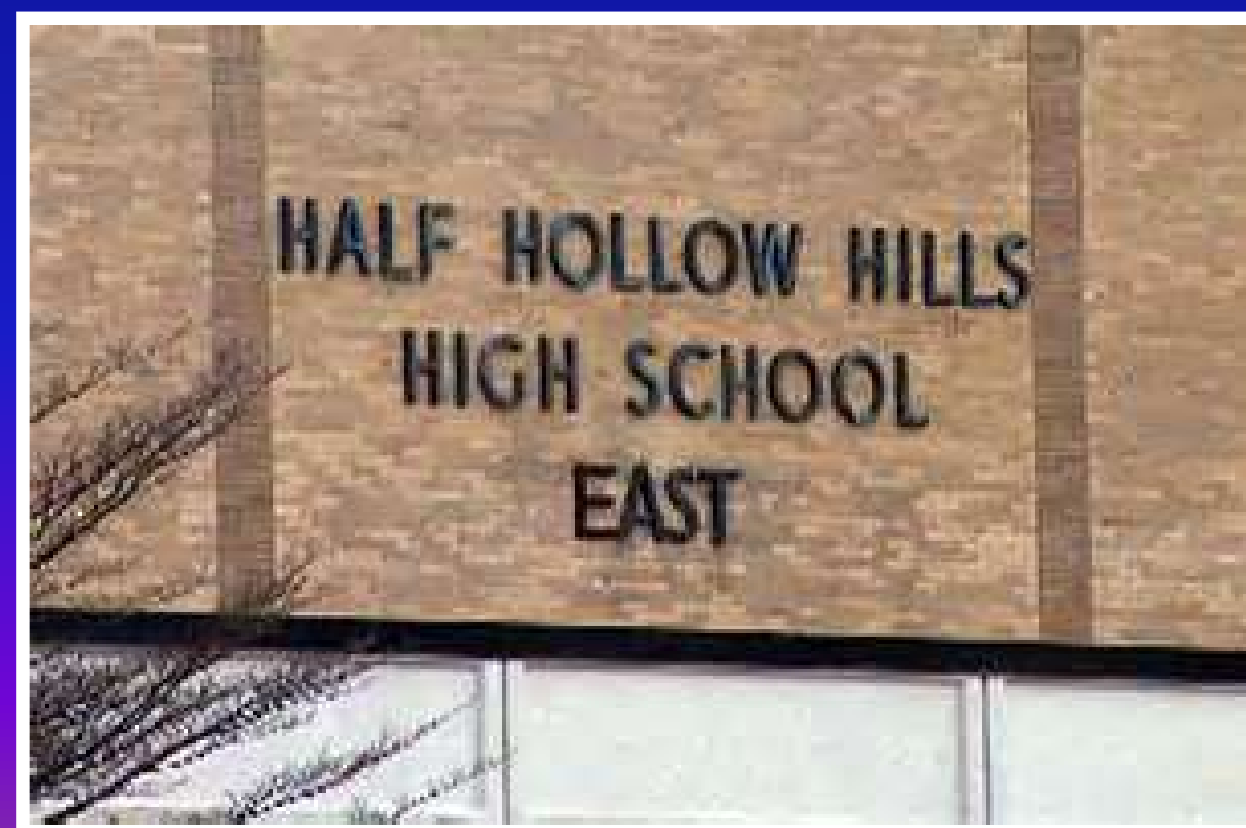




Crossing the West Hollow Bridge
to High School East



Topics for Our Conversation Today

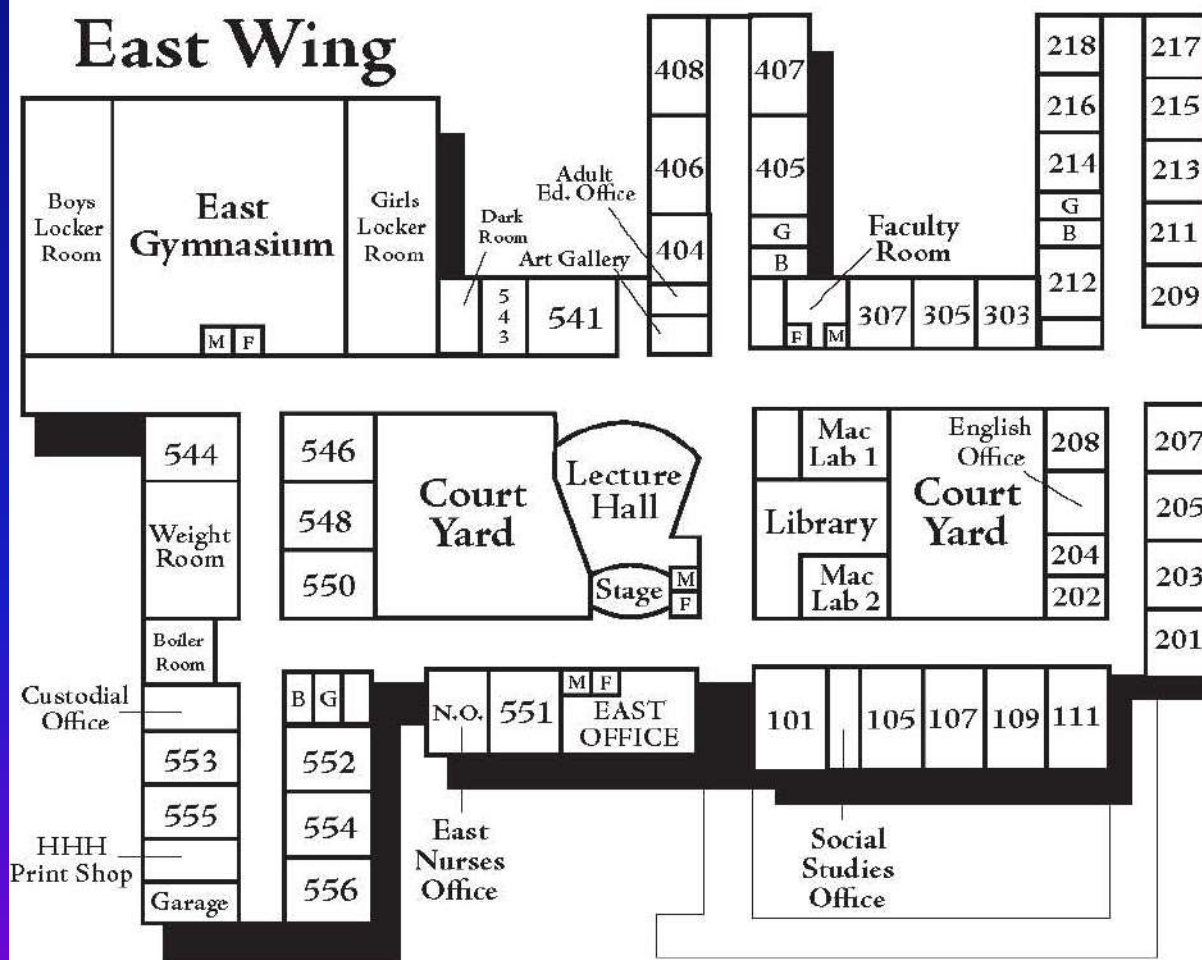
- Making an Effective Transition from Middle School to High School
- NY State Graduation Requirements
- Your Ninth Grade Schedule
- Myths and Truths
- Electives



