



Mequon-Thiensville School District

Course Scope & Sequence

Course Name: Grade 7 Family & Consumer Science	Department: Related Arts
Grade Level: 7	Duration: All year or 1 semester

Course Overview: The seventh grade Family and Consumer Science curriculum consists of a variety of topics related to nutrition, health and wellness. Students will have an in-depth study of abbreviations/ measuring equivalents, garnishing, varied diets, dietary guidelines, essential nutrients, MyPlate, and nutrition labels. In addition, we will discuss herbs, spices, chocolate, soup, stocks and sauces. Students will have the opportunity to prepare food products related to the topics of study. Seventh graders also participate in a "cupcake challenge." We will also discuss topics related to careers, success, finance, community service, teen issues, eating disorders, family and leadership. A field trip is planned to JA Finance Park. Seventh grade FACS is an elective that meets every other day for the entire year.

Primary Resource:

Topics/Units:	Time Frame:
1. Food, Technology ,Nutrition, Wellness Production <ul style="list-style-type: none">a. Personal Hygieneb. Kitchen Equipmentc. Recipe Readingd. Nutrition Labelse. Food Safety/Sanitationf. Essential Nutrientsg. Consumerism	<u>8 weeks</u> <ul style="list-style-type: none">- Week 1- Week 2- Week 3- Week 4- Week 5- Week 6- Week 7
2. Planning, Organizing and Maintaining an Efficient Home <ul style="list-style-type: none">a. Laundryb. Cleaningc. Choice Cleaning Board	<u>3 weeks</u> <ul style="list-style-type: none">- Week 9- Week 10- Week 11
3. Interpersonal Relationships <ul style="list-style-type: none">a. Family Diningb. Kindness	<u>2 weeks</u> <ul style="list-style-type: none">- Week 12- Week 13
4. Textiles, Fashion, and Apparel <ul style="list-style-type: none">a. Basic Sewing Skills	<u>4 weeks</u> <ul style="list-style-type: none">- Weeks 14 - 17
5. Food Production <ul style="list-style-type: none">a. Food Decoratingb. Garnishingc. Cupcake Challenge	<u>12 weeks</u> <ul style="list-style-type: none">- Week 18- Weeks 19-20- Weeks 21-22



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<ul style="list-style-type: none">d. Chocolatee. Herbs and Spicesf. Stocks, Soups, Saucesg. Varied Diets <p>6. Interpersonal Relationships</p> <ul style="list-style-type: none">a. Teen Issues <p>7. Community and Life Connections</p> <ul style="list-style-type: none">a. Environmentb. Reduce, Reuse, Recycle <p>8. Consumer and Family Resources</p> <ul style="list-style-type: none">a. Consumer Economics	<ul style="list-style-type: none">- Weeks 23-24- Weeks 25-26- Week 27- Weeks 28-29 <p><u>2 weeks</u></p> <ul style="list-style-type: none">- Weeks 30 - 31 <p><u>2 weeks</u></p> <ul style="list-style-type: none">- Week 32- Week 33 <p><u>2 weeks</u></p> <ul style="list-style-type: none">- Weeks 34-35
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Course Name: Grade 8 Family & Consumer Science	Department: Related Arts
Grade Level: 8	Duration: All year

Course Overview: The eighth grade Family and Consumer Science class students expand on their knowledge of nutrition and expand their skills in the kitchen. Throughout the nutrition unit, we discuss dietary concerns, safety in the kitchen and proper food handling techniques. We research, discuss, and prepare foods from other lands. Students get a chance to learn about entrepreneurship and workplace skills. Other topics of study include ethics, community service, and consumer economics. This course meets every day for a semester, or students can elect to take FACS both semesters.

Primary Resource:

Topics/Units:	Time Frame:
<p>1. Ethics Character and Values</p> <ul style="list-style-type: none">a. Ethics Basicsb. Personal Ethicsc. Social Ethicsd. Workplace Ethicse. Values and Decision Makingf. 6 Pillars of Characterg. Leadershiph. Community Service	<p><u>8 weeks</u></p> <ul style="list-style-type: none">- Week 1- Week 2- Week 3- Week 4- Week 5- Week 6- Week 7- Week 8



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<p>2. Food Production</p> <ul style="list-style-type: none">a. Foods of the World <p>3. Community and Life Connections</p> <ul style="list-style-type: none">a. Careersb. Entrepreneurship Basicsc. Entrepreneurship: Is it for you?d. Types of Business Ownershipe. Owning and Operating a Businessf. Food Truck Planningg. Food Truck Simulation	<p><u>18 weeks</u></p> <ul style="list-style-type: none">- Weeks 9 - 26 <p><u>9 weeks</u></p> <ul style="list-style-type: none">- Weeks 27-28- Week 29- Week 30- Week 31- Weeks 32-33- Week 34- Week 35
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