Your Elementary School Counselor

- Counsels individually with students in brief sessions
- Teaches monthly guidance lessons in classrooms
- Conducts small group counseling sessions
- Consults with parents and families regarding concerns
- Consults with teachers
- Provides information on community resources for families
- Provides support during personal crisis
- Promotes a positive and safe school climate
- Is a Visible, Proactive, Positive, Support for ALL

How does a student see the School Counselor?

Self-referral by the student Teacher Referral Parent Referral Administrative Referral Child Study Team Counselor Observation To contact your School Counselor:

Kelly Green School Counselor

Ridge Street School 735 Ridge Street Newark, NJ. 07104

Phone: 973-350-5014



Email: <u>kagreen@nps.k12.nj.us</u>

For additional information about LPC's School Counseling Program and current events, please visit our school website:

http://www.nps.k12.nj.us/ridgestreet

School Name School Counseling Program





School Counselors Make A World of Difference

The Mission of the School District Counseling Program is to provide a quantifiable, comprehensive, developmental counseling framework, addressing the individual academic, career, and personal/social development of all students. We expect all students to be productive members of the

community, thus, the School District Counseling Services program will identify and help eliminate barriers to learning creating success for all students.

SMALL GROUP COUNSELING

Small Group counseling offers the opportunity for students with similar concerns to learn and talk with each other in a safe and fun environment.

Possible Group Topics:

- Changing Families/Divorce
- From Hot to Cold (Anger Management)
- Stress Management
- Social Skills
- Grief/Death
- Self-Advocacy
- Self-Esteem & Confidence
- New Student Groups

KIDS DON'T CARE HOW MUCH

YOU KNOW UNTIL THEY KNOW HOW MUCH YOU CARE!

INDIVIDUAL COUNSELING

Individual counseling is available to all students to discuss academic, personal, and social issues. School counseling is not therapy but rather brief, shortterm support for a student during a crisis situation, immediate personal concern, or problem

Why Contact your child's School Counselor?

- Academic Achievement Concerns
- Family Transitions (e.g., divorce, death, re-marriage, new sibling)
- Behavioral & Emotional Concerns
- Home Stressors
- Peer Relations
- Assistance in transitioning to a new school



CLASSROOM GUIDANCE

Classroom instruction is provided to all students by Ms. Green at least once a month in each classroom and is reinforced by teachers.

Possible Guidance Lesson Topics:

- Feelings/Emotions
- Tolerance/Diversity
- Honesty
- Personal Space
- Self-Control
- Conflict Resolution
- Friendships/Social Skills
- Personal Safety
- Stress & Anger Management
- Study Skills
- Organizational Skills
- Decision-Making
- Career Exploration
- Character Education

