

# Be Leadworthy

Live with honesty and excellence.

*This month, we are challenging students to choose to do the right thing, no matter who is watching. We each aim to live with the ability and willingness to exist with honesty and excellence. **We want to partner with you to highlight your child's integrity.** As you do this month's activities, look for opportunities to celebrate your child's integrity and character growth.*



## 1 ENGAGE: Create a Top Ten List

Ask each member of your family to write a trait, a behavior, or an attitude that demonstrates integrity or honesty on a sticky note. Put all the notes on a wall or table and develop a family definition of integrity based on your responses. Altogether, brainstorm ten ways that personal integrity makes a difference. Consider how it impacts your family, school, community, and world. Facilitate a discussion about what happens when integrity is compromised.



## 2 EMPOWER: Be an Integrity Scout

Ask your family to watch out for any positive behaviors – such as integrity or honesty – that they observe during the week. At the end of the week, encourage everyone to share their observations. Then, ask each family member to write affirmations to individuals who exhibited positive behaviors and deliver them. Finish the activity by having everyone describe what they learned by looking for positive behaviors.



## 3 EXCEL: Live it Out

Ask each family member to share a time when they didn't act with integrity. Perhaps they were dishonest or didn't treat someone with empathy and respect, or maybe they didn't step up when something wrong was happening. Whatever it is, commit to owning the behavior and apologizing to the person or people your behavior may have impacted. Come back together as a family and share what happened when you apologized.

## Conversation Starters

♥ When have you demonstrated integrity, even though it was difficult?

♥ How does breaking a promise impact your relationships? Your integrity?

♥ What do you think it means to be true to yourself?