



Trojans

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Next Level Opportunities

- ☐ NCAA Division I, II, and III
- ☐ NAIA
- ☐ Junior College





Trojans

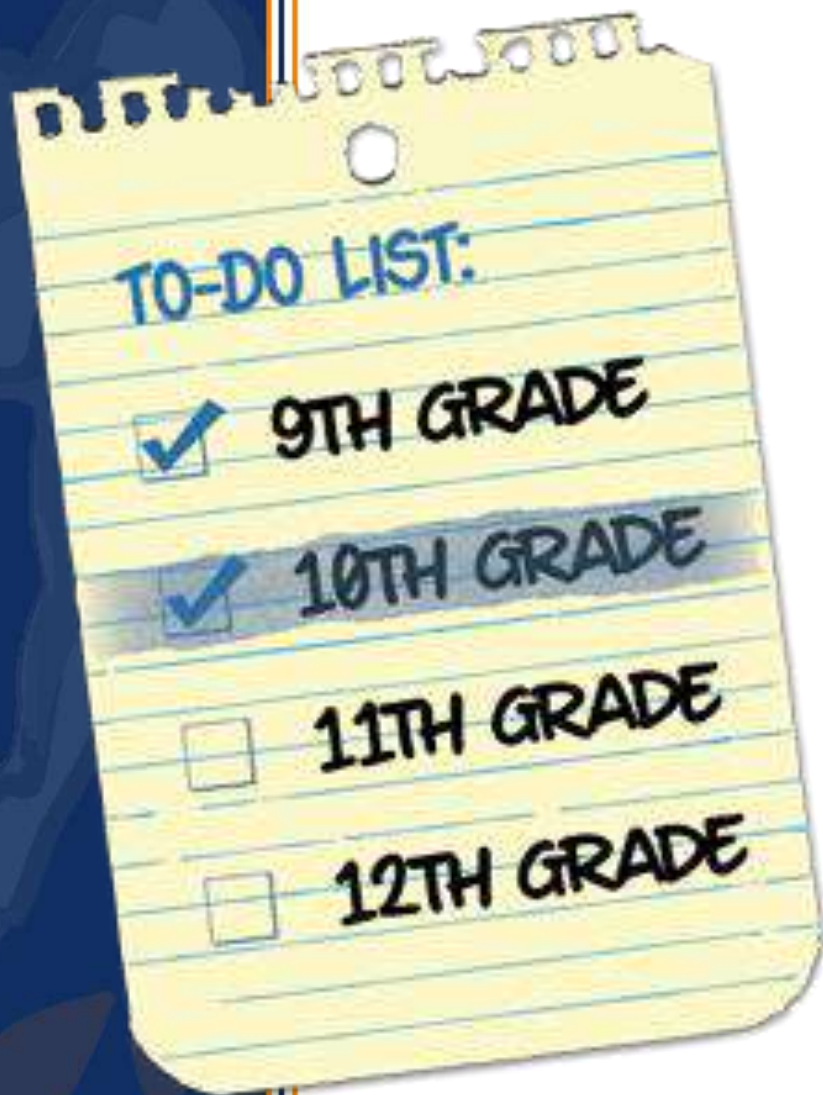
Overview

- ☐ Steps to Achieving Your Eligibility
- ☐ NCAA Initial-Eligibility Requirements
- ☐ NAIA
- ☐ Junior College
- ☐ Scholarships
- ☐ Recruiting
- ☐ ACT & SAT
- ☐ Social Media
- ☐ Resources.



Grade 9: Plan - It Begins Now

- ☐ You should start planning now by working hard to earn the best grades possible.
- ☐ Your core course GPA starts now
- ☐ 33% of Core Classes are Satisfied during the FRESHMAN YEAR
- ☐ Ask your counselor for a list of your school's NCAA core courses to make sure you are taking NCAA-approved courses.
- ☐ Your school's list of approved NCAA courses can be found at eligibility center.
- ☐ Financial Algebra?? – Check your list of approved courses.
- ☐ Algebra IA and IB – One year of IA = .50 Core



Grade 10: Stay on Track

- ☐ If you fall behind on courses, do not take shortcuts to catch up. Your counselor can help you by finding approved courses or programs that you can take.
- ☐ Take advantage of PSAT.



