



Letter to Self

Literature 10/English 10

Description: You will write a 5 part letter to self. You can do any part in any order. You will have some time to work on your letter in class. Have fun with it.

Purpose: this is to provide a record of your life and who you are now, to anchor in time your current views, attitudes, philosophy, and outlook, to explore your feelings and opinions, and to create a document that years from now will have significant value to you.

The Five Parts to this Letter to Self are:

Me, Now: my hopes, fears, dreams, intentions, goals, problems, concerns, likes, dislikes, joys, frustrations; what I like about myself; what I don't like about myself; what I'm proud of; what I think about; what bothers me; who I am etc...

My World: a description of my home, bedroom, school, neighborhood, town; favorite places to go, chores, allowance, pets, possessions, clothes, religion, current events; favorite books, music groups, movies, TV, etc... You could include a map of your room, street, etc...

What I Do: my hobbies, pastimes, sports, school activities,; what I do when I'm alone; what I do with friends; favorite snacks and foods; chores,; how I spend my weekends and vacations; special activities I do, organizations I belong to.

People in My Life: my family, siblings, aunts and uncles, grandparents, friends, best friends, teachers, the opposite sex, people I like, people I'd like to know better, people I admire and respect, important people in my life, people who annoy me, etc...

My Future: predictions, what I want to do, my long-term goals, what I'm looking forward to, what I'm dreading; my hopes and fears for the world, the rest of 10th grade, summer vacation, high school, college, marriage, employment, etc...

In doing this letter to self, you should write at least 2 pages for each part. Share the good, the bad, and the ugly. The more honest you are with yourself, the more you will appreciate and value it in the future. I will collect them, but I WILL NOT read these. At the end of the semester you will seal in an envelop and will get back at graduation. You will be solely graded on completion.

Grading: Automatic B—if you get two pages in on time.

C—if anything is late.

A—if you do an extra page.

F—if you don't make an attempt...

Letter to Self: Memory Quiz
Literature 10/English 10

Create a list of all the important people, nicknames, code phrases, inside jokes, slang terms, special events, memories, etc... that are currently part of your life. You don't need to explain them since you will never forget them. Four years from now, how many of these things will you actually remember?

I'll never forget...

Letter to Self: Ideas for Enhancement
English 10

As you work on your letter to self, consider the following suggestions. This could improve your project and make it very meaningful to you.

Ideas:

- ✓ *Include photographs of you, your family, and your friends.*
- ✓ *Draw a map of your community and mark special locations.*
- ✓ *Create a personal montage/collage with quotes, souvenirs, pictures, clothing labels, candy wrappers, etc...*
- ✓ *Record an audiotape or videotape of you, your family, and your friends.*
- ✓ *Cut out articles from newspapers or magazines about significant current events and issues important to you and your world.*
- ✓ *Create a new section of your LTS called "Favorite Memories."*
- ✓ *Write a secret letter to one of your pals and then surprise him four or 5 years from now.*
- ✓ *Make a list of your favorite activities, TV shows, foods, movies, songs, rock groups, books, sports teams, music videos, video games, etc...*
- ✓ *Are you typing this? Read through your current drafts, make notes where you have forgotten people, places, events, ideas, and circumstances, and then revise and lengthen your LTS.*
- ✓ *Ask your friends to sign your LTS folder.*
- ✓ *Decorate the outside of your LTS folder.*
- ✓ *Include some sample email messages.*
- ✓ *Put in some homework assignments and tests from other subjects.*

Letter to Self: The Appendix

English 10

Follow these instructions:

- 1. Reread all five parts of your LTS.*
- 2. As you reread it, ask yourself, “What’s missing? What did I leave out? What did I forget? What topics can be explained more fully? What do I want to add? What else do I have to say?”*
- 3. As you reread your LTS, take notes in the spaces below.*
- 4. For homework, complete the “Letter to Self: The Appendix” In this section, include the things you left out earlier. Write at least 2 pages.*

Me, Now:

My World:

What I Do:

People in My Life:

My Future:

Letter to Self: End of the Year Update
Literature 10/English 10

Create a two-page update to your Letter to Self. Here are just a few possible memories and events that you can write about.

Switching semester classes

Summer movies/Movies in general

The last concert

High school teachers

4 years from now

What I still don't like

What I've now realized

What's changed

TV shows

Friends

"Life is Unfair"

"Things Change"

Volleyball, football, basketball, wrestling

Current events

Christmas vacation

What I want to do in this New Year

What spring will bring

My favorite class

Homecoming

Snowfest