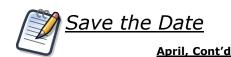
Non-Profit US Postage Paid Permit #3 Simms, MT 59477

Sun River Valley Public Schools PO Box 380 123 Walker Street Simms, Montana 59477 Phone: (406) 264~5110 Fax: (406) 264~5189

WWW.SRVS.K12.MT.US

FACEBOOK.COM/SRVSD

BOXHOLDER AND/OR RR



March

21-22 21 24 25 25 25 28-29	FFA CDE Days @ Miles City HS Tennis Parent Meeting 6:30 pm End Third Quarter Prom Simms HS Region II Principals Cup State Science Fair @ Missoula ACT Test	22 23 23 25-27 25-26 28 28	MS Track @ Belt HS Track @ Choteau MS Solo/Ensemble Music Festival @ Power Poetry Out Loud National Finals @ Wash DC FFA Envirothon HS Tennis @ Big Fork Ronan/Big Fork MS/HS Spring Concert
30— <i>A</i> pri		29	FFA Arbor Day Celebration
1	D—April 2 FFA State Convention @ Bozeman HS Tennis @ MLC 4—Team Clinic/Match Play	29 29 30 30 30	HS Tennis Dawg Bite @ Helena MS Track @ Highwood HS Tennis Divisional Preview @ Choteau HS Track @ Great Falls Fairfield/Belt Invite MS Track @ Choteau Fairfield Invite
2 4-7	HS Tennis @ Anaconda/PBurg Duals	May	
	MAPS Testing MS Track—1st day of Practice	<u>May</u> 3	HS Track Top 8 @ Great Falls
4 5	Awards	4-8	BPA Nationals @ Dallas
6 7	MS/HS Track Photos	6-7	HS State Music Festival @ Helena
	District 6 Music Festival	6	HS Tennis @ MLCC Choteau/Simms
7	HS Tennis/Track Photos	6	HS Track Brent Hitchcock Meet @ Great Falls
8	District 6 Solos/Ensembles @ CMR	10	FFA/BPA Awards Dinner
8 8	HS Tennis Darby/Bigfork @ Bigfork MS Track @ Choteau	10	School Board Meeting 7:00 pm
9	HS Tennis @ Choteau Invitational	12-13	Simms Play: "The Rock"
9	HS Track @ Lewistown	12-13	
12	ACT Make-up Test	13-14	Leap Up Day HS Tennis Divisionals @ Choteau
13	School Board Meeting 7:00 pm	14	HS Track District 10-C @ Great Falls
14	HS Tennis @ MLCC		_
14	HS Track @ Cut Bank	19-21	HS Tennis State @ Bozeman
18	No School—Spring Break	19-20	HS Track Divisionals @ Great Falls
21	FFA Earth Day Celebration	22	HS Class of 2022 Graduation 1:00 pm
21 22-23	MS Sports Photos HS Tennis Simms Invite @ Great Falls	26	Ft. Shaw Spring Concert
22	HS Track Frosh @ Power	27-28 30	HS Track State B & C @ Great Falls No School Memorial Day

SUN RIVER VALLEY SCHOOL DISTRICT **NEWSLETTER**



~ From the Desk of the Superintendent ~

I would like to thank our community for the support that you have given our schools the past two years. As the end of the school year approaches we are excited to see our students competing in person and succeeding in Athletics, State Business Professionals of America and State Science Fair.

As you know we have lost two amazing employees and friends recently, Bev Carlisle and Mark Dees. Two truly amazing individuals who wanted nothing more than to be there for the kids in our district. They are irreplaceable.

While this year begins to wind down I look forward to an exciting 2022-2023 school year in the Sun River Valley. I hope you and your family enjoy time together this spring and that you appreciate all Montana has to offer for outdoor family activities!

Dave Marzolf SRVS Superintendent

May



April-May

These next two months I would like to focus on the multiple ways our parents, guardians, and families get involved in school and how important that is. Please make sure to contact the school if you have any questions.

