



ESPEchat

PhysEd Summit

Kennedra
Tucker



**My Students Don't Look Like Me:
Culturally Responsive PE**

Saturday, August 11, 2018
3PM PST/ 6PM EST



Hi!

I'm Kennedra (Ken- Knee- Druh)



I am...

- A 13-Year Physical Educator
- A Current Middle School PE Teacher
- A former Elementary PE Teacher
- A nationally board certified teacher
- The President of MAHPERD (Maryland Association of Health, Phys Ed, Recreation & Dance)
- An EdD Candidate in the School System Leadership Program at UMCP

I love...

- My Family
- Working Out
- Traveling
- Learning

I am proud of...

- My niece and nephew for going to college
- My students when they achieve their goals
- People who overcome major obstacles to achieve success and give back to others

I am grateful for...

- My parents who both raised me
- Students who continuously help me to grow as an educator

I am a fitness instructor!



Cardio kickboxing is my favorite workout

I enjoy Yoga!



It helps me practice mindfulness

I enjoy adventure!

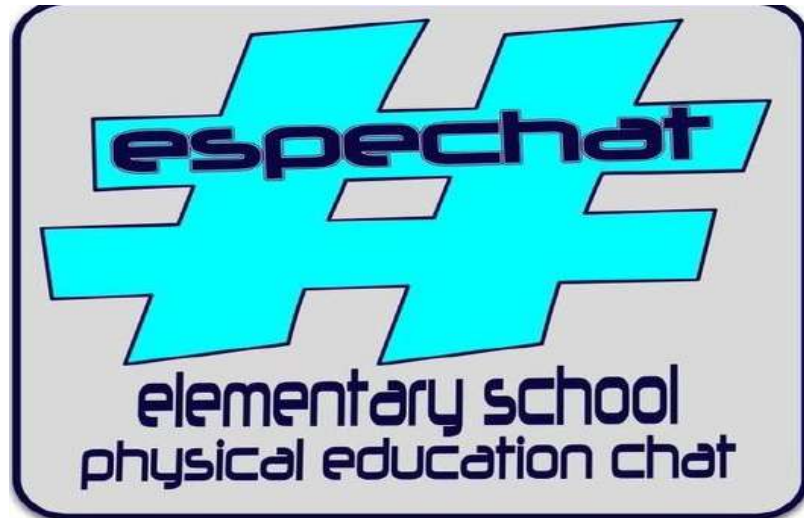


It's fun and helps me build confidence

I enjoy vegan food!



