

## Unit: Sexual Health

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**Long Term Learning Target:** I can make decisions that positively impact my sexual health.

### (Lesson 1: Healthy Relationships)

#### Learning Targets: Language Targets

I can **write** down common media messages and analyze them.  
I can **listen and verbally** respond to the reality of media messages.  
I can **write** down effective conflict management strategies.  
I can **verbally** practice my conflict management skills to foster healthy intimate relationships.

**Lesson Activities:** Media message vs. reality worksheet and conflict resolution skills worksheet.

### (Lesson 2: Dating Violence)

#### Learning Targets: Language Targets

I can **verbally** define what dating violence is.  
I can **brainstorm and write** down characteristics and behaviors that constitute an unhealthy relationship.  
I can **listen** to effective strategies I can use to support people in unhealthy relationships.

**Lesson Activities:** Types of abuse power and control chart board and worksheet and reading and responding, via writing, to situations related to unhealthy relationships.

### (Lesson 3: Understanding Sexuality-GW)

#### Learning Targets: Language Targets

I can define sexuality by **writing** the definition in my own words  
I can explain in **writing** the difference between biological sex and gender identity.  
I can **brainstorm and write** ways to respect people who identify differently from me.

**Lesson Activities:** Sexual health terminology slides from GW, definitions related to sexual health worksheet and forming responses to questions related to puberty, sexual health and unhealthy relationships on chart board. Written responses with a partner related to respecting people who identify the same and/or differently from me.

#### **(Lesson 4: Abstinence, Consent and Refusal Skills)**

##### **Learning Target: Language Targets**

I can verbally explain what consent is.

I can verbally define sexual abstinence.

I can verbally express refusal skills to avoid risky behavior with my peers.

**Lesson Activities:** Handout with refusal skills and definition of abstinence. Partner work reading scenarios and practicing refusal skills in writing. Reflection writing on the value of abstinence and understanding consent.

#### **(Lesson 5: Sexual Orientation, Gender Identity and Empathy-GW and Mrs. Jolly)**

##### **Learning Targets: Language Targets**

I can write definitions for sexual orientation and gender identity terms.

I can write ways to develop pride in my community.

I can read my peers views on developing pride related to our community.

I can verbally express my thoughts about the peer responses I read.

I can verbally explain what empathy is.

I can verbally use effective and respectful communication skills.

**Lesson Activities:** Worksheet defining terminology related to gender identity and sexual orientation. Stations to read statements and individually respond related to having pride in my school and community. Worksheet from our counselor, Mrs. Jolly, about empathy.

#### **(Lesson 6: Gender Harassment and Erin's Law- Mrs. Jolly)**

##### **Learning Target: Language Target**

I can verbally define Erin's Law.

I can verbally explain what resources are available to me regarding sexual abuse.

**Lesson Activities:** Worksheet and lesson activities currently being formulated with GW resources and our school counselor Mrs. Jolly.