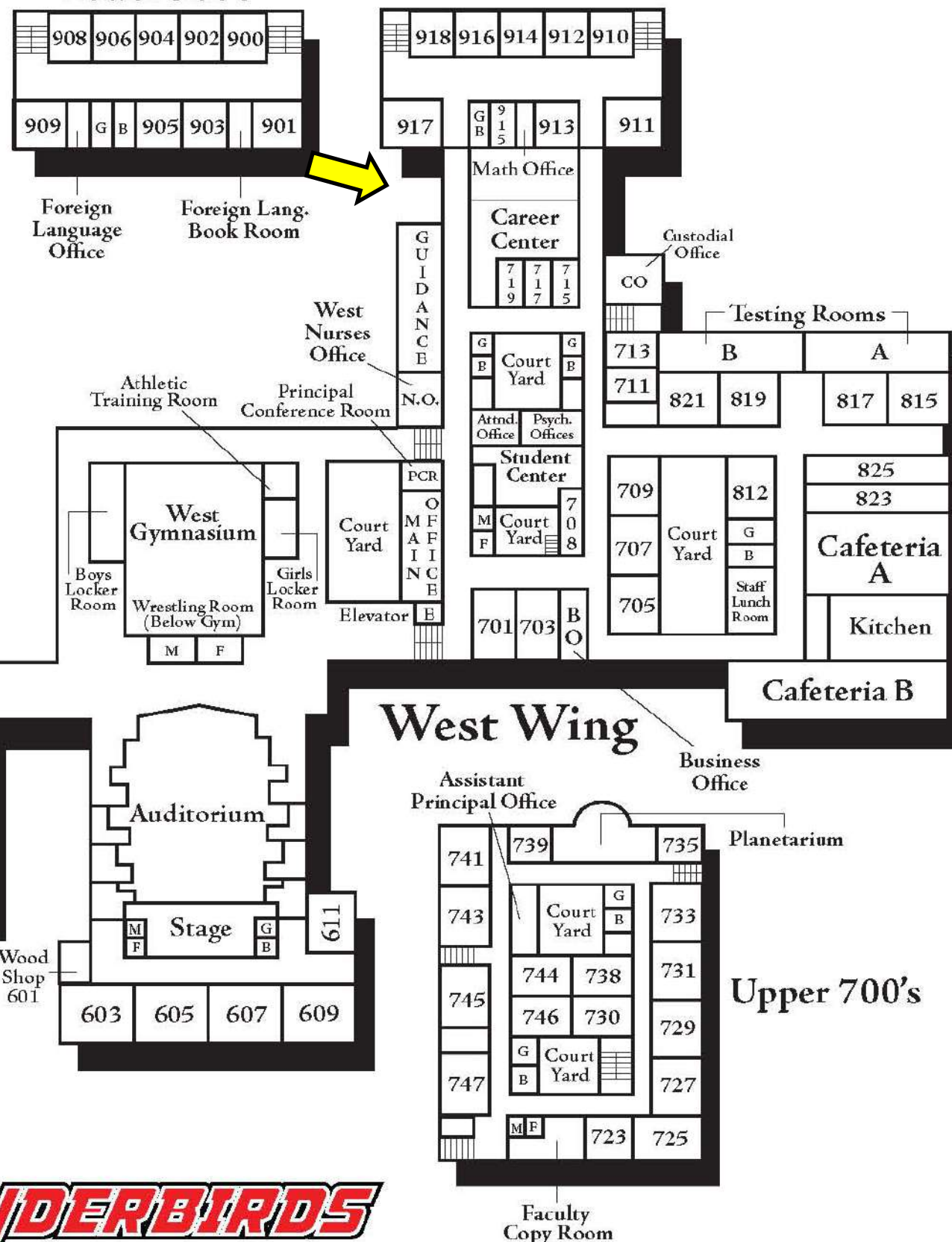
Are you ready to make the move?

HIGH SCHOOL EAST

East Wing



Lower 900's



PROUD HOME OF THE THUNDERBIRDS

What Do You Need to Know About High School?