It's delicious and helps me to be healthy



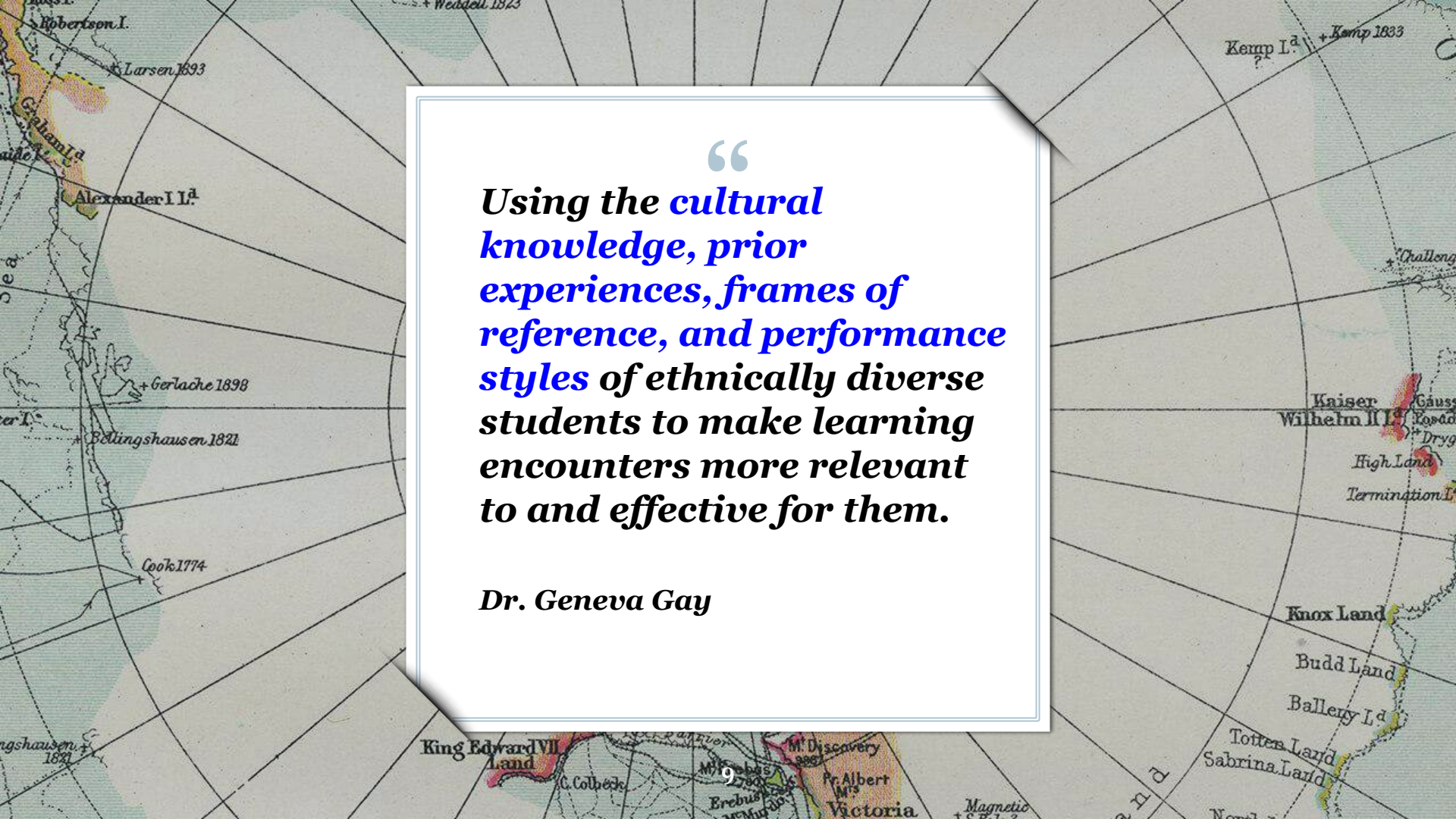
Shout out to some members of the #ESPECHAT
Team!

Thank you **Matt Bassett**, **Rich Wiles**, **Stephanie Sandino** and in particular **Ryan Csajko**!



So...What is Culturally Responsive PE?



An antique map of Antarctica and the surrounding Southern Ocean. The map features various landmasses and islands, many of which are labeled with names and dates. Notable labels include 'Robertson I.', 'Larsen 1893', 'Alexander I. I.ª', 'Gerlache 1898', 'Bellingshausen 1821', 'Cook 1774', 'Kaiser Wilhelm II I.ª', 'Knox Land', 'Budd Land', 'Battery I.ª', 'Totten Land', 'Sabrina Land', 'King Edward VII Land', 'Victoria', and 'M.ª Discovery'. The map also shows latitude and longitude lines, and some areas are highlighted in yellow or red. The text is overlaid on a white rectangular box with a blue border.

“
**Using the cultural
knowledge, prior
experiences, frames of
reference, and performance
styles of ethnically diverse
students to make learning
encounters more relevant
to and effective for them.**

Dr. Geneva Gay

Huh?



Culturally Responsive Instruction means...



- Using your students **culture** (their way of life..beliefs, customs, language, traditions, forms of expression) to **empower** them intellectually, socially, emotionally and politically in your classroom
- Making learning meaningful for students by **validating and affirming** who your students are, where they come from, the languages they speak, the knowledge they bring and their experiences


Source: Culturally & Linguistically Responsive Teaching and Learning by Dr. Sharroky Hollie and The Dreamkeepers by Dr. Gloria Ladson-Billings

Culturally Responsive Instruction includes...



- **Validating** - *intentional* and *purposeful* legitimization of the home culture and language of the student
- **Affirming** - the *intentional* and *purposeful* effort to reverse the negative stereotypes of non-mainstream cultures and languages portrayed in historical perspectives

Source: “Culturally & Linguistically Responsive Teaching and Learning” by Dr. Sharroky Hollie and The Dreamkeepers by Dr. Gloria Ladson-Billings

The background is a detailed historical map of the North Atlantic and Europe. The map shows the North Atlantic Ocean, the Gulf of St. Lawrence, and the English Channel. Key locations labeled include Hudson Bay, James Bay, Montreal, New York, Washington, and various European cities like London, Paris, and Rome. The map also shows the Tropic of Cancer and the Isthmus of Suez. A white text box with a blue border is overlaid on the map, containing the text "Oh! I see! But why?".

