Energy transfers and matter changes happen together

What changes do we observe in the matter?

Matter

What particle-level changes are happening in the matter? Fields generated by matter result in forces

## How and why is this phenomenon occurring?

## Forces

What forces are acting on matter? When are these forces balanced or unbalanced?

## Energy

How do we know there is energy in the system?

Where (and how) is energy being transferred?

Forces can transfer energy