



IDEAS for Grades PK-12

Monticello Community School District

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For Parents:

If you are looking for ways to structure time for your kids while they are at home from school, we have a few ideas. The following examples are possible schedules and educational suggestions you could adapt for your family. In addition [here is a resource](#) for parents during this difficult time.

Daily Home Schedule

7:00	BREAKFAST
7:30	FREE PLAY
8:30	LEARNING ACTIVITIES
10:00	SNACK
10:30	KRAFTS
11:00	MOVEMENT ACTIVITIES
11:30	STORY TIME
12:00	LUNCH
12:30	OUTDOOR PLAY

Activity Ideas

- LEARNING**
 - Read a book
 - Write a letter
 - Draw a picture
 - Count
 - Identify colors
 - Identify shapes
 - Identify numbers
 - Identify letters
 - Identify words
 - Identify objects
 - Identify people
 - Identify places
 - Identify events
 - Identify feelings
 - Identify actions
 - Identify sounds
 - Identify tastes
 - Identify smells
 - Identify textures
 - Identify weights
 - Identify lengths
 - Identify widths
 - Identify heights
 - Identify depths
 - Identify volumes
 - Identify areas
 - Identify perimeters
 - Identify angles
 - Identify circles
 - Identify squares
 - Identify rectangles
 - Identify triangles
 - Identify diamonds
 - Identify ovals
 - Identify ellipses
 - Identify parabolas
 - Identify hyperbolas
 - Identify circles
 - Identify squares
 - Identify rectangles
 - Identify triangles
 - Identify diamonds
 - Identify ovals
 - Identify ellipses
 - Identify parabolas
 - Identify hyperbolas
- CREATIVITY**
 - Draw a picture
 - Write a story
 - Make a craft
 - Build a model
 - Make a game
 - Write a poem
 - Make a song
 - Make a dance
 - Make a play
 - Make a movie
 - Make a book
 - Make a map
 - Make a chart
 - Make a graph
 - Make a table
 - Make a list
 - Make a journal
 - Make a notebook
 - Make a calendar
 - Make a clock
 - Make a thermometer
 - Make a ruler
 - Make a compass
 - Make a protractor
 - Make a scale
 - Make a balance
 - Make a spring scale
 - Make a stopwatch
 - Make a timer
 - Make a clock
 - Make a thermometer
 - Make a ruler
 - Make a compass
 - Make a protractor
 - Make a scale
 - Make a balance
 - Make a spring scale
 - Make a stopwatch
 - Make a timer
- COOKING**
 - Make a snack
 - Make a meal
 - Make a drink
 - Make a dessert
 - Make a dish
 - Make a recipe
 - Make a recipe book
 - Make a recipe card
 - Make a recipe list
 - Make a recipe journal
 - Make a recipe notebook
 - Make a recipe calendar
 - Make a recipe clock
 - Make a recipe thermometer
 - Make a recipe ruler
 - Make a recipe compass
 - Make a recipe protractor
 - Make a recipe scale
 - Make a recipe balance
 - Make a recipe spring scale
 - Make a recipe stopwatch
 - Make a recipe timer

	Monday	Tuesday	Wednesday	Thursday	Friday
Topic	Start the day	Start the day	Start the day	Start the day	Start the day
Activity	Get dressed. Brush teeth. Eat breakfast. Review as a family plan for the day. Quiet time.	Get dressed. Brush teeth. Eat breakfast. Review as a family plan for the day. Quiet time.	Get dressed. Brush teeth. Eat breakfast. Review as a family plan for the day. Quiet time.	Get dressed. Brush teeth. Eat breakfast. Review as a family plan for the day. Quiet time.	Get dressed. Brush teeth. Eat breakfast. Review as a family plan for the day. Quiet time.
Topic	Academic	Academic	Academic	Academic	Academic
Activity	Activity: Practice Spelling Words. Other: Crossword puzzle.	Activity: Write a News Story. Other: Read the newspaper or a magazine.	Activity: What is the International Space Station? Other: Draw.	Activity: Write a Book Review. Other: Read a book.	Activity: Make a Scrapbook. Other: Make a Scrapbook.
Topic	Creative	Creative	Creative	Creative	Creative
Activity	Activity: Share Favorite Desserts. Other: Make a snack to share.	Activity: Learn Family History. Other: Go through photo album.	Activity: Meet an Animal. Other: Draw.	Activity: Build a Dinosaur. Other: Operate Segway.	Activity: Make Summer Plans. Other: Make summer calendar with construction paper.
Topic	Outside	Outside	Outside	Outside	Outside
Activity	Activity: Service Project. Make up a pretend message in the driveway.	Play basketball. Invite a friend for a game of basketball.	Color leaves. Check an outdoor garden for insects.	Draw an illustration of a house or a landscape with shapes.	Create a scavenger hunt or treasure map.
Topic	Lunch / Chores	Lunch / Chores	Lunch / Chores	Lunch / Chores	Lunch / Chores

30 At-Home Brain Breaks		
5 min break	15 minute break	30 minute break
GoNoodle Videos on Youtube	Sidewalk Chalk	Play outside
Jump rope	Watercolor painting	Make a special sweet treat (with an adult)
Play-Doh sculptures	Play outside	Play with your favorite toys
Color a picture	Ride a bike	Make a fort out of sheets and pillows
Dance Party to your favorite song	Play hide and seek with your sibling	Play a card game (Go Fish, Old Maid, etc.)
Sing your favorite song and make up silly dance moves	Build a LEGO sculpture	Play a board game with your sibling(s) or parent(s)

Links to Grade Level Ideas: For login information or questions about the educational ideas or how to adapt the activities to your child, please contact your child's teacher or the District Curriculum and Special Programs Director, Robyn Ponder at robyn.ponder@monticello.k12.ia.us.

[Preschool](#)

[2nd Grade](#)

[5th Grade](#)

[8th Grade](#)

[Kindergarten](#)

[3rd Grade](#)

[6th Grade](#)

[High School](#)

[1st Grade](#)

[4th Grade](#)

[7th Grade](#)

[Emotional Support](#)

IDEAS for supporting your PRESCHOOL AGE child:

Subject	Without the Use of Technology	Technology Resources
English: Reading and Writing	<ul style="list-style-type: none"> Tell a story through drawing and/or writing Identify letters in writing around the house Practice writing their name (first and last) When reading/looking at a book: Play "I Spy" a letter that sounds like \b\ etc 	<ul style="list-style-type: none"> Bookflix - AEA login Tumblebooks - AEA login Epic Books - get login from teacher on Seesaw Teach your monster to read Starfall Rivet Unite for Literacy From ABCs to ACTs ABC Mouse w/free code: SCHOOL7771 Jolly Phonics Learning Without Tears- free handwriting and typing resources

Social Studies		<ul style="list-style-type: none"> • Tween Tribune • Ranger Rick • Newsela - click on Get Instant Access • Virtual Tour Yellowstone and other National Parks • Ranger Rick - free access/activities
Math	<ul style="list-style-type: none"> • Count items in your house (doors, windows, spoons - or as you pick up..I need you to pick up and put away 10 items. • Play a board game or cards (war/go fish) 	<ul style="list-style-type: none"> • EdHelper Math • Color by number • Dice games/activities
Science	<ul style="list-style-type: none"> • Sort objects, let children decide how they would sort them (color, size, shape, etc.) 	<ul style="list-style-type: none"> • Tween Tribune • Mystery Doug • Iowa STEM - Teachable moment
Art	<ul style="list-style-type: none"> • Directed drawings (art hub for kids or do your own) • Play- doh (Make your own) Recipe • Google different Museums of art, from various cities, for virtual tours...try to draw your own interpretation of a painting or sculpture by a Master Artist. 	<ul style="list-style-type: none"> • Art Lady Youtube Channel • Art Hub for Kids - Youtube • Crayola • Art Activities at Home
Music		<ul style="list-style-type: none"> • Super Simple Songs
PE	<ul style="list-style-type: none"> • Take a walk • Ride a bike/scooter • Play Simon Says or Mother May I • Do Yoga • Practice your SMART moves (pencil rolls, stable table, popcorn, superman, helicopters, cross tap, flamingos) 	<ul style="list-style-type: none"> • Open PE • GoNoodle • Cosmic Kids Yoga • Flex Fit 2.0
Library	<ul style="list-style-type: none"> • Listen to a story and draw a picture with your favorite part from the book • Look at the pictures from a book and make up your own story. • Read a book in each room of your house. 	<ul style="list-style-type: none"> • Vooks • Storyline Online • Great stories on Youtube • Virtual Read Alouds from authors • MackinVia ebooks - AEA login
Any Subject	<ul style="list-style-type: none"> • Fine Motor Activities: cutting, tearing, scooping/pouring(sand and water activities), using clothespins, squirt bottles, paper punches. 	<ul style="list-style-type: none"> • San Diego Zoo - tour, videos, activities, and games • Document with more great ideas for all levels! • Sheppard Software Website

