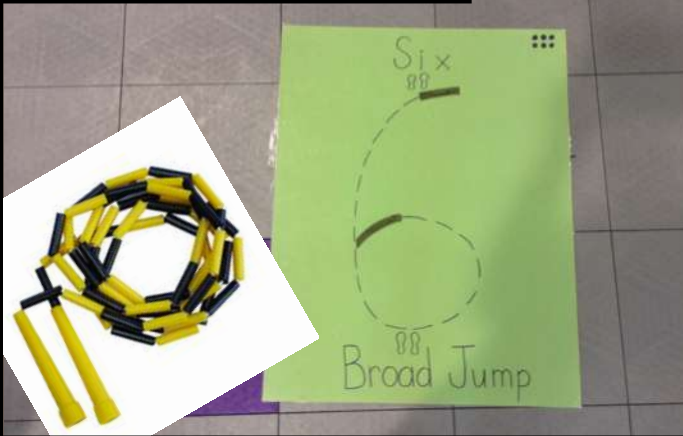


NUMBER JUMP

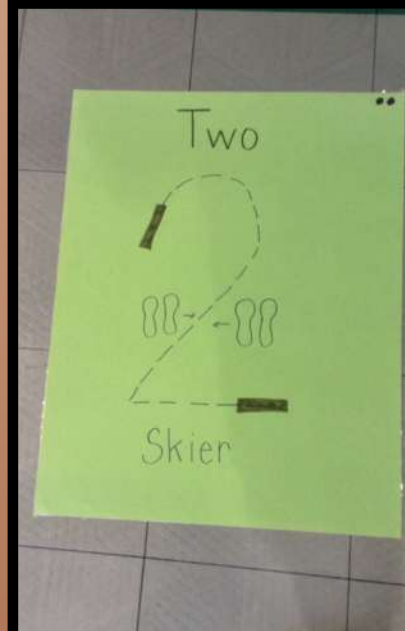
YOU WILL NEED...



-JUMP ROPES

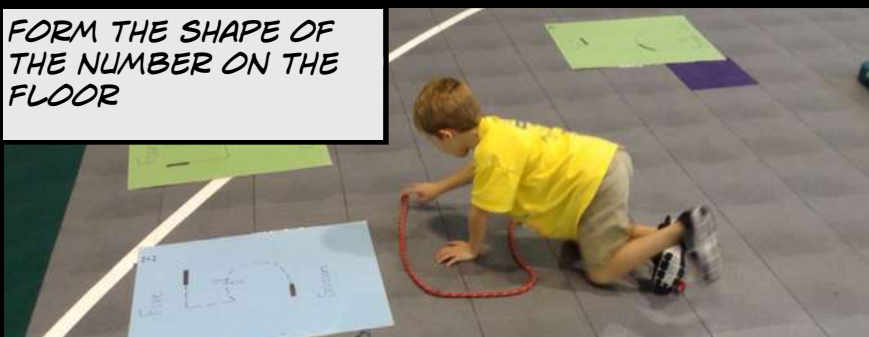
-POSTER BOARDS

DRAW NUMBERS
AND MOVEMENT
ON EACH POSTER



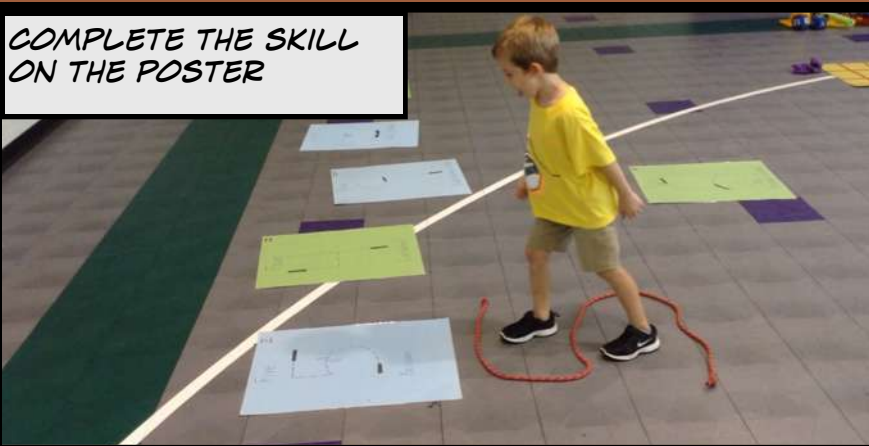
0-SIDE STRADDLE
1-BELL
2-SKIER
3-HOP ON 1 FOOT
4-CARTWHEEL
5- SCISSORS
6-BROAD JUMP
7-ONE FOOT HEEL
TO TOE
8-HOPSCOTCH
9-FAVORITE TRICK

FORM THE SHAPE OF
THE NUMBER ON THE
FLOOR



INCREASES BALANCE & COORDINATION

COMPLETE THE SKILL
ON THE POSTER



BRAIN LINK

CROSSES THE MIDLINE OF THE
BRAIN AND BODY TO AID IN
COORDINATION OF MOVEMENT
AND THOUGHT BY ORGANIZING,
INTEGRATING AND ENERGIZING
THE BRAIN'S HEMISPHERES