to get the most up-to-date schedule.





# Simms High School 2022-2023 Wrestling Schedule

### \*12 Varsity Competitions (Schedule is subject to change!)

November 28-December 3

December 15 (Thur)

December 10-11

November 17

December 16-17 (Fri-Sat)

January 5 (Thur)

January 6-7 (Fri-Sat)

January 12 (Thur) January 13-14 (Fri-Sat) January 20-21 (Fri-Sat) January 26 (Thur) **January 27 (Fri)** January 30– February 4

February 8–11

FIRST DAY OF PRACTICE!

Cascade Badger Invitational

**Glasgow Tournament** 

Fairfield Mixer

CMR Holiday Mixer

Choteau Mixer

Cut Bank Tournament

Fairfield Mixer

Choteau Classic

Class BC Duel @ Townsend

Cascade All-Girl Mixer

**Divisional Tournament** 

Simms Mixer (Senior Night)

State Tournament





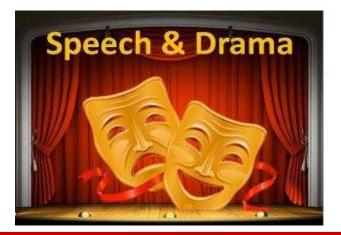




\*HS Speech and Drama students will be notified through the BAND app of any changes; the district Google calendar will be updated of any changes as well.\*

## Schedule of Events

October 3 (Mon)	First Day of Practice/Parent Meeting
October 29 (Sat)	Cut Bank Tournament
November 12 (Sat)	CJI Tournament NO SCRIPTS
December 2-3 (Fri-Sat)	Shepherd Tournament
December 17 (Sat)	Choteau Tournament (Christmas Theme)
January 7 (Sat)	Shelby Tournament
January 14 (Sat)	Fort Benton Tournament
January 21 (Sat)	Power-Dutton-Brady– Divisionals
January 27 (Thur)	State Tournament– Manhattan Christian







## **Counselor's Corner– October/November**

Greetings! School is well into the 1st quarter and the Simms Tigers are off to a roaring start. With another successful homecoming in the books, students are settling in and getting down to business. Just a reminder that the end of the 1st quarter is Thursday, October 27.

On September 22, seniors attended the annual Montana College Fair at the University of Providence in Great Falls. Simms Tigers and other students from area schools had the opportunity to visit with college recruiters, both in-state and out-ofstate, about educational opportunities. Area businesses also had representatives present to talk about employment opportunities within their companies.

Also in September, junior and senior students sat down to visit with local Montana Air National Guard recruiter, SSgt. Dace Steinke. SSgt. Steinke discussed with attending students that many opportunities that MANG offers, including careers and educational benefits. He will return later in the year to continue the discussion;. If your child did not get the opportunity to visit with SSgt. Steinke and would like information regarding MANG, they can see Ms. Perkins in Room 101; she will make sure your student gets in touch with SSgt. Steinke.

On October 12, juniors took the PSAT test in the gym. The PSAT is a standardized test administered by the College Board and cosponsored by the National Merit Scholarship Corporation in the United States. This test is excellent practice for the ACT test, which will be administered in the spring of 2023. It also affords students the opportunity to qualify for the National Merit Scholarship Program and other scholarships if they score high enough. Students were briefed on what to expect on the test, as well as given a booklet that contains a practice test. Results will be released in approximately 6-8 weeks after taking the exam.

All sophomores and eight-graders will be attending the Worlds of Work event, held here in Great Falls at the University of Providence and Great Falls College MSU. This is the first year for this career pathway-themed event, with almost 2,000 students registered to attend throughout the day. Students will work their way through different career pathway "worlds", where they will get to experience hands-on learning related to that industry. The goal of the event is to immerse students in engaging tasks that might spark an interest in a career that will keep them in our city, county, or region after graduation. The event is lead by the Great Falls Chamber of Commerce and United Way of Cascade County.

Please be checking your child's grades through Infinite Campus. The IC application is a great way to keep track of your child's academic progress. Feel free to reach out to any of your child's teachers if you have questions about a grade or a class. If you have not yet accessed Infinite Campus or don't know your login credentials, please contact our Main Office @ 406-264-5110.