Oh!
I see!
But why?



Let's Look at Some Data

THE AVERAGE U.S. TEACHER

- White
- Female
- Age 42
- 14 years experience
- Makes \$55,100 base salary
- Works 53 hours a week

<https://www.edweek.org/ew/articles/2017/08/15/the-nations-teaching-force-is-still-mostly.html>

An antique map of Antarctica with various landmasses and islands labeled, including Alexander I. Ld., Bellingshausen, Cook, Kaiser Wilhelm II Ld., and others. The map features latitude and longitude lines and is partially obscured by a white text box.

“

*There's a **cultural gap** in many schools across the United States. The most recent projections from the Census Bureau shows that minority students will account for **more than half** of all students in US public schools by **2020**.*

(Teach Away, PR Web 2017)

A detailed map of Antarctica serves as the background. It shows various islands and landmasses, many of which are named after historical figures or events. Labels include "Robertson I.", "Larsen 1893", "Alexander I. I.", "Gerlache 1898", "Bellingshausen 1821", "Cook 1774", "Kemp I.", "Kemp 1833", "Challenger", "Kaiser Wilhelm II I.", "Gauss", "Korod", "Dryg", "High Land", "Termination I.", "Knox Land", "Budd Land", "Battery I.", "Totten Land", "Sabrina Land", "King Edward VII Land", "C. Colbeck", "M. Discovery", "Pr. Albert", "Victoria", "Magnetic", "Erebus", "McMurdo", "Terra", "North", "Sea", "Dryg", "Termination I.", "Knox Land", "Budd Land", "Battery I.", "Totten Land", "Sabrina Land", "King Edward VII Land", "C. Colbeck", "M. Discovery", "Pr. Albert", "Victoria", "Magnetic", "Erebus", "McMurdo", "Terra", "North".

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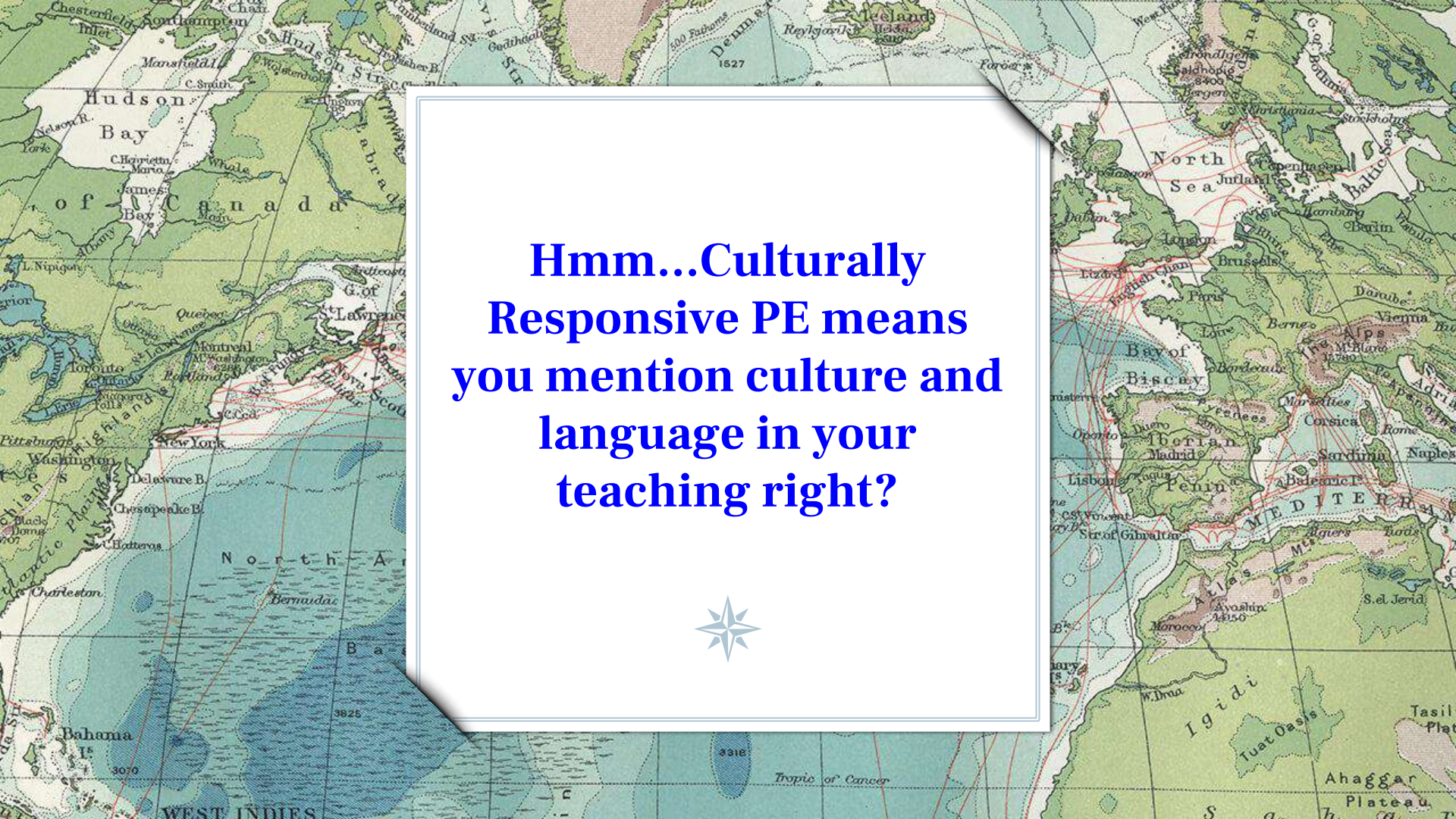
***One out of every five
students now speaks
a language other
than English at
home.***

