## HELP YOURSELF

# BY HELPING US TAKE THE PULSE OF NEW JERSEY'S HEALTH



#### TAKE THE NJBRFS SURVEY!

New Jersey Behavioral Risk Factor Survey collects data on health-related behaviors, chronic health conditions, and the use of preventive services.

### PLEASE PICK UP WHEN WE CALL!

If your number is randomly selected, your caller ID will show "New Jersey Department of Health." We will ask you questions about your health and health care.

#### ALL INFO IS CONFIDENTIAL!

We will never know or ask for your name.

Visit www.nj.gov/health/chs/njbrfs/ for More Information

Together, we can keep New Jersey healthy.





