

COLD SPRING HARBOR SCHOOLS
COLD SPRING HARBOR JR. /SR. HIGH SCHOOL
Office of the Director of Physical Education and Athletics

December 2012

OBSERVATION & COMMENT FROM THE DIRECTOR

SPECIAL CONGRATULATIONS TO OUR VARSITY GIRLS SOCCER TEAM ON WINNING THE NASSAU COUNTY CLASS "B" COUNTY CHAMPIONSHIP AND ALSO LONG ISLAND CLASS "B" CHAMPIONSHIP. The girls and Coach Cacioppo, Coach Mercer, and Coach Towers are to be congratulated on a GREAT SEASON. Girls went again to the State Championship in Cortland NY but lost to a tough Oneonta HS squad. We had our chances and our girls played valiantly but just could not score losing 1-0.



Roy and Mahder lead CSH to Second Straight Long Island Championship!

CSH's Alicia Roy is no stranger for the dramatic. Her 25 yard free kick netted CSH a Long Island Championship and a trip to the final four in Cortland, NY toward a State Title.

Stephanie Mahder had 5 saves and recorded her 12th shutout in 18 games.

They play the winner of Oneonta/Bronxville on Saturday Nov.17th in Cortland, NY in the State Semifinals.

November 13, 2012 1 2 OT 2OT F

at [Cold Spring Harbor](#) 0 0 0 1 1

[Babylon](#) 0 0 0 0 0

Highlights:

Alicia Roy scored on a free kick from 25 yards out with 3:32 remaining in the second overtime to lift Cold Spring Harbor to a 1-0 win over Babylon in the Long Island Class B championship at Dowling Sports Complex.

Scoring:

Cold Spring Harbor -- Alicia Roy, 1 goals.

Goalies:

Cold Spring Harbor -- Stephanie Mahder, 5 saves.

Babylon -- Hannah McGlinchey, 19 saves.

2012 Girls Soccer Championships - ClassB

Regionals	Regionals	Semifinals	Finals	Semifinals	Regionals	Regionals
(4)Oneonta BYE						(5)Greece Odyssey BYE
	Oneonta Gm 9: 11/13 at: Section 4 Bronxville				Greece Odyssey 3-0 Akron	
(1)Bronxville 4-2		Winner of 9 Gm 13: 11/17 9:30am at: Tompkins- Cortland Community College Cold Spring	Winner of 13 Gm 15: 11/18 10am at: SUNY Cortland Red Winner of 14	Greece Odyssey Gm 14: 11/17 9:30am at: Cortland HS Schalmont		(6)Akron BYE
(9)Spackenkill						

(8)Cold Spring Harbor BYE		Harbor			(2)Schalmont 2-1
					(3)Marcellus
	Cold Spring Harbor 1-0 (2ot)			Schalmont 3-0	
	Babylon			Plattsburgh	
(11)Babylon BYE					(7)Plattsburgh 3-0
					(10)Potsdam

NEWS 12 SCHOLAR ATHLETE RECIPIENT: CONGRATULATIONS TO JILLIAN LEE!!!!

- News 12 Scholar-Athlete, Jillian Lee:** Sponsored by Capital One Bank, Jillian was honored at CSHHS on Nov. 19th and was presented with her News 12 *Scholar-Athlete of the Week* scholarship award and plaque. Jillian is a three-sport athlete; a four-year varsity field hockey player, senior captain with All-County and All-State honors her senior year. She is also a three year varsity player and captain on the lacrosse team, (All-County-11th grade). She also holds nearly every running record on the high school track team. She is a member of Varsity Leaders Club, National Honor Society, and Locks of Love (where she recently donated 10" of her hair!). Jillian will be attending Brown University next year to play lacrosse. Congratulations!

ATHLETIC WEBSITE: Please check the Athletic Website. It can provide you with much information. The Cold Spring Harbor Handbook will be updated shortly with up to date changes as a result of NYSPHSAA (New York State Public High School Athletic Association) information. In the meantime the handbook contains valuable information.

7TH GRADE BOYS BASKETBALL: **COLD SPRING HARB 7 WHITE**

8TH GRADE BOYS BASKETBALL: **COLD SPRING HAR 8 RED**

7/8TH GRADE BOYS BASKETBALL: **COLD SPRING HBR JHS**

7TH GRADE GIRLS VOLLEYBALL: **COLD SPRING HARB 7 WHITE (SPORT IS JH GIRLS VOLLEYBALL)**

8TH GRADE GIRLS VOLLEYBALL: **COLD SPRING HAR 8 RED (SPORT IS JH GIRLS VOLLEYBALL)**

7/8TH GRADE GIRLS VOLLEYBALL: **COLDSPR JH BLUE (SPORT IS JH GIRLS VOLLEYBALL)**

7/8TH GRADE BOYS SWIMMING: **COLD SPRING HBR JHS**

7/8TH GRADE WINTER TRACK: **COLD SPRING HBR JHS (SPORT IS B/G MODIFIED WINTER TRACK)**

JV "2" BOYS BASKETBALL: COLD SP HBR JV2

QUICK LINK TO GETTING YOUR SON OR DAUGHTER'S SCHEDULE: *See attached*

1. Athletic Website
2. Interscholastic Athletics
3. Game Schedules...follow prompts and fill in the blanks:

Legend:

