

Letter Home



Dear _____ ,



This week the title of the newspaper was _____ .



The person in the news was _____ .



I learned about a place called _____ .



We made _____ .



I learned four new words: _____ ,

_____ , _____

and _____ .



My favorite part of the paper was _____

because _____ .

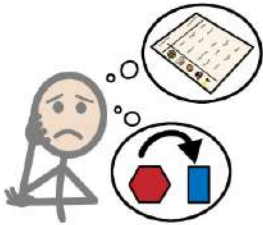
  From, _____

Word Definitions

Name: _____

Write your own definitions for the words.

stress



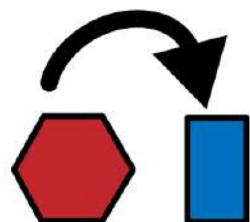
everyone



feel



change



Find the Sound

Name: _____

Each picture has // in it at the beginning, middle or end.

Say the word. Write the letter "l" in the box where the sound is located.

Example:

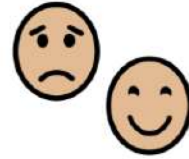


feel

Beginning

Middle

End



feelings

Beginning

Middle

End



schedule

Beginning

Middle

End

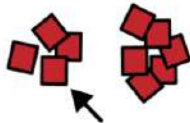


school

Beginning

Middle

End



less

Beginning

Middle

End



lonely

Beginning

Middle

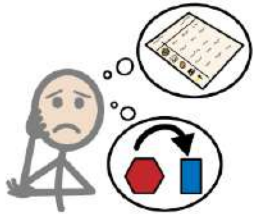
End

Beginning Letter

Name: _____

1. Start at the dots. Trace the letters.
2. Alphabetize the words. Record the order using the small boxes on the right using 1, 2, 3 and 4.

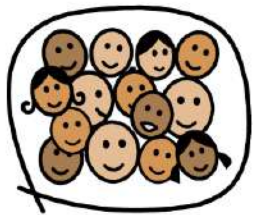
stress



s s s

☐

everyone



e e e

☐

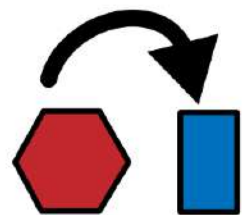
feel



f f f

☐

change



c c c

☐

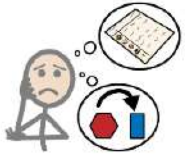
a b c d e f g h i j k l m n o p q r s t u v w x y z

