



IDEAS for Grades PK-12

Monticello Community School District

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For Parents:

If you are looking for ways to structure time for your kids while they are at home from school, we have a few ideas. The following examples are possible schedules and educational suggestions you could adapt for your family.

Daily Home Schedule

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| 7:00 | BREAKFAST |
| 7:30 | FREE PLAY |
| 8:30 | LEARNING ACTIVITIES |
| 10:00 | SNACK |
| 10:30 | KRAFTS |
| 11:00 | MOVEMENT ACTIVITIES |
| 11:30 | STORY TIME |
| 12:00 | LUNCH |
| 12:30 | OUTDOOR PLAY |

Activity Ideas

- LEARNING:** Reading, Writing, Math, Science, Social Studies, Art, Music, Foreign Languages, etc.
- CREATIVITY:** Drawing, Painting, Sculpting, etc.
- PHYSICAL:** Running, Jumping, etc.
- COOKING:** Baking, etc.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------|---|---|---|---|---|
| Topic | Start the day | Start the day | Start the day | Start the day | Start the day |
| Activity | Get dressed. Brush teeth. Eat breakfast. Review as a family plan for the day. Quiet time. | Get dressed. Brush teeth. Eat breakfast. Review as a family plan for the day. Quiet time. | Get dressed. Brush teeth. Eat breakfast. Review as a family plan for the day. Quiet time. | Get dressed. Brush teeth. Eat breakfast. Review as a family plan for the day. Quiet time. | Get dressed. Brush teeth. Eat breakfast. Review as a family plan for the day. Quiet time. |
| Topic | Academic | Academic | Academic | Academic | Academic |
| Activity | Activity: Practice Spelling Words. Other: Crossword puzzle. | Activity: Write a News Story. Other: Read the newspaper or a magazine. | Activity: What is the International Space Station? Other: Draw. | Activity: Write a Book Review. Other: Read a book. | Activity: Make a Scrapbook. Other: Make a Scrapbook. |
| Topic | Creative | Creative | Creative | Creative | Creative |
| Activity | Activity: Share Favorite Desserts. Other: Make a snack to share. | Activity: Learn Family History. Other: Go through photo album. | Activity: Meet an Animal. Other: Draw. | Activity: Build a Dinosaur. Other: Operate a Segway. | Activity: Make Summer Plans. Other: Make summer calendar with construction paper. |
| Topic | Outside | Outside | Outside | Outside | Outside |
| Activity | Activity: Service Project. Make up a pretend message in the driveway. | Play basketball. Invite a friend for a game of basketball. | Color leaves. Check an outdoor garden for insects. | Draw an illustration of a house or a landscape with a ship. | Create a scavenger hunt or treasure map. |
| Topic | Lunch / Chores | Lunch / Chores | Lunch / Chores | Lunch / Chores | Lunch / Chores |

| 30 At-Home Brain Breaks | | |
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| 5 min break | 15 minute break | 30 minute break |
| GoHuddle Videos on Youtube | Sidewalk Chalk | Play outside |
| Jump rope | Watercolor painting | Make a special sweet treat (with an adult) |
| Play-Doh sculptures | Play outside | Play with your favorite toys |
| Color a picture | Ride a bike | Make a fort out of sheets and pillows |
| Dance Party to your favorite song | Play hide and seek with your sibling | Play a card game (Go Fish, Old Maid, etc.) |
| Sing your favorite song and make up silly dance moves | Build a LEGO sculpture | Play a board game with your sibling(s) or parent(s) |

Links to Grade Level Ideas: For login information or questions about the educational ideas or how to adapt the activities to your child, please contact your child's teacher or the District Curriculum and Special Programs Director, Robyn Ponder at robyn.ponder@monticello.k12.ia.us.

[Preschool](#)

[2nd Grade](#)

[5th Grade](#)

[8th Grade](#)

[Kindergarten](#)

[3rd Grade](#)

[6th Grade](#)

[High School](#)

[1st Grade](#)

[4th Grade](#)

[7th Grade](#)

IDEAS for supporting your PRESCHOOL AGE child:

| Subject | Without the Use of Technology | Technology Resources |
|---------------------------------|---|---|
| English: Reading and Writing | <ul style="list-style-type: none"> Tell a story through drawing and/or writing Identify letters in writing around the house Practice writing their name (first and last) When reading/looking at a book: Play "I Spy" a letter that sounds like \b\ etc | <ul style="list-style-type: none"> Bookflix - AEA login Tumblebooks - AEA login Epic Books - get login from teacher on Seesaw Teach your monster to read Starfall Rivet Unite for Literacy From ABCs to ACTs ABC Mouse w/free code: SCHOOL7771 Jolly Phonics Learning Without Tears- free handwriting and typing resources |

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| Social Studies | | <ul style="list-style-type: none"> • Tween Tribune • Ranger Rick • Newsela - click on Get Instant Access • Virtual Tour Yellowstone and other National Parks • Ranger Rick - free access/activities |
| Math | <ul style="list-style-type: none"> • Count items in your house (doors, windows, spoons - or as you pick up..I need you to pick up and put away 10 items. • Play a board game or cards (war/go fish) | <ul style="list-style-type: none"> • EdHelper Math • Color by number • Dice games/activities |
| Science | <ul style="list-style-type: none"> • Sort objects, let children decide how they would sort them (color, size, shape, etc.) | <ul style="list-style-type: none"> • Tween Tribune • Mystery Doug |
| Art | <ul style="list-style-type: none"> • Directed drawings (art hub for kids or do your own) • Play- doh (Make your own) Recipe • Google different Museums of art, from various cities, for virtual tours...try to draw your own interpretation of a painting or sculpture by a Master Artist. | <ul style="list-style-type: none"> • Art Lady Youtube Channel • Art Hub for Kids - Youtube • Crayola • Art Activities at Home |
| Music | | <ul style="list-style-type: none"> • Super Simple Songs |
| PE | <ul style="list-style-type: none"> • Take a walk • Ride a bike/scooter • Play Simon Says or Mother May I • Do Yoga • Practice your SMART moves (pencil rolls, stable table, popcorn, superman, helicopters, cross tap, flamingos) | <ul style="list-style-type: none"> • Open PE • GoNoodle • Cosmic Kids Yoga • Flex Fit 2.0 |
| Library | <ul style="list-style-type: none"> • Listen to a story and draw a picture with your favorite part from the book • Look at the pictures from a book and make up your own story. • Read a book in each room of your house. | <ul style="list-style-type: none"> • Vooks • Storyline Online • Great stories on Youtube • Virtual Read Alouds from authors • MackinVia ebooks - AEA login |
| Any Subject | <ul style="list-style-type: none"> • Fine Motor Activities: cutting, tearing, scooping/pouring(sand and water activities), using clothespins, squirt bottles, paper punches. | <ul style="list-style-type: none"> • San Diego Zoo - tour, videos, activities, and games • Document with more great ideas for all levels! • Sheppard Software Website |

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| Social Emotional Learning | <ul style="list-style-type: none"> • Draw • Practice mindful coloring | <ul style="list-style-type: none"> • Sesame Street Resilience • Captain Compassion • Imagine Neighborhood • Mind Yeti (these are free) • Mental Health Apps (from Common Sense Media) |
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IDEAS for supporting your **KINDERGARTEN** child:

| Subject | Without the Use of Technology | Technology Resources |
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| English: Reading and Writing | <ul style="list-style-type: none"> • Keep a journal • Write letters to others, like your teacher! • Write and illustrate a book • Sight word cards and letter sound cards • Read any book available • Practice writing capital and lowercase letters | <ul style="list-style-type: none"> • Wonders Online - Student login • Bookflix - AEA login • Tumblebooks - AEA login • Epic Books - get login from teacher • Teach your monster to read • Starfall • Rivet • Unite for Literacy • From ABCs to ACTs • Boom Learning App- student login from teacher • ReadWorks • Learning Without Tears- free handwriting and typing resources |
| Social Studies | <ul style="list-style-type: none"> • Describe roles of your family, school, or community • Draw a map of your house | <ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access |
| Math | <ul style="list-style-type: none"> • Shape scavenger hunt (circle, triangle, square, rectangle, cylinder, cube, cone) • Measure things by comparison, example a table is longer than a spoon • Play cards - make 10, war, go fish • Count things around the house • Make patterns • Write numbers • Sort objects by color, size, shape, etc • Addition/subtraction memory • Count coins | <ul style="list-style-type: none"> • EdHelper Math • Quick Math Jr. App • Boom Learning App- student login from teacher • Virtual Manipulatives |
| Science | <ul style="list-style-type: none"> • Find pushes and pulls around your house • Do research on an animal | <ul style="list-style-type: none"> • Tween Tribune • Mystery Doug • Science Bob • Nasa Kids Club |