Student Achievements

Simms High School activities had a great post season this winter. Wrestling B-C Divisional hosted in Butte, MT this year had: Dayne Sullivan 1st place, Steven Schubarth 2nd place, and Michael Leach 5th place. Simms Wrestling has the following student athletes qualify for State: Haley Wade, Morgan Feist, Lilian Schubarth, Michael Leach, Steven Schubarth, Dayne Sullivan. Simms Tigers had the following athletes place at State Wrestling: Harley Wade 103 lbs. 3rd place, Lilian Schubarth 126 lbs. 6th place, Steven Schubarth 120 lbs. 3rd place, and Dayne Sullivan 126 lbs. 4th place.

Speech and Drama students placed in the B-C Divisional hosted in Choteau. (Humorous Solo) Blaine Thielman 4th place, (Dramatic Solo) Roland Carrier 6th place, and (Dramatic oral Interpretation) Hannah Nivens 6th place. Student and coaches had a great season and experienced many individual achievements.

Basketball Girls and Boys had great seasons. The boys team made it to loser out in District basketball but fell short to qualify for the Divisional. Simms Girls won the conference and place second in the District tournament. At Divisional the following morning the Tigers were eliminated from the tournament.

Activities in Simms are on the rise in all programs. Congratulations to all coaches and student-athletes.

Upcoming Important Academic Dates:

-12th Grade Last Week of School May 16-17-18 (May 18th Rehearsal in Gym)

-Last day of School (Fri, June 3^{rd}) Release 12:45 Simms

Simms Athletic Department

SPRING Activity Schedules are being placed on the school Google calendar. Please take notice of current updates for March-April-May.

*All Schedules are subject to changes.

NEXT YEAR

2022-2023 Activity Schedules for SRVS released to the public, in the coming months.

2022 HOMECOMING WEEK Sept 5 – 10

Luke McKinley
SHS/SRMS Principal

Commencement: "Class of 2022"

The Class of 2022 will conduct its commencement ceremony starting a 1:00 o'clock pm, May 22 (Sunday).

Congratulations Simms Senior students and families!

Parents of students in these areas, please expect a letter in the email indicating general reminders and notifications. Please contact the school if any parents in the senior class are interested in helping out with this activity.

The advisers assisting Mr. McKinley with commencement:

2022 (Advisers): Robert Hazenberg, Jennifer Hazenberg, Josh Sheldon.

Students of the Month (February)

HS – Cassidy Rasmussen 10th Grade MS – Cadence Crookston 6th Grade

Congratulations Simms Students of the Month!



FFA

Celebrating National FFA Week at the end of February is always a momentous occasion. The Simms FFA chapter celebrated with a variety of events including a QR code scavenger hunt. We had 15 students participate in the scavenger hunt throughout the week. There were 12 items that were clues. Most were history of the Simms FFA.

We have been working on Science Fair projects in the Ag, Food, and Natural Resources class. Other members have worked in their science classes to complete a project. Students have to come up with an experiment, collect data, analyze the data, write a paper, complete a display, and present to community volunteer judges. Middle school and high school students compete in the Simms Science Fair. 18 freshman members put in 10 projects with 5 qualifying to move to Regionals. 11 sophomores put in 10 projects with 6 qualifying to move to Regionals.

The top sophomore project was by FFA member, Hunter Miler, the second place sophomore project was FFA member Hudson Rohrer with partner Will Mishler. 7 juniors put in 5 projects with 3 qualifying to move to Regionals. The top project from Simms Science Fair was completed by junior class FFA member, Baylee Herman. Aydan Estes and Brogan Zumbrum were recognized at the Regional Science Fair with the Stockholm Junior Water prize.

It is time for students to apply for state and national awards. We had two seniors receive their state degree. Kaleb Bean has worked changing irrigation systems in the summers and currently works in food service. He has participated in several of our community service projects including Little Free Pantries, Books for Bikes, and picking pumpkins for the community pumpkin party. He has competed in range science, and participated in the virtual National Convention. Steven Schubarth has applied for both his State FFA Degree and a Proficiency award in Wildlife Production and Management.

Once again, the Simms FFA completed a National Chapter Application. The National Chapter Award Program is designed to recognize FFA chapters that actively implement the mission and strategies of the organization. This year Simms highlighted several activities including: The officer retreat, pig personality tests, Tigers Touring for Tomorrow career events, Pull Your Share Knapweek pull, Books for Bikes, Little Free Pantries, Ag Adventures Camp, and Trace Your Tray National Ag Day events.

