

TRIAGE OF PSYCHIATRIC CRISIS

I. IDENTIFICATION

Name: _____ Age: _____ Sex: M _____ F _____

Who brings the student to you? _____

II. EXPECTATIONS

What do the parents/guardians expect? (crisis intervention, foster care, outpatient referral, inpatient hospitalization) _____

What does the student expect? _____

Who referred the student? _____

What do they expect? _____

III. CURRENT CRISIS

Describe the current situation that led to this visit: (one-time incident or chronic problem?, precipitant?, response?, does the response match the precipitant?, why now?, aggravating or alleviating factors?, consider solutions as you review crisis

IV. PSYCHIATRIC HISTORY

Mental Health Provider? Current _____ Past _____

If current, stop and call now?

a. diagnosis? _____

b. medication?:

all current medications: _____

past medication: _____

c. psychiatric hospitalizations ? list: _____

d. family history of mental illness or suicide : _____

V. RISK FACTORS

Suicidal ideation? (details) _____

Plan? _____

Previous attempts? _____

Does the student have impulse to hurt someone? _____

Do the parents fear they will hurt their child or that the student may hurt someone else? _____

Access to firearms? _____

Any history of violence? _____

Smoking, drugs, or alcohol abuse? _____

Other dangerous behaviors? (i.e. runaway) _____

Legal problems? _____

Has the student ever been physically or sexually abused? _____

VI. MEDICAL HISTORY

Any history of central nervous problems (TBI, seizures, meningitis) _____

Any chronic medical illness? _____

Allergies to medications? _____

Female patients- pregnant? _____

VII. MENTAL STATUS EXAM

Check orientation (person, place, time) _____

Delirium? Yes _____ No _____ If yes, consider drug abuse or overdose.

Thinking (organized, insight?) _____

Mood/affect (angry, sad, anxious, low mood?) _____

Behavior (cooperative, agitation, bizarre?) _____

VIII. WHAT IS YOUR OPINION?

Given the data, what do you think should happen? _____

If you send the student home, what has changed? _____