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| | | <ul style="list-style-type: none"> ● PebbleGo Username from teacher ● Carolina Biological Resources ● Mystery Science |
| Art | <ul style="list-style-type: none"> ● Draw a picture of how you are feeling. ● Print off these How to draw pictures tutorial ● Use chalk outside and Chalk the Walk | <ul style="list-style-type: none"> ● Art Lady Youtube Channel ● Art Hub for Kids - Youtube ● Art Activities at Home ● Go to Arthub on YouTube and there you will find different directed draws for your child to pick from. Your child can draw, color, and practice writing a sentence or sentences. ● Take a virtual tour of an Art Museum, from the City of your choice. Try your hand at drawing from the ideas presented by Master Artists |
| Music | <ul style="list-style-type: none"> ● I will post all concert songs so kids can practice or sing them for you. ● Make an instrument | <ul style="list-style-type: none"> ● Smart Music ● Soundzabound ● Chrome music lab ● Visit the music classroom website |
| PE | <ul style="list-style-type: none"> ● Any kind of exercise ● Dance party ● GoNoodle | <ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Flex Fit 2.0 |
| Library | <ul style="list-style-type: none"> ● Read a book and draw a picture with your favorite part from the book ● Write your own story ● Read a book to your sibling or family member or a pet. ● Read a book in each room of your house. | <ul style="list-style-type: none"> ● Great stories on Youtube ● Virtual Read Alouds from authors ● Vooks ● Storyline Online ● MackinVia ebooks - AEA login ● Breakout EDU |
| Any Subject | <ul style="list-style-type: none"> ● Follow a recipe and cook together ● Tie shoes ● Silent ball ● Cup Stacking ● Puzzles ● Count things around the house ● Practice printing first and last name ● Bingo ● Color ● Make play dough shapes, numbers, letters, sight words, etc ● Smart Stations: Pencil Rolls, Superman, Popcorn, balance beam(use a piece of tape | <ul style="list-style-type: none"> ● BrainPOP ● San Diego Zoo - tour, videos, activities, and games ● PBS Kids ● Document with more great ideas for all levels! ● 30 Days of Families Learning Together ● Wonderopolis ● Shepard Software Website |

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| | on the floor), pick up small items with middle finger, pointer finger, and thumb. | |
| Social Emotional Learning | <ul style="list-style-type: none"> • Draw • Practice mindful coloring • Fill someone's bucket <ul style="list-style-type: none"> ○ Help them clean ○ Play with a brother or sister ○ Give a compliment • Play a game and practice taking turns • Practice naming your feeling and belly breathing, positive self talk, or counting • If a problem arises use STEP to solve it | <ul style="list-style-type: none"> • Sesame Street Resilience • Captain Compassion • Imagine Neighborhood • Mind Yeti (these are free) • Mental Health Apps (from Common Sense Media) • Cosmic Yoga |

IDEAS for supporting your 1ST GRADE child:

| Subject | Without the Use of Technology | Technology Resources |
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| English: Reading and Writing | <ul style="list-style-type: none"> • Read a book to someone • Have someone read to you • Practice your sight words-write them with chalk outside, on a whiteboard, Magna Doodle or whatever you have. Use index cards to write the tricky words on and play memory. Make 2 copies of the cards and play Go Fish. Dollar General usually has index cards 2 packs of 100 for \$1. • Keep a journal • Write letters to others • Write a story • Practice WOW sentences • Write about nouns using adjectives | <ul style="list-style-type: none"> • Wonders Online - Student login • Bookflix - AEA login • Tumblebooks - AEA login • Epic Books - get login from teacher • Teach your Monster to Read • Starfall • Rivet • Unite for Literacy • From ABCs to ACTs • ReadWorks • Learning Without Tears- free handwriting and typing resources • BookBuilder - Create your own book! |
| Social Studies | <ul style="list-style-type: none"> • Describe roles of your family, school, or community • Draw a map of your house | <ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access • National Geographic Kids |
| Math | <ul style="list-style-type: none"> • Play Make 10 • Write your own addition and subtraction story problems. Have someone solve them and check their work. • Compare various groups of objects using < > = • Do a counting collection with different toys or objects | <ul style="list-style-type: none"> • Prodigy • EdHelper Math • Virtual Manipulatives |

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| | <ul style="list-style-type: none"> ● Practice finding 10 more and 10 less than a number ● Write and order numbers to 120. Make a number line | |
| Science | <ul style="list-style-type: none"> ● Go outside throughout the day and measure how your shadow changes ● Trace the shadows of others with chalk ● Make a shadow theater ● Research an animal and write a nonfiction piece about it | <ul style="list-style-type: none"> ● Tween Tribune ● Mystery Doug ● Newsela - click on Get Instant Access ● PebbleGo Username from teacher ● Science Flix - AEA login ● Science Bob ● Nasa Kids Club ● Carolina Biological Resources ● Water Rocks! |
| Art | <ul style="list-style-type: none"> ● Visit an art museum online, for a virtual tour, can you try drawing your version of a piece that inspired you? ● Draw a picture of how you are feeling. ● Print off these How to draw pictures tutorial | <ul style="list-style-type: none"> ● Art Lady Youtube Channel ● Art Hub for Kids - Youtube ● Art Activities at Home |
| Music | <ul style="list-style-type: none"> ● Visit the music classroom website ● I will post all concert songs so kids can practice or sing them for you. | <ul style="list-style-type: none"> ● Smart Music ● Soundzabound ● Chrome music lab ● Free Digital Aural and Music Theory Worksheets |
| PE | | <ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Flex Fit 2.0 |
| Library | <ul style="list-style-type: none"> ● Read a book and draw a picture with your favorite part from the book ● Write your own story ● Read a book to your sibling or family member. ● Read a book in each room of your house. | <ul style="list-style-type: none"> ● MackinVia ebooks - AEA login ● Vooks ● Great stories on Youtube ● Virtual Read Alouds from authors ● Storyline Online ● Breakout EDU ● Ranger in Time Book Club |
| Any Subject | <ul style="list-style-type: none"> ● Silent ball ● Cup Stacking ● Puzzles ● Follow a recipe and cook together ● Board games/Card games | <ul style="list-style-type: none"> ● BrainPOP ● San Diego Zoo - tour, videos, activities, and games ● Ducksters ● PBS Kids ● Document with more great ideas for all levels! |

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| | | <ul style="list-style-type: none"> • 30 Days of Families Learning Together • Wonderopolis |
| Social Emotional Learning | <ul style="list-style-type: none"> • Draw • Practice mindful coloring • Connect with someone by writing a letter • Fill someone's bucket <ul style="list-style-type: none"> ○ Help them clean ○ Play with a brother or sister ○ Give a compliment | <ul style="list-style-type: none"> • Sesame Street Resilience • Captain Compassion • Imagine Neighborhood • Mind Yeti (these are free) • Mental Health Apps (from Common Sense Media) • Cosmic Yoga |

IDEAS for supporting your 2ND GRADE child:

| Subject | Without the Use of Technology | Technology Resources |
|---------------------------------|---|---|
| English: Reading and Writing | <ul style="list-style-type: none"> • Write & mail friendly letters to friends, teachers, principal, family members, nursing home residents, and/or University of Iowa Stead Family Children's Hospital patients • Write a thank you letter to a Monticello business employee/owner. • Write your own fictional narrative, how-to, opinion letter, or research report using a nonfiction text & illustrate. • Read aloud a good-fit book to family members and/or pets! • Ask your parents/guardians to read a book to you! • Read recipes from a cookbook & choose a few to make with an adult! | <ul style="list-style-type: none"> • Wonders Online - Student login • Bookflix - AEA login • Tumblebooks - AEA login • Freedom Flix - AEA login • TrueFlix - AEA login • Epic Books - get login from teacher • Teach Your Monster to Read • Starfall • Rivet • Unite for Literacy • From ABCs to ACTs • ReadWorks • Learning Without Tears- free handwriting and typing resources • BookBuilder - Create your own book! |
| Social Studies | <ul style="list-style-type: none"> • Make a timeline of events in your life • Create a family tree • Explore and compare different jobs in the community and why people have those jobs • Create a map on how to get from one place to another (home to school, etc.) | <ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access • Freedom Flix - use AEA login • National Geographic Kids • PebbleGo Username from teacher |
| Math | <ul style="list-style-type: none"> • Pick a recipe to make with an adult and learn about fractions being used. | <ul style="list-style-type: none"> • Prodigy • EdHelper Math • Virtual Manipulatives |