4. Once on Sports Pak...**GO TO PUBLIC SECTOR** Plug in the school ([See Legend Above](#))
5. Change Ending Date to 2013 (*so that you get full schedule*)
6. Then pick sport (e.g. Girls Soccer)
7. Level for Jr. HS is JHB
8. Check off Include All Visitors
9. Then hit Format to Print

US LACROSSE POSITION STATEMENT: *As a member of US Lacrosse Men's Game Committee I felt compelled to share this position statement with all of you:*

US Lacrosse DRAFT Position Statement on Collegiate Recruiting -Drafted 10.14.12

US Lacrosse's Position on the State of Collegiate Recruiting in Lacrosse

US Lacrosse shares the concerns of many parents and coaches in the sport of lacrosse, about the seemingly out-of-control state of collegiate recruiting in the sport today. Despite the fact that lacrosse is the fastest growing youth sport in America, more and more student athletes are choosing not to continue to play scholastically in high school because of an ever increasing push by recruiting clubs and businesses that direct players to specialize in lacrosse from earlier ages contributing to higher rates of injury and burnout.

Many student athletes and their parents are participating in the sport with unrealistic expectations about the collegiate playing opportunities they believe they will receive, in return for making financial and academic sacrifices. Instead of playing lacrosse scholastically and recreationally, kids are being advised to play year round lacrosse and in some cases, even encouraged to miss school to attend recruiting events. In some areas of the country, kids are forgoing playing scholastic lacrosse altogether, in favor of a pay-for-play club whose sole focus claims to be helping players get a spot on an NCAA collegiate lacrosse roster.

The prevalence of recruiting events, camps and tournaments that occur during times when lacrosse is not in season, and when kids are still in school and include kids as young as 14 years of age help to reinforce a sport culture that is damaging to the well-being of the student-athlete. This intense recruiting culture is damaging to the sport itself; destroys any work-life balance for coaches; the retention of coaches, particularly females; and burns out students by the time they even get to college.

US Lacrosse will look for ways to work with the membership of the Intercollegiate Men's Lacrosse Coaches Association (IMLCA) and the Intercollegiate Women's Lacrosse Coaches Association (IWLCA) to help ensure the student athletes and their parents in our sport are making good decisions with respect to participation and are demonstrating through their actions, the development of healthy, well-educated and well-rounded athletes.

US Lacrosse also encourages NCAA coaches, who are the primary influencers in the sport, to limit the age at which they begin recruiting student athletes, and choose not to attend or participate in recruiting events that take place during a period of time that compromises the student athlete's ability to focus on their academics.

US Lacrosse is the national governing body of lacrosse. Through responsive and effective leadership, we provide programs and services to inspire participation while protecting the integrity of the sport. www.uslacrosse.org

SPORTSMANSHIP BANNERS: IN THE FIELD HOUSE AND IN THE NEW GYM WE HAVE NEW SPORTSMANSHIP POSTERS UP ON THE WALL. I WOULD APPRECIATE IT IF ALL SPECTATORS WOULD READ THE POSTER AND I RESPECTFULLY HOPE THAT WE WOULD EXHIBIT GOOD SPORTSMANSHIP. AS I ALWAYS SAY: LET THE PLAYERS PLAY; LET THE COACHES COACH AND LET THE OFFICIALS OFFICIATE.

[SEE ATTACHED DOCUMENT:](#)

ALONG WITH THAT: PLEASE DO NOT COACH YOUR CHILD FROM THE BLEACHERS. LET THEM PLAY AND PAY ATTENTION TO THEIR COACH. IT IS VERY DISCONCERTING TO THE COACH AND HIS TEAM IF YOU DO THAT. IF YOU WANT TO COACH YOUR SON or DAUGHTER PLEASE DO IT ON YOUR OWN TIME AND IN A DIFFERENT VENUE. Thank you

And Now For Your Enjoyment....

PLEASE SEE You Tube Attachment...

<http://www.youtube.com/watch?v=Z2P1oBdHeow>

Quote of the Day:

"Follow the three R's. Respect for self Respect for others and Responsibility for all your actions" -Dali Lama

And as always: "It is the choices that make us who we are and we can always choose to do what is right".

Have a wonderful Holiday Season. See you at some of our winter contests, *Jim Amen Jr.*