

October 2024

North Bolivar Consolidated School District Lunch Menu – Grades 9th through 12th Child Nutrition Department



Monday



Tuesday

Wednesday

Thursday

Friday

7
Buffalo Hot Wings
Chef Salad W/Crackers
Cheesy Broccoli
Crinkle Fries
Baby Carrots W/Dressing
Fresh Fruit
Fruit Juice
Choice of Milk
Mayonnaise, Mustard or Ketchup
Oatmeal & Raisin Cookies

8
Scrumptious Taco Soup
Baked Tortilla Scoops
Or Crackers
Tuna Salad Salad
w/Saltine Crackers
Green Beans
Corn On The Cob
Assorted Fruit Juices
Assorted Fresh Fruit
Variety of Low Fat Milk

9
Chicken Strips
Chef Salad w/Crackers
Mashed Potatoes & Gravy
Seasoned Green Beans
Buttered Sweet Rolls
Fresh Fruit, Canned Fruit
Fruit Juice
Choice of Milk
Variety Dipping Sauce
Variety Salad Dressings

10
Bacon Cheeseburger
With Trimmings, Pickle Spears
Chef Salad W/Crackers
Potatoes Wedges
BBQ Baked Beans
Carrots with Ranch Dip
Fresh Fruit
Fruit Juice
Ketchup, Mustard, Mayo
Choice of Milk
Sugar Cookies

11


14


15
Spicy Chicken Sandwich
Crispy Chicken Sandwich
Lettuce, Tomato & Pickles
Tuna Salad Salad W/Crackers
Potato Wedges
Corn on The Cob
Fresh Fruit
Assorted Fruit Freeze
Ketchup, Mustard, Mayo,
Variety Milk
Oatmeal & Raisin Cookies

16
Barbecue Chicken
Tuna Salad Salad W/Crackers
Broccoli & Cheese
Corn-On-The-Cob
Lima Beans
Corn Bread
Fresh Oranges, Bananas
Assorted Fruit Juice
Variety Milk
Hot Sauce
Variety Salad Dressings

17
Steak Fingers W/Gravy
Tuna Salad Salad
Crackers
Buttered Mashed Potato
Seasoned String Beans
Buttered Roll
Assorted Can Fruit
Assorted Fresh Fruit
Assorted Fruit Juices
Variety Milk
Ketchup

18
Buffalo Hot Wings
Chef Salad W/Saltine Crackers
Potato Wedges
Corn On The Cob
Fresh Fruit,
WW Garlic Toast
Choice of Milk
Ketchup, Ranch Dipping Sauce
Oatmeal & Raisin Cookies

21
Buffalo Hot Wings
Chef Salad W/Saltine Crackers
Potato Wedges
Tossed Green Salad
Corn On The Cob
Fresh Red/Green Grapes,
Fresh Fruit, Fruit Juice
WW Garlic Toast
Choice of Milk
Ketchup, Ranch Dipping Sauce

22
Spaghetti Meat Sauce
Chef or Tuna Salad
Saltine Crackers
Buttered Rolls
Corn on the Cob
Sweet Peas
Carrots W/Dip
Fresh Fruit
Fruit Juice
Choice of Milk
Variety of Salad Dressings

23
Lemon Pepper Chicken
Tuna or Chef Salad
w/Crackers
Buttered Rice, Mac & Cheese
Seasoned Cabbage, Yams
Corn Bread
Fresh Fruit, Fruit Juice
Choice of Milk
Hot Sauce
Chocolate Chip Cookies

24
Hamburger Steak W/Gravy
Tuna Salad Salad W/Crackers
Mashed Potatoes
Sweet Potato Pattie
Green Beans
Sweet Rolls
Fresh Fruit
Canned Fruit
Fruit Juice
Choice of Milk
Variety Salad Dressings

25
BBQ Rib Sandwich
Mexican Pizza
Chef Salad W/Crackers
Potato Wedges
BBQ Baked Beans
Confetti Coleslaw
Carrots & Dip
Fresh Fruit, Fruit Juice
Choice of Milk
Ketchup
Chocolate Brownies

28
Sloppy Joe on Bun
Chicken Ranch Salad
W/Crackers
Corn On The Cob
Baked Potato Wedges
Sliced Peaches
Fresh Fruit
Variety Milk
Ketchup

29
Ham & Cheese Hoagie W/Trimmings
Chef Salad W/Crackers
Cheesy Broccoli
Crinkle Fries
Baby Carrots W/Dressing
Fresh Fruit
Fruit Juice
Choice of Milk
Mayonnaise, Mustard or Ketchup
Oatmeal & Raisin Cookies

30
Vegetable Beef Soup
Tuna Salad Salad WG Crackers
Chef Salad WG Crackers
Maccaroni & Cheese
Carrots W/Ranch Dip
Tossed Salad w/Dressing
Corn Bread
Fresh Orange or Sliced Peaches
Assorted Fruit Juices
Variety of Low Fat Milk

31
Chili Cheesy Hot Dogs on Bun
Grilled Chicken Salad W/Crackers
Whole Kernel Corn
Baked Potato Wedges
Assorted Fruit Freeze
Fresh Banana
Assorted Fruit Juice
Variety Milk
Ketchup, Mustard
Variety Salad Dressings
Variety of Cookies

Did you know?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.

Offered Daily

*Low-fat Milk
*Chocolate Milk
*Strawberry Milk
*Vanilla Fat-Free Milk
*Lactose-free Milk
*Soy Milk

Offered Weekly

* Chef, Tuna, Chicken Salad
Or Chicken Fajitas Salad

All menus are subject to change.

This Institution is an Equal Opportunity Provider.



Meal Pattern Offer Verses Serve

What Makes a Lunch

Select 3-5 Components