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| | <ul style="list-style-type: none"> ● Use a ruler, yardstick, meter stick, or measuring tape to measure the length of objects in your house or outside ● Practice telling time on an analog clock. ● Practice identifying the total value of a handful of coins and/or practice making a certain value using different combinations of coins & dollar bills. ● Practice solving two-digit addition and subtraction equations. ● Play Awesome Addition or Super Subtraction using a deck of cards. | |
| Science | <ul style="list-style-type: none"> ● Collect a set of objects from your house & sort the objects according to their state of matter (solid, liquid, or gas). | <ul style="list-style-type: none"> ● Tween Tribune ● Mystery Doug ● Newsela - click on Get Instant Access ● Science Flix - AEA login ● Science Bob ● Discovery Kids ● Nasa Kids Club ● Carolina Biological Resources ● Water Rocks! |
| Art | <ul style="list-style-type: none"> ● Draw and/or color a picture and mail it to a friend, family member, teacher, or principal. ● Go online, and google a museum of art from your favorite City, see if they have a virtual tour of their galleries. Can you try to draw a piece that inspires you? ● Draw a self portrait while looking in the mirror. ● Print off these how to draw pictures tutorial | <ul style="list-style-type: none"> ● Art Lady Youtube Channel ● Art Hub for Kids - Youtube ● Art Activities at Home ● |
| Music | <ul style="list-style-type: none"> ● Listen to different songs and journal (or discuss) about how they make you feel. ● Visit music classroom website for links and ideas | <ul style="list-style-type: none"> ● Smart Music ● Soundzabound ● Chrome music lab ● Free Digital Aural and Music Theory Worksheets |
| PE | <ul style="list-style-type: none"> ● Go for a walk & look for signs of spring. | <ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Flex Fit 2.0 |
| Library | <ul style="list-style-type: none"> ● Make a list of the books you plan to read. ● Set reading goals and track how many | <ul style="list-style-type: none"> ● Code.org ● MackinVia ebooks - AEA login |

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| | <p>minutes or pages you read each day.</p> <ul style="list-style-type: none"> • Read a book aloud, record it and share it with others to listen to • Write your own story • Read a book to your sibling or family member. • Read a book in each room of your house. | <ul style="list-style-type: none"> • Vook • Great stories on Youtube • Virtual Read Alouds from authors • Audible This is a free resource for audiobooks. Be sure to read instructions for how to bookmark where you left off. • Breakout EDU • Typetastic • Dance Mat Typing |
| Any Subject | | <ul style="list-style-type: none"> • BrainPOP • San Diego Zoo - tour, videos, activities, and games • Ducksters • PBS Kids • Document with more great ideas for all levels! • 30 Days of Families Learning Together • Wonderopolis |
| Social Emotional Learning | <ul style="list-style-type: none"> • Keep a journal • Practice mindful coloring • Draw • Connect with someone by writing them a letter | <ul style="list-style-type: none"> • Subscribe to Challenge to Change YouTube Channel- videos for mindfulness practices, self-care, calming techniques, etc. • Imagine Neighborhood • Mind Yeti (these are free) • Mental Health Apps (from Common Sense Media) • Cosmic Yoga |

IDEAS for supporting your 3RD GRADE child:

| Subject | Without the Use of Technology | Technology Resources |
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| English: Reading and Writing | <ul style="list-style-type: none"> • Check your writing samples for capitalization and punctuation. Ask a family member to be your editor. • Read aloud to a family member/pet. :) • Find a new place to read: outside, under the bed, under the kitchen table, etc. • Ask a family member to read to you. :) • Illustrate and write about your favorite part of a book you are reading or a book someone is reading to you at home. | <ul style="list-style-type: none"> • Wonders Online - Student login • Bookflix - AEA login • Tumblebooks - AEA login • Freedom Flix - AEA login • TrueFlix - AEA login • Epic Books - get login from teacher • Starfall • Rivet • Unite for Literacy |

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| | <ul style="list-style-type: none"> ● Use the following conversation starters to share what you just read with a family member or friend. <ul style="list-style-type: none"> → As I was reading, I was wondering about... → This reading helped me better understand... → As I was reading, I felt... because... → I was surprised that... → One lesson I learned is... ● Write an adventure story starring you and your pet(s). ● Write a Graphic novel. You can illustrate. ● Write an Opinion letter. You can illustrate. ● Write a research paper on any topic you can research with books at home or a topic you are already familiar with. You can illustrate. ● Write a narrative paper about an event in your life. Make sure to add details. You can illustrate. ● Write a How-to paper on the steps of how to do something. You can illustrate. ● Keep a daily journal on your activities. You can illustrate. ● Write a poem, or song about a topic of your choice. You can illustrate. Send your poem to someone to brighten their day. :) ● Write a letter to friends and family members and mail it. You can illustrate. ● Write down all the kind things you did during this time. You can illustrate. ● Write about what you think of now that Spring is here. You can illustrate. ● Write 5 facts and 5 opinions about your topic of choice. ● Write about how you are helping at home. ● Practice your cursive handwriting ● Research your favorite author. Many authors are reading aloud online. ● Write a letter to the author of something you just read or are reading. Explain what your favorite part was, and ask the | <ul style="list-style-type: none"> ● From ABCs to ACTs ● Ranger in Time Book Club ● ReadWorks ● Audible: Stories Help This is a free resource for audiobooks. Be sure to read instructions for how to bookmark where you left off. Listen to a book and summarize it for a family member. ● Learning Without Tears- free handwriting and typing resources ● BookBuilder - Create your own book! |
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| | author one or more questions about what you would still like to know. | |
| Social Studies | <ul style="list-style-type: none"> • Work on science, social studies, and math at the same time by making the bread we made on our bread day at home! Make sure you have adult help with this. • Write a letter to Laura Ingalls Wilder about your thoughts on pioneer life-likes and dislikes. You can illustrate. • Compare your life to Laura's. You can illustrate. • Imagine you were moving during pioneer times. What would you pack? How would you help your family prepare to move? How do you think traveling in a covered wagon would feel? Where would you move to and why? You can illustrate. • Write about your favorite part(s) of <u>Little House in the Big Woods</u>. Why is it a favorite? You can illustrate. • Make a timeline of events in your life • Create a family tree • Explore and compare different jobs in the community and why people have those jobs • Create a map on how to get from one place to another (home to school, etc.) | <ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access • Freedom Flix - use AEA login • National Geographic Kids • White House Tour • Virtual Tours • PebbleGo Next Username from teacher • Virtual Manipulatives |
| Math | <ul style="list-style-type: none"> • Draw arrays and write number sentences to match. Use "counters" and show your arrays instead of drawing them. • Write a variety of story problems for all 4 operations (+, -, x, & ÷) You can illustrate. Ask someone at home to solve your problems. • Use your measuring cups (fractions) and bake with a family member. Compare amounts using your measuring cups. • Tell someone at home what time it is using an analog clock. Tell them what time it will be in one hour, a half an hour. Tell what time it was an hour ago, a half hour ago. | <ul style="list-style-type: none"> • Prodigy • EdHelper Math • Virtual Manipulatives |