(Teach Away, PR Web 2017)

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*As a result of the significant shift in student demographics, **a growing number of US teachers** are struggling with how they can better serve students from cultures other than.*

(Teach Away, PR Web 2017)



**Hmm...Culturally
Responsive PE means
you mention culture and
language in your
teaching right?**



A detailed map of Antarctica serves as the background. It shows various landmasses and islands, many of which are named after historical figures or events. Labels include 'Robertson I.', 'Larsen 1893', 'Alexander I. Ld.', 'Gerlache 1898', 'Bellingshausen 1821', 'Cook 1774', 'Kemp Ld.', 'Kemp 1833', 'Kaiser Wilhelm II Ld.', 'Gauss', 'Korod', 'Dryg', 'High Land', 'Termination L.', 'Knox Land', 'Budd Land', 'Battery Ld.', 'Totten Land', 'Sabrina Land', 'King Edward VII Land', 'C. Colbeck', 'M. Discovery', 'Pr Albert', 'Victoria', 'Magnetic', 'Erebus', 'McMurdo', 'Terra', 'Norse', and 'Land'. The map uses various colors to distinguish different regions and features, with black lines indicating latitude and longitude.

“

The most common cultural tools for processing information utilize the brain's memory systems -- **music, repetition, metaphor, recitation, physical manipulation of content, and ritual.** The teacher is '**responsive**' when she is able to mirror these ways of learning in her instruction, using similar strategies to scaffold learning.”

Zaretta Hammond

Culturally Responsive Physical Education ...

...is not

- Celebrating diversity in a PE class by mentioning African/Latino/Asian American sports figures that you think students will relate to and be motivated by



...is

- Learning and understanding what motivates your students to succeed. “In reality, culturally responsive teaching is less about using racial pride as a motivator and more about mimicking students’ cultural learning styles and tools. These are the strategies their moms, dads, grandmas, and other community folks use to teach them life skills and basic concepts long before they come to school and during out-of-school time.” (Zaretta Hammond)

Source: 3 Tips to Make Any Lesson Culturally Responsive by Zaretta Hammond

Culturally Responsive Physical Education ...



...is not

- Social Justice Education which is “about building a lens for the student, really being able to look at the world and seeing where things aren’t fair or where injustice exists,” (Zaretta Hammond)

...is

- A focus on “learning capacity.” A student can look at the world and see its injustices but that doesn’t help the student reach grade level benchmarks in the classroom.

Source: “Culturally Responsive Teaching, 4 Misconceptions” by Jennifer Gonzalez & Zaretta Hammond

Culturally Responsive Physical Education ...

...is not

- A build relationships with students philosophy. “While healthy relationships and student self-esteem are necessary factors in setting the stage for learning, they do not directly increase students’ ability to do more challenging academic work.” (Zaretta Hammond)



...does consider

- Relationship building for students who have been marginalized and feel like outsiders. However, we want those students “to actually do the heavy lifting of the cognitive work, (and) that’s not going to happen if you can’t get the student to be in a trusting relationship. So the trusting relationship is just one part, and not *the* part. It is the on-ramp to the kind of **cognitive high-level problem-solving** and **higher-order thinking** we want students to do. I see a lot of people just doing the relationship piece.” (Zaretta Hammond)

Source: “*Culturally Responsive Teaching, 4 Misconceptions*” by Jennifer Gonzalez & Zaretta Hammond



How can I make my PE class more Culturally Responsive?



