

Maquoketa Valley

District suicide prevention information

If you have an imminent concern call 2-1-1 for a crisis counselor or 911 for immediate assistance.

Maquoketa Valley has a referral process for staff if they believe that a person is suicidal.

This is a [link](#) to our district plan

Remember—No concern is too minor to make a referral and our trained professionals will ensure the situation will be addressed appropriately.

PK-K-Earlville-(office) 1-563-923-3225

School counselor, Jen Jaeger jenjaeger@maquoketa-v.k12.ia.us (Office-Delhi) 563-922-9411

Principal PK-K, Brenda Becker brendabecker@maquoketa-v.k12.ia.us (Office-Delhi) 1-563-922-9411 (office- Earlville) 1(563)923-3225

School nurse, Mary Ries maryries@maquoketa-v.k12.ia.us (Office-Delhi) 1-563-922-9411

1st-2nd grade-Hopkinton (office) 1-563-926-2701

School counselor, Jen Jaeger jenjaeger@maquoketa-v.k12.ia.us (Office-Delhi) 563-922-9411

Principal 1-2 Ann Norton annnorton@maquoketa-v.k12.ia.us (Office-Hopkinton) 1-563-926-2701

School nurse, Mary Ries maryries@maquoketa-v.k12.ia.us (Office-Delhi) 1-563-922-9411

3-5 Delhi (office) 1-563-922-9411

School counselor, Jen Jaeger jenjaeger@maquoketa-v.k12.ia.us (Office-Delhi) 563-922-9411

Principal 3-5, Brenda Becker brendabecker@maquoketa-v.k12.ia.us (Office-Delhi) 1-563-922-9411 (office- Earlville) 1(563)923-3225

School nurse, Mary Ries maryries@maquoketa-v.k12.ia.us (Office-Delhi) 1-563-922-9411

6-12 Delhi (6-8 office) 1-563-922-9411 (9-12 office) 1-563-922-2091

6-7 School counselor, Jen Jaeger jenjaeger@maquoketa-v.k12.ia.us (Office-Delhi) 563-922-9411

8-12 School counselor, Jill McDermott, jillmcdermott@maquoketa-v.k12.ia.us (Office-Delhi) 563-922-2091

Principal, Troy Osterhaus, troyosterhaus@maquoketa-v.k12.ia.us (office) 563-922-2091

School nurse, Mary Ries maryries@maquoketa-v.k12.ia.us (Office) 1-563-922-9411

Here are some other community resources you may also access:

- Foundation 2 (319) 362-2174 or 1-800-332-4224
- Your life Iowa call 1-855)-581-8111 or text 1-(855)-895-8398
- National Suicide Prevention Hotline: 1-800-273-8255
- Iowa Help Line: 3 ways to get help.
 - Talk : 24 hours/day - 1-855-800-1239
 - Chat - IowaHelpLine.org
 - Text - 855-800-1239
- Toll-Free Youth Support Numbers from Iowa Medical Society and Alliances 1-800-784-2433

Additional information on suicide and the prevention of suicide can be found at the following Web sites:

- Society for the Prevention of Teen Suicide: www.sptsnj.org
- Suicide Prevention Resource Center: www.sprc.org
- American Foundation for Suicide Prevention: www.afsp.org
- American Association of Suicidology: www.maine.gov/suicide
- Maine Teen Suicide Prevention: www.maine.gov/suicide/youth