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| | <ul style="list-style-type: none"> • Write a telling time story problem. You can illustrate. Ask someone at home to solve your story problem. • Use a deck of cards to practice addition, subtraction, or multiplication facts. You can write your problems on paper. • Teach someone how to play War (2, 3 or 4 digit, can be addition or subtraction), or play Salute. • Write a money story problem. You can illustrate. Ask someone at home to solve your story problem. • Count money at home to a family member. • Using a take out menu from local restaurants, tell what you would buy for your family to eat for breakfast, lunch, or supper, and figure out how much it would cost. You can illustrate. | |
| Science | <ul style="list-style-type: none"> • Make a list of Force and Motion tests to do at home. Make a st claim. Do some tests. Record your data. Make your final claim based on your data collection. What do you notice? What do you wonder? You can illustrate. • Record data on caterpillars and butterflies as they return. What do you notice? What do you wonder? You can illustrate. • Record data on any nature activity you can observe. What do you notice? What do you wonder? You can illustrate. • Make a claim about weather. Then, collect daily weather data from your favorite TV meteorologist. What do you notice? What do you wonder? What patterns do you see? What is your final claim? Compare your data to another state/location if possible. You can illustrate. • Be your families' meteorologist and report your findings to them. • Make a claim and then observe the plants and animals outside your windows. What do you notice? What do you wonder? How are they changing? What | <ul style="list-style-type: none"> • Tween Tribune • Mystery Doug • Newsela - click on Get Instant Access • Science Flix - AEA login • Science Bob • Discovery Kids • PebbleGo Next Username from teacher • Generation Genius - Username and password from teachers • Nasa Kids Club • Carolina Biological Resources • Mystery Science • Cincinnati Zoo Visit the Cincinnati Zoo Home Safari series on their YouTube channel. • Water Rocks! |

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| | behaviors do you notice? What is your final claim? | |
| Art | <ul style="list-style-type: none"> • Virtually visit a museum of art online, from the City of your choice. Can you draw one of the pieces that inspired you? • Draw a self portrait while looking in the mirror. • Make a picture to hang in the window for people passing by to enjoy. • Soap carving/whittling-use tools that are safe please. | <ul style="list-style-type: none"> • Art Lady Youtube Channel • Art Hub for Kids - Youtube • Art Activities at Home |
| Music | <ul style="list-style-type: none"> • Listen to different songs and journal (or discuss) about how they make you feel. • Visit music classroom website for links and ideas | <ul style="list-style-type: none"> • Smart Music • Soundzabound • Chrome music lab • Free Digital Aural and Music Theory Worksheets |
| PE | <ul style="list-style-type: none"> • Go for a walk & look for signs of spring. • Walk your pet if you can. :) | <ul style="list-style-type: none"> • Open PE • GoNoodle • Flex Fit 2.0 |
| Library | <ul style="list-style-type: none"> • Make a list of the books you plan to read. • Set reading goals and track how many minutes or pages you read each day. • Read a book aloud, record it and share it with others to listen to • Get creative, what can you make • Write your own story • Read a book to your sibling or family member. • Read a book in each room of your house. | <ul style="list-style-type: none"> • Flipgrid - create a book talk and add it to our flipgrid. Login with your school google account • MackinVia ebooks - AEA login • Great stories on Youtube • Virtual Read Alouds from authors • Google Earth • Breakout EDU • Code.org • Vooks • Typetastic • Type to Learn 4 <ul style="list-style-type: none"> • School code: 161043 • Audible This is a free resource for audiobooks. Be sure to read instructions for how to bookmark where you left off. |
| Any Subject | <ul style="list-style-type: none"> • Make a list of all you have to be grateful/thankful for. You can illustrate. • Make a daily schedule for learning activities, chores, and break times. Post it so all can see it at home and be supportive. :) • Practice your name, writing words and | <ul style="list-style-type: none"> • BrainPOP • San Diego Zoo - tour, videos, activities, and games • Ducksters • PBS Kids • Document with more great ideas for all levels! |

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| | <p>sentences in cursive.</p> <ul style="list-style-type: none"> ● Illustrate the importance of washing your hands. Tell all the reasons why it is important. ● Make an expectation's chart for your home. You can illustrate. | <ul style="list-style-type: none"> ● 30 Days of Families Learning Together ● Wonderopolis ● Virtual Field Trips |
| Social Emotional Learning | <ul style="list-style-type: none"> ● Keep a journal. ● Practice mindful coloring. ● Draw. ● Connect with someone by writing them a letter. ● Make a "Zen Den" at home. ● Perform random acts of kindness. Keep a journal of all that you do for others. :) | <ul style="list-style-type: none"> ● Imagine Neighborhood ● Mind Yeti (these are free) ● Mental Health Apps (from Common Sense Media) ● Cosmic Yoga |

IDEAS for supporting your 4TH GRADE child:

| Subject | Without the Use of Technology | Technology Resources |
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| English: Reading and Writing | <ul style="list-style-type: none"> ● Read books of your choice! ● Write a story ● Vocabulary Word of the day, track how many times can you/your family use the word correctly in a day ● Write letters to family, friends, senior living/nursing home, etc. and mail them ● Write in a journal ● Design a comic book or graphic novel ● Write an Opinion letter. You can illustrate. ● Write a research paper on any topic you can research with books at home or a topic you are already familiar with. You can illustrate. ● Write a narrative paper about an event in your life. Make sure to add details. You can illustrate. ● Practice writing in cursive. | <ul style="list-style-type: none"> ● Wonders Online - Student login, Panthers 1 - Read stories, play games, vocabulary ● Bookflix - AEA login ● Tumblebooks - AEA login ● Freedom Flix - AEA login ● TrueFlix - AEA login ● Epic Books - get login from teacher ● Rivet ● Unite for Literacy ● From ABCs to ACTs ● Type what you wrote (story or journal) in a Google doc. ● ReadWorks ● Learning Without Tears- free handwriting and typing resources |
| Social Studies | <ul style="list-style-type: none"> ● Create a timeline on an inspiring historical person. ● Research another culture. What similarities and differences did you find? ● Design a flag that represents your family. | <ul style="list-style-type: none"> ● Tween Tribune ● Newsela - click on Get Instant Access ● Freedom Flix - use AEA login ● National Geographic Kids ● PebbleGo Username from teacher |

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| | | American Indian History |
| Math | <ul style="list-style-type: none"> Practice your “paper and pencil” strategies for addition, subtraction multiplication, and division of 2-digit, 3-digit, or 4-digit numbers. Generate a list of all the ways we use fractions and decimals in our daily life. Go on a geometry scavenger hunt. Look for rectangles, squares, triangles, parallelograms, trapezoids, rhombuses, acute, obtuse, and right angles, parallel lines, perpendicular lines, etc. | <ul style="list-style-type: none"> Prodigy Hmhco.com Into Math Website-student username, Panthers1 Play Poggles Games EdHelper Math Virtual Manipulatives |
| Science | <ul style="list-style-type: none"> When you are outside, observe a plant or animal closely. Then write about what structures that plant or animal has that helps it survive. Construct a 3-D model to show how a plant or animal is structured for survival. Include labels and descriptions. Research interesting features in the night sky. (constellations, moon phases, Northern Lights, etc) | <ul style="list-style-type: none"> Tween Tribune Mystery Doug Newsela - click on Get Instant Access Science Flix - AEA login Science Bob Discovery Kids Learn360 AEA Login - watch educational videos PebbleGo Username from teacher Explore.org Nasa Kids Club Carolina Biological Resources Water Rocks! |
| Art | <ul style="list-style-type: none"> Paint a picture Draw a picture Make a collage Visit an art gallery online, take the virtual tour! What artist inspires you? Can you Google more of this artist's work? Draw a self portrait while looking in the mirror. | <ul style="list-style-type: none"> Art Lady Youtube Channel Art Hub for Kids - Youtube Art Activities at Home |
| Music | <ul style="list-style-type: none"> Listen to different songs and journal (or discuss) about how they make you feel. Visit the music classroom website for links and ideas | <ul style="list-style-type: none"> Smart Music Soundzabound Chrome music lab Free Digital Aural and Music Theory Worksheets |
| PE | <ul style="list-style-type: none"> Go for a walk. Play catch with a sibling in the yard. | <ul style="list-style-type: none"> Open PE GoNoodle |

