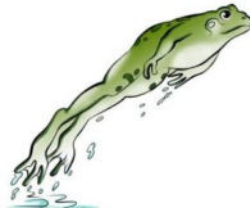


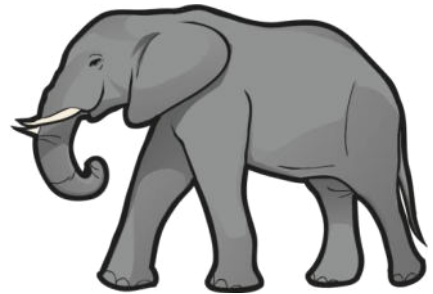
Slither like a SNAKE!



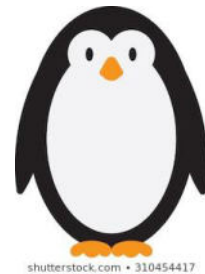
Hop like a FROG!



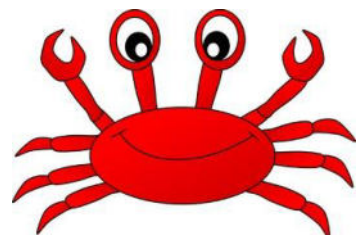
Walk like an Elephant!



Waddle like a PENGUIN!



Move like a CRAB!



Do 10 Jumping Jacks!



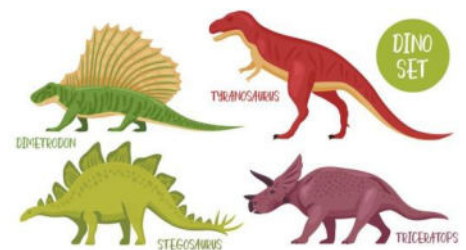
Do 10 Crunches or Sit-ups!



Become a DOG and wag your tail!



Move like a DINOSAUR!



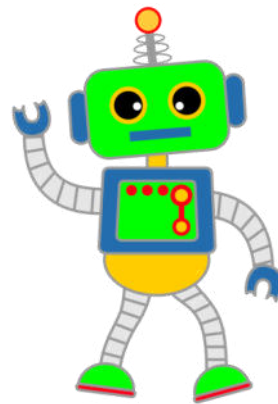
Move like a MONKEY!



Move SLOWLY like a SLOTH!



Move like a ROBOT!



Fly like a BIRD!



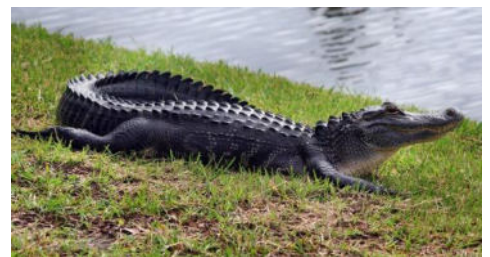
Jump like a KANGAROO!



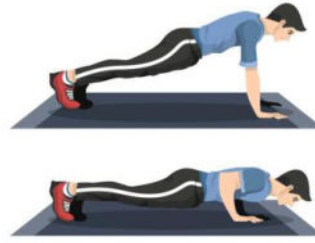
Pretend to dribble a basketball  
and take some jump shots!



Act like an ALLIGATOR!



Do 5 PUSH-UPS!



Try a DONKEY kick!



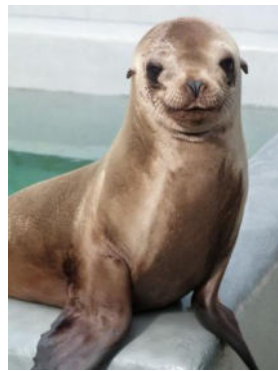
Can you move like an  
INCHWORM?



Can you balance on one foot like a FLAMINGO?



Move like a SEAL!



Do a BEAR CRAWL!



Act like a SURFER  
riding a BIG wave!



Can you spell your name using  
your FEET? Get on the ground  
and try!

Sit down, back straight and now  
close your eyes... and listen to  
Mrs. Corn. Breath in 3x slowly.

Pretend you are  
ICE-SKATING!



Act like your  
favorite  
SUPERHERO!