Grade 11: Study

- ☐ Students should check with their counselor to make sure they are on track to graduate on time with the right amount of core classes.
- ☐ Students should register to take the ACT, SAT, or both. Use the NCAA Eligibility Center code “9999” as a score recipient. You will be charged a fee later to complete this task.
- ☐ At the end of the year, upload your student's official transcripts if you are registered with the clearinghouse. If you have registered.



Grade 12: Graduate

- ☐ Finish your last core courses.
- ☐ Take the ACT or SAT again, if necessary, and make sure to send your scores by using code 9999. You will be charged a fee later to do it.
- ☐ After you graduate, ask your counselor to upload your final transcript with proof of graduation.

When To Register

- ☐ You should register for the clearinghouse when you are actively being recruited by a school. Receiving letters from schools does not mean they are recruiting you.
- ☐ Ask the college you want to attend if they plan on adding you to their Institutional Request List (IRL).
- ☐ If so, then you need to register at NCAA Eligibility Center once you become active on a college IRL (Institutional Request List).
- ☐ You will also need to register before you take an official visit.
- ☐ The school recruiting will ask you for your NCAA ID Number.



TWO ACCOUNT TYPES

► Certification Account


- Division I or Division II students.
- Domestic fee \$90.
- International fee \$150.
- Account information, school and sports history.
- Required for signing a National Letter of Intent (NLI) with a Division I or Division II NCAA school.
- Required to go on an official visit to an NCAA Division I or Division II school.


► Profile Page

- Undecided students.
- Division III students.
- No fee.
- Account information and school history.
- Can transition to a Certification Account at any time.
- Will not receive an academic or amateurism certification.

Clearing House Now Called Eligibility Center

- ☐ To Apply For NCAA Academic Eligibility:
- ☐ Go to the NCAA Eligibility Center
- ☐ Click on “Create New Account” at the bottom of the screen.
- ☐ Then click “Create Account.”
- ☐ Fill in your email address. The NCAA will send you instructions for registering.
- ☐ Be prepared for the following:

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- ❑ **Valid email address**- You need a valid email address that you check regularly for any possible updates that the eligibility center might send. If you do not currently have one, there are several providers who provide free accounts (e.g., AOL, Gmail, Hotmail, Yahoo, etc.).
 - ❑ **Basic Personal Information**- This includes information such as your name, gender, date of birth, contact information and a list of any other countries in which you have lived.
 - ❑ **Basic Educational History**- This includes a list of high schools or secondary schools you have attended and the dates during which you attended them.
 - ❑ **Additional Coursework**- This includes details pertaining to any coursework you may have taken in addition to your normal high school or secondary education (e.g., courses taken to improve a grade, summer school courses taken at a location other than your high school or secondary school, courses taken at a college or junior college - dual enrollment, or any type of correspondence or internet courses - virtual).

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- ❑ **Sports Participation History**- This includes details for any teams with which you have practiced or played or certain events in which you may have participated, as well as information about any individuals that have advised you or marketed your skills in a particular sport.
 - ❑ **Payment**- The cost is \$90.00. The Eligibility Center accepts Visa, MasterCard, Discover, and American Express. If you are a U.S. resident, you can choose to pay by electronic check. Some individuals *may* qualify to apply for a fee waiver. If you qualify for a fee waiver (used a waiver for SAT or ACT), please see your School Counselor on how to register with the NCAA Clearinghouse for free.
 - ❑ **IMPORTANT!** Not every student-athlete will have a preliminary certification done after they send their transcripts to the NCAA Clearinghouse at the end of their junior year. Preliminary Certifications will only be done by the NCAA Eligibility Center if a student-athlete is being actively recruited. The recruiting institution has a process to follow to request a preliminary certification on a student-athlete. (IRL)



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Initial-Eligibility Requirements



What Is A Core Course?

- ☐ A course that qualifies for high school graduation in one or more of the following: English, Mathematics, Natural or Physical Science, Social Science, Foreign Language or Comparative Religion or Philosophy;
- ☐ Are considered four-year college preparatory;
- ☐ Are taught at or above the high school's regular academic level;
- ☐ For mathematics courses, is at the level of Algebra I or higher;
- ☐ Are taught by a qualified instructor.