# TIGER TENNIS

Tin Dis

Congratulations to the Sun River Valley School District on an amazing start to the 2022-2023 school year. Also, I offer a humble apology that Tiger Tennis News did not appear in the first newsletter this fall; I dropped the ball on that one. With that said, I can simply begin this article by saying the boys and girls tennis teams had a banner Spring Season 2022.

For the first time, the Tigers had two young men represent the school each week on the courts-Kaleb Sawyer and Ernest Puig Pons. Throughout the season, the boys steadily improved, and when the dust settled at the Divisional Tournament in Great Falls on May 13th and 14th, the boys had earned 3rd place in the division, and Ernest had finished 2nd in Boys Singles. Ernest had earned the

right to represent Simms at the State Tournament the following weekend in Bozeman. Kaleb's improved play during the season leaves his coaches encouraged for the 2023 Tennis Season. Ernest (Fez) continued with his steady play at the State Tournament, and found himself playing on Championship Friday for 5th and 6th place. In his final high-school match in the State Tournament, Ernest would defeat Francesco Commuzi from Terry in three very exciting sets to claim that 5th place medal. Additionally, "Fez" had captured the hearts of many B/C tennis fans across the state by the time the tournament wrapped up on the last day. What an ambassador for our school.

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Heading into the 2022 season, the Tiger tennis team had finished on a high note in 2021 at the State Tournament with a 3rd place finish. As this past season started, the Tigers would not have Halee



Hane nor Laura Zietzke in the singles line up. (Both had stellar 2021 seasons as singles players.) Coach Pasma and Coach Green knew we still had plenty of "guns" to remain competitive, and we ran our daily practices with that in mind. The girls tennis team included: Lilly Larson, Taylee Sawyer, Valentina Rua, Baylee Herman, Alex Baranko, Nina Okes, Macy Herman and Kaylee Zietzke. Like the boys, each of these girls steadily improved throughout the season, and at the end of our seasonal preview tournament, we knew we had a good shot of repeating as Divisional Champions. When the divisional tournament ended, we indeed claimed the girls divisional title and the following young ladies had earned the right to advance to the

state tournament - Taylee Sawyer and Lilly Larson in singles, and our two doubles teams comprised of Alex Baranko/Nina Okes and Macy Herman/Kaylee Zietzke had also advanced after finishing 2nd and 1st in the division. Baylee Herman would also qualify as our alternate to play in Bozeman.

At the state tournament, Taylee Sawyer would finish her senior year strongly with a convincing 3rd place finish on Championship Friday. Macy Herman and Kaylee Zietzke played phenomenally for two days, and competed in the Championship Doubles match finishing 2nd to a very talented team from Loyola-Sacred Heart. As a team, the Lady Tigers finished in 2nd place with 33 points; only six points behind Loyola-Sacred Heart.

As coaches and a team, we can honestly say we had a great season and we could not have accomplished so much without the support from our school administration, staff, parents and our school community. Who knows: 2021 - **1st place Divisonals,3rd place** state, 2022 - **1st place Divisionals, 2nd place** state, and 2023 -??? Keep enjoying this beautiful fall weather and have a blessed holiday season. ~ *Coach Colleen Green* 



The Simms FFA has gotten the 2022-23 school year off to a great start with lots of activities and involvement. In September, it was with great ex-

citement that Simms FFA hosted an all-school assembly with National FFA Secretary, Jackson Sylvester, on Tuesday, August 30. This was an amazing opportunity regardless of the student's involvement in FFA. Jackson presented the concept of being where your boots are! He said that many high school students spend their time looking ahead, which is important, but they miss the opportunities they have at the time. Eight members of the Simms FFA traveled to Fort Shaw Elementary on Tuesday, September 6th, for National Read- a-Book Day. They took with them agriculturally accurate books purchased by the Cascade County Farm Bureau Federation. *First Peas to the Table,* by Susan Grisby, discussed how vegetables are grown and how historical figure Thomas Jefferson researched and gardened back in his day. Hands-on activities were then completed in each classroom. The Glacier District Leadership School was hosted at Dutton on Wednesday, September 7th. There were two groups of student workshops. Younger members worked on goals and FFA opportunities. Older members worked on leadership and team building. There were also meetings and workshops for teachers.