- Feeling nervous is normal
- High School offers many opportunities
- Everything counts from Day One
- High School is safe, fun and exciting
- High School is where you begin to define who you are and what you want
- High School is about making mature choices
- Be prepared for change and be willing to step out of your “Comfort Zone”
- Embrace change and opportunities (Get Involved!)
- Be flexible

Myths & Truths About High School

Myths

- I have to take Art or Music in Grade 9
- I'm not going to earn enough credits to graduate
- Lunch for all 9th graders is period 6 or 7 and I have to build my entire schedule around lunch

Truths

- You are required to take one year of Art or Music before you graduate
- You need 22 credits; the average earned is 28!
- Lunch is available periods 4-8. Your lunch period might have to change in the spring semester to take an elective you want! "Oh No!"

Graduation Credit Requirements

REQUIRED CORE COURSES	LOCAL DIPLOMA	REGENTS DIPLOMA	REGENTS DIPLOMA WITH ADVANCED DESIGNATION
English	4 credits with 1 Regents exam (55 + grade)	4 credits with 1 Regents exam (65 + grade)	4 credits with 1 Regents exam (65 + grade)
Social Studies	4 credits with 1 or 2 Regents exams (55 + grade)	4 credits with 1 or 2 Regents exams (65 + grade)	4 credits with 2 Regents exams (65 + grade)
Mathematics	3 credits with 1 Regents exam (55 + grade)	3 credits with 1 Regents exam (65 + grade)	3 credits with 3 Regents exams (65 + grade)
Science	3 credits with 1 Regents exam (55 + grade)	3 credits with 1 Regents exam (65 + grade)	3 credits with <u>2</u> Regents exams (65 + grade)
World Language	1 credit	1 credit	3 credits
Phys.Education ²	2 credits	2 credits	2 credits
Art or Music	1 credit	1 credit	1 credit
Health	½ credit	½ credit	½ credit
Electives	3 ½ credits	3 ½ credits	1 ½ credits
TOTAL	22 credits	22 credits	22 credits

4+1 Option Pathway to Graduation:

Students can replace one of the two Social Studies Regents Exams with another Regents exam from Math or Science in order to graduate.

Your Schedule

Example A

Fall	Spring
1.English	English
2.Math	Math
3.Public Speaking	Debate
4.Global History	Global History
5.Ear. Sci/Lab/PE	Earth Sci/Lab/PE
6.Earth Science	Earth Science
7.Lunch	Lunch
8.World Language	World Language
9.Art	Art

Example B

Fall	Spring
1.English	English
2.Band	Band
3.Math	Math
4.Criminal Justice	Lunch
5.Lunch	Gourmet Foods
6.Biology	Biology
7.Biology/Lab/PE	Biology/Lab/PE
8.World Language	World Language
9.Global History	Global History



Physical Education Options

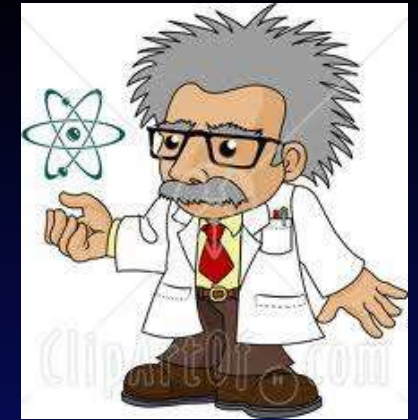
Individual Sports 9212	Team Sports 9213	Outdoor Sports 9214
<ul style="list-style-type: none">• Weight Training• Golf• Tennis• Badminton• Yoga• Fitness Testing• Aerobics• Dance	<ul style="list-style-type: none">• Flag Football• Volleyball• Ultimate Frisbee• Whiffle Ball• Floor Hockey• Fitness Testing• Softball• Track & Field	<ul style="list-style-type: none">• Rock Climbing• Amazing Race Challenge• Wilderness Survival• Orienteering• Fly-fishing (on land)• Ropes & Knot Tying• Map Reading• Weather Identification