Core-Course Time Limitation

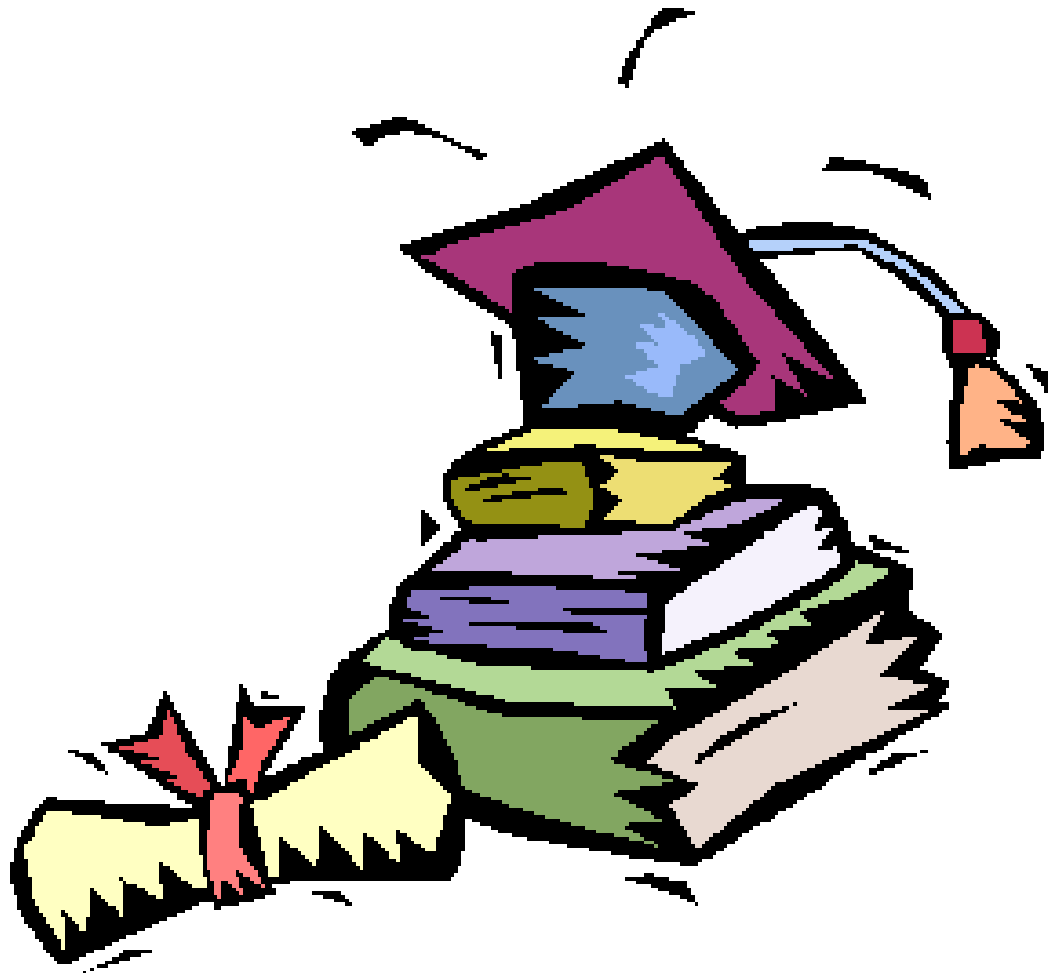
Division I

- ☐ From the time you enter the ninth grade, you have four (4) years or eight (8) semesters to complete your core-course requirement. If you fail to complete high school "on time" in eight semesters, core courses taken after the eighth semester will not be counted toward your NCAA academic-eligibility requirements.
- ☐ "On time" also means that if your high school graduation takes place June 1, you must graduate June 1. If you do not graduate June 1 with the rest of your high school class, you have not completed your requirements "on time."



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What Are The Academic Requirements?



Academic Requirements

- ☐ Graduate from high school.
- ☐ Complete NCAA-approved courses (Core).
- ☐ Earn a minimum required core-course grade-point average (GPA).
- ☐ Earn a required SAT or ACT sum score.