In the afternoon, teachers from the Glacier District conducted specialized workshops introducing FFA Career Development Events, writing thank you notes, and communication etiquette. Officers were instructed in some of the necessary skills to perform their officer duties. Simms FFA put on a BBQ for homecoming. We sold hot dogs with a side of potato salad, chips, dessert, and a drink. The food was good and it was overall put together well. The money that was raised will be used for kids entry fees and traveling expenses.

Simms FFA and BPA held a joint fundraising event on Thursday, September 22nd at the Elks Lodge in Great Falls. The evening included a silent auction, chicken dinner, and trivia competition. The meal was prepared by the Sun River Valley Food Services Department. On behalf of the Career and Technical Education Department of Sun River Valley Schools, we would like to thank all our supporters for a great fundraising event. We had 9 sponsored tables: Western Livestock Auction, 104.9 The Wolf, Big Sky Scientific, Northwest Farm Credit Service, Darryl's Tire and Service Center, Home Builders Association of Great Falls, Russ and Lorie Miner, Rohrer Trucking, The Other Guys Wood Floors. There were a total of approximately 150 members, families, and guests present. We had 37 silent auction items. We raised about \$5000 for these student organizations. The proceeds of this event will support the travel and participation of members in district, state, and national FFA activities.

#### (FFA Update, continued)

The 2022 National Agricultural Proficiency Awards were named in preparation of the National Convention. Steven Schubarth, a 2022 graduate from Simms High School, was named the winner of the Wildlife Management Placement Award in the state of Montana. He was awarded a National bronze medal for 2022. Steven will receive a cash award and bronze award pin from the National FFA for his efforts. Simms FFA had 4 Agriscience fair projects entered at the national level. All four projects received Bronze national placings in the Agriscience Fair. Congratulations to Zoey and Brylee Wright in Animal Systems, Matthias Reifer and Anthonie Willes in Power Technology Early High School Team, Hunter Miler in Power Technology Early High School Individual, and Bailey Anderson ,Power Technology Middle School.





# Simms Middle/High School Retakes!

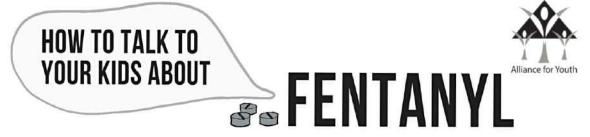
# **November 2**

# Forms are available at the Simms High School Office!





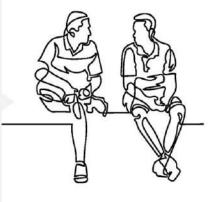
Among teenagers, overdose deaths linked to synthetic opioids like fentanyl have tripled in the past two years, yet 73% have never heard of fake prescription pills being made with fentanyl.

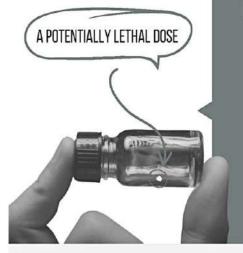


## HAVE A CONVERSATION WITH YOUR CHILD

Start with a general conversation about pain, stress, mental health, and medications. Mental health is a key factor in substance use: 86% of youth 13-17 are overwhelmed and 79% say anxiety and stress is a common reason to misuse medication.

Explain that pain and stress are normal things that happen in life, and provide suggestions on how to manage them.





## EXPLAIN WHAT FENTANYL IS AND WHY IT'S SO DANGEROUS

- Fentanyl is a powerful opioid being added to fake prescription pills and other drugs you can buy "off the street". Fentanyl is added to increase profits because it's cheaper and stronger.
- One pill can kill. A potentially lethal dose of fentanyl is the size of 2 grains of salt.
- If it's not from your child's doctor or pharmacy, don't take it.
- Anyone who misuses prescription pills or uses drugs, even the first time, is at risk of a fentanyl overdose.
- A "friend" or drug dealer may not know if the product they are selling contains fentanyl, and there's no way they can guarantee that it doesn't contain fentanyl.