District Proficiency Electives

Encouraged to enroll in Grade 9 or Grade 10:		**Grades 10-12 Only
Public Speaking (#1058) <u>or Podcasting & Public Speaking (#1049)</u>	Business Computer Applications #6020	Current Events** #2060
Learn the basics on: <ul style="list-style-type: none"> • Well-structured & • Well-presented speech 	Learn the basics on: <ul style="list-style-type: none"> • Microsoft Word-Enhancing Documents 	<ul style="list-style-type: none"> • Learn how the past impacts today • Discuss current events
Focus on strengthening: <ul style="list-style-type: none"> • Poise & Confidence-Building • Making Eye Contact • Gestures 	<ul style="list-style-type: none"> • Microsoft Excel-Making Charts & Graphs 	<ul style="list-style-type: none"> • Social Media • Newspapers • Television News
Learn how to use: <ul style="list-style-type: none"> • Visual Aids • Quotations • Audio & Editing Equipment 	<ul style="list-style-type: none"> • Microsoft PowerPoint-Converting Documents, Charts & Graphs into Presentations 	<ul style="list-style-type: none"> • Develop skills to effectively express opinion

New!

Electives



- Choose your electives carefully now!
- You will not have an opportunity to change your elective once the school year is over.
- “Straight Talk” time: If you attempt to change your electives in June or August, you will likely be disappointed with your options.



69 Clubs & Organizations...!

Academic Team ("Thunder Brains")	Cross Campus Chamber Orchestra	International Thespian Society Troupe	Science Based Academic Team
A Capella Vocal Jazz	DECA Distributive Education Clubs of America	Italian Culture Club	Science Explorers
ACSL (American Comp. Sci. League)	Debate Team	Italian Honor Society	Science Olympiads
AASO (African-Amer. Student Org.)	Dramatics- Fall Drama / Spring Musical	Jazz Band	Society of Asian American Students
Amnesty International	East Side Steppers	Key Club	Society of Indian American Students
Animal Friends and Advocates	Fashion Design and Production	Kickline ("Dixettes")	Spanish Culture
Architecture Club	Film and Podcasting Club	Literary Magazine - Pegasus	Spanish Honor Society
Art Club	French Culture Club	Marching Band	Speech & Oratory
Art Honor Society (National)	French Honor Society	Mathletes	Stage Crew Club
Astronomy	FTC Robotics Club (FIRST Tech)	Model UN	Student Government (Council)
Best Buddies	FBLA (Future Business Leaders of America)	Tri-M Music Honor Society	Sustainability Club
Bookstore/School Store	Future Doctors of America	National Honor Society	Tri-M Music Honor Society
Business Honor Society	Future Educators of America	Newspaper - Thunderbird	"We the People" Constitution Team
Chess Club	Future Lawyers of America	Peer AIDS Educators	Wind Ensemble
Chinese Culture Club	Gay/Straight Alliance	Photography Club	Women in Science & Engineering
Computer Club	Ichthus Club	SADD	XX Coders
Cross Campus Chamber Choir	Interact	Science Based Academic Team	Yearbook

... & Sports!

Fall

- Boys Cross Country
- Girls Cross Country
- Girls Field Hockey
- Boys Football
- Girls Gymnastics
- Girls Soccer
- Boys Soccer
- Girls Swimming
- Girls Tennis
- Girls Volleyball
- Boys Volleyball
- Boys Golf
- Girls Cheerleading

Winter

- Boys Basketball
- Girls Basketball
- Boys Fencing
- Girls Fencing
- Boys Swimming
- Girls Indoor Track
- Boys Indoor Track
- Boys Wrestling



Spring

- Boys Badminton
- Girls Badminton
- Girls Softball
- Boys Baseball
- Girls Spring Track
- Boys Spring Track
- Girls Lacrosse
- Boys Lacrosse
- Girls Golf
- Boys Tennis

HAVE FUN & GOOD LUCK!



Questions?