

Minute to win it games and supplies for each

1. Defying gravity (unlimited) -

Team member must keep 3 balloons in the air for 60 seconds without letting them hit the ground.

2. Face the cookie (4 teams)

3 of the team members must move a cookie from their forehead to their mouth using only their facial muscles

3. Inertial intent (unlimited)

1 team member will stack 3 solo cups with index cards in between them. They will have to then “yank” the index cards out causing the cups to collapse on themselves in 60 seconds.

4. Dizzy mummy (3 teams)

With toilet paper on a holder, player holds the end of the toilet paper in 1 hand

When the clock starts player begins spinning so that the toilet paper collects all over the arms. If the toilet paper tears, the game is over.

Player must keep both fists closed at all times

To complete the game, the player must remove all tp not glued to the cardboard center within 60 sec limit

5. Hardware Equilibrium (unlimited)

1 team member will start out with 10 hardware nuts on the table and a chopstick or skewer. They have to pick up the nuts with only the stick and carefully stack them end to end until all 10 are stacked on top of each other in 60 seconds. One hand holding skewer is all that can be used.

6. Bucket Head (6 teams)

Catch balls in a bucket on top of your head. Most balls in one minute wins

7. Elephant March (unlimited)

Knock over upside down red solo cups with a baseball in pantyhose worn on your head.

8. Up, up and away (unlimited)

Player must use only their breath to keep feathers in the air for 60 seconds

9. Nose dive (unlimited)

Player must transfer cotton balls from a serving bowl to another using only petroleum jelly on their nose.

10. Speed eraser (unlimited)

Player must bounce pencils into glasses. set up 7 glasses in a row
When the clock starts, player may hold more than 1 pencil in their non-throwing hand, and may bounce pencils into the glasses, 1 at a time using their designated throwing hands. Pencils must bounce off of the table and land directly into the bottom of each of 7 glasses within the 60 seconds

11. Magic carpet

2 team members will start out sitting on bath towels across from each other in a circle. They will then “inch” themselves around the outside of the circle until they stop where the other started.

12. Junk in the trunk

Fill the tissue box with ping-pong balls, then attach the tissue box to the back of the belt.

Put on the belt with the tissue box sitting at the small of the back. When the clock starts player may begin moving to shake the ping-pong balls out. Players arms may not touch box or belt. Players may only touch the floor with his or her feet. Player wins when all of the balls are out of their box.

13. Scoop it Up (unlimited)

Using nothing but a spoon in your mouth, transfer ping pong balls from 1 bowl to another in less than a minute. Player with the most transferred wins. No hands!!!

14. Separation Anxiety

1 team member will set up the 5 clear labeled cups in a particular order on the table. Blue- red-green-yellow-orange, they will then use 1 hand to pick out the color candy from the baggie or bucket (you can empty these into a bucket or on the table) they will place that candy in the appropriate cup in the order stated. This must be done one at a time and in the order given. (10 rounds in under 1 minute)

Instructions:

Divisions of 4 teams per class

Teams will be shown a series of STAAR formatted questions

The first member in each row will answer on the whiteboard

The teams with correct answers will compete in a challenge. Winning teams will get 1 point for each successful challenge, written on a notecard at the front of each teams row. The team with the most points at the end of the competition wins the game.

Each challenge only lasts one minute and must be completed in that time to receive points.

NOTE****A different group member answers the question each time and/or competes in the challenge.

Materials per challenge

10 white boards/markers/erasers

24 balloons

2 packages of oreos

24 red solo cups

2 packs of index cards

Toilet paper rolls

Pencil (to act as a roll holder)

80 $\frac{5}{8}$ " hex nuts

10 wooden skewers

10 plastic sand buckets

Small wiffle balls (100)

Package of feathers

40 red solo cups

10 Panty hose

10 baseballs

40 clear cups- labeled (8 blue, 8 red, 8 green, 8 yellow, 8 orange)

2 large bags of m&ms (separated into baggies-- each containing 10 blue, 10 red, 10 green, 10 yellow, 10 orange)

8 ziploc baggies

8 small metal buckets for candy

8 packs of cotton balls

1 jar petroleum jelly

20 pie tins

Bowls

Plastic spoons

Wiffle golf balls

10 Kleenex boxes

10 Belts

Wiffle golf balls (about 100)