

What is a Mandala?

Once you discover what a mandala is you'll begin to see them everywhere!

Mandala is a Sanskrit word that loosely translates to mean “circle” or “center.”

We often associate the word **mandala** with the circular designs that have **repeating colors, shapes, and patterns radiating from the center**. Mandalas can be precise, carefully measured, geometric, and perfectly symmetrical, or in contrast, free flowing, organic, and asymmetrical. Mandalas are often drawn in circles but they can also be drawn in squares.

Mandalas in Nature- Snowflakes, flowers, and shells like the nautilus pictured below are all examples of where mandalas show up in nature.