Division I

Core-Course Requirements

16 Core Courses

- ☐ 4 years English.
- ☐ 3 years Math (Algebra I or higher).
- ☐ 2 years Natural/Physical Science (1 year of lab if offered by high school).
- ☐ 1 year additional English, Math or Natural/Physical Science.
- ☐ 2 years Social Science.
- ☐ 4 years additional courses (from any area above, Foreign Language or Comparative Religion/Philosophy).

Summary of Changes

- ❑ Minimum core-course GPA of **2.300** required;
- ❑ **10** core courses are required before the beginning of senior year; and (these courses are locked for purposes of calculating core GPA).
- ❑ A repeat of one of the 10 “locked in” core classes will not be used if taken after the 7th semester begins.
- ❑ **7** of the **10** core courses must be in the areas of English, Math, or Science.

Taking The ACT and / or SAT

- ☐ Be sure to enter the “9999” code when registering for the ACT or SAT. You will be charged a fee later to complete this task.
- ☐ This requests for your official test scores to be sent directly to the NCAA Eligibility Center.

Test scores on high school transcripts will not be used.



Your Best Test Scores Will Be Used to Certify You

Test Scores

	<u>Math</u>	<u>Verbal</u>	<u>Total</u>
SAT (10/14)	350	470	820
SAT (12/14)	420	440	860
Scores Used	420	470	890

Learn More

- ☐ www.ncaa.org
- ☐ <http://www.ncaa.org/student-athletes/future/eligibility-center>
- ☐ [Guide for the College-Bound Student-Athlete](#)
- ☐ [Initial Eligibility Brochure](#)
- ☐ [Registration Checklist](#)

Please contact the NCAA Eligibility Center customer service staff at 1-877-626-1496.



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Number of Scholarships Available
Everybody Doesn't Get One



Scholarships Facts

- ❑ 3% of high school students-athletes receive a scholarship.
- ❑ Less than 1% receive a 4 year D-1 scholarship
- ❑ 26% of students who enter college on an athletic scholarship as a freshman, are no longer on scholarship entering their sophomore year
- ❑ 80% of scholarship/financial aid opportunities are NOT on the D1 level



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Realities of Recruiting
**THE HARSH TRUTH THE
PEOPLE DON'T TELL YOU
BUT I WILL**



College Scholarships by The Numbers

College	Average Cost p/yr
In State	\$7,600.00
Out of State	\$19,000.00
Private	\$27,000.00
Average Scholarship	\$8,700.00
90% of Scholarships are outside Division I Athletics	
2% of High School Athletics Will Earn an Athletic Scholarship	
1.5 Billion Dollars Available in Athletic Scholarship Money	
19 Billion in Scholarship Money Available Outside of Athletics	

RECRUITING RULES

- ☐ Each sport has set rules, and you must learn them.
- ☐ Freshman & Sophomore year: You are allowed unofficial visits, up to three complimentary tickets to a sporting event, and may only talk to a coach on his/her campus.
- ☐ After September 1st: A coach may contact you, but only off of his/her campus and he/she is allowed one phone call per week to you.
- ☐ Senior Year: 5 official visits (1 per campus, 2 days max.) Within 30 Mile Radius.

Getting Around The Rules

- ❑ College Coaches communicating with your High School or Club Team Coach
- ❑ Athletes making [unofficial visits](#) and talking to the coach on campus
- ❑ Recruits attending [camps](#) on campus and talking with the coach

How to Know If a College Coach is Interested in You

- ❑ No Contact Means No Interest – Blanket Letters
- ❑ If a Coach Gives You Their Personal Contact Info, That is a Great Sign
- ❑ Personal Letters or Emails Saying “We Know Who You Are”
 - This usually means they have you ranked in the second tier of their recruiting class and your offer (whatever it will be) will need to wait until they know what is going to happen with their top ranked recruits.
- ❑ Letters Inviting You to Invite Only Camps or to Fill Out a Recruiting Questionnaire
 - It is critical you respond to any school that shows interest and don't stop until you are getting personalized letters or phone calls.