## FOCUS THE CONVERSATION ON SAFETY

Instead of focusing the conversation around punishment for drug use, share that you care about them and want them to be safe.

As parents, you are an important influence in your kids' lives. One of the best ways to protect kids from substance use is by having regular and open conversations to educate them about the risks. Listen to them without judgment. Also monitor their social media use. Drugs are often provided by someone that they know or a stranger that they meet on social media.



## Welcome to Sun River Valley Schools!





I'm born and raised just outside of Great Falls on my family's little ranch. I attended the University of Great Falls where I studied Elementary and Special Education for 5 ½ years. I graduated Suma Cum Laude and am now the Resource 2 teacher at Fort Shaw Elementary. I'm beyond excited to be teaching in such a lovely little community and have been blown away by the welcoming and supportive atmosphere of the Sun River Valley. When I'm not at school, you can catch me riding and competing on my horses. I am an avid barrel racer, team roper and breakaway roper. I have an event nearly every weekend of the year and the summer is jam packed full of competitions and rodeos as well. I also own a tack (horse equipment) business that my parents and I travel with during the spring, summer and fall to different equine events. Between school, my 6 horses and my small business, I stay plenty busy! ~ *Jesse Merrell* 

I grew up in the Sun River Valley. I graduated from Simms High School in 2020. I attended UM Western before returning back to the family ranch in Sun River. I spend my time traveling with my dog and family. ~ *Karlie Sivumaki* 





I was born in South Africa and moved to the US at 23, when I married my husband Todd Feeler, who is from the Sun River Valley. I have three kids who are 12, 10 and 8. I love how beautiful Montana is, although I will miss the majestic Indian Ocean. I love spicy food and enjoy family time. *~Roxanne Feeler* 



# C'MON AND JOIN THE FUN AT SRVS SCHOOL DISTRICT!





Please call Simms High Schools @264-5110, Ext. 124, for more information.

#### Notice of Non-Discrimination

The Sun River Valley School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies:

Holly Kincaid - Title IX Coordinator 123 Walker Street Simms, MT 59477 406-264-5111

Luke McKinley - Non-Discrimination Coordinator/504 Coordinator 1 School Loop Road Fort Shaw, MT 59443 406-264-5110

David Marzolf - Age Discrimination Coordinator

123 Walker Street Simms, MT 59477

406-264-5111







# Sun River Valley Helping Hands

The Sun River Valley Helping Hands Food drive team is gearing up for the 2022 Food Drive to be held this year from November 15– December 15 at the Sun River Valley Lions Club in Simms.

If you would like to be put on the list to receive a gift box with food and presents for your children, please fill out the form in this newsletter and send it to the PO Box indicated.

If you would like to donate food to the Food Drive this year, please drop off your food donations at the Lions Hall in Simms starting November 15. If you would like to donate financially, please send checks to:

Sun River Valley Food Drive c/o First Bank Montana Vaughn, MT 59487

Thank you for making a difference in so many lives during the holiday season!

## School Lunch Program

It's time to apply for the School Lunch Program. <u>All families interested in free and reduced meals are required to apply each year regardless of previous qualification.</u>

The meal applications are found on the Sun River Valley Schools website, <u>www.srvs.k12.mt.us</u>, under the Infinite Campus Parent Portal-Scroll down to "Quick Links" and click on "Infinite Campus". After you log in, go to the left side, click on "More", then choose "Meal Benefits". Click on "Start Here to Start the Application Process". It takes about 5 minutes. If this your first time logging on to Infinite Campus , call the school and we will walk you through the process.



We encourage everyone to apply as soon as possible as there will be no grace period this year.