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| | <ul style="list-style-type: none"> ● Create an obstacle course. ● Do chores around the house. ● Have a dance party in the living room. ● Practice your SMART station moves (stable table, popcorn, superman, helicopters, cross-patterning, flamingos, alligator crawls) | <ul style="list-style-type: none"> ● Flex Fit 2.0 |
| Library | <ul style="list-style-type: none"> ● Make a list of the books you plan to read. ● Set reading goals and track how many minutes or pages you read each day. ● Read a book aloud, record it and share it with others to listen to ● Write your own story ● Read a book to your sibling or family member. ● Read a book in each room of your house. | <ul style="list-style-type: none"> ● Flipgrid - create a book talk and add it to our flipgrid. Login with your school google account ● MackinVia ebooks - AEA login ● Great stories on Youtube ● Virtual Read Alouds from authors ● Audible This is a free resource for audiobooks. Be sure to read instructions for how to bookmark where you left off. ● Google Earth ● Breakout EDU ● Type to Learn 4 <ul style="list-style-type: none"> ● School code: 161043 ● Code.org |
| Any Subject | <ul style="list-style-type: none"> ● Practice writing words and sentences in cursive. ● Illustrate the importance of washing your hands. Tell all the reasons why it is important. ● Make an expectations chart for your home. You can illustrate. ● Make a daily schedule for learning activities and break times. Post it so all can see it at home and be supportive. :) | <ul style="list-style-type: none"> ● BrainPOP ● San Diego Zoo - tour, videos, activities, and games ● Ducksters ● PBS Kids ● Iowa PBS online games and apps ● Document with more great ideas for all levels! ● SeeSaw Same as Google login and password, look for assignments from your teacher ● 20 Virtual Field Trips ● Khan Academy ● Create a slideshow in your Google Drive about any science or social studies topic that you researched so you can present it to the class when we get back to school! ● 30 Days of Families Learning Together ● Wonderopolis |
| Social | <ul style="list-style-type: none"> ● Practice positive self-talk. | <ul style="list-style-type: none"> ● Bucket Filling Family Style |

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| Emotional Learning | <ul style="list-style-type: none"> ● Perform random acts of kindness. ● Practice deep breathing. ● Keep a journal. ● Practice mindful coloring. ● Draw. ● Connect with someone by writing them a letter. ● Make a “Zen Den” at home. | <ul style="list-style-type: none"> ● Imagine Neighborhood ● Mind Yeti (these are free) ● Mental Health Apps (from Common Sense Media) ● GoNoodle Flow channel ● Cosmic Yoga |
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IDEAS for supporting your 5TH GRADE child:

| Subject | Without the Use of Technology | Technology Resources |
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| English: Reading and Writing | <ul style="list-style-type: none"> ● Read books of your choice! ● Write a story ● Vocabulary Word of the day, track how many times can you/your family use the word correctly in a day ● Write letters to family, friends, senior living/nursing home, etc. and mail them ● Write in a journal | <ul style="list-style-type: none"> ● Wonders Online - Student login ● Freedom Flix - AEA login ● TrueFlix - AEA login ● ReadWorks ● Learning Without Tears- free handwriting and typing resources |
| Social Studies | <ul style="list-style-type: none"> ● Write about how you would have felt being a soldier fighting during the Civil War. What would have been some of your worries? What would you do to pass the time? ● Make a list of ways you have seen people being good citizens. What are some of the things you have done/or can do to help be a good citizen? ● Learn about the states in the US. See if you can learn a new fact about each state. Try to learn each state’s capitol. See if you can quiz other people in your family. | <ul style="list-style-type: none"> ● Tween Tribune ● Actively Learn ● Newsela - click on Get Instant Access ● Freedom Flix - use AEA login ● National Geographic Kids ● CNN10 ● ICivics |
| Math | <ul style="list-style-type: none"> ● If you need help with any logins, please email me or message me on Class Dojo. nicolette.wennekamp@monticello.k12.ia.us ● Multiplication and/or Division Flash Cards | <ul style="list-style-type: none"> ● Zearn Math !!!! Login- firstnamelastname Password- panthers1 ● Review instructional videos from modules we’ve finished with our curriculum. You will need to sign into your Into Math account to view some of them. |

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| | <ul style="list-style-type: none"> ● Practice your “paper and pencil” strategies for multiplication and division of 2-digit, 3-digit, or 4-digit numbers. | <ul style="list-style-type: none"> ● Xtra Math (online flash cards) -Google login ● Prodigy ● Defined Learning (STEM) ● Ken Ken Puzzles ● Tic Tac Toe Products ● Delta Math ● Manuvering Middle School Math ● Khan Academy ● EdHelper Math ● Virtual Manipulatives |
| Science | <ul style="list-style-type: none"> ● Take a nature walk and record anything you see in a nature journal. Use your senses to help you with your observations. ● Observe the night sky. Record how the moon looks. Take note of any star patterns you see in the sky. ● Research a different weather phenomenon. Why do these phenomenons happen? ● Research the various levels of soil. Try to create the various levels by making a Lego diagram with labels. ● Trace your shadow every hour of the day with sidewalk chalk. Make sure you label the shadow with the time. Observe how your shadow changes every hour. | <ul style="list-style-type: none"> ● Tween Tribune ● Newsela - click on Get Instant Access ● Science Flix - AEA login ● Actively Learn ● Explore Mars ● Smithsonian Learning Lab ● Discovery Kids ● Nasa Kids Club ● Carolina Biological Resources ● Water Rocks! |
| Art | | <ul style="list-style-type: none"> ● Google Arts & Culture |
| Music | <ul style="list-style-type: none"> ● Band- Practice your instrument for 20 minutes playing out of your band book and other music you have from class ● Band-Clean your mouthpiece in warm water ● Band-Write a song to play for your family ● Yoga for strength and mindfulness. ● Dare song ● Bucket drumming and movement while drumming | <ul style="list-style-type: none"> ● Smart Music <ul style="list-style-type: none"> ○ SmartMusic tutorial ● Soundzabound ● "Fun songs and practices" ● Play-along for band - Popular songs ● How-to clean instrument ● Games for band ● Cosmic Yoga and Mindfulness ● Dare Song ● Cha Cha slide bucket drumming ● Bucket drumming youtube |
| PE | <ul style="list-style-type: none"> ● Check out the Couch to 5K workout ● Create an obstacle course in your house or outside and time each other | <ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Teen Health and Wellness |

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| | <ul style="list-style-type: none"> • Have a dance off competition • Create your own workout routine (add something to it every day) • Turn the music on and help with the chores around the house. • Pick up sticks in your yard • Make up Minute to Win it challenges • Do push ups and sit ups every day (start with 10 and add 5 every day) • Take a walk | <ul style="list-style-type: none"> • PE Choice Board • March Madness Challenge |
| Library | <ul style="list-style-type: none"> • Make a list of the books you plan to read. • Set reading goals and track how many minutes or pages you read each day. • Read a children's book aloud, record it and share it with others to listen to | <ul style="list-style-type: none"> • Code.org |
| Any Subject | | <ul style="list-style-type: none"> • San Diego Zoo - tour, videos, activities, and games • Ducksters • Document with more great ideas for all levels! • 30 Days of Families Learning Together • Wonderopolis • Cosmic Yoga |
| Social Emotional Learning | | |

IDEAS for supporting your 6TH GRADE child:

| Subject | Without the Use of Technology | Technology Resources |
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| English, Reading, and Writing | <ul style="list-style-type: none"> • Read books of your choice! • Think about Bingo activities and complete an activity after reading a book • Read the newspaper, magazine, captions of your favorite television show • Write a story, poem or design a comic book or graphic novel • Write an opinion letter, research paper, narrative paper about an event in your life, or a persuasive paper | <ul style="list-style-type: none"> • Wonders Online - Student login • Epic - See Seesaw Message • NewsELA - Google Email login • No Red Ink - Google Email login <ul style="list-style-type: none"> ◦ Click "Learn" (top left) • Freedom Flix - AEA login • TrueFlix - AEA login • ReadWorks • Scholastic Learn at Home • Virtual School Activities |