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Your Not Alone



Rules of Being a Parent

- ☐ Your child's future is YOUR responsibility NOT the coaches or counselors
- ☐ Identify colleges of interest academically, athletically, and financially
- ☐ Participate in off-season competition
- ☐ Attend camps and evaluation days at colleges of interest
- ☐ Take campus tours during sophomore and junior years
- ☐ Be realistic in your expectations
- ☐ Attend college athletic events with your potential student-athletes
- ☐ Apply for Federal Student Aid (FAFSA)– Free Money 1st Come, 1st Serve

Social Media Mistakes

- ❑ 90% of your Social Media is Negative
- ❑ Don't bad mouth coaches, teammates, opponents, referees or yourself
- ❑ Your friends' pictures can affect you
- ❑ Private accounts may mean you have something to hide – they will find a way to see your information

Social Media: Do's and Don'ts

DO stay positive when posting on social media. Putting a positive spin on disappointing situations shows good character.

DO NOT post anything you wouldn't want your parents, teachers or employer to see.

DO share those postgame selfies with your team. Say how the game went and show you're a team-first player.

DO NOT criticize coaches, teammates or opponents. Avoid airing out frustration when things don't go your way.

DO make sure your social media presence reflects who you are in real life. Make sure people see you the way you want to be portrayed.

What Recruiters Look For

- ☐ Character – what does your character show on social media
- ☐ How you interact with your peers.
- ☐ Things that you've said about your current team.
- ☐ If you've said anything about the coach.
- ☐ What kind of photo's you've uploaded.
- ☐ Whether you use inappropriate language.

Clean Up

- ❑ First, start by going through all the photos that you've either uploaded or have been tagged in. Delete or untag any that recruiters might find inappropriate.
- ❑ Now it's time for the hard work. You need to go back through all of your tweets on Twitter and posts on Facebook and delete any that might be found as inappropriate.
- ❑ Check your biography on the different social media sites. Make sure it accurately reflects you and your goals.

Stay Clean

- ❑ Don't let your emotions get the better of you – Got into an argument with a coach? Nearly got into a fight at school? Had words with a team-mate? Keep it off the internet.
- ❑ Don't post any inappropriate photos – I think you can work this one out on your own.
- ❑ Don't use inappropriate language – If you're dropping curse words all over the internet coaches are going to assume you're a 'knucklehead' (taken from the first tweet). As said earlier, you're a reflection of the school.
- ❑ Don't post anything negative about school – This should be obvious since the place you're trying to get into is a college.

Before you



think

t = is it true?

H = is it helpful?

i = is it inspiring?

n = is it necessary?

K = is it kind?



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Resources



Core Course GPA

"CoreCourseGPA.com provides our membership with a critical tool to better prepare our student-athletes for collegiate academic eligibility."

Mike Blackburn
Executive Director, NIAAA



CoreCourseGPA.com is custom, web-based software that allows student-athletes, parents, counselors and coaches to easily track academic progress towards meeting NCAA Eligibility Center requirements for both Division I and Division II.

Course	Grade	Weight	Score	Points
English 101	A	5.0	4.0	20.0
Math 101	B	4.0	3.0	12.0
Science 101	C	3.0	2.0	6.0
History 101	D	2.0	1.0	2.0
Art 101	F	1.0	0.0	0.0
Physical Education 101	F	1.0	0.0	0.0
Music 101	F	1.0	0.0	0.0
Foreign Language 101	F	1.0	0.0	0.0
Health 101	F	1.0	0.0	0.0
Life Science 101	F	1.0	0.0	0.0

"I encourage you to take a good look at this program. I promise you won't be disappointed."



Jon Gruden

Pro Football Champion Head Coach,
CoreCourseGPA.com Member and
Parent of a High School Student-Athlete

Custom Software - Your School's NCAA
Approved Core Courses Pre-loaded

Calculates Core Course GPA and Test Score
Minimums for NCAA DI & DII in Seconds

Manages the New DI Rules for 2016 and the
New DII rules for 2018

Entry of Projected Courses Allows for Goal
Setting and Detailed Course Planning

65% of Student-Athlete Members Focus More
on their Grades and 98% Maintain or Increase
their GPA

No Typing - All Course Data
Entered via Drop-down Lists

Answers Common Questions about NCAA
Eligibility and The Recruiting Process



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CORECOURSEGPA.com

Addressing Recruiting and Eligibility...at its Core.