#### Lunch Prices

Ft. Shaw Elementary—Breakfast: \$2.00; Lunch: \$2.50 SHS/SRMS– Breakfast: \$2.00; Lunch: \$ 3.00 Adults-Breakfast: \$2.00; Lunch; \$ 4.00

\*



# **Immunization Clinic**

# **Simms - Ft. Shaw Schools**

Wednesday, October 26th Simms School 8:30 a.m. to 9:45 a.m. Ft. Shaw School 10:00 a.m. to Noon

Flu and COVID boosters available For questions, call Lacey at 406.791.9272

# Save time by filling out your registration form at home!

Complete form and bring with you. Bring your insurance card. Flu vaccine - standard & high dose available. COVID vaccine - including Omicron booster. MUST BRING COVID CARD WITH YOU

SCAN with smartphone for FLU/COVID registration form → Forms will also be available at event



#### CITY-COUNTY HEALTH DEPARTMENT INFLUENZA CLINIC - CONSENT AND REGISTRATION FORM Client Information (please print legibly - a staff member may assist if you prefer)

Legal Name				DOB		Lega	l Gende	r
							F	м
Address			City		State	Zip		
Phone Number	Ethnicity	Race (	select all that	apply)				
	Hispanic Origin		Native Ame	erican/Alaska	an		Asi	an
Cell Number	Non-Hispanic Origin	African American/Black			w	ite		
	Prefer Not To Say		Native Hav	vaiian/Pacifi	c Islander		Ot	her

Insurance company Subscriber ID		
Group #	Payer ID	
\$Cash \$	Check AmountCheck Number \$Credit Card	

I have read the influenza vaccine information and questions have been answered to my satisfaction. My signature below indicates I consent to the vaccine without coercion or reservation. I also give consent for vaccination information to be entered into an electronic data base. I understand I can revoke this authorization and have my record removed at any time by contacting my local health department. By signing this form, I confirm that I have been offered a copy of the City-County Health Department (CCHD) Notice of Privacy Practices and have had my questions about the Notice answered to my satisfaction.

For Medicare, Medicare Advantage, Medicaid, CHIP or other insurance claims, I authorize the release of any medical or other information necessary to process this claim. I also assign payment of benefits to the CCHD. I agree to be financially responsible for any fees not covered by the insurance noted above.

×			
Signature of Vaccine Recipient or Guardian	(If Guardian, Please Print Name Here)	Date	
Vaccine Administration Information			
Are you allergic to eggs, poultry, thimerosal, or latex? Are you pregnant? Have you had any previous reaction to flu vaccine? Have you ever been diagnosed with Guillain-Barre' syndrome/paralysis? Are you currently experiencing any moderate or severe illness?		Yes Yes Yes Yes Yes	No No No No
Site	Lot # and expiration date		
VIS Date:	Vaccinator Signature		Date

White: Immunizations Dept. Yellow: Patient Copy

Influenza Clinic Consent and Registration Form



BPA Officers (Kodiann Lynn, Alex Baranko, Kylie Harrison, Marshall Kunkel, and Carsten Brooks) were invited to the Fall Leadership Conference to have a fun-filled educational weekend. They traveled to Fairmont Hot Springs, along every other chapter in the state. Upon arrival they were tasked with completing a scavenger hunt. After splitting into different groups, Simms obviously getting the best group, the

race began. Marshall and Carsten raced from paper to paper, frantically solving the riddles to go find the next point. After time was called, the dust settled, and the stars aligned, Simms took first place for the number of points found and completed. Soon after that the members were split into groups according to

experience level and attended different seminars. After the seminars, the chapters competed in BizBowl, a fun trivia competition between the chapters. This year's theme was Financial Literacy. Simms has never gotten past the first couple of rounds, this year Carsten Brooks was determined to change that. They made it past the first round, the second, the third and the fourth, making it to the semifinals. They cleared the plate in the semifinals, advancing them to the championship! It was the championship round, the crowd was diminishing, eyes were sagging, and Z's were being caught, but the spot-



light was on Simms and their opponent. It was back and forth for the first couple of questions, trading devastating blows. Simms was able to get ahead and land the final blow. Thanks to Carsten Brooks, Kodiann Lynn, and Marshall Kunkel, Simms had taken first and one a prize of \$100! Following the Biz Bowl was dinner and pool time. The next day Carsten Brooks was a contestant in the Shark Tank, where he pitched the idea of a weed killing, name-taking robot. When the results came in, he was the winner! Carsten won a monetary prize of \$300. The officers all had a great time, and they all came home with smiles



Marshall Kunkel, Kylie Harrison, Carsten Brooks, Alex Baranko, and Kodiann Lynn.

on their faces and money in their pockets!

