

Children's Literature that Supports Social and Emotional Learning

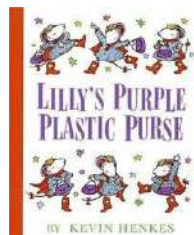
For more recommended children's books, visit: www.open-circle.org/literature

Self-Awareness | Recognizing and naming your emotions, self-knowledge



- Bang, Molly. *When Sophie Gets Angry, Really, Really Angry*
*Cuando Sofía Se Enoja, Se Enoja de Veras***
- Cain, Janan. *The Way I Feel*
*Así Me Siento Yo***
- Evans, Lezlie. *Sometimes I Feel Like a Storm Cloud*
- Francher, Lou (Dr. Seuss). *My Many Colored Days*
- Frame, Jeron Ashford. *Yesterday I Had the Blues*
- Freymann, Saxton. *How Are You Peeling? Foods with Moods*
- George, Kristine O'Connell. *Swimming Upstream: Middle School Poems*
- Kachenmeister, Cheryl. *On Monday When it Rained*
- Menchin, Scott. *Taking a Bath With a Dog*
- Myers, Walter Dean. *Looking Like Me*
- Rotner, Shelley. *Lots of Feelings*
- Underwood, Deborah. *The Quiet Book*
- Vail, Rachel. *Sometimes I'm Bombaloo*
- Viorst, Judith. *Alexander and the Terrible, Horrible, No Good, Very Bad Day*
*Alexander y el Día Terrible, Horrible, Espantoso, Horroroso***

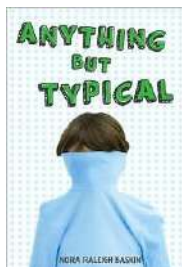
Self-Management | Calming down when you feel upset, using positive self-talk



- Dean, James. *Pete the Cat, I Love My White Shoes*
- Harrington, Janice. *Roberto Walks Home* (inspired by Ezra Jack Keats)
- Henkes, Kevin. *Lilly's Purple Plastic Purse*
*Lily y Su Bolso de Plástico Morado***
- Hooks, Bell. *Grump, Groan, Growl*
- Kostecki-Shaw, Jenny Sue. *My Travelin' Eye*
- MacLean, Kerry Lee. *Peaceful Piggy Meditation*
- Piper, Watty. *The Little Engine that Could*
*La Pequeña Locomotora Que Sí Pudo***
- Silver, Gail. *Steps and Stones*
- Urban, Linda. *Mouse Was Mad*
- Wong, Janet. *Twist: Yoga Poems*

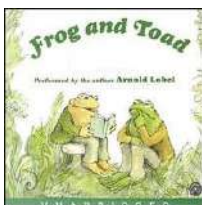
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Social Awareness | Recognizing differences, perspective-taking, developing empathy

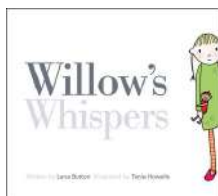


Dwight, Laura. *We are All Alike, We are All Different*
 Erskine, Kathryn. *Mockingbird**
 Graff, Lisa. *The Thing about Georgie**
 Harper, Charise Mericle. *Just Grace**
 Keats, Ezra Jack. *Louie*
 Kostecki-Shaw, Jenny Sue. *Same, Same, but Different*
 Leffler, Maryann. *Jack's Talent*
 Lord, Cynthia. *Rules**
 McPhail, David. *The Teddy Bear*
 Meyers, Walter Dean. *Looking Like Me*
 Pak, Soyung. *Sumi's First Day of School Ever*
 Raschka, Chris. *Yo! Yes*
 Recorvits, Helen. *My Name is Yoon*
 *Me Llamo Yoon***
 Reiser, Lynn. *Margaret and Margarita*
 *Margarita y Margaret***
 Reiser, Lynn. *My Way*
 *A mi manera***
 Rotner, Shelley. *Shades of People*
 Schmidt, Gary. *Lizzie Bright and the Buckminster Boy**
 Stead, Philip C. *A Sick Day for Amos McGee*
 Walsh, Melanie. *My Nose, Your Nose*
 Wiles, Deborah. *Freedom Summer*

Relationship Skills | Forming positive relationships, listening well, including others, cooperating



Cohen, Miriam. *Will I Have a Friend?*
 Gimes, Nikki. *Danitra Brown, Class Clown*
 Havill, Juanita. *Jamaica and Brianna*
 Janisch, Heinz. *I Have a Little Problem Said the Bear*
 Jones, Rebecca. *Matthew and Tilly*
 *Mateo y Mati***
 Keller, Holly. *Help! A Story of Friendship*
 Lobel, Arnold. *Frog and Toad*
 *Sapo y Sepo***
 McKissack, Patricia. *A Friendship For Today**
 Munsinger, Lynn. *Me First!*
 Saltzberg, Barney. *Crazy Hair Day*
 Sidman, Joyce. *This is Just to Say: Poems of Apology and Forgiveness*
 Snihura, Ulana. *I Miss Franklin P. Shuckles*
 Willems, Mo. *Should I Share My Ice Cream?* (continued on next page)

Responsible Decision-Making | Problem-solving, speaking up, managing bullying behavior


Brisson, Pat. *The Summer my Father Was Ten*

Button, Lana. *Willow's Whispers*

Estes, Eleanor. *The Hundred Dresses**

*Cien Vestidos***

Golenbock, Peter. *Teammates*

*Compañeros de Equipo***

Havill, Juanita. *Jamaica's Find*

Henkes, Kevin. *Chrysanthemum*

*Chrisantemo***

Herrera, Juan Felipe. *Upside Down Boy*

*El niño de cabeza***

Lester, Helen. *Me First!*

Myers, Christopher. *Wings*

Moss, Peggy. *Our Friendship Rules*

O'Connor, Barbara. *How to Steal a Dog**

Otoshi, Kathryn. *One*

Polacco, Patricia. *Thank You Mr. Falker*

*Gracias, Sr. Falker***

Recorvits, Helen. *Yoon and the Jade Bracelet*

Woodson, Jacqueline. *Each Kindness*

Yashima, Taro. *Crow Boy*

*Niño Cuervo***

* = chapter books or novels

** = books available in Spanish