

Muscular System Pic & Move Grading Rubric

Name:

Requirements	Grade	Comments
3 Exercises Named (3 each) <ul style="list-style-type: none"> - Muscle contracted shown (3 each) - Muscle labeled (3 each) 	/27	
3 Stretches Named (3 each) <ul style="list-style-type: none"> - Muscle stretched shown (3 each) - Muscle labeled (3 each) 	/27	
5 Movements (2 each) <ul style="list-style-type: none"> - Movement Demonstrated (2 each) - Movement Labeled (2 each) 	/30	
Creativity, Effort, Own Creation	/10	
Title, Organization & Alignment	/6	
Final	/100	

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