The annual BPA Lock-in/Kickoff was soon after FLC. Here all of the Simms Chapter gets together for a night of fun. They ate spaghetti, juice boxes, and cookies for dinner. Afterwards they began picking the events they were going to compete in for the year. They will work on these events and competitions until regionals, where they will compete- some for the first time. After picking their events, they were given a crash course in the art of coffee and played some games in the gymnasium. When the games were put away and a movie came out, most people decided to catch a few Z's. Overall the lock-in was a great success! Everybody enjoyed themselves and are looking forward to the rest of the year!

# November 2022

# **SRVS** Nutrition

## Simms MS & HS/Fort Shaw/Vaughn



Harvest of the Month: Apples! Throughout November,

let us know what you think!

		11/2 Sausage, Egg & Cheese Muffin	11/3 Cinnamon Roll or Maple Bar		
	11/1 Fresh Biscuits & Gravy	II/ Z Jausage, Egg & Cheese Wullin			
	Chicken Enchilada Bake GF	Salisbury Steak (GF) Garlic Yukon Mashed Potatoes	Teriyaki Chicken		
		Masheu Polatoes	Asian Noodles		
11/7 Scrambled Eggs & Links	11/8 Fresh Biscuits& Gravy	11/9 French Toast Bake	11/10 Fresh Muffin or Maple Bar		
Chicken Chow Mein	Zuppa Toscana	Butter Chicken (GF)	Beef Burger		
	Bread Stick	Basmati Rice	Herbed Potato Wedges		
11/14 Western Scramble	11/15 Fresh Biscuits & Gravy	11/16 Sausage Egg & Cheese Muffin	11/17 Fresh Scone or Maple Bar		
	Mac & Cheese *GF Available*				
and	Little Smokies	Cheesy Veggie Soup (GF)	Sheperd's Pie		
Lasagna		Fresh Bread			
11/21 Scrambled Eggs & Links	11/22 Fresh Biscuits & Gravy	11/23 NO SCHOOL	11/24 NO SCHOOL		
		Hanny			
Chili Dogs	Street L	Thanks	ainina		
Harvest Chips	Thanksgiving Lunch	Autos	analt an		
11/28 Western Scramble	11/29 Fresh Biscuits & Gravy	11/30 Sausage, Egg, Cheese Muffin	11/31 Cinn. Roll or Maple Bar		
		Italian Meatball Sub w/ Chips	Chicken Pot Pie		
Orange Chicken	Corn Chowder (GF)				
Fried Rice	Fresh Bread				
	<b>N</b>	*ALLERG			

*Morning!!* 

Yogurt Bar/Fresh Fruit/Housemade Granola

Boiled Egg/Cheese stick

Steel Cut Oats or Cream of the West

Milk or Juice

Breakfast Includes: Protein/Grain/Fruit/ Milk or Juice-Lunch Includes: Protein/ Salad/Grain/ Veggies/ Milk

Note: The Kitchen Staff does not discriminate based on race, color, national origin, sex, age, or disability

# December 2022

# **SRVS** Nutrition

## Simms MS & HS/Fort Shaw/Vaughn



		12/1 Cinn. Roll or Maple Bar Chicken Pot Pie
12/6 Fresh Biscuits& Gravy Hot Dogs with Fries	12/7 French Toast Bake Teriyaki Chicken with Asian Noodles	12/8 Fresh Muffin or Maple Bar Italian Stromboli National Brownie Day!
2/12 Western Scramble 12/13 Fresh Biscuits & Gravy   Iled Pork Sandwich Meatloaf (GF)   esh Coleslaw Garlic Yukon Mashed Pota- toes/ Fresh Roll		12/15 Fresh Scone or Maple Bar Asian Beef/ Fried Rice
A Links   12/20 Fresh Biscuits & Gravy   12/21 Fresh Toast Bake     Polish Sausage Penne Bake   Chicken and Waffles     Maple Gravy   Maple Gravy		12/22 House made Pop Tart Christmas Lunch
	Hot Dogs with Fries 12/13 Fresh Biscuits & Gravy Meatloaf (GF) Garlic Yukon Mashed Pota- toes/ Fresh Roll 12/20 Fresh Biscuits & Gravy	Hot Dogs with FriesTeriyaki Chicken with Asian Noodles12/13Fresh Biscuits & Gravy12/14 Sausage Egg & Cheese Muffin Lentil Soup (GF)Garlic Yukon Mashed Potatoes/ Fresh RollLentil Soup (GF)12/20Fresh Biscuits & Gravy12/21 Fresh Toast BakePolish Sausage Penne BakeChicken and Waffles

