

Lesson Plan

Sand Foam

Materials

Sand – approximately 3 cups

Shaving Foam – x 1 can 250g (approximately)

Large trays or buckets to put Sand Foam in

Smocks

** Optional *** cars, dinosaurs, other sensory bits to hid in foam.

Mix sand and shaving cream together in large container until fully mixed. Add sensory bits in if desired.

Instructions

(hand-over-hand assistance where needed)

1. Put on apron
2. Give students a container with sand foam in it
3. Students explore texture and properties of sand foam. Exploratory sensory play, no outcome required.
4. Wash hands in water buckets previously prepared if student is in wheelchair. Mobile students can walk to sink to wash paint off of hands.

* note: to save Sand Foam, cover with saran wrap or put in container with lid. If it hardens, add a little water and mix it in.