Write the Word

Name: _____

1. Write the word.
2. On the line below the word, write a sentence using the word.

stress



stress

everyone



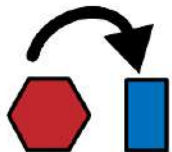
everyone

feel



feel

change



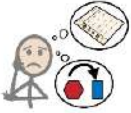
change

Cursive

Name: _____

1. Practice writing the beginning letter and word.
2. On the line below the word, write a sentence using the word.

stress



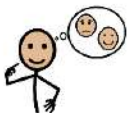
s s s stress

everyone



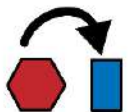
e e e everyone

feel



f f f feel

change



c c c change

Word Sort

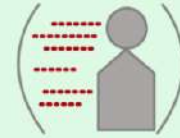
Name: _____

1. Cut out the words/pictures. Glue the top section of the page to construction paper.
2. Sort the nouns and verbs.

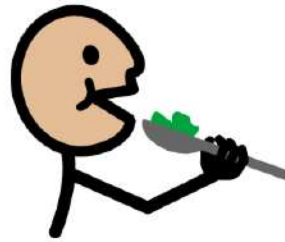
Nouns



Verbs



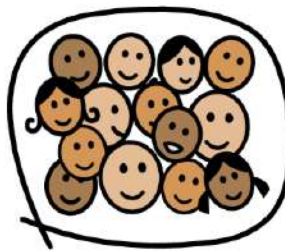
April



eat



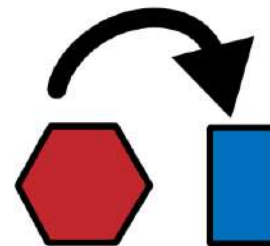
feel



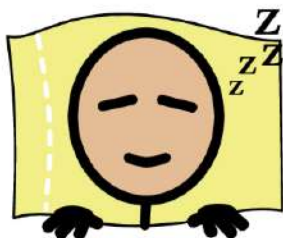
everyone



school



change



sleep

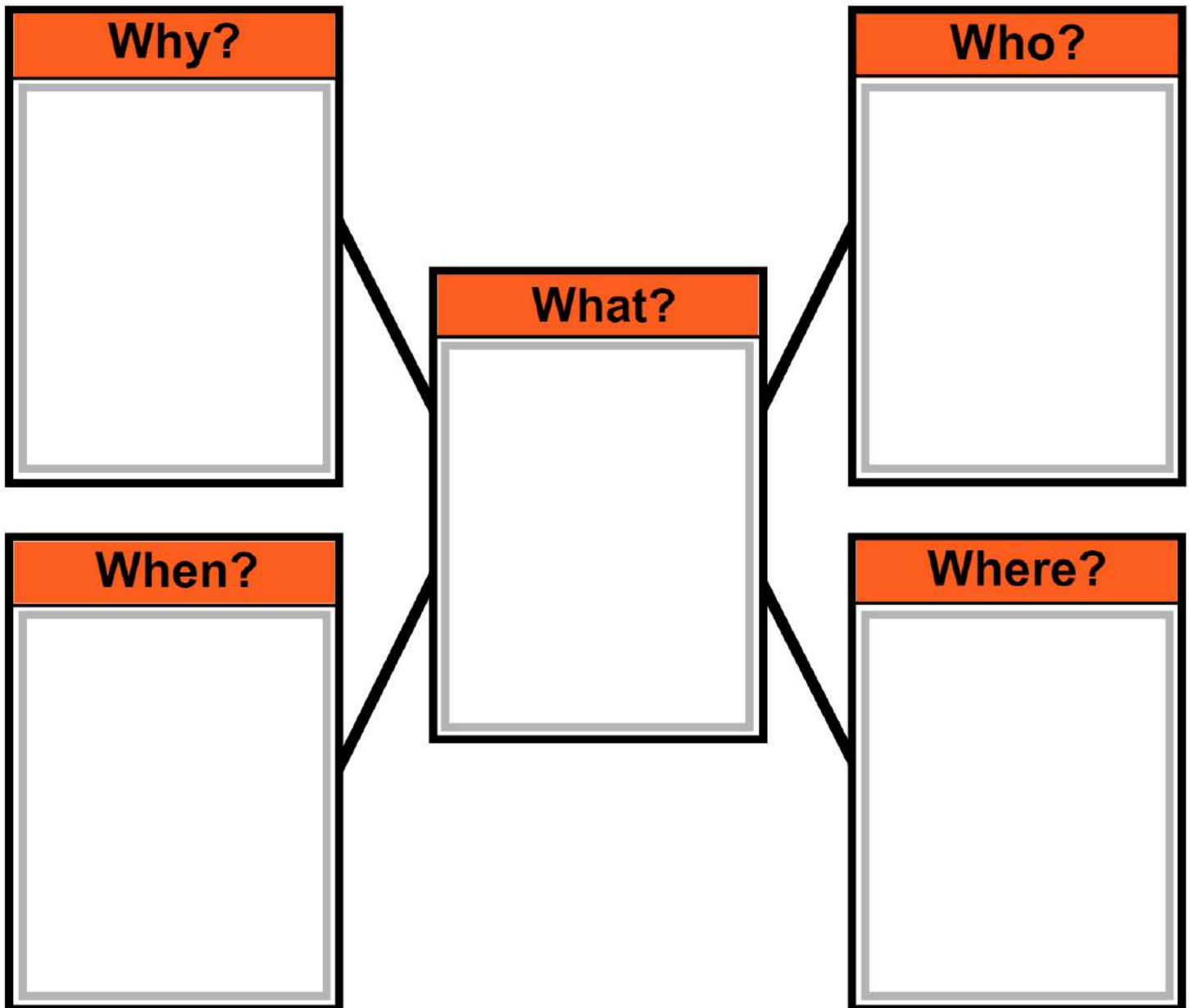


homework

Webbing

Name: _____

Choose a picture/word card to fill in each part of the web.



<p>school counselor</p>	<p>Stress Awareness Month</p>	<p>school</p>	<p>learn about stress</p>	<p>April</p>
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Write a Story

Name: _____

Use one, two or all of the following words to write a sentence or a story.

cause

stress

everyone

feel

change

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Capitalization

Name: _____

The first word in a sentence begins with a capital letter. Proper nouns are also capitalized. Proper nouns name a specific noun such as a person's name, a city, an ocean, state or country.