Social Emotional Learning	<ul style="list-style-type: none"> • Draw • Practice mindful coloring 	<ul style="list-style-type: none"> • Sesame Street Resilience • Captain Compassion • Imagine Neighborhood • Mind Yeti (these are free) • Mental Health Apps (from Common Sense Media)
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IDEAS for supporting your **KINDERGARTEN** child:

Subject	Without the Use of Technology	Technology Resources
English: Reading and Writing	<ul style="list-style-type: none"> • Keep a journal • Write letters to others, like your teacher! • Write and illustrate a book • Sight word cards and letter sound cards • Read any book available • Practice writing capital and lowercase letters 	<ul style="list-style-type: none"> • Wonders Online - Student login • Bookflix - AEA login • Tumblebooks - AEA login • Epic Books - get login from teacher • Teach your monster to read • Starfall • Rivet • Unite for Literacy • From ABCs to ACTs • Boom Learning App- student login from teacher • ReadWorks • Learning Without Tears- free handwriting and typing resources
Social Studies	<ul style="list-style-type: none"> • Describe roles of your family, school, or community • Draw a map of your house 	<ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access
Math	<ul style="list-style-type: none"> • Shape scavenger hunt (circle, triangle, square, rectangle, cylinder, cube, cone) • Measure things by comparison, example a table is longer than a spoon • Play cards - make 10, war, go fish • Count things around the house • Make patterns • Write numbers • Sort objects by color, size, shape, etc • Addition/subtraction memory • Count coins 	<ul style="list-style-type: none"> • EdHelper Math • Quick Math Jr. App • Boom Learning App- student login from teacher • Virtual Manipulatives
Science	<ul style="list-style-type: none"> • Find pushes and pulls around your house • Do research on an animal 	<ul style="list-style-type: none"> • Tween Tribune • Mystery Doug • Science Bob • Nasa Kids Club

		<ul style="list-style-type: none"> ● PebbleGo Username from teacher ● Carolina Biological Resources ● Mystery Science ● Iowa STEM - Teachable moment
Art	<ul style="list-style-type: none"> ● Draw a picture of how you are feeling. ● Print off these How to draw pictures tutorial ● Use chalk outside and Chalk the Walk 	<ul style="list-style-type: none"> ● Art Lady Youtube Channel ● Art Hub for Kids - Youtube ● Art Activities at Home ● Go to Arthub on YouTube and there you will find different directed draws for your child to pick from. Your child can draw, color, and practice writing a sentence or sentences. ● Take a virtual tour of an Art Museum, from the City of your choice. Try your hand at drawing from the ideas presented by Master Artists
Music	<ul style="list-style-type: none"> ● I will post all concert songs so kids can practice or sing them for you. ● Make an instrument 	<ul style="list-style-type: none"> ● Smart Music ● Soundzabound ● Chrome music lab ● Visit the music classroom website
PE	<ul style="list-style-type: none"> ● Any kind of exercise ● Dance party ● GoNoodle 	<ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Flex Fit 2.0
Library	<ul style="list-style-type: none"> ● Read a book and draw a picture with your favorite part from the book ● Write your own story ● Read a book to your sibling or family member or a pet. ● Read a book in each room of your house. 	<ul style="list-style-type: none"> ● Great stories on Youtube ● Virtual Read Alouds from authors ● Vooks ● Storyline Online ● MackinVia ebooks - AEA login ● Breakout EDU
Any Subject	<ul style="list-style-type: none"> ● Follow a recipe and cook together ● Tie shoes ● Silent ball ● Cup Stacking ● Puzzles ● Count things around the house ● Practice printing first and last name ● Bingo ● Color ● Make play dough shapes, numbers, letters, sight words, etc ● Smart Stations: Pencil Rolls, Superman, 	<ul style="list-style-type: none"> ● BrainPOP ● San Diego Zoo - tour, videos, activities, and games ● PBS Kids ● Document with more great ideas for all levels! ● 30 Days of Families Learning Together ● Wonderopolis ● Shepard Software Website ● Please Pass the Love - many resources for students, families,

	Popcorn, balance beam(use a piece of tape on the floor), pick up small items with middle finger, pointer finger, and thumb.	and schools
Social Emotional Learning	<ul style="list-style-type: none"> • Draw • Practice mindful coloring • Fill someone's bucket <ul style="list-style-type: none"> ◦ Help them clean ◦ Play with a brother or sister ◦ Give a compliment • Play a game and practice taking turns • Practice naming your feeling and belly breathing, positive self talk, or counting • If a problem arises use STEP to solve it 	<ul style="list-style-type: none"> • Sesame Street Resilience • Captain Compassion • Imagine Neighborhood • Mind Yeti (these are free) • Mental Health Apps (from Common Sense Media) • Cosmic Yoga

IDEAS for supporting your 1ST GRADE child:

Subject	Without the Use of Technology	Technology Resources
English: Reading and Writing	<ul style="list-style-type: none"> • Read a book to someone • Have someone read to you • Practice your sight words-write them with chalk outside, on a whiteboard, Magna Doodle or whatever you have. Use index cards to write the tricky words on and play memory. Make 2 copies of the cards and play Go Fish. Dollar General usually has index cards 2 packs of 100 for \$1. • Keep a journal • Write letters to others • Write a story • Practice WOW sentences • Write about nouns using adjectives 	<ul style="list-style-type: none"> • Wonders Online - Student login • Bookflix - AEA login • Tumblebooks - AEA login • Epic Books - get login from teacher • Teach your Monster to Read • Starfall • Rivet • Unite for Literacy • From ABCs to ACTs • ReadWorks • Learning Without Tears- free handwriting and typing resources • BookBuilder - Create your own book!
Social Studies	<ul style="list-style-type: none"> • Describe roles of your family, school, or community • Draw a map of your house 	<ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access • National Geographic Kids
Math	<ul style="list-style-type: none"> • Play Make 10 • Write your own addition and subtraction story problems. Have someone solve them and check their work. • Compare various groups of objects using < > = 	<ul style="list-style-type: none"> • Prodigy • EdHelper Math • Virtual Manipulatives

	<ul style="list-style-type: none"> Do a counting collection with different toys or objects Practice finding 10 more and 10 less than a number Write and order numbers to 120. Make a number line 	
Science	<ul style="list-style-type: none"> Go outside throughout the day and measure how your shadow changes Trace the shadows of others with chalk Make a shadow theater Research an animal and write a nonfiction piece about it 	<ul style="list-style-type: none"> Tween Tribune Mystery Doug Newsela - click on Get Instant Access PebbleGo Username from teacher Science Flix - AEA login Science Bob Nasa Kids Club Carolina Biological Resources Water Rocks! Iowa STEM - Teachable moment
Art	<ul style="list-style-type: none"> Visit an art museum online, for a virtual tour, can you try drawing your version of a piece that inspired you? Draw a picture of how you are feeling. Print off these How to draw pictures tutorial 	<ul style="list-style-type: none"> Art Lady Youtube Channel Art Hub for Kids - Youtube Art Activities at Home
Music	<ul style="list-style-type: none"> Visit the music classroom website I will post all concert songs so kids can practice or sing them for you. 	<ul style="list-style-type: none"> Smart Music Soundzabound Chrome music lab Free Digital Aural and Music Theory Worksheets
PE		<ul style="list-style-type: none"> Open PE GoNoodle Flex Fit 2.0
Library	<ul style="list-style-type: none"> Read a book and draw a picture with your favorite part from the book Write your own story Read a book to your sibling or family member. Read a book in each room of your house. 	<ul style="list-style-type: none"> MackinVia ebooks - AEA login Vooks Great stories on Youtube Virtual Read Alouds from authors Storyline Online Breakout EDU Ranger in Time Book Club
Any Subject	<ul style="list-style-type: none"> Silent ball Cup Stacking Puzzles Follow a recipe and cook together 	<ul style="list-style-type: none"> BrainPOP San Diego Zoo - tour, videos, activities, and games Ducksters