3 Steps to Making Any Lessons More Culturally Responsive - Zaretta Hammond



Gamify It

Games grab the attention of the brain and require students to process information in a very active way.

Make it Social

Create lessons and organize information that allows students to continuously interact with each other and build community.

Storify It

Our brains remember stories and use them to help us make connections to the world around us. “Diverse students (and all students, really) learn content more effectively if they can create a coherent narrative about the topic or process presented.” That’s how it makes sense to the brain.

A historical map of North America and Europe. Red lines connect various cities across the Atlantic, suggesting trade routes or cultural connections. The map includes labels for Hudson Bay, James Bay, Montreal, New York, Washington, and various European cities like London, Paris, and Rome. The text is overlaid on a white rectangular box in the center.

**It's starting to come
together now.**

**What does Culturally
Responsive PE look like
in a PE class?**





Greetings

Hola! Bonjour!



Did You Know? Fitness Bingo

"I have __ siblings",

My favorite holiday to celebrate is...



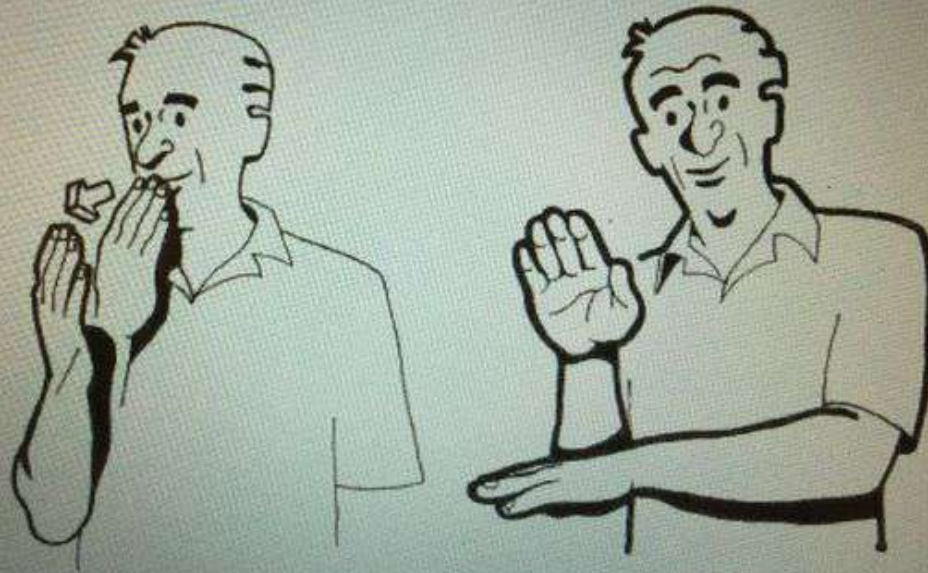
Build a Gym

Who do we want in our Phys Ed Class?

Greetings!

(Make it Social)

GOOD AFTERNOON



GOOD

AFTERNOON

Greetings is an activity where students actively move around the room and greet each other in different ways (fist bump, handshake) and using different languages (hola, bonjour etc)

Students then discuss the languages and gestures that they used.



Did You Know Fitness Bingo?

(Gamify It & Make it Social)

- Students complete a bingo sheet with various prompts in the boxes
- Prompts include **"I have _____siblings"**, **"My favorite holiday to celebrate is..."** **"Another language I can speak is...."**
- Students allow a classmate to write his/her name in one of the boxes
- Student share out once all of the bingo boards are complete
- Students should complete the entire Bingo Board. It encourages students to get know several of their classmates.

