

Video: Zentangle History



History of Zentangles

Zentangle is an American method for drawing, which not only promotes concentration and creativity but at the same time increases personal well-being.

It was invented by a monk named Rick Roberts and an artist named Maria Thomas.

https://www.reidinger.de/en/blog/zentangle/#:~:text=Zentangle%20was%20invented%20by%20a,as%20for%20passionate%20hobby%20artists.

With Zentangle, they created a combination of meditation and art. This drawing method is suitable for beginners as well as for passionate hobby artists.

For the sake of simplicity, you paint in 9x9cm tiles – to reduce the complexity of the drawing process.

Through different patterns (like strokes or waves) you can see your progress within a short time.

https://www.reidinger.de/en/blog/zentangle/#:~:text=Zentangle%20was%20invented%20by%20a,as%20for%20passionate%20hobby%20artists.

Zentangles are made with repetition shapes often making the same movements over and over.

Zentangle consists of a combination the 5 types of line. These 5 lines are found in every pattern:

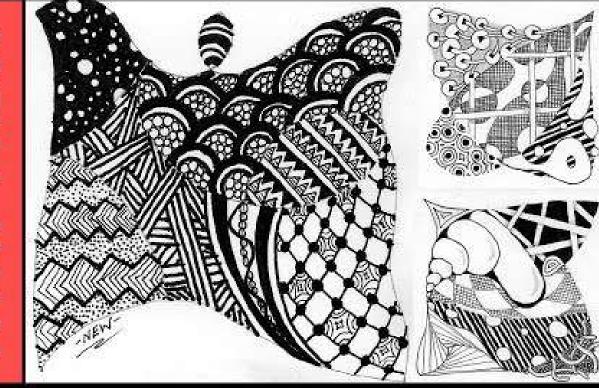
Curved: S -shaped lines, dots, and circles; lines that are always bending turning

Vertical: Lines that are straight up and down

Horizontal: Lines parallel to the horizon

Diagonal: Lines that slant

NEN Ζ Ξ Ν A NR Ν G Ξ



Ζ Ξ Ν Т A N G L Ε A R