	<ul style="list-style-type: none"> ● Board games/Card games 	<ul style="list-style-type: none"> ● PBS Kids ● Document with more great ideas for all levels! ● 30 Days of Families Learning Together ● Wonderopolis ● Please Pass the Love - many resources for students, families, and schools
Social Emotional Learning	<ul style="list-style-type: none"> ● Draw ● Practice mindful coloring ● Connect with someone by writing a letter ● Fill someone's bucket <ul style="list-style-type: none"> ○ Help them clean ○ Play with a brother or sister ○ Give a compliment 	<ul style="list-style-type: none"> ● Sesame Street Resilience ● Captain Compassion ● Imagine Neighborhood ● Mind Yeti (these are free) ● Mental Health Apps (from Common Sense Media) ● Cosmic Yoga

IDEAS for supporting your 2ND GRADE child:

Subject	Without the Use of Technology	Technology Resources
English: Reading and Writing	<ul style="list-style-type: none"> ● Write & mail friendly letters to friends, teachers, principal, family members, nursing home residents, and/or University of Iowa Stead Family Children's Hospital patients ● Write a thank you letter to a Monticello business employee/owner. ● Write your own fictional narrative, how-to, opinion letter, or research report using a nonfiction text & illustrate. ● Read aloud a good-fit book to family members and/or pets! ● Ask your parents/guardians to read a book to you! ● Read recipes from a cookbook & choose a few to make with an adult! 	<ul style="list-style-type: none"> ● Wonders Online - Student login ● Bookflix - AEA login ● Tumblebooks - AEA login ● Freedom Flix - AEA login ● TrueFlix - AEA login ● Epic Books - get login from teacher ● Teach Your Monster to Read ● Starfall ● Rivet ● Unite for Literacy ● From ABCs to ACTs ● ReadWorks ● Learning Without Tears- free handwriting and typing resources ● BookBuilder - Create your own book!
Social Studies	<ul style="list-style-type: none"> ● Make a timeline of events in your life ● Create a family tree ● Explore and compare different jobs in the community and why people have those jobs ● Create a map on how to get from one 	<ul style="list-style-type: none"> ● Tween Tribune ● Newsela - click on Get Instant Access ● Freedom Flix - use AEA login ● National Geographic Kids ● PebbleGo Username from teacher

	place to another (home to school, etc.)	
Math	<ul style="list-style-type: none"> ● Pick a recipe to make with an adult and learn about fractions being used. ● Use a ruler, yardstick, meter stick, or measuring tape to measure the length of objects in your house or outside ● Practice telling time on an analog clock. ● Practice identifying the total value of a handful of coins and/or practice making a certain value using different combinations of coins & dollar bills. ● Practice solving two-digit addition and subtraction equations. ● Play Awesome Addition or Super Subtraction using a deck of cards. 	<ul style="list-style-type: none"> ● Prodigy ● EdHelper Math ● Virtual Manipulatives
Science	<ul style="list-style-type: none"> ● Collect a set of objects from your house & sort the objects according to their state of matter (solid, liquid, or gas). 	<ul style="list-style-type: none"> ● Tween Tribune ● Mystery Doug ● Newsela - click on Get Instant Access ● Science Flix - AEA login ● Science Bob ● Discovery Kids ● Nasa Kids Club ● Carolina Biological Resources ● Water Rocks! ● Iowa STEM - Teachable moment
Art	<ul style="list-style-type: none"> ● Draw and/or color a picture and mail it to a friend, family member, teacher, or principal. ● Go online, and google a museum of art from your favorite City, see if they have a virtual tour of their galleries. Can you try to draw a piece that inspires you? ● Draw a self portrait while looking in the mirror. ● Print off these how to draw pictures tutorial 	<ul style="list-style-type: none"> ● Art Lady Youtube Channel ● Art Hub for Kids - Youtube ● Art Activities at Home ●
Music	<ul style="list-style-type: none"> ● Listen to different songs and journal (or discuss) about how they make you feel. ● Visit music classroom website for links and ideas 	<ul style="list-style-type: none"> ● Smart Music ● Soundzabound ● Chrome music lab ● Free Digital Aural and Music Theory Worksheets
PE	<ul style="list-style-type: none"> ● Go for a walk & look for signs of spring. 	<ul style="list-style-type: none"> ● Open PE

		<ul style="list-style-type: none"> • GoNoodle • Flex Fit 2.0
Library	<ul style="list-style-type: none"> • Make a list of the books you plan to read. • Set reading goals and track how many minutes or pages you read each day. • Read a book aloud, record it and share it with others to listen to • Write your own story • Read a book to your sibling or family member. • Read a book in each room of your house. 	<ul style="list-style-type: none"> • Code.org • MackinVia ebooks - AEA login • Vook • Great stories on Youtube • Virtual Read Alouds from authors • Audible This is a free resource for audiobooks. Be sure to read instructions for how to bookmark where you left off. • Breakout EDU • Typetastic • Dance Mat Typing
Any Subject		<ul style="list-style-type: none"> • BrainPOP • San Diego Zoo - tour, videos, activities, and games • Ducksters • PBS Kids • Document with more great ideas for all levels! • 30 Days of Families Learning Together • Wonderopolis • Please Pass the Love - many resources for students, families, and schools
Social Emotional Learning	<ul style="list-style-type: none"> • Keep a journal • Practice mindful coloring • Draw • Connect with someone by writing them a letter 	<ul style="list-style-type: none"> • Subscribe to Challenge to Change YouTube Channel- videos for mindfulness practices, self-care, calming techniques, etc. • Imagine Neighborhood • Mind Yeti (these are free) • Mental Health Apps (from Common Sense Media) • Cosmic Yoga

IDEAS for supporting your 3RD GRADE child:

Subject	Without the Use of Technology	Technology Resources
English:	<ul style="list-style-type: none"> • Check your writing samples for capitalization and punctuation. Ask a family member to be your editor. 	<ul style="list-style-type: none"> • Wonders Online - Student login • Bookflix - AEA login • Tumblebooks - AEA login

<p>Reading and Writing</p>	<ul style="list-style-type: none"> • Read aloud to a family member/pet. :) • Find a new place to read: outside, under the bed, under the kitchen table, etc. • Ask a family member to read to you. :) • Illustrate and write about your favorite part of a book you are reading or a book someone is reading to you at home. • Use the following conversation starters to share what you just read with a family member or friend. <ul style="list-style-type: none"> → As I was reading, I was wondering about... → This reading helped me better understand... → As I was reading, I felt... because... → I was surprised that... → One lesson I learned is... • Write an adventure story starring you and your pet(s). • Write a Graphic novel. You can illustrate. • Write an Opinion letter. You can illustrate. • Write a research paper on any topic you can research with books at home or a topic you are already familiar with. You can illustrate. • Write a narrative paper about an event in your life. Make sure to add details. You can illustrate. • Write a How-to paper on the steps of how to do something. You can illustrate. • Keep a daily journal on your activities. You can illustrate. • Write a poem, or song about a topic of your choice. You can illustrate. Send your poem to someone to brighten their day. :) • Write a letter to friends and family members and mail it. You can illustrate. • Write down all the kind things you did during this time. You can illustrate. • Write about what you think of now that Spring is here. You can illustrate. • Write 5 facts and 5 opinions about your topic of choice. 	<ul style="list-style-type: none"> • Freedom Flix - AEA login • TrueFlix - AEA login • Epic Books - get login from teacher • Starfall • Rivet • Unite for Literacy • From ABCs to ACTs • Ranger in Time Book Club • ReadWorks • Audible: Stories Help This is a free resource for audiobooks. Be sure to read instructions for how to bookmark where you left off. Listen to a book and summarize it for a family member. • Learning Without Tears- free handwriting and typing resources • BookBuilder - Create your own book!
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	<ul style="list-style-type: none"> • Write about how you are helping at home. • Practice your cursive handwriting • Research your favorite author. Many authors are reading aloud online. • Write a letter to the author of something you just read or are reading. Explain what your favorite part was, and ask the author one or more questions about what you would still like to know. 	
Social Studies	<ul style="list-style-type: none"> • Work on science, social studies, and math at the same time by making the bread we made on our bread day at home! Make sure you have adult help with this. • Write a letter to Laura Ingalls Wilder about your thoughts on pioneer life-likes and dislikes. You can illustrate. • Compare your life to Laura's. You can illustrate. • Imagine you were moving during pioneer times. What would you pack? How would you help your family prepare to move? How do you think traveling in a covered wagon would feel? Where would you move to and why? You can illustrate. • Write about your favorite part(s) of <u>Little House in the Big Woods</u>. Why is it a favorite? You can illustrate. • Make a timeline of events in your life • Create a family tree • Explore and compare different jobs in the community and why people have those jobs • Create a map on how to get from one place to another (home to school, etc.) 	<ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access • Freedom Flix - use AEA login • National Geographic Kids • White House Tour • Virtual Tours • PebbleGo Next Username from teacher • Virtual Manipulatives • Little House on Prairie
Math	<ul style="list-style-type: none"> • Draw arrays and write number sentences to match. Use "counters" and show your arrays instead of drawing them. • Write a variety of story problems for all 4 operations (+, -, x, & ÷) You can illustrate. Ask someone at home to solve your problems. 	<ul style="list-style-type: none"> • Prodigy • EdHelper Math • Virtual Manipulatives