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| | <ul style="list-style-type: none"> • Work on cursive handwriting (signature) • Vocabulary word of the day, track how many times can you/your family use the word correctly in a day • Write letters to family, friends, senior living/nursing home, etc. and mail them • Write in a journal (paper or Google Doc online on Google Classroom) • Play games (Scrabble, Boggle, crosswords, hangman, mad libs) | <ul style="list-style-type: none"> • Type to Learn 4 - Student login and School code: 161043 • Games - Great tech/no tech ideas |
| Social Studies | <p>If able, please post any of your work on Seesaw so Ms. Peters can see it!</p> <ul style="list-style-type: none"> • Watch CNN10 daily and write down some notes about your favorite story from the day. • Go onto Newsela and read a news story of your choice each day. • Build a new pyramid at home following some of the same requirements that we used in class, if able please send me a picture or video featuring your pyramid. • Create cave paintings at home and spend some time with others in your home examining them with flashlights and having others determine the meaning. • Login to TCI and go through any/all chapters or sections that are interesting to you and fill out some of the work/complete some of the projects of your choice! • Have a debate at home with whoever you choose. Pick topics of choice and be sure to have research that supports your claims! • Imagine that you were an ancient Egyptian, write a story about what your life would have been like. | <ul style="list-style-type: none"> • CNN10 • Tween Tribune • Actively Learn • Newsela - Google Email login • Freedom Flix - use AEA login • National Geographic Kids |
| Math | <ul style="list-style-type: none"> • Flashcards • Recipes • Sewing • Dice games-order of operations, multi-digit multiplication, • Build something | <ul style="list-style-type: none"> • Delta Math • Manuvering Middle School Math • Khan Academy • EdHelper Math • I-ready • Virtual Manipulatives |

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| Science | <p>If able, please post any of your work on Seesaw so Ms. Peters can see it!</p> <ul style="list-style-type: none"> • Take a walk around outside. Observe the things around you and think/write about how those things impact your daily life. • Walk around outside and take notes on various different rocks. Do research to determine what type of rocks they are and learn about how the rock cycle works. • Think about your five senses, write about the order of importance of these senses for you. Be sure to explain why you feel one is the most to least important. • Research online labs to do that test your five senses. Try some of these out! In particular, you will find labs where you can test your reaction time with just a ruler! You can test your reaction time with sight, hearing, and touch. • Look up or create optical illusions and think about how they affect your brain. • Play some periodic table of element games online! • Try to come up with some periodic element puns/jokes. • Create your own thermos at home using materials that you have on hand! Remember you want your thermos to keep liquid hot/cold for as long as possible. • Draw pictures that show information about particles in solids, liquids, and gases. | <ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access • Science Flix - AEA login • Actively Learn • Explore Mars • Smithsonian Learning Lab • Discovery Kids • Nasa Kids Club • Carolina Biological Resources • Water Rocks! |
| Art | | <ul style="list-style-type: none"> • Google Arts & Culture |
| Music | <ul style="list-style-type: none"> • Band- Practice your instrument for 20 minutes playing out of your band book, scales, and other music you have from class • Band-Clean your mouthpiece in warm water • Band-Write a song to play for your family • Yoga/mindfulness to help with focus | <ul style="list-style-type: none"> • Smart Music <ul style="list-style-type: none"> ◦ SmartMusic tutorial • Soundzabound • "Fun songs and practices" • Play-along for band - Popular songs • How-to clean instrument • Games for band • Cosmic Kids yoga for |

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| | <ul style="list-style-type: none"> ● Bucket drumming ● Bucket drumming and moving while playing ● Music choice board | <ul style="list-style-type: none"> ● Mindfulness ● Cha Cha Slide bucket drumming ● Bucket drumming youtube ● Music Choice board |
| PE | <ul style="list-style-type: none"> ● Check out the Couch to 5K workout ● Create an obstacle course in your house or outside and time each other ● Have a dance off competition ● Create your own workout routine (add something to it every day) ● Turn the music on and help with the chores around the house. ● Pick up sticks in your yard ● Make up Minute to Win it challenges ● Do push ups and sit ups every day (start with 10 and add 5 every day) ● Take a walk | <ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Teen Health and Wellness ● PE Choice Board ● March Madness Challenge |
| Library | <ul style="list-style-type: none"> ● Make a list of the books you plan to read. ● Set reading goals and track how many minutes or pages you read each day. ● Read a children's book aloud, record it and share it with others to listen to | <ul style="list-style-type: none"> ● Code.org |
| Any Subject | | <ul style="list-style-type: none"> ● San Diego Zoo - tour, videos, activities, and games ● Ducksters ● Document with more great ideas for all levels! ● 30 Days of Families Learning Together ● Wonderopolis |
| Social Emotional Learning | | <ul style="list-style-type: none"> ● Cosmic Yoga |

IDEAS for supporting your 7TH GRADE child:

| Subject | Without the Use of Technology | Technology Resources |
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| English: Reading and Writing | <ul style="list-style-type: none"> ● Read books of your choice! ● Write a story | <ul style="list-style-type: none"> ● Freedom Flix - AEA login ● TrueFlix - AEA login ● ReadWorks |

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| | <ul style="list-style-type: none"> ● Vocabulary Word of the day, track how many times can you/your family use the word correctly in a day ● Write letters to family, friends, senior living/nursing home, etc. and mail them ● Write in a journal ● Crossword puzzles | <ul style="list-style-type: none"> ● https://newsela.com/ - Google Email login ● https://www.quill.org/ - Google Email login |
| Social Studies | | <ul style="list-style-type: none"> ● Tween Tribune ● Actively Learn ● Newsela - click on Get Instant Access ● Freedom Flix - use AEA login ● National Geographic |
| Math | <ul style="list-style-type: none"> ● Flash Cards ● Card Games- Keeping Score <ul style="list-style-type: none"> ○ Make up your own game that includes math ● Double a recipe ● Puzzle ● Practice standard algorithms with 3 digit numbers for adding, subtracting, multiplying, and dividing ● Use objects around the house to figure fractions, decimals, and percents ● Figure out the area and perimeter of your bedroom ● Sudoku ● Practice finding the percent of a number with objects from around the house. For example: what is the percent of red m&m's in a bag? Look at sale ads and find the sale price, determine sales tax and tips, commissions, etc. ● Play war with a deck of cards (reds are negative, black is positive). You can also play using addition of 2 cards, subtraction, and multiplication. We've played all of these in class so your student can teach you the rules. | <ul style="list-style-type: none"> ● Delta Math ● Manuvering Middle School Math ● Khan Academy ● Prodigy ● Legends of Learning - teacher code Miller132 or choose the "play at home" option ● Ken Ken Puzzles ● I-ready - for strategic math students |
| Science | <p>Use fossweb.com to finish up the Populations and Ecosystems Unit.</p> <ul style="list-style-type: none"> ● Login: <ul style="list-style-type: none"> ○ Username: Goldsmith ○ Password: Goldsmith | <ul style="list-style-type: none"> ● Tween Tribune ● Newsela - click on Get Instant Access ● Science Flix - AEA login ● Actively Learn |