The agriculture classes are busy. We have switched from woods to welding. The Ag Mechanics class finished up small engines and metallurgy and are starting plumbing, AFNR completed natural resources and is starting plant systems. The middle school class worked on hydroponics and an intro to the livestock industry and is starting crop production.

Jodi Koterba FFA Advisor



Dear Parents / Guardians, and Students,

Coming to a Close. Sun River Valley School

Nutrition's has exciting plans for the 2022-2023 school meal program. Our goal is to serve nutritious, well-balanced meals that appeal to students and the school community. We are pleased to provide a comprehensive school dining program at Sun River Valley School that meets the National School Lunch and Breakfast Program requirement and engages students in developing a positive "Fooditude".

Our Team at Sun River Valley Nutrition are pleased to offer Homemade from Scratch meals, along with introducing our mission of "REAL" foods.

Robust flavor
Exceptional ingredients
Avoiding additives
Loaded with nutrients

Have a Great Summer Betty, June, Lynn, Michelle, Jenna and Sam

HOUSE MADE GRANOLA

4 cups old-fashioned rolled oats (use certified gluten-free oats for gluten-free granola)

- 1 ½ cup raw nuts and/or seeds (we used toasted pumpkin seeds)
- 1 teaspoon fine-grain sea salt (if you're using standard table salt, scale back to ¼ teaspoon)
- ½ teaspoon ground cinnamon
- ½ cup melted coconut oil or olive oil
- 1/2 cup maple syrup or honey
- 1 teaspoon vanilla extract
- 2/3 cup dried fruit, chopped if large (I used dried cranberries)
- Totally optional additional mixins: ½ cup chocolate chips or coconut flakes*

INSTRUCTIONS

- Preheat oven to 350 degrees Fahrenheit and line a large, rimmed baking sheet with parchment paper.
- In a large mixing bowl, combine the oats, nuts and/or seeds, salt and cinnamon. Stir to blend.
- Pour in the oil, maple syrup and/or honey and vanilla. Mix well, until every oat and nut is lightly coated. Pour the granola onto your prepared pan and use a large spoon to spread it in an even layer.
- Bake until lightly golden, about 21 to 24 minutes, stirring halfway (for extra-clumpy granola, press the stirred granola down with your spatula to create a more even layer). The granola will further crisp up as it cools.
- Let the granola cool completely, undisturbed (at least 45 minutes) Top with the dried fruit (and optional chocolate chips, if using). Break the granola into pieces with your hands if you want to retain big chunks, or stir it around with a spoon if you don't want extra-clumpy granola.
- Store the granola in an airtight container at room temperature for 1 to 2 weeks, or in a sealed freezer bag in the freezer for up to 3 months. The dried fruit can freeze solid, so let it warm to room temperature for 5 to 10 minutes before serving.



Beef

To School

Sun River Valley School will be featuring local beef at our school!

We are excited to be part of the Montana Beef to School movement not only for its nutritional benefits, high quality taste, and freshness but also for the partnerships it cultivates between our school and Montana ranchers and businesses.

Beef to school efforts can increase the sustainability and viability of regional food systems as they have the potential to: Enhance food literacy and connections to local agriculture.

Keep money circulating in local economies by supporting local ranchers, processors, and businesses.

Reduce the need for transportation, packaging, and other inputs. Increase access to high quality local food.

Provide producers an additional stable market for their beef. Utilize cattle that are fed and finished on locally available feeds as opposed to importing feeds into the state.

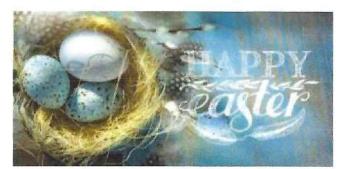
In the 2015 school year, approximately 40% of Montana schools participated in farm to school efforts and 47% of those schools sourced local meats, including beef. In our state, and across the county, producers and consumers experience a host of social, environmental, and economic benefits from local procurement efforts that link local beef producers and processors with schools in their communities.