	<ul style="list-style-type: none"> ● Use your measuring cups (fractions) and bake with a family member. Compare amounts using your measuring cups. ● Tell someone at home what time it is using an analog clock. Tell them what time it will be in one hour, a half an hour. Tell what time it was an hour ago, a half hour ago. ● Write a telling time story problem. You can illustrate. Ask someone at home to solve your story problem. ● Use a deck of cards to practice addition, subtraction, or multiplication facts. You can write your problems on paper. ● Teach someone how to play War (2, 3 or 4 digit, can be addition or subtraction), or play Salute. ● Write a money story problem. You can illustrate. Ask someone at home to solve your story problem. ● Count money at home to a family member. ● Using a take out menu from local restaurants, tell what you would buy for your family to eat for breakfast, lunch, or supper, and figure out how much it would cost. You can illustrate. 	
Science	<ul style="list-style-type: none"> ● Make a list of Force and Motion tests to do at home. Make a st claim. Do some tests. Record your data. Make your final claim based on your data collection. What do you notice? What do you wonder? You can illustrate. ● Record data on caterpillars and butterflies as they return. What do you notice? What do you wonder? You can illustrate. ● Record data on any nature activity you can observe. What do you notice? What do you wonder? You can illustrate. ● Make a claim about weather. Then, collect daily weather data from your favorite TV meteorologist. What do you notice? What do you wonder? What patterns do you see? What is your final claim? Compare your data to another 	<ul style="list-style-type: none"> ● Tween Tribune ● Mystery Doug ● Newsela - click on Get Instant Access ● Science Flix - AEA login ● Science Bob ● Discovery Kids ● PebbleGo Next Username from teacher ● Generation Genius - Username and password from teachers ● Nasa Kids Club ● Carolina Biological Resources ● Mystery Science ● Cincinnati Zoo Visit the Cincinnati Zoo Home Safari series on their YouTube channel. ● Water Rocks! ● Iowa STEM - Teachable moment

	<p>state/location if possible. You can illustrate.</p> <ul style="list-style-type: none"> ● Be your families' meteorologist and report your findings to them. ● Make a claim and then observe the plants and animals outside your windows. What do you notice? What do you wonder? How are they changing? What behaviors do you notice? What is your final claim? 	
Art	<ul style="list-style-type: none"> ● Virtually visit a museum of art online, from the City of your choice. Can you draw one of the pieces that inspired you? ● Draw a self portrait while looking in the mirror. ● Make a picture to hang in the window for people passing by to enjoy. ● Soap carving/whittling-use tools that are safe please. 	<ul style="list-style-type: none"> ● Art Lady Youtube Channel ● Art Hub for Kids - Youtube ● Art Activities at Home
Music	<ul style="list-style-type: none"> ● Listen to different songs and journal (or discuss) about how they make you feel. ● Visit music classroom website for links and ideas 	<ul style="list-style-type: none"> ● Smart Music ● Soundzabound ● Chrome music lab ● Free Digital Aural and Music Theory Worksheets
PE	<ul style="list-style-type: none"> ● Go for a walk & look for signs of spring. ● Walk your pet if you can. :) 	<ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Flex Fit 2.0
Library	<ul style="list-style-type: none"> ● Make a list of the books you plan to read. ● Set reading goals and track how many minutes or pages you read each day. ● Read a book aloud, record it and share it with others to listen to ● Get creative, what can you make ● Write your own story ● Read a book to your sibling or family member. ● Read a book in each room of your house. 	<ul style="list-style-type: none"> ● Flipgrid - create a book talk and add it to our flipgrid. Login with your school google account ● MackinVia ebooks - AEA login ● Great stories on Youtube ● Virtual Read Alouds from authors ● Google Earth ● Breakout EDU ● Code.org ● Vooks ● Typetastic ● Type to Learn 4 <ul style="list-style-type: none"> ● School code: 161043 ● Audible This is a free resource for audiobooks. Be sure to read instructions for how to bookmark where you left off.

Any Subject	<ul style="list-style-type: none"> ● Make a list of all you have to be grateful/thankful for. You can illustrate. ● Make a daily schedule for learning activities, chores, and break times. Post it so all can see it at home and be supportive. :) ● Practice your name, writing words and sentences in cursive. ● Illustrate the importance of washing your hands. Tell all the reasons why it is important. ● Make an expectation's chart for your home. You can illustrate. 	<ul style="list-style-type: none"> ● BrainPOP ● San Diego Zoo - tour, videos, activities, and games ● Ducksters ● PBS Kids ● Document with more great ideas for all levels! ● 30 Days of Families Learning Together ● Wonderopolis ● Virtual Field Trips ● Please Pass the Love - many resources for students, families, and schools
Social Emotional Learning	<ul style="list-style-type: none"> ● Keep a journal. ● Practice mindful coloring. ● Draw. ● Connect with someone by writing them a letter. ● Make a "Zen Den" at home. ● Perform random acts of kindness. Keep a journal of all that you do for others. :) 	<ul style="list-style-type: none"> ● Imagine Neighborhood ● Mind Yeti (these are free) ● Mental Health Apps (from Common Sense Media) ● Cosmic Yoga

IDEAS for supporting your 4TH GRADE child:

Subject	Without the Use of Technology	Technology Resources
English: Reading and Writing	<ul style="list-style-type: none"> ● Read books of your choice! ● Write a story ● Vocabulary Word of the day, track how many times can you/your family use the word correctly in a day ● Write letters to family, friends, senior living/nursing home, etc. and mail them ● Write in a journal ● Design a comic book or graphic novel ● Write an Opinion letter. You can illustrate. ● Write a research paper on any topic you can research with books at home or a topic you are already familiar with. You can illustrate. ● Write a narrative paper about an event in your life. Make sure to add details. You can illustrate. 	<ul style="list-style-type: none"> ● Wonders Online - Student login, Panthers 1 - Read stories, play games, vocabulary ● Bookflix - AEA login ● Tumblebooks - AEA login ● Freedom Flix - AEA login ● TrueFlix - AEA login ● Epic Books - get login from teacher ● Rivet ● Unite for Literacy ● From ABCs to ACTs ● Type what you wrote (story or journal) in a Google doc. ● ReadWorks ● Learning Without Tears- free handwriting and typing resources

	<ul style="list-style-type: none"> ● Practice writing in cursive. 	
Social Studies	<ul style="list-style-type: none"> ● Create a timeline on an inspiring historical person. ● Research another culture. What similarities and differences did you find? ● Design a flag that represents your family. 	<ul style="list-style-type: none"> ● Tween Tribune ● Newsela - click on Get Instant Access ● Freedom Flix - use AEA login ● National Geographic Kids ● PebbleGo Username from teacher American Indian History
Math	<ul style="list-style-type: none"> ● Practice your “paper and pencil” strategies for addition, subtraction multiplication, and division of 2-digit, 3-digit, or 4-digit numbers. ● Generate a list of all the ways we use fractions and decimals in our daily life. ● Go on a geometry scavenger hunt. Look for rectangles, squares, triangles, parallelograms, trapezoids, rhombuses, acute, obtuse, and right angles, parallel lines, perpendicular lines, etc. 	<ul style="list-style-type: none"> ● Prodigy ● Hmhco.com Into Math Website-student username, Panthers1 Play Poggles Games ● EdHelper Math ● Virtual Manipulatives
Science	<ul style="list-style-type: none"> ● When you are outside, observe a plant or animal closely. Then write about what structures that plant or animal has that helps it survive. ● Construct a 3-D model to show how a plant or animal is structured for survival. Include labels and descriptions. ● Research interesting features in the night sky. (constellations, moon phases, Northern Lights, etc) 	<ul style="list-style-type: none"> ● Tween Tribune ● Mystery Doug ● Newsela - click on Get Instant Access ● Science Flix - AEA login ● Science Bob ● Discovery Kids ● Learn360 AEA Login - watch educational videos ● PebbleGo Username from teacher ● Explore.org ● Nasa Kids Club ● Carolina Biological Resources ● Water Rocks! ● Iowa STEM - Teachable moment
Art	<ul style="list-style-type: none"> ● Paint a picture ● Draw a picture ● Make a collage ● Visit an art gallery online, take the virtual tour! What artist inspires you? Can you Google more of this artist's work? ● Draw a self portrait while looking in the mirror. 	<ul style="list-style-type: none"> ● Art Lady Youtube Channel ● Art Hub for Kids - Youtube ● Art Activities at Home