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| | <ul style="list-style-type: none"> ● Read the article on Biosphere 2 on pg. 30 in the eBook ● Research Biosphere 2 on the internet and explore the actual Biosphere 2 site ● Create a map or model of your own Biosphere - include a name, resources that you would need, etc. ● Read the article on Limiting Factors on pg. 65 in the eBook. ● Prepare a presentation on the different limiting factors and how they affect the components of the environment. ● Research a science issue in the news (besides Covid-19) and write a short summary and opinion. ● Create your own mini-ecosystem at home similar to what we did in the classroom with things you have available (For example, dirt, rocks, sticks, bugs, worms, etc). Take care of the mini-ecosystem and record a daily journal with observations. ● Keep a journal of your own environment. Record individuals, populations, communities, ecosystem, and abiotic factors. Document changes and interactions that take place. ● Watch a science related movie and record a reflection and upload it to SeeSaw. Some movie options(some with parent permission): <ul style="list-style-type: none"> ○ Dante's Peak ○ Twister ○ Journey to the Center of the Earth ○ The Day After Tomorrow ○ The March of the Penguins ○ Erin Brokovich ○ Hidden Figures ○ October Sky ● Research a science question of your choice and test/study it by completing the steps of the scientific method. ● Pick a location and research and record both biotic and abiotic factors and positive and negative interactions. | <ul style="list-style-type: none"> ● Explore Mars ● Smithsonian Learning Lab ● Discovery Kids ● Nasa Kids Club ● Water Rocks! |
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| Art | | <ul style="list-style-type: none"> • Google Arts & Culture |
| Music | <ul style="list-style-type: none"> • Band- Practice your instrument for 20 minutes playing out of your band book, scales, and other music you have from class • Band-Clean your mouthpiece in warm water • Band-Write a song to play on your instrument • Select some items from the choir choice board. • Try to escape from the music room. | <ul style="list-style-type: none"> • Smart Music <ul style="list-style-type: none"> ◦ SmartMusic tutorial • Soundzabound • "Fun songs and practices" • Play-along for band - Popular songs • How-to clean instrument • Games for band • Choir Choice board • Escape Room |
| PE | <ul style="list-style-type: none"> • Check out the Couch to 5K workout • Create an obstacle course in your house or outside and time each other • Have a dance off competition • Create your own workout routine (add something to it every day) • Turn the music on and help with the chores around the house. • Pick up sticks in your yard • Wash the car • Go for a walk/run • Do push ups and sit ups every day (start with 10 and add 5 every day) • Make up Minute to Win it challenges | <ul style="list-style-type: none"> • Open PE • GoNoodle • Teen Health and Wellness • PE Choice Board • March Madness Challenge • At-home Workout #1 • At-home Workout #2 • At-home Workout #3 |
| Library | <ul style="list-style-type: none"> • Make a list of the books you plan to read. • Set reading goals and track how many minutes or pages you read each day. • Read a children's book aloud, record it and share it with others to listen to. | <ul style="list-style-type: none"> • Code.org |
| Any Subject | <ul style="list-style-type: none"> • FCS: <ul style="list-style-type: none"> ◦ Budgeting-help your parents when it's time to pay bills. ◦ Create a budget and meal plan for the week. Help to shop and plan for the groceries and needed items. ◦ Balance a checkbook or financial account. ◦ Investigate areas of interest in the job world. Look at what types of interests,skills, and abilities you might want to consider when doing | <ul style="list-style-type: none"> • San Diego Zoo - tour, videos, activities, and games • Document with more great ideas for all levels! • 30 Days of Families Learning Together • Wonderopolis • Foundations Digital Account-Dave Ramsey |

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| | a job. <ul style="list-style-type: none"> ○ Sew and create masks for medical staff | |
| Social Emotional Learning | Suicide Prevention Lifeline: 1-800-273-8255 Foundation 2 Crisis Phone Counseling: 1-800-332-4224 Foundation 2 Mobile Crisis Outreach: 1-855-800-1239 | |

IDEAS for supporting your 8TH GRADE child:

| Subject | Without the Use of Technology | Technology Resources |
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| English: Reading and Writing | <ul style="list-style-type: none"> ● Read books of your choice! ● Write a story ● Vocabulary Word of the day, track how many times can you/your family use the word correctly in a day ● Write letters to family, friends, senior living/nursing home, etc. and mail them ● Write in a journal | <ul style="list-style-type: none"> ● Freedom Flix - AEA login ● TrueFlix - AEA login ● ReadWorks ● Newsela.com - Student login ● Commonlit.org - Student login |
| Social Studies | <ul style="list-style-type: none"> ● Write a letter to a veteran ● Create something to thank first responders and medical personnel for their work through the epidemic. ● Investigate how the government works and how the government at different levels has been working to help society through this epidemic. ● With parent permission, watch historical shows, movies, specials and fact check their accuracy after. (Look for shows about the American Revolution, Sons of Liberty, creation of the Constitution, the first presidents, Westward expansion, Cotton Gin and rise of slavery in the South, separation of the North and South, Civil War) ● Talk to family members about your heritage and work on updating your family tree. Research your heritage. Record interviews of family members. | <ul style="list-style-type: none"> ● Tween Tribune ● Actively Learn ● Newsela - click on Get Instant Access ● Freedom Flix - use AEA login ● National Geographic ● Teachtci.com ● iCivics.org-log in and do lessons and games to learn about the Constitution, Bill of Rights, and Westward Expansion |

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| Math | <ul style="list-style-type: none"> ● Flash Cards ● Card Games- Keeping Score <ul style="list-style-type: none"> ○ Make up your own game that includes math ● Double a recipe ● Puzzle ● Practice standard algorithms with 3 digit numbers for adding, subtracting, multiplying, and dividing ● Use objects around the house to figure fractions, decimals, and percents ● Figure out the area and perimeter of your bedroom ● Sudoku | <ul style="list-style-type: none"> ● Delta Math ● Maneuvering Middle School Math ● Khan Academy |
| Science | <ul style="list-style-type: none"> ● Track daily changes in weather. Keep track of temperature, wind direction, clouds, and precipitation. ● Take daily walks and observe changes in plants and animals you see as spring progresses. | <ul style="list-style-type: none"> ● Tween Tribune ● Newsela - click on Get Instant Access ● Science Flix - AEA login ● Actively Learn ● Explore Mars ● Smithsonian Learning Lab ● Discovery Kids ● Nasa Kids Club |
| Art | | <ul style="list-style-type: none"> ● Google Arts & Culture |
| Music | <ul style="list-style-type: none"> ● Band- Practice your instrument for 20 minutes playing out of your band book, scales, and other music you have from class ● Band-Clean your mouthpiece in warm water ● Band-Write a song to play on your instrument ● Select some items from the choir choice board ● Escape from the music room. | <ul style="list-style-type: none"> ● Smart Music <ul style="list-style-type: none"> ○ SmartMusic tutorial ● Soundzabound ● "Fun songs and practices" ● Play-along for band - Popular songs ● How-to clean instrument ● Games for band ● Choir Choice board ● Escape Room |
| PE | <ul style="list-style-type: none"> ● Check out the Couch to 5K workout ● Create an obstacle course in your house or outside and time each other ● Have a dance off competition ● Create your own workout routine (add something to it every day) | <ul style="list-style-type: none"> ● Open PE ● GoNoodle ● Teen Health and Wellness ● PE Choice Board ● March Madness Challenge ● At-home Workout #1 |

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| | <ul style="list-style-type: none"> ● Turn the music on and help with the chores around the house. ● Pick up sticks in your yard ● Wash the car ● Go for a walk/run ● Do push ups and sit ups every day (start with 10 and add 5 every day) ● Make up Minute to Win it challenges | <ul style="list-style-type: none"> ● At-home Workout #2 ● At-home Workout #3 |
| Library | <ul style="list-style-type: none"> ● Make a list of the books you plan to read. ● Set reading goals and track how many minutes or pages you read each day. ● Read a children's book aloud, record it and share it with others to listen to. | <ul style="list-style-type: none"> ● Code.org |
| Any Subject | <ul style="list-style-type: none"> ● FCS- <ul style="list-style-type: none"> ○ Plan a family meal, ○ Help make a list and purchase supplies for the meal ○ Prepare, serve, and clean-up after the meal ○ Do laundry, fold, and put away ○ Track the foods that you are eating using a food tracker ○ Sew and create masks for medical staff ○ Provide childcare for a family member or member of essential staff that needs it. ○ Sew and create masks for medical staff. ○ Clean and organize areas of your home | <ul style="list-style-type: none"> ● San Diego Zoo - tour, videos, activities, and games ● Document with more great ideas for all levels! ● 30 Days of Families Learning Together ● Wonderopolis ● Myplate ● Livestrong |
| Social Emotional Learning | <p>Suicide Prevention Lifeline: 1-800-273-8255</p> <p>Foundation 2 Crisis Phone Counseling: 1-800-332-4224</p> <p>Foundation 2 Mobile Crisis Outreach: 1-855-800-1239</p> | |

