## Early Childhood to 2nd Grade School Menu - November 2021 - Decorah Community School District

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	No Classes
Mini Pancakes, Sausage Patty, Syrup, Butter, Fruit, Milk	Egg & Cheese Tortilla Wrap Salsa, Fruit, Milk	Sausage & Pancake on Stick Syrup, Fruit, Milk	Egg, Ham & Cheese Bagel Fruit, Milk	The Decorah Community School District is taking part of the Seamless Summer Option Program which provides a <u>free</u> breakfast and lunch to <u>all</u> enrolled students in the district
Munchable	Shrimp & Fries Steamed Corn Ketchup, <b>∉</b> Apples, Milk	Lasagna (Ground Beef and Cheese) Homemade Foccacia Bread Mixed Greens Salad with Ranch Steamed Carrots, Craisens, Milk	<b>Chicken Taco</b> Baked Beans, Salsa Shredded Romaine, Ranch Applesauce, Milk	
8	9	10	Veteran's Day	No Classes
Waffles, Sausage Patty Syrup, Butter, Fruit, Milk	Egg & Cheese Tortilla Wrap Salsa, Fruit, Milk	Sausage & Pancake on Stick Syrup, Fruit, Milk	Egg, Ham & Cheese Bagel Fruit, Milk	* * *
Mandarin Orange Chicken Brown Rice, Steamed Broccoli Fortune Cookie Strawberries, Milk	Cheeseburgers Homemade Buns Ketchup, Celery, Ranch French Fries, Pears, Milk	Mini Deep Dish Sausage Pizza Broccoli with Ranch <b>■</b> Apples, Milk	Crispy Crunchy Tacos Crisp Corn Tortillas, Cheddar Ground Beef,   Mixed Greens Fresh Garden Salsa, Brown Rice Baked Beans, Craisens, Milk	Remember Our VETERANS
15	16	17	18	
Mini Pancakes, Sausage Patty, Syrup, Butter, Fruit, Milk	Egg & Cheese Tortilla Wrap Salsa, Fruit, Milk	Sausage & Pancake on Stick Syrup, Fruit, Milk	Egg, Ham & Cheese Bagel Fruit, Milk	Bacon, Egg & Cheese Breakfast Pizza Fruit, Milk
Crispy Chicken Sandwich Homemade Bun, Fresh Broccoli Ranch, Dried Cherries, Milk	Local Turkey & Gravy  Local Turkey & Gravy  Homemade Dinner Roll, Milk  Mashed Potatoes, Green Beans  Dressing, Cran-Strawberries  Homemade Butternut Squash Pie	Creamy Tomato Soup Cheese Torpedos Mixed Berries with <b>≤</b> Yogurt, Milk	Mini Taco Pizzas Cheddar, Ground Beef Tortilla Chips, Baked Beans Bananas, Ranch  Mixed Greens, Milk	Sweet & Sour Chicken Brown Rice, Fortune Cookie Steamed Peas & Carrots Pineapple, Milk
22	23	24	Thanksgiving Day	No Classes
Waffles, Sausage Patty Syrup, Butter, Fruit, Milk	Egg & Cheese Tortilla Wrap Salsa, Fruit, Milk	Sausage & Pancake on Stick Syrup, Fruit, Milk		eee
<b>Grilled Cheese Sandwich</b> Potato Wedges Stemed Peas Blue Raspberry Slush, Milk	Viking Fish Sticks Homemade Sliced Bread, Butter Mashed Potatoes, <b>€</b> Cole Slaw Peaches, Milk	Hot Diggity Dogs Whole Wheat Bun French Fries, Ketchup Baked Beans Cantaloupe, Milk		Give Thanks
29	30			
Mini Pancakes, Sausage Patty, Syrup, Butter, Fruit, Milk	Egg & Cheese Tortilla Wrap Salsa, Fruit, Milk	Sandwiches Turkey & Cheese (Monday) Ham & Cheese (Tuesday)	Ala Carte items and a second meals are available	
Ham & Cheese Omelet Baked Apple-Cinnamon Oatmeal Fresh Bell Peppers with Ranch Hash Brown, Applesauce, Milk	Sloppy Joes Homemade Bun Baked Beans Mixed Fruit, Milk	PB&J (W,TH,FRJ)  Local ingredients  A single carton of milk is	for purchase at the middle school and high school  A single carton of milk is \$.30 if it is not part of a meal.	

Reimbursable meal consists at least 3: Grain, Meat / MA, Veggie, Fruit or Skim, 1% or Chocolate Milk Lunch (3rd-8th 600-650 calories, 9-12th 750-850). USDA is an equal opportunity provider and employer.