Music	<ul style="list-style-type: none"> • Listen to different songs and journal (or discuss) about how they make you feel. • Visit the music classroom website for links and ideas 	<ul style="list-style-type: none"> • Smart Music • Soundzabound • Chrome music lab • Free Digital Aural and Music Theory Worksheets
PE	<ul style="list-style-type: none"> • Go for a walk. • Play catch with a sibling in the yard. • Create an obstacle course. • Do chores around the house. • Have a dance party in the living room. • Practice your SMART station moves (stable table, popcorn, superman, helicopters, cross-patterning, flamingos, alligator crawls) 	<ul style="list-style-type: none"> • Open PE • GoNoodle • Flex Fit 2.0
Library	<ul style="list-style-type: none"> • Make a list of the books you plan to read. • Set reading goals and track how many minutes or pages you read each day. • Read a book aloud, record it and share it with others to listen to • Write your own story • Read a book to your sibling or family member. • Read a book in each room of your house. 	<ul style="list-style-type: none"> • Flipgrid - create a book talk and add it to our flipgrid. Login with your school google account • MackinVia ebooks - AEA login • Great stories on Youtube • Virtual Read Alouds from authors • Audible This is a free resource for audiobooks. Be sure to read instructions for how to bookmark where you left off. • Google Earth • Breakout EDU • Type to Learn 4 <ul style="list-style-type: none"> • School code: 161043 • Code.org
Any Subject	<ul style="list-style-type: none"> • Practice writing words and sentences in cursive. • Illustrate the importance of washing your hands. Tell all the reasons why it is important. • Make an expectations chart for your home. You can illustrate. • Make a daily schedule for learning activities and break times. Post it so all can see it at home and be supportive. :) 	<ul style="list-style-type: none"> • BrainPOP • San Diego Zoo - tour, videos, activities, and games • Ducksters • PBS Kids • Iowa PBS online games and apps • Document with more great ideas for all levels! • SeeSaw Same as Google login and password, look for assignments from your teacher • 20 Virtual Field Trips • Khan Academy • Create a slideshow in your Google Drive about any science or social

		<p>studies topic that you researched so you can present it to the class when we get back to school!</p> <ul style="list-style-type: none"> • 30 Days of Families Learning Together • Wonderopolis • Please Pass the Love - many resources for students, families, and schools
Social Emotional Learning	<ul style="list-style-type: none"> • Practice positive self-talk. • Perform random acts of kindness. • Practice deep breathing. • Keep a journal. • Practice mindful coloring. • Draw. • Connect with someone by writing them a letter. • Make a “Zen Den” at home. 	<ul style="list-style-type: none"> • Bucket Filling Family Style • Imagine Neighborhood • Mind Yeti (these are free) • Mental Health Apps (from Common Sense Media) • GoNoodle Flow channel • Cosmic Yoga

IDEAS for supporting your 5TH GRADE child:

Subject	Without the Use of Technology	Technology Resources
English: Reading and Writing	<ul style="list-style-type: none"> • Read books of your choice! • Write a story • Vocabulary Word of the day, track how many times can you/your family use the word correctly in a day • Write letters to family, friends, senior living/nursing home, etc. and mail them • Write in a journal 	<ul style="list-style-type: none"> • Wonders Online - Student login • Freedom Flix - AEA login • TrueFlix - AEA login • ReadWorks • Learning Without Tears- free handwriting and typing resources
Social Studies	<ul style="list-style-type: none"> • Write about how you would have felt being a soldier fighting during the Civil War. What would have been some of your worries? What would you do to pass the time? • Make a list of ways you have seen people being good citizens. What are some of the things you have done/or can do to help be a good citizen? • Learn about the states in the US. See if you can learn a new fact about each state. Try to learn each state’s capitol. See if you can quiz other people in your family. 	<ul style="list-style-type: none"> • Tween Tribune • Actively Learn • Newsela - click on Get Instant Access • Freedom Flix - use AEA login • National Geographic Kids • CNN10 • ICivics

Math	<ul style="list-style-type: none"> • If you need help with any logins, please email me or message me on Class Dojo. nicolette.wennekamp@monticello.k12.ia.us • Multiplication and/or Division Flash Cards • Practice your “paper and pencil” strategies for multiplication and division of 2-digit, 3-digit, or 4-digit numbers. 	<ul style="list-style-type: none"> • Zearn Math !!!!! Login- firstnamelastname Password- panthers1 • Review instructional videos from modules we’ve finished with our curriculum. You will need to sign into your Into Math account to view some of them. • Xtra Math (online flash cards) -Google login • Prodigy • Defined Learning (STEM) • Ken Ken Puzzles • Tic Tac Toe Products • Delta Math • Manuvering Middle School Math • Khan Academy • EdHelper Math • Virtual Manipulatives
Science	<ul style="list-style-type: none"> • Take a nature walk and record anything you see in a nature journal. Use your senses to help you with your observations. • Observe the night sky. Record how the moon looks. Take note of any star patterns you see in the sky. • Research a different weather phenomenon. Why do these phenomena happen? • Research the various levels of soil. Try to create the various levels by making a Lego diagram with labels. • Trace your shadow every hour of the day with sidewalk chalk. Make sure you label the shadow with the time. Observe how your shadow changes every hour. 	<ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access • Science Flix - AEA login • Actively Learn • Explore Mars • Smithsonian Learning Lab • Discovery Kids • Nasa Kids Club • Carolina Biological Resources • Water Rocks! • Iowa STEM - Teachable moment
Art		<ul style="list-style-type: none"> • Google Arts & Culture
Music	<ul style="list-style-type: none"> • Band- Practice your instrument for 20 minutes playing out of your band book and other music you have from class • Band-Clean your mouthpiece in warm water 	<ul style="list-style-type: none"> • Smart Music <ul style="list-style-type: none"> ◦ SmartMusic tutorial • Soundzabound • "Fun songs and practices" • Play-along for band - Popular

	<ul style="list-style-type: none"> ● Band-Write a song to play for your family ● Yoga for strength and mindfulness. ● Dare song ● Bucket drumming and movement while drumming 	<ul style="list-style-type: none"> ● songs ● How-to clean instrument ● Games for band ● Cosmic Yoga and Mindfulness ● Dare Song ● Cha Cha slide bucket drumming ● Bucket drumming youtube
PE	<ul style="list-style-type: none"> ● Check out the Couch to 5K workout ● Create an obstacle course in your house or outside and time each other ● Have a dance off competition ● Create your own workout routine (add something to it every day) ● Turn the music on and help with the chores around the house. ● Pick up sticks in your yard ● Make up Minute to Win it challenges ● Do push ups and sit ups every day (start with 10 and add 5 every day) ● Take a walk 	<ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Teen Health and Wellness ● PE Choice Board ● March Madness Challenge ● SWITCH Activities
Library	<ul style="list-style-type: none"> ● Make a list of the books you plan to read. ● Set reading goals and track how many minutes or pages you read each day. ● Read a children's book aloud, record it and share it with others to listen to 	<ul style="list-style-type: none"> ● Code.org
Any Subject		<ul style="list-style-type: none"> ● San Diego Zoo - tour, videos, activities, and games ● Ducksters ● Document with more great ideas for all levels! ● 30 Days of Families Learning Together ● Wonderopolis ● Cosmic Yoga ● Please Pass the Love - many resources for students, families, and schools
Social Emotional Learning		

IDEAS for supporting your 6TH GRADE child:

