

Low Blood Glucose (Hypoglycemia) Emergency Care Plan WITH/WITHOUT INSULIN PUMP

Student name:Click or tap here to enter text. **Date of Birth:**Click or tap here to enter text.

Address:Click or tap here to enter text. **State:**Click or tap here to enter text. **Zip Code:**Click or tap here to enter text.

Parent/guardian:Click or tap here to enter text. **Phone:**Click or tap here to enter text. **Cell:**Click or tap here to enter text.

Emergency Contact:Click or tap here to enter text. **Phone:**Click or tap here to enter text. **Cell:**Click or tap here to enter text.

Healthcare Provider:Click or tap here to enter text. **Office Phone:**Click or tap here to enter text. **Fax:**Click or tap here to enter text.

An adult must accompany/stay with any student suspected of having low glucose!

IF YOU SEE THIS...

DO THIS

Signs of Low Blood Glucose:

- Headache
- Sweating, pale
- Shakiness, dizziness
- Poor coordination
- Tired, falling asleep in class
- Inability to concentrate
- Student states they don't feel "right" or feel "funny"

Never send a student with suspected low blood glucose anywhere alone.

1. Immediately notify the school nurse or PDA.
2. Check the student's blood glucose level (if possible).
3. If blood glucose is < ____mg/dL OR the student is symptomatic, give one of the following "pure" forms of sugar (approximately ____ grams):
 - ____ oz. juice (not low calorie/reduced sugar)
 - ____ glucose tablets or 1 glucose gel
 - ____ Sweet tart candies
 - ____ oz. regular soda (not diet/sugar-free)
 - Other: _____
4. If the student is having moderate symptoms such as slurred speech, loss of coordination, or is combative, give 15 grams of glucose gel between the cheek and gum.
5. Recheck BG in 15 minutes and repeat carbohydrate treatment if BG < ____ or if child continues to be symptomatic.
6. Recheck BG in 15 minutes.
 - If BG remains < ____ or child symptomatic, repeat carbohydrate treatment and call parent/guardian to come to school to pick up child. Student will not be transported on school bus with low BG < ____ within 30 minutes of departure.
 - If BG is > ____, follow with ____ gram complex carb snack (e.g., cheese and crackers), if the next meal is more than 1 hour away.

IF YOU SEE THIS...	DO THIS
<p>Signs of SEVERE Low Blood Glucose:</p> <ul style="list-style-type: none"> • Unconscious • Unresponsive • Difficulty swallowing • Seizure activity 	<ol style="list-style-type: none"> 1. Position the student on their side to prevent choking. 2. Contact the school nurse or trained diabetes personnel immediately. 3. The appropriate staff must administer glucagon, as indicated in the student's IHP. 4. Call 911 5. Contact the student's parents/guardians. 6. <u>Remain with the student until Emergency Medical Services arrive.</u> <p>*If administration of glucagon is not authorized by the student's IHP, or if it is not available, staff should call 911 immediately.</p> <p>**Emergency Medical Technicians (EMTs), are not authorized to administer injectable glucagon and must wait for paramedics or advanced EMTs to administer IV glucose.³⁰ Therefore, it is critical for appropriate staff to administer glucagon and not delay care.</p>

Health Plan and medication must accompany student on any field trip or school activity.

****Keep plan readily available for substitutes!****

Attention Bus Drivers: To activate emergency procedures-pull over, call dispatch to call 911