## Enjoy your Holiday Break!! See

you next year!



Morning!!

Yogurt Bar/Fresh Fruit/House made Granola

Boiled Egg/Cheese stick

Steel Cut Oats or Cream of the West

Milk or Juice

\*ALLERGEN Alert\* Let us know !!

Harvest of the Month: Lentils! Let us know how you like them!!



Breakfast Includes: Protein/Grain/Fruit/ Milk or Juice-Lunch Includes: Protein/ Salad/Grain/ Veggies/ Milk

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# January 2023

# **SRVS** Nutrition

Simms MS & HS/Fort Shaw/ Vaughn



1/2 Western Scramble	1/3 Fresh Biscuits & Sausage Gravy	1/4 Sausage, Egg, & Cheese Muffin	1/5 Cinnamon Roll or Maple Bar
Ham & Bean Soup Corn Bread	Chicken Burger Herb Roasted Potatoes	Lasagna	Teriyaki Chicken with Asian Noodles
1/9 Scrambled Eggs & Links	1/10 Fresh Biscuits& Gravy	10/11 French Toast Bake	1/12 Fresh Muffin or Maple Bar
	Zuppa Toscana	Chicken Biryani	Hot Ham & Cheese Sliders
Beef Lo Mein	Bread Stick		Herbed Potato Wedges
1/16 Western Scramble	1/17 Fresh Biscuits & Gravy	1/18 Sausage, Egg & Cheese	1/19 Fresh Scone or Maple Bar
Spaghetti & Meat Sauce	Cheesy Veggie Soup (GF)	Muffin	
Fresh Bread	Fresh Bread	Hot Turkey Sandwich	Orange Chicken/Fried Rice
1/23 Scrambled Eggs & Links	1/24 Fresh Biscuits & Gravy	1/25 Fresh Toast Bake	1/26 House made Pop Tart
		Mac & Cheese (GF Available)	
Corn Chowder (GF)	Baked Potato Bar	Little Smokies	Asian Beef with Asian Noodles
Fresh Bread	Chili & Broccoli		
1/30 Western Scramble	1/31 Fresh Biscuits & Gravy	2/1 Sausage, Egg & Cheese Muffin	2/2 Fresh Muffin or Maple Bar
Chicken Chow Mein	Italian Meatball Sub	Chili & Cinnamon Roll	Beef Burger
	Harvest Chips		Fries

Morning!!

Yogurt Bar/Fresh Fruit/House made Granola

Boiled Egg/Cheese stick

Harvest of the Month

Kale

Allergen Alert\* Let us know!!

Steel Cut Oats or Cream of the

West

Milk or Juice

Breakfast Includes: Protein/Grain/Fruit/ Milk or Juice-Lunch Includes: Protein/ Salad/Grain/ Veggies/ Milk

Note: The Kitchen Staff does not discriminate based on race, color, national origin, sex, age, or disability



Save The Date!

## <u>October</u>

26	Flu Shot Clinic
27 -29	District VB Tourney@ GFCC
29	FB First Round of Play-offs

## November

2	MS&HS Re-Take Day
3-5	Divisional VB @ Chinook
8	School Board Meeting @ 7:00 PM
10-12	State All-Class VB @ Bozeman
13	School Board Meeting @ 7:00
15	Fall Activity Banquet
17	First Day of BB and WR Practice
23-27	No School- Thanksgiving Holiday

## **December**

- **1** Parent-Teacher Conferences
- **12 Simms Christmas Concert**
- **13 ASVAB-Juniors**
- 21– Jan 1– Christmas Break