Subject	Without the Use of Technology	Technology Resources
English, Reading, and Writing	<ul style="list-style-type: none"> • Read books of your choice! • Think about Bingo activities and complete an activity after reading a book • Read the newspaper, magazine, captions of your favorite television show • Write a story, poem or design a comic book or graphic novel • Write an opinion letter, research paper, narrative paper about an event in your life, or a persuasive paper • Work on cursive handwriting (signature) • Vocabulary word of the day, track how many times can you/your family use the word correctly in a day • Write letters to family, friends, senior living/nursing home, etc. and mail them • Write in a journal (paper or Google Doc online on Google Classroom) • Play games (Scrabble, Boggle, crosswords, hangman, mad libs) 	<ul style="list-style-type: none"> • Wonders Online - Student login • Epic - See Seesaw Message • NewsELA - Google Email login • No Red Ink - Google Email login <ul style="list-style-type: none"> ◦ Click “Learn” (top left) • Freedom Flix - AEA login • TrueFlix - AEA login • ReadWorks • Scholastic Learn at Home • Virtual School Activities • Type to Learn 4 - Student login and School code: 161043 • Games - Great tech/no tech ideas
Social Studies	<p>If able, please post any of your work on Seesaw so Ms. Peters can see it!</p> <ul style="list-style-type: none"> • Watch CNN10 daily and write down some notes about your favorite story from the day. • Go onto Newsela and read a news story of your choice each day. • Build a new pyramid at home following some of the same requirements that we used in class, if able please send me a picture or video featuring your pyramid. • Create cave paintings at home and spend some time with others in your home examining them with flashlights and having others determine the meaning. • Login to TCI and go through any/all chapters or sections that are interesting to you and fill out some of the work/complete some of the projects of your choice! • Have a debate at home with whoever you choose. Pick topics of choice and be sure to have research that supports your 	<ul style="list-style-type: none"> • CNN10 • Tween Tribune • Actively Learn • Newsela - Google Email login • Freedom Flix - use AEA login • National Geographic Kids

	<p>claims!</p> <ul style="list-style-type: none"> ● Imagine that you were an ancient Egyptian, write a story about what your life would have been like. 	
Math	<ul style="list-style-type: none"> ● Flashcards ● Recipes ● Sewing ● Dice games-order of operations, multi-digit multiplication, ● Build something 	<ul style="list-style-type: none"> ● Delta Math ● Manuvering Middle School Math ● Khan Academy ● EdHelper Math ● I-ready ● Virtual Manipulatives
Science	<p>If able, please post any of your work on Seesaw so Ms. Peters can see it!</p> <ul style="list-style-type: none"> ● Take a walk around outside. Observe the things around you and think/write about how those things impact your daily life. ● Walk around outside and take notes on various different rocks. Do research to determine what type of rocks they are and learn about how the rock cycle works. ● Think about your five senses, write about the order of importance of these senses for you. Be sure to explain why you feel one is the most to least important. ● Research online labs to do that test your five senses. Try some of these out! In particular, you will find labs where you can test your reaction time with just a ruler! You can test your reaction time with sight, hearing, and touch. ● Look up or create optical illusions and think about how they affect your brain. ● Play some periodic table of element games online! ● Try to come up with some periodic element puns/jokes. ● Create your own thermos at home using materials that you have one hand! Remember you want your thermos to keep liquid hot/cold for as long as possible. 	<ul style="list-style-type: none"> ● Tween Tribune ● Newsela - click on Get Instant Access ● Science Flix - AEA login ● Actively Learn ● Explore Mars ● Smithsonian Learning Lab ● Discovery Kids ● Nasa Kids Club ● Carolina Biological Resources ● Water Rocks! ● Iowa STEM - Teachable moment

	<ul style="list-style-type: none"> ● Draw pictures that show information about particles in solids, liquids, and gases. 	
Art		<ul style="list-style-type: none"> ● Google Arts & Culture
Music	<ul style="list-style-type: none"> ● Band- Practice your instrument for 20 minutes playing out of your band book, scales, and other music you have from class ● Band-Clean your mouthpiece in warm water ● Band-Write a song to play for your family ● Yoga/mindfulness to help with focus ● Bucket drumming ● Bucket drumming and moving while playing ● Music choice board 	<ul style="list-style-type: none"> ● Smart Music <ul style="list-style-type: none"> ○ SmartMusic tutorial ● Soundzabound ● "Fun songs and practices" ● Play-along for band - Popular songs ● How-to clean instrument ● Games for band ● Cosmic Kids yoga for Mindfulness ● Cha Cha Slide bucket drumming ● Bucket drumming youtube ● Music Choice board
PE	<ul style="list-style-type: none"> ● Check out the Couch to 5K workout ● Create an obstacle course in your house or outside and time each other ● Have a dance off competition ● Create your own workout routine (add something to it every day) ● Turn the music on and help with the chores around the house. ● Pick up sticks in your yard ● Make up Minute to Win it challenges ● Do push ups and sit ups every day (start with 10 and add 5 every day) ● Take a walk 	<ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Teen Health and Wellness ● PE Choice Board ● March Madness Challenge ● SWITCH Activities
Library	<ul style="list-style-type: none"> ● Make a list of the books you plan to read. ● Set reading goals and track how many minutes or pages you read each day. ● Read a children's book aloud, record it and share it with others to listen to 	<ul style="list-style-type: none"> ● Code.org
Any Subject		<ul style="list-style-type: none"> ● San Diego Zoo - tour, videos, activities, and games ● Ducksters ● Document with more great ideas for all levels! ● 30 Days of Families Learning Together

		<ul style="list-style-type: none"> • Wonderopolis • Please Pass the Love - many resources for students, families, and schools
Social Emotional Learning		<ul style="list-style-type: none"> • Cosmic Yoga

IDEAS for supporting your 7TH GRADE child:

Subject	Without the Use of Technology	Technology Resources
English: Reading and Writing	<ul style="list-style-type: none"> • Read books of your choice! • Write a story • Vocabulary Word of the day, track how many times can you/your family use the word correctly in a day • Write letters to family, friends, senior living/nursing home, etc. and mail them • Write in a journal • Crossword puzzles 	<ul style="list-style-type: none"> • Freedom Flix - AEA login • TrueFlix - AEA login • ReadWorks • https://newsela.com/ - Google Email login • https://www.quill.org/ - Google Email login
Social Studies	<ul style="list-style-type: none"> • Log in to the online textbook and go to Lesson 32 and continue to work on lessons 4,5, and 6. • Do the processing lesson that is at the end of the chapter. • Make a chart comparing countries we have studied with sweatshops and countries that have the Covid 19 virus. Make a list of ten countries that have sweatshops and a list of the countries with the virus. List 2 similarities and 2 differences in the countries. 	<ul style="list-style-type: none"> • Tween Tribune • Actively Learn • Newsela - click on Get Instant Access • Freedom Flix - use AEA login • National Geographic
Math	<ul style="list-style-type: none"> • Flash Cards • Card Games- Keeping Score <ul style="list-style-type: none"> ○ Make up your own game that includes math • Double a recipe • Puzzle • Practice standard algorithms with 3 digit numbers for adding, subtracting, multiplying, and dividing • Use objects around the house to figure fractions, decimals, and percents 	<ul style="list-style-type: none"> • Delta Math • Manuvering Middle School Math • Khan Academy • Prodigy • Legends of Learning - teacher code Miller132 or choose the “play at home” option • Ken Ken Puzzles • I-ready - for strategic math students

	<ul style="list-style-type: none"> ● Figure out the area and perimeter of your bedroom ● Sudoku ● Practice finding the percent of a number with objects from around the house. For example: what is the percent of red m&m's in a bag? Look at sale ads and find the sale price, determine sales tax and tips, commissions, etc. ● Play war with a deck of cards (reds are negative, black is positive). You can also play using addition of 2 cards, subtraction, and multiplication. We've played all of these in class so your student can teach you the rules. 	
Science	<p>Use fossweb.com to finish up the Populations and Ecosystems Unit.</p> <ul style="list-style-type: none"> ● Login: <ul style="list-style-type: none"> ○ Username: Goldsmith ○ Password: Goldsmith ● Read the article on Biosphere 2 on pg. 30 in the eBook ● Research Biosphere 2 on the internet and explore the actual Biosphere 2 site ● Create a map or model of your own Biosphere - include a name, resources that you would need, etc. ● Read the article on Limiting Factors on pg. 65 in the eBook. ● Prepare a presentation on the different limiting factors and how they affect the components of the environment. ● Research a science issue in the news (besides Covid-19) and write a short summary and opinion. ● Create your own mini-ecosystem at home similar to what we did in the classroom with things you have available (For example, dirt, rocks, sticks, bugs, worms, etc). Take care of the mini-ecosystem and record a daily journal with observations. ● Keep a journal of your own environment. Record individuals, populations, communities, ecosystem, 	<ul style="list-style-type: none"> ● Tween Tribune ● Newsela - click on Get Instant Access ● Science Flix - AEA login ● Actively Learn ● Explore Mars ● Smithsonian Learning Lab ● Discovery Kids ● Nasa Kids Club ● Water Rocks! ● Iowa STEM - Teachable moment