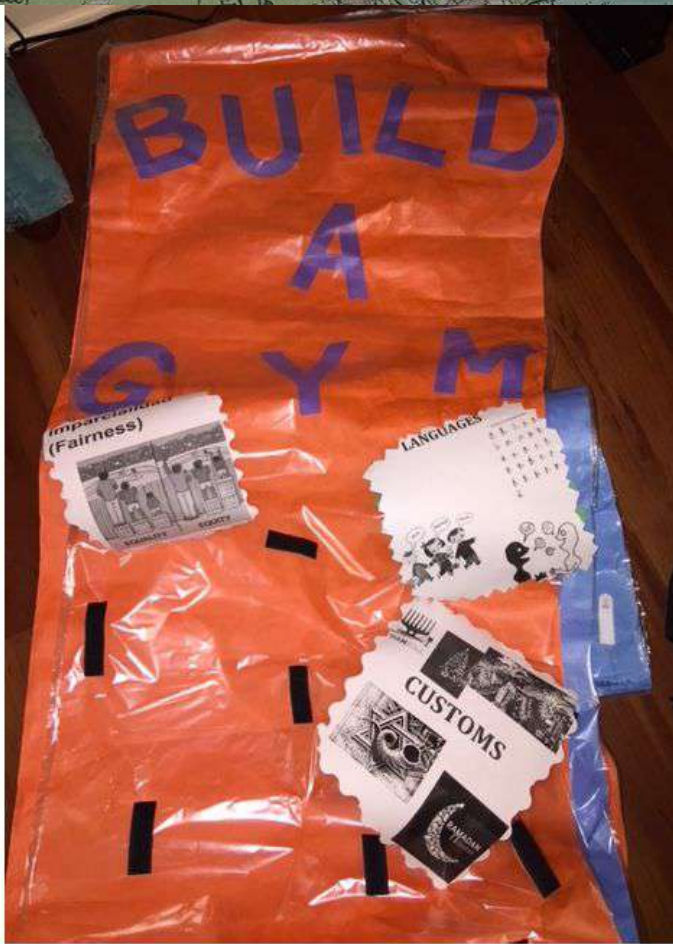
Link to Bingo Sheet:

<https://drive.google.com/drive/folders/18C0RqhhKwFhdUXAH2qamYIUUV7mG0SfwU?usp=sharing>

Build a Gym! (Gamify It)

Build a Gym is an invasion activity where students try to get as many cultural aspects as they can on to their team's poster while trying to avoid being tagged by the opposing team.

*Students answer 3 questions:
What should our PE class look like? How we can make our class inclusive of everyone? What prevents us from building community in our class?*



What should our PE Classroom (Gym) look like?



How can we make our PE Classroom (Gym) inclusive of everyone?

An antique map of Antarctica with various landmasses and islands labeled, including Robertson I., Larsen, Alexander I. Ld., Gerlache, Bellingshausen, Cook, Kaiser Wilhelm II Ld., Gauss, Knox Land, Budd Land, Battery Ld., Totten Land, Sabrina Land, King Edward VII Land, and Victoria. The map features latitude and longitude lines and is partially obscured by a white text box.

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*As Educators, we are poised to fulfill what I would now call a **moral imperative** to provide **equitable and excellent education** for all children.*

Dr. Sharroky Hollie, “Culturally & Linguistically Responsive Teaching and Learning”

Where can I learn more about Culturally Responsive Instruction?



Zaretta Hammond

<https://www.cultofpedagogy.com/culturally-responsive-teaching-strategies/>

<https://www.cultofpedagogy.com/culturally-responsive-misconceptions/>

<https://www.edutopia.org/blog/making-connections-culturally-responsive-teaching-and-brain-elena-aguilar>

Dr. Sharroky Hollie

<https://www.culturallyresponsive.org/about-dr-hollie/>

<http://www.actionforhealthykids.org/storage/documents/SixWaysToKnowIfYouAreCulturallyResponsive2016.pdf>

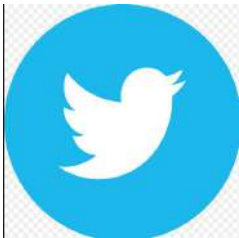
Where can I engage in conversations about Cultural Responsiveness, Diversity, Equity and Inclusion?



SHAPE Equity, Diversity & Inclusion Voxer Chat

Hacking Diversity Voxer Chat

White Folks Teach in the Hood Voxer Chat



@Tolerance_org

@ValeriaBrownEdu

@SchleiderJustin

@Ready4Rigor

**The link to the audio of my #Espechat #PhysedSummit presentation
“My Don’t Look Like Me, Culturally Responsive PE” can be found here:**



**[https://www.youtube.com/watch?v=RKS2
AwDskwI](https://www.youtube.com/watch?v=RKS2AwDskwI)**



STAY CONNECTED!



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Kennedra Tucker

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Schools**

**MAHPERD President
National Board Certified
Teacher**