Personally, we are very excited about being part of making certain our School get to enjoy our locally grown beef. For additional information please contact:

Betty Rae 406-899-5517 Lynn 406-781-0523 Michelle 406-916-6844



April SRVS Nutrition



Simms High / Fort Shaw Middle / Vaughn

otato Wedges	Cheesy Veggi	e Soup	Salisbury Steak Mashed Yukons			n	
		Cheesy Veggie Soup		Salisbury Steak Mashed Yukons & Gravy		Orange Chicken Fried Rice	
Breakfast Wrap	4/12 Lentil Soup Bread Stick	Pancakes & Links	4/13 General Chicken Noodles	Baked Oatmeal	4/14	Scone	
ED	4/19 Terriyaki Chio	Biscuit & Gravy	4/20 Meat Sauce & R	Fruit Smothies	Turk	ey Gyro	
4/25 Breakfast Wrap Thai Chicken Asian Noodle		4/26 Pancakes & Links Taco Soup Chips		4/27 Baked Oatmeal Chicken & Waffles Maple Gravy		Meat Ball Sub Chips	
	tatoes	Lentil Soup Bread Stick 4/19 Terriyaki Chic Noodles Breakfast Wrap 4/26 Taco Soup	Lentil Soup Bread Stick 4/19 Biscuit & Gravy Terriyaki Chicken Noodles Breakfast Wrap 4/26 Pancakes & Links Taco Soup	Lentil Soup Bread Stick 4/19 Biscuit & Gravy 4/20 Terriyaki Chicken Noodles Breakfast Wrap 4/26 Pancakes & Links 4/27 Taco Soup General Chicken Noodles	Lentil Soup Bread Stick 4/19 Biscuit & Gravy 4/20 Fruit Smothies Terriyaki Chicken Noodles Breakfast Wrap 4/26 Pancakes & Links Taco Soup Chicken & Waffles	Lentil Soup Bread Stick 4/19 Biscuit & Gravy 4/20 Fruit Smothies 4/21 Terriyaki Chicken Noodles Breakfast Wrap 4/26 Pancakes & Links Taco Soup Chicken & Waffles Maple Gravy General Chicken Noodles 4/20 Fruit Smothies 4/21 Turke Chicken & Waffles Maple Gravy Meat	

Breakfast Includes: Protein / Grain / Fruit / Milk or Juice - Lunch Includes: Protein / Salad / Grain / Veggies / Milk

Note: The Kitchen stall does not discriminate based on race, color, national origin, sex, age or disability



Morning!!

Yogurt Bar Fresh Fruit / House Made Granola Boiled Egg / Cheese Stick Steal Cut Oats or Cream of West Milk or Juice



May 2021 SRVS Nutrition



Simms High / Fort Shaw Middle / Vaughn

Simms High / Fort Shav		7/1	Y		
5/1 Breakfast Muffin	5/2 Biscuit & Gravy	5/3 Western Scramble	5/4 Muffin		
Sloppy Joes	Orange Chicken	Baked Potato Bar	Almer -		
Mac & Cheese	Fried Rice	Chili			
The Concess	The rice		American Control of the Control of t		
5/9 Breakfast Wrap	5/10 Eggs & Links	5/11 Fruit Smothies	5/12 Cinnamon Roll		
Chili Dogs	Scalloped Potatoes	Hot Dogs	Beans & Franks		
HOT DOG WEEK	Little Smookies	Mac & Cheese			
5/16 Breakfast Muffin	5/17 Biscuit & Gravy	5/18 Western Scramble	5/19 Scone		
Navy Bean Soup	Teriyaki Chicken	Chili	Chicken Ranch Wraps		
Rolls	Asain Noodles		Chips		
		Cinnamon Rolls			
5/23 Breakfast Wrap	5/24 Waffles & Links	5/25 Fruit Smothies	5/26 Muffin		
		The state of the s			
Spaghetti & Meatballs	Pulled Pork Sandwich	100	Taco Bar		
	Mac & Cheese	PIZZA	A SERVICE OF CHEST CONT. AND CHEST CONT.		
5/30 Breakfast Muffin	5/31 Biscuit & Gravy	June 1st Pancakes & Links	June 2 nd June 3rd		
	FORET S CHOICE		COHET'S CHOICE		
0-1					

Breakfast Includes: Protein / Grain / Fruit / Milk or Juice - Lunch Includes: Protein / Salad / Grain / Veggies / Milk

Note: The Kitchen stall does not discriminate based on race, color, national origin, sex, age or disability



Morning!!

Yogurt Bar Fresh Fruit / House Made Granola Boiled Egg / Cheese Stick Steal Cut Oats or Cream of West Milk or Juice





ALLERGAN Alert Let us know