	<p>and abiotic factors. Document changes and interactions that take place.</p> <ul style="list-style-type: none"> ● Watch a science related movie and record a reflection and upload it to SeeSaw. Some movie options(some with parent permission): <ul style="list-style-type: none"> ○ Dante's Peak ○ Twister ○ Journey to the Center of the Earth ○ The Day After Tomorrow ○ The March of the Penguins ○ Erin Brokovich ○ Hidden Figures ○ October Sky ● Research a science question of your choice and test/study it by completing the steps of the scientific method. ● Pick a location and research and record both biotic and abiotic factors and positive and negative interactions. 	
Art		<ul style="list-style-type: none"> ● Google Arts & Culture
Music	<ul style="list-style-type: none"> ● Band- Practice your instrument for 20 minutes playing out of your band book, scales, and other music you have from class ● Band-Clean your mouthpiece in warm water ● Band-Write a song to play on your instrument ● Select some items from the choir choice board. ● Try to escape from the music room. 	<ul style="list-style-type: none"> ● Smart Music <ul style="list-style-type: none"> ○ SmartMusic tutorial ● Soundzabound ● "Fun songs and practices" ● Play-along for band - Popular songs ● How-to clean instrument ● Games for band ● Choir Choice board ● Escape Room
PE	<ul style="list-style-type: none"> ● Check out the Couch to 5K workout ● Create an obstacle course in your house or outside and time each other ● Have a dance off competition ● Create your own workout routine (add something to it every day) ● Turn the music on and help with the chores around the house. ● Pick up sticks in your yard ● Wash the car ● Go for a walk/run 	<ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Teen Health and Wellness ● PE Choice Board ● March Madness Challenge ● At-home Workout #1 ● At-home Workout #2 ● At-home Workout #3 ● SWITCH Activities

	<ul style="list-style-type: none"> • Do push ups and sit ups every day (start with 10 and add 5 every day) • Make up Minute to Win it challenges 	
Library	<ul style="list-style-type: none"> • Make a list of the books you plan to read. • Set reading goals and track how many minutes or pages you read each day. • Read a children's book aloud, record it and share it with others to listen to. 	<ul style="list-style-type: none"> • Code.org
Any Subject	<ul style="list-style-type: none"> • FCS: <ul style="list-style-type: none"> ○ Budgeting-help your parents when it's time to pay bills. ○ Create a budget and meal plan for the week. Help to shop and plan for the groceries and needed items. ○ Balance a checkbook or financial account. ○ Investigate areas of interest in the job world. Look at what types of interests,skills, and abilities you might want to consider when doing a job. ○ Sew and create masks for medical staff 	<ul style="list-style-type: none"> • San Diego Zoo - tour, videos, activities, and games • Document with more great ideas for all levels! • 30 Days of Families Learning Together • Wonderopolis • Foundations Digital Account-Dave Ramsey • Please Pass the Love - many resources for students, families, and schools
Social Emotional Learning	<p>Suicide Prevention Lifeline: 1-800-273-8255</p> <p>Foundation 2 Crisis Phone Counseling: 1-800-332-4224</p> <p>Foundation 2 Mobile Crisis Outreach: 1-855-800-1239</p>	

IDEAS for supporting your 8TH GRADE child:

Subject	Without the Use of Technology	Technology Resources
English: Reading and Writing	<ul style="list-style-type: none"> • Read books of your choice! • Write a story • Vocabulary Word of the day, track how many times can you/your family use the word correctly in a day • Write letters to family, friends, senior living/nursing home, etc. and mail them • Write in a journal 	<ul style="list-style-type: none"> • Freedom Flix - AEA login • TrueFlix - AEA login • ReadWorks • Newsela.com - Student login • Commonlit.org - Student login

Social Studies	<ul style="list-style-type: none"> • Write a letter to a veteran • Create something to thank first responders and medical personnel for their work through the epidemic. • Investigate how the government works and how the government at different levels has been working to help society through this epidemic. • With parent permission, watch historical shows, movies, specials and fact check their accuracy after. (Look for shows about the American Revolution, Sons of Liberty, creation of the Constitution, the first presidents, Westward expansion, Cotton Gin and rise of slavery in the South, separation of the North and South, Civil War) • Talk to family members about your heritage and work on updating your family tree. Research your heritage. Record interviews of family members. 	<ul style="list-style-type: none"> • Tween Tribune • Actively Learn • Newsela - click on Get Instant Access • Freedom Flix - use AEA login • National Geographic • Teachtci.com • iCivics.org-log in and do lessons and games to learn about the Constitution, Bill of Rights, and Westward Expansion
Math	<ul style="list-style-type: none"> • Flash Cards • Card Games- Keeping Score <ul style="list-style-type: none"> ◦ Make up your own game that includes math • Double a recipe • Puzzle • Practice standard algorithms with 3 digit numbers for adding, subtracting, multiplying, and dividing • Use objects around the house to figure fractions, decimals, and percents • Figure out the area and perimeter of your bedroom • Sudoku 	<ul style="list-style-type: none"> • Delta Math • Maneuvering Middle School Math • Khan Academy
Science	<ul style="list-style-type: none"> • Track daily changes in weather. Keep track of temperature, wind direction, clouds, and precipitation. • Take daily walks and observe changes in plants and animals you see as spring progresses. 	<ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access • Science Flix - AEA login • Actively Learn • Explore Mars • Smithsonian Learning Lab

		<ul style="list-style-type: none"> ● Discovery Kids ● Nasa Kids Club ● Iowa STEM - Teachable moment
Art		<ul style="list-style-type: none"> ● Google Arts & Culture
Music	<ul style="list-style-type: none"> ● Band- Practice your instrument for 20 minutes playing out of your band book, scales, and other music you have from class ● Band-Clean your mouthpiece in warm water ● Band-Write a song to play on your instrument ● Select some items from the choir choice board ● Escape from the music room. 	<ul style="list-style-type: none"> ● Smart Music <ul style="list-style-type: none"> ○ SmartMusic tutorial ● Soundzabound ● "Fun songs and practices" ● Play-along for band - Popular songs ● How-to clean instrument ● Games for band ● Choir Choice board ● Escape Room
PE	<ul style="list-style-type: none"> ● Check out the Couch to 5K workout ● Create an obstacle course in your house or outside and time each other ● Have a dance off competition ● Create your own workout routine (add something to it every day) ● Turn the music on and help with the chores around the house. ● Pick up sticks in your yard ● Wash the car ● Go for a walk/run ● Do push ups and sit ups every day (start with 10 and add 5 every day) ● Make up Minute to Win it challenges 	<ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Teen Health and Wellness ● PE Choice Board ● March Madness Challenge <ul style="list-style-type: none"> ● At-home Workout #1 ● At-home Workout #2 ● At-home Workout #3
Library	<ul style="list-style-type: none"> ● Make a list of the books you plan to read. ● Set reading goals and track how many minutes or pages you read each day. ● Read a children's book aloud, record it and share it with others to listen to. 	<ul style="list-style-type: none"> ● Code.org
Any Subject	<ul style="list-style-type: none"> ● FCS- <ul style="list-style-type: none"> ○ Plan a family meal, ○ Help make a list and purchase supplies for the meal ○ Prepare, serve, and clean-up after the meal 	<ul style="list-style-type: none"> ● San Diego Zoo - tour, videos, activities, and games ● Document with more great ideas for all levels! ● 30 Days of Families Learning Together

	<ul style="list-style-type: none"> ○ Do laundry, fold, and put away ○ Track the foods that you are eating using a food tracker ○ Sew and create masks for medical staff ○ Provide childcare for a family member or member of essential staff that needs it. ○ Sew and create masks for medical staff. ○ Clean and organize areas of your home 	<ul style="list-style-type: none"> ● Wonderopolis ● Myplate ● Livestrong ● Please Pass the Love - many resources for students, families, and schools
Social Emotional Learning	<p>Suicide Prevention Lifeline: 1-800-273-8255</p> <p>Foundation 2 Crisis Phone Counseling: 1-800-332-4224</p> <p>Foundation 2 Mobile Crisis Outreach: 1-855-800-1239</p>	

IDEAS for supporting your **HIGH SCHOOL** child:

Subject	Without the Use of Technology	Technology Resources
English: Reading and Writing	<ul style="list-style-type: none"> ● Read books of your choice! ● Write a story ● Vocabulary Word of the day, track how many times can you/your family use the word correctly in a day ● Write letters to family, friends, senior living/nursing home, etc. and mail them ● Write in a journal ● Take pictures and narrate them in a video/slideshow ● Make a movie or video. Write your own script or use a play or short story for inspiration ● Read aloud to younger siblings (have them draw pictures to illustrate the story) ● Create a book club and discuss books over Zoom 	<ul style="list-style-type: none"> ● Actively Learn ● Adobe Spark ● ReadWorks ● Khan Academy Grammar ● NewsELA ● ReadWorks
Social Studies	<ul style="list-style-type: none"> ● Watch a historical movie and research the accuracy of the movie when finished ● CrashCourse on Youtube has great 	<ul style="list-style-type: none"> ● Tween Tribune ● Actively Learn ● Newsela - click on Get Instant

