

# H. B. Mattlin Middle School

## Progressive Developmental Guidance Program

David Goldberg

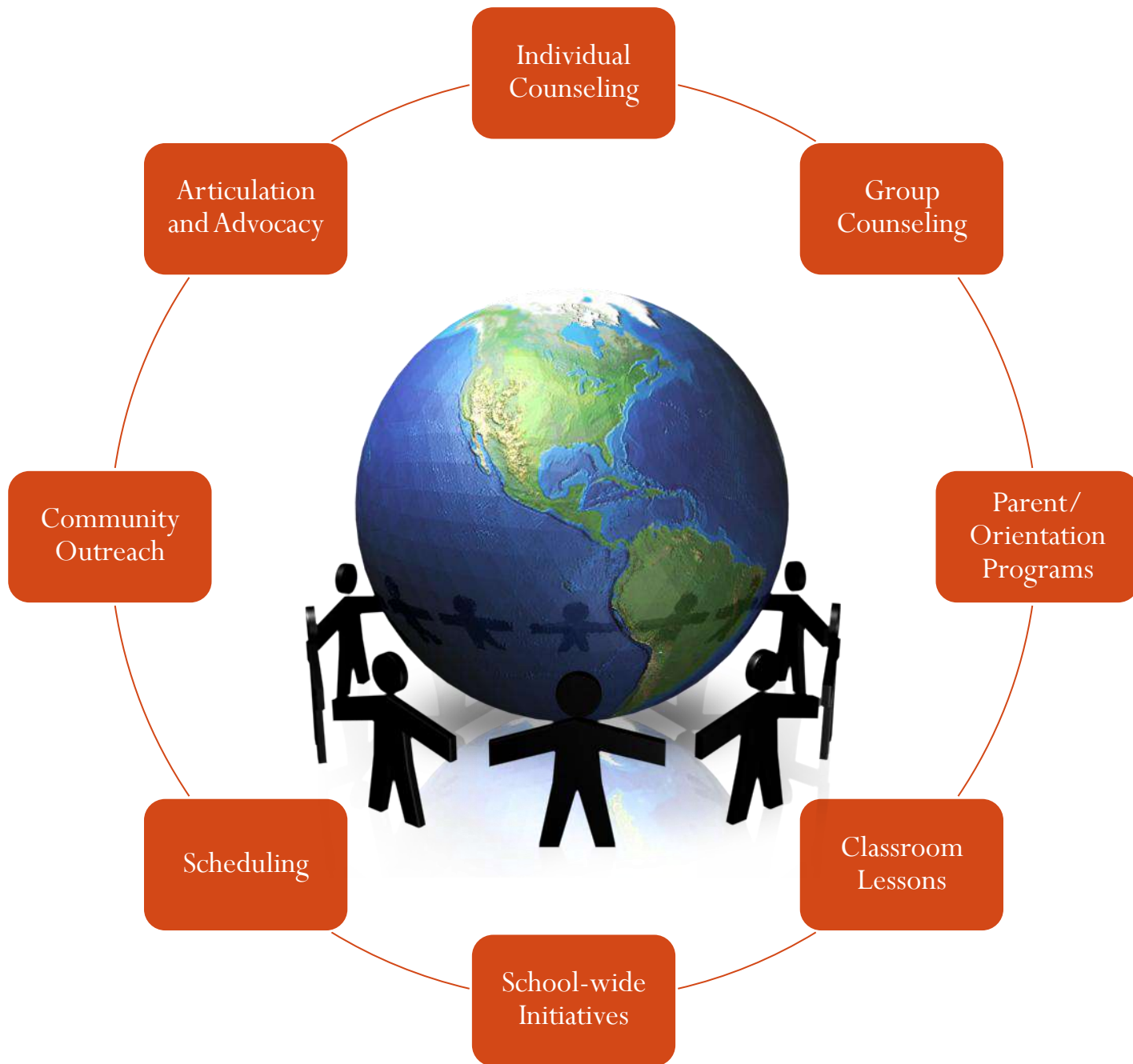
Lorraine Spaterella

Stephanie Ralton

Nicole Gigante (Cathryn Riley, leave-replacement)