Circle the capital letters.

1. April is National Stress Awareness Month in the U.S.
 2. Changes to Dylan's schedule can cause stress.
 3. Mr. Smith has an office at Main Street School.
-



Underline the letters that should be capitalized.

4. friends help cooper feel less stress.
5. the boy talked to the school counselor on monday.
6. stress may make sophie feel sad.

Capitalization and Punctuation

Name: _____

1. Circle all the capitalization and punctuation errors in each sentence.
2. Write the corrected sentence below each sentence.

1. You may feel Stress when you are worried.

_____ (1 error)

2. homework and Tests can cause stress too.

_____ (2 errors)

3. Stress can change Your Body too.

_____ (2 errors)

4. April is national Stress Awareness month

_____ (3 errors)

5. what do You do when you feel Stress.

_____ (4 errors)

Key Topic Facts

Name: _____

The topic of this week's paper was: Stress Awareness Month.

Write three facts that you remember from the paper.





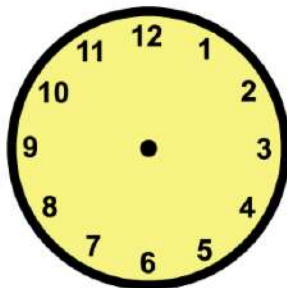


Time Lapse

Name: _____

Read the question. Find the answer. Place the time on the clock.

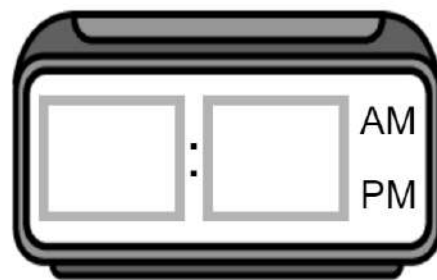
This morning I took a test online. I started taking the test at 10:00 and finished the test 1 hour later. What time did I finish the test?



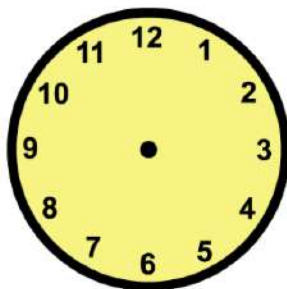
1:00

11:00

8:00



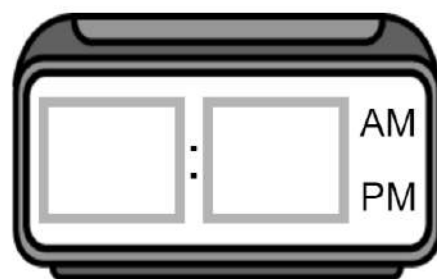
This afternoon my sister had a meeting with a school counselor. The meeting started at 1:00 and lasted 30 minutes. What time did the meeting end?



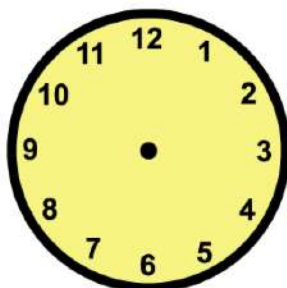
4:00

3:30

1:30



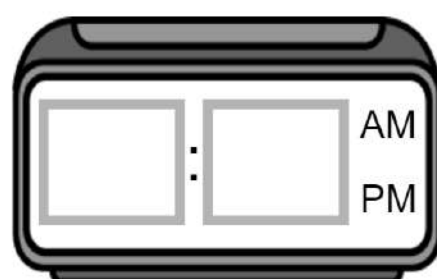
This afternoon my friend read a book to feel less stress. He started reading at 3:30 and read for 1 hour and 30 minutes. What time did he stop reading?



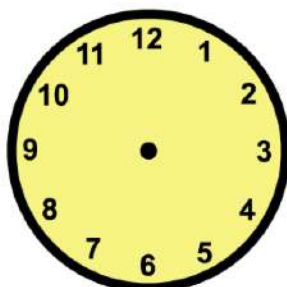
5:00

5:30

6:00



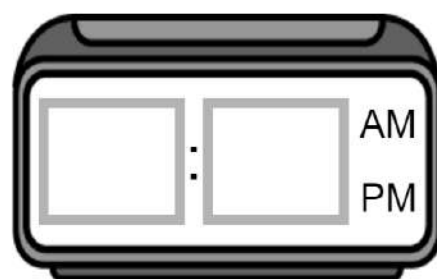
This evening my mom and I cooked healthy foods for dinner. We started cooking at 6:30 and cooked for 45 minutes. What time did we stop cooking?