IDEAS for supporting your HIGH SCHOOL child:

| Subject | Without the Use of Technology | Technology Resources |
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| English: Reading and Writing | <ul style="list-style-type: none"> • Read books of your choice! • Write a story • Vocabulary Word of the day, track how many times can you/your family use the word correctly in a day • Write letters to family, friends, senior living/nursing home, etc. and mail them • Write in a journal • Take pictures and narrate them in a video/slideshow • Make a movie or video. Write your own script or use a play or short story for inspiration • Read aloud to younger siblings (have them draw pictures to illustrate the story) • Create a book club and discuss books over Zoom | <ul style="list-style-type: none"> • Actively Learn • Adobe Spark • ReadWorks • Khan Academy Grammar • NewsELA • ReadWorks |
| Social Studies | <ul style="list-style-type: none"> • Watch a historical movie and research the accuracy of the movie when finished • CrashCourse on Youtube has great videos breaking down historical periods and events | <ul style="list-style-type: none"> • Tween Tribune • Actively Learn • Newsela - click on Get Instant Access • American History in Video - AEA • National Geographic • Crash Course Youtube |
| Math | <ul style="list-style-type: none"> • Try a daily game of Sudoku, Kenken or Hidato • Algebra I, Algebra II and Geometry, complete the Maintaining Mathematical Proficiency section in your student journal (beginning page of each unit) • Review and practice perimeter, area, circumference, surface area, and volume on Khan Academy or Math Antics. • Geometry - look at Google Classroom | <ul style="list-style-type: none"> • Delta Math • Khan Academy • Math Antics Videos |
| Science | <ul style="list-style-type: none"> • Read text and work your way through the activities and questions in the chapters <ul style="list-style-type: none"> ○ Chapter 7: Chemical Reactions ○ Chapter 8: Reactions in Aqueous Solutions | <ul style="list-style-type: none"> • Tween Tribune • Newsela - click on Get Instant Access • Actively Learn • Explore Mars • Smithsonian Learning Lab |

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| | <ul style="list-style-type: none"> ○ Chapter 9: Chemical Quantities ○ Chapter 13: Gases (Gas Laws) ● YouTube topics from the chapters for further clarity | <ul style="list-style-type: none"> ● Chemistry Topics ● Science Grade 9 ● Physics |
| Art | <ul style="list-style-type: none"> ● Use this time to explore what other artists have done. Try searching art museum sites. Make a list of artists who inspire you. Try picking up one or two ideas from their styles and incorporating those ideas into your own original work. For example, use a color palette you find inspiring, or a line quality, or a brush stroke. ● If art materials are limited or non-existent, get creative with materials at hand. Cut up recycling items such as junk mail or containers to find bits of found color to collage into art. Try sculpting with papier mache made from flour and water and newsprint. Or make a dough from flour, salt, and water and make small air-dry sculptures. | <ul style="list-style-type: none"> ● Google Arts & Culture ● 27 art activities to try at home ● 100 sketchbook prompts ● https://www.metmuseum.org/ ● https://www.tate.org.uk/art ● https://www.artic.edu/ ● https://hirshhorn.si.edu/ ● https://www.louvre.fr/en |
| Music | <ul style="list-style-type: none"> ● Practice Elements/Disney at the Movies ● Learn a pop song by ear ● Work on scales ● Record a multitrack video of you playing a song (Use acapella app) ● Practice with friends using Zoom ● Clean your instrument! (Instructions on Google Classroom) ● Listen to an entire album with no distractions (No phones!) ● Safety Dance | <ul style="list-style-type: none"> ● Smart Music ● Soundzabound ● Sight Reading Factory ● Zoom ● Music Theory ● Daily Warm Up ● Digital Concert Hall |
| PE | <ul style="list-style-type: none"> ● Get outside walking and running are great stress relievers also the outdoors makes you feel better ● Yoga again practice being in the moment think about the now ● Do 100 push ups/100 crunches/100 burpees everyday ● Make up your own workout and make you family member participate ● Make sure you do something everyday, it will help you feel better | <ul style="list-style-type: none"> ● Open PE ● Teen Health and Wellness ● AthleanX on youtube ● PLT4M App for in-home workouts ● At-home Workout #1 ● At-home Workout #2 ● At-home Workout #3 |

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| | <ul style="list-style-type: none"> • If you have ping pong table have a tournament with your family • Take your dog for a long walk • Challenge your friends through snapchat of what their workout is each day • Set a goal to achieve by April 12 example: be able to run a mile without stopping, do 100 push ups without stopping | |
| Library | <ul style="list-style-type: none"> • Read a children's book aloud, record it and share it with others to listen to. | <ul style="list-style-type: none"> • Code.org |
| Spanish | <ul style="list-style-type: none"> • Watch a dvd with subtitles in Spanish or • The movie dubbed in Spanish with English subtitles. • There are free online or phone apps to review or learn vocabulary words. • Call a friend and only speak in Spanish • Write a postcard to a friend or loved one in Spanish • Review Spanish vocabulary | <ul style="list-style-type: none"> • Duolingo • Babble • Classzone • Spanish Children's Stories |
| CTE | <p>Ag Education / FFA -</p> <ol style="list-style-type: none"> 1. Design a vegetable garden 2. Start garden vegetable plants inside to transplant in May 3. Service lawn mower to get it ready for the season <ol style="list-style-type: none"> a. Oil b. Blades c. Air filter d. Fresh Fuel 4. Clean flower beds and yard 5. Roll the lawn with a lawn roller <ol style="list-style-type: none"> a. If you need one, ask me 6. Help get equipment ready for spring planting season 7. Work on your SAE projects <p>FCS -</p> <ol style="list-style-type: none"> 1. Find & make a recipe using the ingredients you have in the pantry 2. Organize your pantry and make a list of items needed 3. Watch a cooking show or video to learn cooking skills 4. Clean out your closets while pairing | <p>Business - check out google classrooms!</p> <p>Ag Education / FFA -</p> <ol style="list-style-type: none"> 1. Update AET (SAE) online records <ol style="list-style-type: none"> a. www.theaet.com <ol style="list-style-type: none"> i. IA0149 2. Upload a photo of you working on your SAE project to social media and tag Monticello FFA <ol style="list-style-type: none"> a. Instagram <ol style="list-style-type: none"> i. Monticello.ffa b. Twitter <ol style="list-style-type: none"> i. @ffamonti 3. Livestock Judging Practice Classes <ol style="list-style-type: none"> a. https://surechamp.com/blog/category/judging/ 4. YQCA online training |

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| | <p>your outfits and accessories you want to keep</p> <p>Industrial Tech -</p> <ol style="list-style-type: none"> 1. Help your parents clean up & organize the garage/shop 2. Plan a project to make like a birdhouse, yard ornament, etc. 3. Watch programs like Flea Market Flip, etc. to see how you can refurbish & reuse materials | |
| Any Subject | | <ul style="list-style-type: none"> • San Diego Zoo - tour, videos, activities, and games • Document with more great ideas for all levels! • Wonderopolis |
| Social Emotional Learning | <ul style="list-style-type: none"> • Create a coping plan- write down what is stressing you, what you can do about it, and what you will do to distract yourself- then do it! • Imagine a time in the future when the stressor no longer exists • Distracting activities: spend time with a pet, read, exercise, journal, listen to music, cook, watch your favorite show, call a friend, organize/clean • Limit social media <p>Suicide Prevention Lifeline: 1-800-273-8255</p> <p>Foundation 2 Crisis Phone Counseling: 1-800-332-4224</p> <p>Foundation 2 Mobile Crisis Outreach: 1-855-800-1239</p> | <ul style="list-style-type: none"> • Stress management apps like Stop, Breathe & Think, Calm, or Breathe2Relax • Create a personal stress plan. Read more here |
| Career & College Readiness | <ul style="list-style-type: none"> • 9th-12th Grades: Create short term and long term career goals by thinking about: What do I like to do? What am I good at? What are my favorite classes? What are related careers? What classes should I take next year? Where would I like to job shadow? Who can I talk to in this area? • 11th Grade: Make a list of colleges you | <ul style="list-style-type: none"> • Parents: Register for SP3 emails on how to help your student be career and college ready • 9th-12th Grades: Research careers and find career paths related to your strengths and interests through K-Nav, MyACT, My Academic Plan, and ONET. Create a RaiseMe micro scholarships |

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| | <p>are considering. To prepare for scholarships, make a list of all your high school activities, honors, and awards</p> <ul style="list-style-type: none"> ● 12th Grade: Get FAFSA Completion Help by calling ICAN at 877-272-4692 | <p>account</p> <ul style="list-style-type: none"> ● 9th & 10th Grades: Check out this College Countdown Calendar ● 10th & 11th Grades: Check out this Career & College Planning Guide to stay on track. Study for the ACT here ● 11th Grade: Consider College Aid ● 11th & 12th Grade: Check out this College Countdown Calendar ● 12th Grade: Consider How to Succeed in College and How to Pay for College tips and search for scholarships. Check this site for your college's admissions updates on changing deadlines, fees, etc. Get college questions answered through text here. Schedule a virtual appointment with ICAN here. ● 12th Graders in AP classes: take practice AP tests |
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