Counselor:Student Ratio

Approximately 4: 773



# Mission Statement

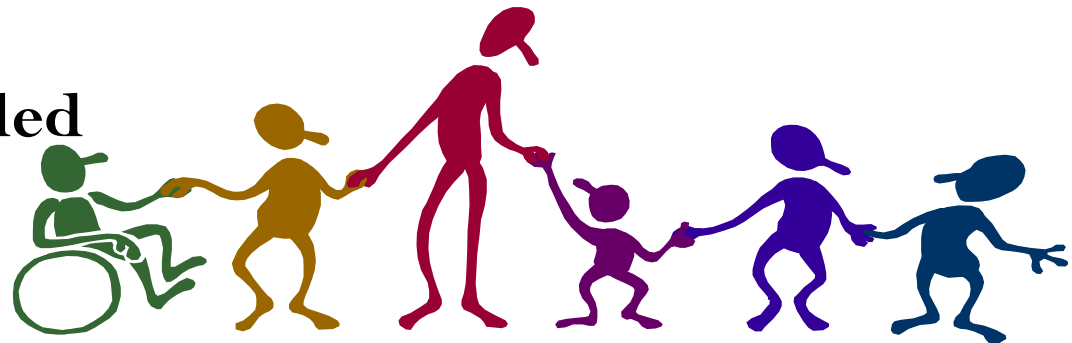
- School counselors are professionally trained and New York State certified professionals whose role is to identify and address student needs through the use of a comprehensive school counseling program geared towards student success. Our main goal is to advocate for our students and ensure that they each have a successful middle school experience. We work with students individually, in small groups, and within the classroom setting to support and assist them with their academic, social/emotional, behavioral, and personal development. We also work collaboratively with students, parents, teachers, and other professionals in order to identify and minimize any barriers that stand in the way of student success. In addition, we serve as an important source of information, resources, and referrals.

# School-wide Initiatives

- **PRIDE Program** – School-wide character education initiative based on Personal Best, Respect, Impulse Control, Decision Making, and Empathy
- **PRIDE Forums** – An opportunity for all students to come together and discuss and brainstorm possible anti-bullying strategies
- **Teacher Forums** – A time for faculty to discuss and share best-practices related to anti-bullying and review student ideas from bullying forum
- **National School Counseling Week** – An opportunity for school counselors to show appreciation for the support of their faculty and students
- **No Name Calling Week** – an annual week of educational activities aimed at ending name-calling of all kinds and providing tools to launch an ongoing dialogue about ways to eliminate bullying in our school
- **Spirit Week** – A week to demonstrate our Mattlin PRIDE
- **Transition Programs** – programs designed to connect students and parents to the expectations of coming years
- **High School Peer Mentor Program** – trained high school students assist 8<sup>th</sup> grade students with their transition to 9<sup>th</sup> grade

# Individual Counseling

- Crisis intervention
- Conflict resolution
- Academic counseling
- Career counseling
- Decision making skills
- Organizational skills
- Transition planning
- Mandated counseling
- Mediation
- Counseling as needed



# Group Counseling

Please note that guidance counseling groups are subject to change based on the specific needs of students.

- **Stress management** – learn strategies cope with stress
- **Friendship group** – learn ways to make new friends
- **Social skills** - learn and practice social skills in a controlled environment
- **Bereavement** – support group for students who have lost a loved one
- **Changing Families** – families of divorce/separation
- **New student** – familiarize new students with Mattlin Middle School
- **Relational Aggression** – learn and utilize strategies positive communication strategies
- **Organization** – learn helpful organizational skill
- **Study skills** – learn helpful study tips and strategies
- **Time management** – learn effective time management strategies
- **Decision making** - learn and practice effective decision making skills
- **Public speaking** - learn helpful skills for public speaking
- **Problem solvers** – learn how to use and apply problem solving skills to real life situations
- **Self esteem** – support for group to assist students in feeling more positive about themselves
- **Anger management** – learn coping skills, triggers, and strategies for managing anger
- **SOS** – peer mentor program which helps children who have difficulty maintaining and sustaining friendships

# Social & Emotional Learning (SEL)/Classroom Lessons

- Introduction to Guidance Lessons
- Transition Programs
- Internet Safety/Cyberbullying
- Sexual Harrassment
- Study Skills, Organizational Skills, and Goal Setting
- Tolerance and Acceptance
- Academic Planning and Scheduling
- PRIDE
- High School 101

Please note that guidance classroom lessons can be individual or small/large group programs. They are tailored to the developmental needs of the grade level.

