## **MEMORANDUM**

From: Senior Naval Science Instructor, Pearl High School, NJROTC Program

To: Parents/Guardians

Subj: MANDATORY SPORTS PHYICALS, HEALTH RISK ASSESSMENT

QUESTIONNAIR AND STANDARD RELEASE FORM FOR ALL NJROTC

**CADETS** 

- 1. All Pearl High School NJROTC Cadets must have a current sports physical to participate in the NJROTC Program. The **Sports Physical** must be less than one (1) year old. If your child received a physical for another PHS activity, i.e. band, athletics and etc., it can be used by NJROTC and another physical would not be required.
- 2. Additionally, a completed <u>NJROTC Health Risk Screening</u> <u>Questionnaire</u>" and "<u>NJROTC Standard Release Form</u> must be completed and maintained on file for each NJROTC Cadet in order to participate in any NJROTC activities.
- 3. The three (3) subject forms have been provided to your child and must be returned no later than August 29, 2016. If you have any questions or require any additional information, please contact me at the NJROTC office at (601) 932-7986.

Sincerely,

ANTHONY A. JACKSON CDR, MSC, USN (Ret)

Attachments:
Mississippi Athletic Pre-Participation Form
Health Risk Assessment Questionnaire
Standard Release Form