

HEALTH LESSON PLAN

Educator:

Unit:

Grade:

Standard(s) Circle all that apply 1. Concepts/ knowledge 2. Analyze influence 3. Access Valid Information 4. Interpersonal communication 5. Decision-making 6. Goal-Setting 7. Practice behaviors 8. Advocate for others	Lesson Title:
	Grade Level Outcomes: W ellness, S afety, N utrition, S exual health, S ocial-emotional, S ubstance use/abuse (core ideas)
	CCSS:
Other subject standards/ outcomes (PE, Science)	
Success Criteria	
Essential Question	

LESSON INSTRUCTIONAL STRATEGIES

Lesson Introduction:	
(circle all that apply):	Concepts/ Analyze Influence/ Access Info/ Communication/ Decision-Making/ Goal-Setting/ Practice Behaviors/ Value of Physical Activity
Content Focus:	
(circle all that apply):	Concepts/ Analyze Influence/ Access Info/ Communication/ Decision-Making/ Goal-Setting/ Practice Behaviors/ Value of Physical Activity
Closure:	
(circle all that apply):	Concepts/ Analyze Influence/ Access Info/ Communication/ Decision-Making/ Goal-Setting/ Practice Behaviors/ Value of Physical Activity

LESSON SUPPORT

Equipment / Set-Up	
Safety Considerations	
Assessment: (circle below) <ul style="list-style-type: none">• Formative• Summative	
Differentiating Instruction	
Student Vocabulary	
Helpful Hints?	
Resources	
Reflection	