# Articulation and Advocacy

- **CSE Meetings** – Committee on Special Education
- **504 Meetings**
- **408 Meetings**
- **STARS** – Support Team for At Risk Students
- **ARS** – At Risk Student Meetings with Administration and Support Staff
- **Support Staff Meetings**
- **Team Meetings**
- **Parent/Team Meetings**
- **Articulation/Transition Meetings**
- **Guidance Department Meetings**
- **District-Wide Guidance Department Meetings**





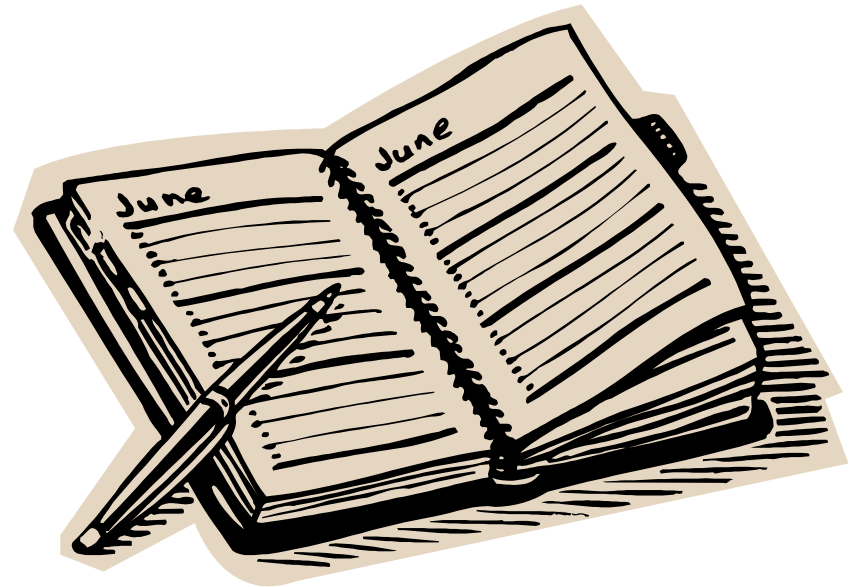
# Parent/Orientation Programs

- **New Student Orientation**
- **Incoming Grade 5 Orientation**
- **Back to School Night**
- **Transition Programs for Grades 5 – 8**
- **Parent /Teacher Conferences**
- **High School 101**
- **8<sup>th</sup> Grade Visitation to High School**
- **8<sup>th</sup> Grade Orientation to High School Electives**
- **Presentations based upon community needs**
  - Past presentations have included:
    - Internet Safety
    - Cyberbullying
    - A Night with John Halligan



# Scheduling

- Grade level scheduling
- Individual Student/Parent Meetings (8<sup>th</sup> grade)
- Input Course Requests
- Course Verification
- Course Placement Counseling (Self-Selection)
- Class Conflict Resolution
- Balance Classes
- Articulation with Teachers



# Community Outreach

- **Newsletters** – provides information on current trends and topics for middle school students and parents (approximately three times per year to all parents)
- **Guidance Website** – provides parents with up-to-date information and resources for their middle school children
- **Ongoing Professional Development**
- **Networking**



# Timeline

Please note that guidance counseling groups and classroom lessons do not have a set timeline. They are incorporated throughout the course of the school-year and are subject to change based on the specific needs of the students.

September	October	November	December	January
<ul style="list-style-type: none"> <li>• Orientation Programs</li> <li>• Articulation</li> <li>• Back to School Night</li> <li>• Scheduling</li> <li>• New Entrant Groups</li> </ul>	<ul style="list-style-type: none"> <li>• Spirit Week</li> <li>• New Entrant Groups</li> </ul>	<ul style="list-style-type: none"> <li>• Parent/Teacher Conferences</li> </ul>	<ul style="list-style-type: none"> <li>• Parent/Teacher Conferences</li> <li>• Mentor Program with High School Students</li> </ul>	<ul style="list-style-type: none"> <li>• High School 101</li> <li>• 8<sup>th</sup> &amp; 9<sup>th</sup> Grade Parent Transition Meeting</li> <li>• No Name Calling Week</li> </ul>
February	March	April	May	June
<ul style="list-style-type: none"> <li>• Parent/Teacher Conferences</li> <li>• National School Counseling Week</li> <li>• Annual Reviews</li> <li>• HS Scheduling Process Begins</li> </ul>	<ul style="list-style-type: none"> <li>• High School 101</li> <li>• 6<sup>th</sup> &amp; 7<sup>th</sup> Grade Parent Transition Meeting</li> <li>• Annual Reviews</li> <li>• Scheduling</li> </ul>	<ul style="list-style-type: none"> <li>• NYSTesting</li> <li>• 5<sup>th</sup> Grade Parent Transition Meeting</li> <li>• Annual Reviews</li> <li>• Scheduling</li> <li>• Career Exploration</li> </ul>	<ul style="list-style-type: none"> <li>• Articulation</li> <li>• NYSTesting</li> <li>• Annual Reviews</li> <li>• Scheduling</li> <li>• 504 Meetings</li> </ul>	<ul style="list-style-type: none"> <li>• High School 101</li> <li>• PRIDE Awards</li> <li>• Articulation</li> <li>• NYSTesting</li> <li>• Annual Reviews</li> <li>• Scheduling</li> </ul>