	<p>videos breaking down historical periods and events</p>	<p>Access</p> <ul style="list-style-type: none"> • American History in Video - AEA • National Geographic • Crash Course Youtube
Math	<ul style="list-style-type: none"> • Try a daily game of Sudoku, Kenken or Hidato • Algebra I, Algebra II and Geometry, complete the Maintaining Mathematical Proficiency section in your student journal (beginning page of each unit) • Review and practice perimeter, area, circumference, surface area, and volume on Khan Academy or Math Antics. • Geometry - look at Google Classroom 	<ul style="list-style-type: none"> • Delta Math • Khan Academy • Math Antics Videos
Science	<ul style="list-style-type: none"> • Read text and work your way through the activities and questions in the chapters <ul style="list-style-type: none"> ○ Chapter 7: Chemical Reactions ○ Chapter 8: Reactions in Aqueous Solutions ○ Chapter 9: Chemical Quantities ○ Chapter 13: Gases (Gas Laws) • YouTube topics from the chapters for further clarity 	<ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access • Actively Learn • Explore Mars • Smithsonian Learning Lab • Chemistry Topics • Science Grade 9 • Physics • Iowa STEM - Teachable moment
Art	<ul style="list-style-type: none"> • Use this time to explore what other artists have done. Try searching art museum sites. Make a list of artists who inspire you. Try picking up one or two ideas from their styles and incorporating those ideas into your own original work. For example, use a color palette you find inspiring, or a line quality, or a brush stroke. • If art materials are limited or non-existent, get creative with materials at hand. Cut up recycling items such as junk mail or containers to find bits of found color to collage into art. Try sculpting with papier mache made from flour and water and newsprint. Or make a dough from flour, salt, and water and make small air-dry sculptures. 	<ul style="list-style-type: none"> • Google Arts & Culture • 27 art activities to try at home • 100 sketchbook prompts • https://www.metmuseum.org/ • https://www.tate.org.uk/art • https://www.artic.edu/ • https://hirshhorn.si.edu/ • https://www.louvre.fr/en
Music	<ul style="list-style-type: none"> • Practice Elements/Disney at the Movies • Learn a pop song by ear 	<ul style="list-style-type: none"> • Smart Music • Soundzabound

	<ul style="list-style-type: none"> • Work on scales • Record a multitrack video of you playing a song (Use acapella app) • Practice with friends using Zoom • Clean your instrument! (Instructions on Google Classroom) • Listen to an entire album with no distractions (No phones!) • Safety Dance 	<ul style="list-style-type: none"> • Sight Reading Factory • Zoom • Music Theory • Daily Warm Up • Digital Concert Hall
PE	<ul style="list-style-type: none"> • Get outside walking and running are great stress relievers also the outdoors makes you feel better • Yoga again practice being in the moment think about the now • Do 100 push ups/100 crunches/100 burpees everyday • Make up your own workout and make you family member participate • Make sure you do something everyday, it will help you feel better • If you have ping pong table have a tournament with your family • Take your dog for a long walk • Challenge your friends through snapchat of what their workout is each day • Set a goal to achieve by April 12 example: be able to run a mile without stopping, do 100 push ups without stopping 	<ul style="list-style-type: none"> • Open PE • Teen Health and Wellness • AthleanX on youtube • PLT4M App for in-home workouts • At-home Workout #1 • At-home Workout #2 • At-home Workout #3
Library	<ul style="list-style-type: none"> • Read a children's book aloud, record it and share it with others to listen to. 	<ul style="list-style-type: none"> • Code.org
Spanish	<ul style="list-style-type: none"> • Watch a dvd with subtitles in Spanish or • The movie dubbed in Spanish with English subtitles. • There are free online or phone apps to review or learn vocabulary words. • Call a friend and only speak in Spanish • Write a postcard to a friend or loved one in Spanish • Review Spanish vocabulary 	<ul style="list-style-type: none"> • Duolingo • Babble • Classzone • Spanish Children's Stories
CTE	Ag Education / FFA - <ol style="list-style-type: none"> 1. Design a vegetable garden 2. Start garden vegetable plants inside to transplant in May 	Business - check out google classrooms! Ag Education / FFA -

	<ol style="list-style-type: none"> Service lawn mower to get it ready for the season <ol style="list-style-type: none"> Oil Blades Air filter Fresh Fuel Clean flower beds and yard Roll the lawn with a lawn roller <ol style="list-style-type: none"> If you need one, ask me Help get equipment ready for spring planting season Work on your SAE projects <p>FCS -</p> <ol style="list-style-type: none"> Find & make a recipe using the ingredients you have in the pantry Organize your pantry and make a list of items needed Watch a cooking show or video to learn cooking skills Clean out your closets while pairing your outfits and accessories you want to keep <p>Industrial Tech -</p> <ol style="list-style-type: none"> Help your parents clean up & organize the garage/shop Plan a project to make like a birdhouse, yard ornament, etc. Watch programs like Flea Market Flip, etc. to see how you can refurbish & reuse materials 	<ol style="list-style-type: none"> Update AET (SAE) online records <ol style="list-style-type: none"> www.theaet.com <ol style="list-style-type: none"> IA0149 Upload a photo of you working on your SAE project to social media and tag Monticello FFA <ol style="list-style-type: none"> Instagram <ol style="list-style-type: none"> Monticello.ffa Twitter <ol style="list-style-type: none"> @ffamonti Livestock Judging Practice Classes <ol style="list-style-type: none"> https://surechamp.com/blog/category/judging/ YQCA online training
Any Subject		<ul style="list-style-type: none"> • San Diego Zoo - tour, live cameras • Document with more great ideas for all levels! • Wonderopolis • Please Pass the Love - many resources for students, families, and schools
Social Emotional Learning	<ul style="list-style-type: none"> • Create a coping plan- write down what is stressing you, what you can do about it, and what you will do to distract yourself- then do it! • Imagine a time in the future when the stressor no longer exists 	<ul style="list-style-type: none"> • Stress management apps like Stop, Breathe & Think, Calm, or Breathe2Relax • Create a personal stress plan. Read more here

	<ul style="list-style-type: none"> • Distracting activities: spend time with a pet, read, exercise, journal, listen to music, cook, watch your favorite show, call a friend, organize/clean • Limit social media <p>Suicide Prevention Lifeline: 1-800-273-8255</p> <p>Foundation 2 Crisis Phone Counseling: 1-800-332-4224</p> <p>Foundation 2 Mobile Crisis Outreach: 1-855-800-1239</p>	
Career & College Readiness	<ul style="list-style-type: none"> • 9th-12th Grades: Create short term and long term career goals by thinking about: What do I like to do? What am I good at? What are my favorite classes? What are related careers? What classes should I take next year? Where would I like to job shadow? Who can I talk to in this area? • 11th Grade: Make a list of colleges you are considering. To prepare for scholarships, make a list of all your high school activities, honors, and awards • 12th Grade: Get FAFSA Completion Help by calling ICAN at 877-272-4692 	<ul style="list-style-type: none"> • Parents: Register for SP3 emails on how to help your student be career and college ready • 9th-12th Grades: Research careers and find career paths related to your strengths and interests through K-Nav, MyACT, My Academic Plan, and ONET. Create a RaiseMe micro scholarships account • 9th & 10th Grades: Check out this College Countdown Calendar • 10th & 11th Grades: Check out this Career & College Planning Guide to stay on track. Study for the ACT here • 11th Grade: Consider College Aid • 11th & 12th Grade: Check out this College Countdown Calendar • 12th Grade: Consider How to Succeed in College and How to Pay for College tips and search for scholarships. Check this site for your college's admissions updates on changing deadlines, fees, etc. Get college questions answered through text here. Schedule a virtual appointment with ICAN here. • 12th Graders in AP classes: take practice AP tests

Outside Resources and Emotional Support:

Iowa's Crisis Chat: <https://www.iowacrisischat.org/>

- Open 7 days a week from 9:00am-2:00am

Your Life Iowa Crisis Line: <https://yourlifeiowa.org/mental-health/crisis-services>

- CALL (855) 581- 8111 or CHAT (855) 895-8398

- online chat also available

Suicide Prevention Lifeline: 1-800-273-8255

Foundation 2 Crisis Phone Counseling: 1-800-332-4224

Foundation 2 Mobile Crisis Outreach: 1-855-800-1239