MONOPOLY AND SQUAD FITNESS







SUPER MARIO'S

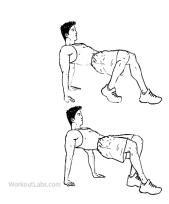
SQUATS

MOUNTAIN CLIMBERS



RUSSIAN TWISTS

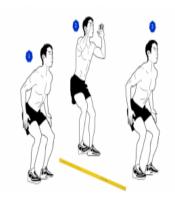








LEG RAISES







PLANK



LUNGES

HAVE FUN AND DON'T BE AFRAID TO ASK QUESTIONS!!!