



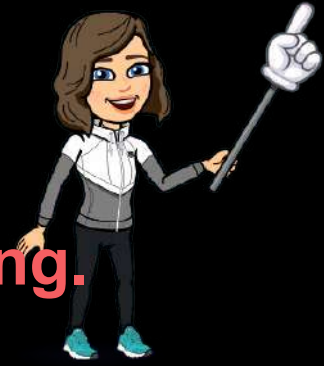
Welcome to
P.E.!!

Mrs. Redfern





1. If the teacher's talking, you are listening.



2. If you have a question, raise your hand.

3. Water at the end of class



4. Keep hands and feet to self



Warm up: Dice Fitness



Dice Fitness



MINECRAFT FITNESS CHALLENGE 2

MR CARRISONS PE CLASS



H₂O Break!



Cool Down



Mindful Minute:

