

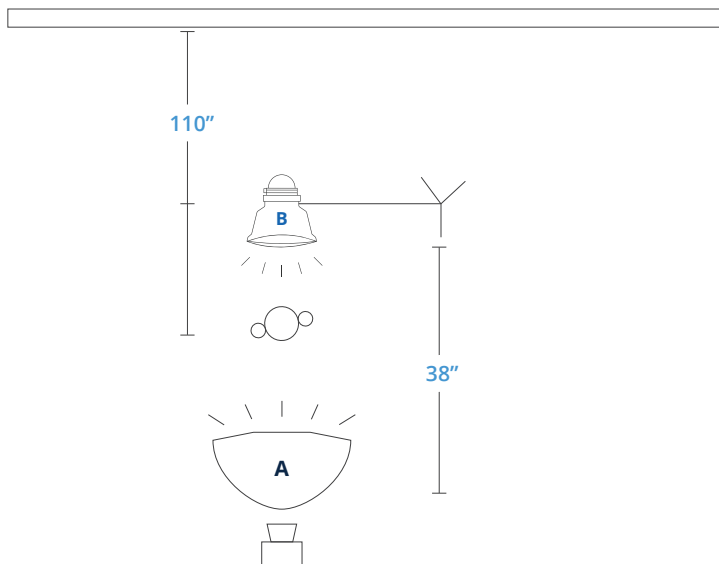


# THE FORMULA

## Lighting Tips & Tricks

### 5 Ways to Use a Softbox - Setup 1

Ab Sesay (@absesay\_photo) | Watch at: [www.sekonic.com/formula05](http://www.sekonic.com/formula05)



| Light                                    | Meter Reading | Gel | Height |
|------------------------------------------|---------------|-----|--------|
| A: Rotalux Indirect Octa 150cm (59")     | f 8.0         | N/A | 90"    |
| B: Hair Light w/ Main Standard Reflector | f 11.1        | N/A | 80"    |

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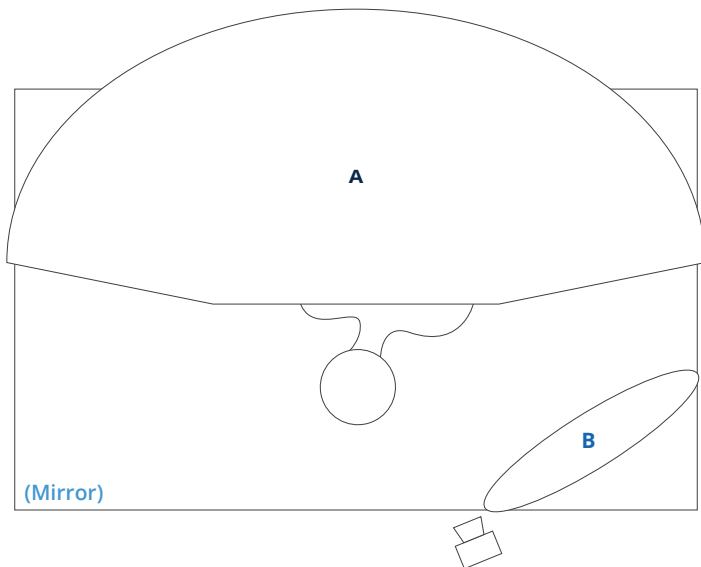


# THE FORMULA

## Lighting Tips & Tricks

### 5 Ways to Use a Softbox - Setup 2

Ab Sesay (@absesay\_photo) | Watch at: [www.sekonic.com/formula05](http://www.sekonic.com/formula05)



| Light                                | Meter Reading | Gel | Height |
|--------------------------------------|---------------|-----|--------|
| A: Rotalux Indirect Octa 150cm (59") | f 20          | N/A | 50"    |
| B: Reflector                         | f 20          | N/A | 0"     |

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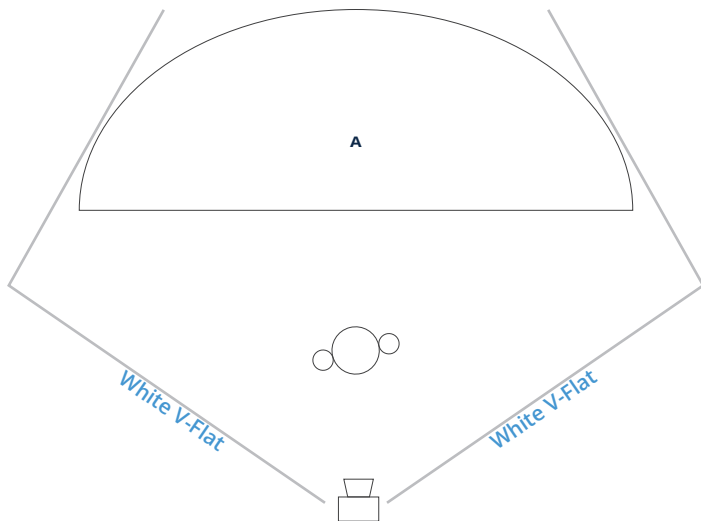


# THE FORMULA

Lighting Tips & Tricks

## 5 Ways to Use a Softbox - Setup 3

Ab Sesay (@absesay\_photo) | Watch at: [www.sekonic.com/formula05](http://www.sekonic.com/formula05)



| Light       | Meter Reading | Gel | Height |
|-------------|---------------|-----|--------|
| A: Indirect | f 18          | N/A | 90"    |

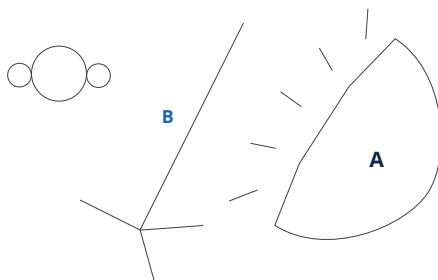


# THE FORMULA

## Lighting Tips & Tricks

### 5 Ways to Use a Softbox - Setup 4

Ab Sesay (@absesay\_photo) | Watch at: [www.sekonic.com/formula05](http://www.sekonic.com/formula05)



| Light                                | Meter Reading | Gel | Height |
|--------------------------------------|---------------|-----|--------|
| A: Rotalux Indirect Octa 150cm (59") | f 14.1        | N/A | 70"    |
| B: Diffuser                          | f 11          | N/A | 90"    |

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# THE FORMULA

## Lighting Tips & Tricks

### 5 Ways to Use a Softbox - Setup 5.1

Ab Sesay (@absesay\_photo) | Watch at: [www.sekonic.com/formula05](http://www.sekonic.com/formula05)



F 2.8



| Light                                   | Meter Reading | Gel | Height                 |
|-----------------------------------------|---------------|-----|------------------------|
| A: Rotalux Indirect<br>Octa 150cm (59") | f 8           | N/A | Center at<br>eye level |

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# THE FORMULA

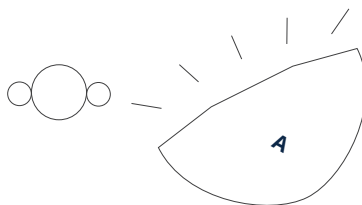
## Lighting Tips & Tricks

### 5 Ways to Use a Softbox - Setup 5.2

Ab Sesay (@absesay\_photo) | Watch at: [www.sekonic.com/formula05](http://www.sekonic.com/formula05)



F10



| Light                                   | Meter Reading | Gel | Height                 |
|-----------------------------------------|---------------|-----|------------------------|
| A: Rotalux Indirect<br>Octa 150cm (59") | f 18          | N/A | Center at<br>eye level |

**SEKONIC®**

# Sekonic L-858D-U SpeedMaster

## Key Features:

- Ambient & Flash (PC Sync Terminal, Cordless or Optional Wireless Radio Flash) \*
- Incident Light and built-in 1°R Spot Metering with Viewfinder
- Photo, Cine, and HD Cine Metering Modes
- HSS Flash & Flash Duration Measurements
- Flash Analyzing Function
- Exposure Profile Function
- All Weather Design
- Filter/Exposure/Calibration Compensation
- Custom Setting
- Runs on Two AA Batteries

\*Optional Radio Transmitters available for wireless radio flash measurement compatible with PocketWizard, Elinchrom and Phottix.



**SEKONIC®**  
CONTROL LIGHT