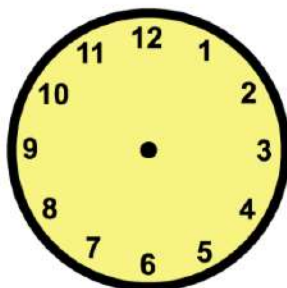
8:15

7:30

7:15



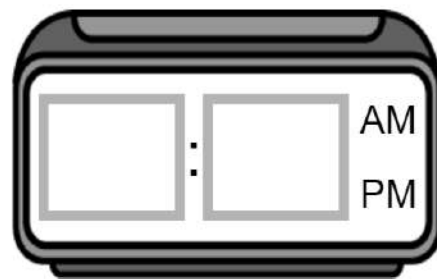
This morning in health class, my brother learned about stress. Health class started at 8:15 and lasted 1 hour and 15 minutes. What time did health class end?



9:15

9:30

9:45



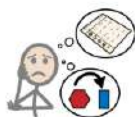
Graphing

Name: _____

1. Count the number of times each word appears in this week's news pages.
2. Starting at the bottom of each column, fill in the squares to match that number.

10					
9					
8					
7					
6					
5					
4					
3					
2					
1					

stress



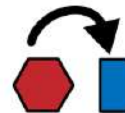
everyone



feel



change



school
counselor

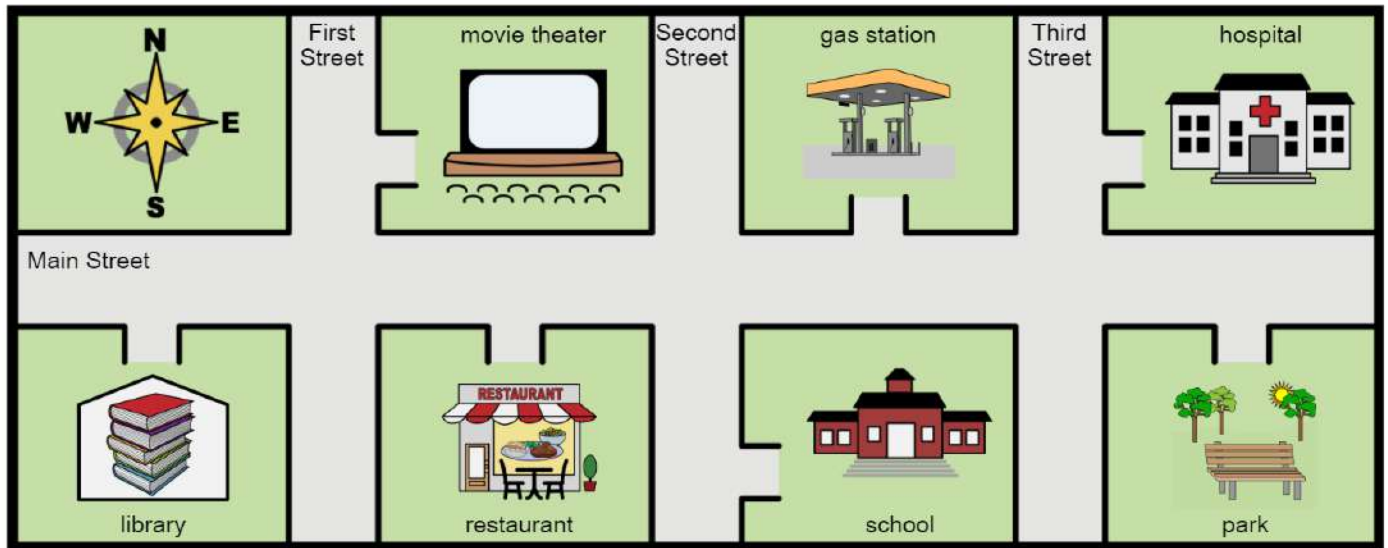


Geography

Name: _____

Use the map to answer the questions.

School 



What place is this page about? _____



What place is east of the school? _____



What street is the school on? _____



What place is farthest west? _____



How many places are on Main Street? _____



What direction would you travel on Main Street to go from the restaurant to the park? _____