



Maple Hill High School

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Athletic Department

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To Schodack Central School Families:

As the 2021-22 school year comes to an end, I wanted to send out information regarding athletics for the 2022-2023 school year. While we are just now breaking for the summer, believe it or not, fall sports will rapidly approach. Athletics is a very important part of the student experience, and although we recognize that athletics is not for everyone, we encourage all students to consider participating in sports.

The start date for athletes competing at the JV and Varsity levels will begin on **Monday, August 22nd**. Additionally, for athletes competing at the modified level (7th & 8th grade), fall sports will begin on **Monday, August 29th**. The athletic department holds a Chemical Health and Meet the Coaches Night prior to each season, which is required for each athlete and family to attend. Meet the Coaches Night will be held on **Monday August 15th at 6:00pm**.

In the fall season we offer the following athletic teams:

- Girls Modified, JV and Varsity Soccer
- Boys Modified, JV and Varsity Soccer
- Girls JV and Varsity Volleyball
- Girls Varsity Tennis
- Girls Modified and Varsity Cross Country
- Boys Modified and Varsity Cross Country
- Varsity Golf

The requirements to participate in athletics include having an updated physical from your physician on file in the nurse's office. Physicals are valid for one calendar year. An athlete will be unable to participate without a valid physical.

Parents/Guardians of athletes will also need to register their child(ren) on our online FamilyID program which will include all of the required paperwork to participate in athletics. Registration on the FamilyID program will begin on **Monday, July 25th and close on Wednesday, August 10th**. Instructions to create an account on FamilyID are attached to this letter. If you already have a family ID account, you do

not need to create a new one; you can continue to use your current account. I have included the link to our FamilyID page below.

[FamilyID](#)

When registering, 9-12th grade students should be registered for JV and Varsity sports and 7th and 8th grade students should be registered for modified sports. Coaches will place students on the appropriate teams during the tryout process. If the desired sport is not offered at the modified level, any athlete in grade 7-12 may be registered for the high school level team.

Any 7th and 8th grade student that wishes to participate on a high school level team must be approved through the Athletic Placement Process (APP). If there is no modified team offered, then students may register for the high school level team. If there is a modified team for the desired sport, any 7th or 8th grade student should be recommended by the coach and Athletic Director for APP approval. If approved, the athlete and parent must complete the APP registration on FamilyID and the student would need to be medically approved by the school physician to continue the process. The student then must pass the physical fitness portion to be able to try out for the high school level team.

If you have any questions or concerns you may contact me at msilver@schodack.k12.ny.us or 732-7701.

We hope you have a great summer and we look forward to seeing you in the fall!

Sincerely,

Mike Silver

Athletic Director